

MINNESOTA 4-H **CLOVER UPDATE**

NORTHEAST REGION -- NORTH ST. LOUIS COUNTY

SEPTEMBER 2015


UNIVERSITY OF MINNESOTA | EXTENSION



NSL 4-H'ers at Heart & Hooves Clinic

In This Issue

Calendar.....	2
Horse Project Update!.....	2
Fashion Review, Demos & Perf Arts Day!	3
Dog Project Update.....	3
2015-2016 Federation Officers	3-4
2015 State Fair, Dog Show & Horse Show.....	4
County Fair Grand & Reserve Champions	4-6
Message from Dorothy.....	6-7
Minnesota 4-H Club Chartering Process	7
Free Minnesota State Fair App	7
Online Enrollment for 4-H Families	7-8
Celebrate Ag & Food Day	8
Safety of Minors Training: A Big Thank You!.....	8
2015 Fall Volunteer Training.....	8
New Online Consumer Decision-Making	8-9
SS&W Ambassador Program	9
Fall 2015 Shooting Sports & Wildlife Training	9
4-H Volunteer Corner.....	9-10

MINNESOTA 4-H CLOVER UPDATE

NORTHEAST REGION/NORTH ST. LOUIS COUNTY | SEPTEMBER 2015
218-749-7120 | www.4-H.umn.edu

PAGE 2

Calendar

SEPTEMBER

- 2 Live-streaming of the 4-H Lama Costume Competition
- 3-5 **General Encampment for North St. Louis 4-H Youth**
- 11-13 Minnesota 4-H Shooting Sports & Wildlife Invitational
- 15 **Dog Training (5:30 at the Iron Range Dog Training Club)**
- 16 **Online enrollment for the new 4-H year begins**
- 18-21 Minnesota 4-H Horse Show
- 19 Celebrate Ag & Food Day at the Minnesota Gopher football game
- 21 **Federation Meeting (6:30; 4-H office in Virginia, MN)**
- 22 **Dog Training (5:30 at the Iron Range Dog Training Club)**
- 26-27 Minnesota 4-H Dog Show
- 29 **Dog Training (5:30 at the Iron Range Dog Training Club)**

OCTOBER

- 3-4 Minnesota 4-H Shooting Sports & Wildlife Ambassador training, Perham
- 6 **Dog Training (5:30 at the Iron Range Dog Training Club)**
- 13 **Dog Training (5:30 at the Iron Range Dog Training Club)**
- 19 **Federation Meeting (6:30; 4-H Office in Virginia, MN)**
- 20 **Dog Training (5:30 at the Iron Range Dog Training Club)**

- 27 **Dog Training (5:30 at the Iron Range Dog Training Club)**

NOVEMBER

- 16 **Federation Meeting (6:30, 4H Office in Virginia, MN)**
- 28 **Dog Training at the Iron Range Dog Training Club (5:30 – 7:30)**
- 29 **Horse Training at the Flying Lead Saddle Club 6:30**
- 30 **Club charters due to County Extension offices**

Horse Project Update!

What a summer for our North St. Louis County 4-H Horse Project! A big thanks to Ann Snetsinger for helping put together a fabulous summer of training opportunities for our youth! During the weekly training sessions we had various trainers and clinicians help out to work with our youth on very specific horsemanship skills; including showmanship, pleasure, trail, and games.

We also have been working with another group of youth to have our second consecutive year of having a drill team. This group practiced after the weekly training sessions and put on quite a show at the St. Louis County Fair! They are continuing to practice in preparation for the Minnesota State 4-H Horse Show in September. Thanks to Sandra Tuominen for coaching this year's team and good luck to them as they compete against other drill teams from across the state.

The end of August also saw a number of our youth and parents head over to Deer River to participate in a Heart and Hooves Workshop. In this workshop the morning was spent working on various ground skills, and after lunch, the group hit the horse obstacle course to see what they and their horses could accomplish.

Fashion Review, Demonstrations, and Performing Arts!

Wow! What a day we had in Ely on August 6th for the Fashion Review, Demonstrations and Performing Arts Workshop and Judging! A huge thanks to the Ely Knighthawks for their work in putting this together and in particular Maude Dammann and Jan Derdowski!

The day started with our Fashion Review, and after getting some feedback from our judges, the youth made quick adaptations to their presentations and came back out for judging. A ton of very talented youth participated in this competition with Anna Soghigian of the Ely Knighthawks taking the Grand Champion and Mikayla Mellesmoen of the Vermilion Club taking Reserve Champion.

We then headed on to the Performing Arts judging, with some very talented youth performing everything from dance, singing, comedy, speeches, and musical instruments. I am not sure how the judges were able to determine which the best acts were but after some deliberation it was announced that Dominick Olivanti of the Spirit Lake Club was our Grand Champion and Charlie Dammann of the Ely Knighthawks was our Reserve Champion.

We also judge demonstrations on this day and we had many youth conduct demonstrations ranging from archery, to making sushi, to tips on babysitting. The talent in this group was again amazing and several of our youth will be doing demonstrations at the 2015 MN State Fair!

The highlight of this new format was actually on Friday, August 14th as we did the Performing Arts / Fashion Review Show at the St. Louis County Fair. It took almost two hours for all of the youth to show off their talents at the fair. Lots of fairgoers stopped by to watch the youth perform and a big thanks to our hosts *Cari*

Eibler and Charlie Dammann for keeping things moving and getting everyone on stage!

Dog Project Update

Dog training will be starting up again on September 15th. We will be working on obedience with new youth / dogs and those that are at the Beginner A / Beginner B training levels as well as those first year Graduate Beginners starting at 5:30. We will again be meeting at the Iron Range Dog Training Club in the Thunderbird Mall in Virginia.

Those youth that are second year Graduate Beginner or more advanced will be meeting at 6:30 and continuing to work on more advanced obedience skills. The first couple of weeks will be focused on those youth that are attending the MN State 4-H Dog show and helping them prepare for the upcoming competition.

We also had a rule clarification come in this summer regarding youth / dogs participating in Agility. Basically in order to participate in 4-H Agility, youth will need to have either participated in the County Fair and received a blue ribbon with their dog, or have completed two years of obedience through the 4-H program. If you have not done at least one of those options; you will need to seek out a "Foundations of Agility" course offered through a private trainer or club. There are several trainers / clubs in the area that offer this training.

2015-2016 Federation Officer Elections

The election of our 2015 - 2016 Federation Officers was held at the St. Louis County Fair on Sunday, August 16th. The new officers will take office at our October 19th Federation Meeting. The following youth were elected to serve as officers for the upcoming program year:

President- *Dominick Olivanti*- Spirit Lake 4-H

MINNESOTA 4-H CLOVER UPDATE

Vice Pres.- **Mikayla Mellesmoen** - Vermilion 4-H
Secretary - **Charlie Dammann**- Ely Knighthawks
Treasurer - **Sterling Boyd** - Vermilion 4-H
Finance Secretary - **Maude Dammann** - Ely Knighthawks

2015 State Fair!

We have 30 youth that are attending the “General Encampment” at the MN State Fair and bringing their projects down for judging. We had two youth who are attended the “Livestock Encampment” at the start of the state fair. To qualify for either of these trips to the State Fair, youth needed to first earn a blue ribbon and then place high on the “State Fair Lineup” determined by the judges at the county fair. We are looking forward to hearing great things about our youth that are representing North St. Louis County at the State Fair. A huge thanks to **Molly Johnston** (Ely Knighthawks), **Brock Kick** (Cherry Clinton) and **Rebecca Koepke** (Cherry Clinton) for agreeing to chaperone our contingent of youth to the State Fair!

Minnesota 4-H Dog Show

Mark your calendar: The Minnesota 4-H Dog Show will be held **Sept. 26-27, 2015**. Watch the Minnesota 4-H dog website for more details at www.4-H.umn.edu/events/state-dog-show.html.

We have ten youth that are signed up to participate in the 2015 MN State 4-H Dog Show at the end of September. In order to qualify for the state dog show, youth need to earn a blue ribbon at the county fair dog show in the disciplines that they want to show at state. We are hoping that some of our youth that qualified that choose not to attend, will come on down and check out this fantastic display of 4-H’ers and their dogs.

Minnesota 4-H State Horse Show

Mark your calendar: The annual Minnesota 4-H Horse Show will be held **Sept. 18-21, 2015**. Watch the Minnesota 4-H horse website for more information at www.4-H.umn.edu/projects/animal-science/horse.

Nine youth and their horses will be participating in the 2015 MN State 4-H Horse Show. We had four youth qualify to compete in the general show. They can show in any of the events that they received a blue ribbon at the county fair. We also have 7 youth (including two that qualified individually) that will be participating in the Drill Team completion at the horse show.

Overall, I can say we have a very talented group of youth that are going to have a great time at these state wide celebrations of their skills and accomplishments! Keep an eye on the newsletter and Facebook page for updates as these events take place!

2015 St. Louis County Fair Grand and Reserve Champions!

Project Area	Grand Champion	Club	Reserve Champion	Club
Animal Science	Margaret Dammann	Ely Knighthawks	Gunther Soltvedt	Vermilion
Breads	Gabrielle Koepke	Cherry Clinton	Harry Dammann	Ely Knighthawks
Cat	Cari Eibler	Ely Knighthawks	Anna Soghigian	Ely Knighthawks

MINNESOTA 4-H CLOVER UPDATE

NORTHEAST REGION/NORTH ST. LOUIS COUNTY | SEPTEMBER 2015
 218-749-7120 | www.4-H.umn.edu

Child & Family Development	Christopher White-Kick	Cherry Clinton		
Clothing & Textiles	Ariel Kalinowski	Vermilion	Audrey Klein	Lakeland
Club Community Pride	Ely Knighthawks			
Club Banner	Vermilion		Merry Weather Workers	
Club Planter	Cherry Clinton			
Consumer Education	Brandon Mackai	Vermilion		
Crafts	Ariel Kalinowski	Vermilion	Oliver Boyd	Vermilion
Fine Arts	Charlie Dammann	Ely Knighthawks	Abrianna Mellesmoen	Vermilion
Dairy	Katrina Chapman	Baytree-Field	Anya Pearson	Baytree-Field
Dog	Gabrielle Koepke	Cherry Clinton	Andrea Herbranson	Cherry Clinton
Exploring Environment	Jacob Mackai	Vermilion	Rebecca Palm	Cherry Clinton
Fashion Revue	Anna Soghigian	Ely Knighthawks	Mikayla Mellesmoen	Vermilion
Flower Gardening	Morgan Gibson	Vermilion	Mikayla Mellesmoen	Vermilion
Food & Nutrition	Heather Herbranson	Cherry Clinton	Andrea Herbranson	Cherry Clinton
Food Preservation	Mikayla Mellesmoen	Vermilion	Heather Herbranson	Cherry Clinton
Forest Resources	Brandon Mackai	Vermilion	Gabrielle Koepke	Cherry Clinton
Global Connections	Margaret Dammann	Ely Knighthawks	Christopher White-Kick	Cherry Clinton
Health	Charles Dammann	Ely Knighthawks	Zia Koepke	Cherry Clinton
Home Environment	Mikayla Mellesmoen	Vermilion	Mikayla Mellesmoen	Vermilion
Horse Show	Angelia Tuominen	Cherry Clinton	Charlie Olson	Cherry Clinton
Indoor Gardening	Mikayla Mellesmoen	Vermilion	Johanna Norha	Independent
Needle Arts	Zia Koepke	Cherry Clinton	Ariel Kalinowski	Cherry Clinton
Performing Arts	Dominick Olivanti	Spirit Lake	Charles Dammann	Ely Knighthawks
Pet	Margaret Dammann	Ely Knighthawks	Kaitlyn Palm	Cherry Clinton
Photography	Abrianna Mellesmoen	Vermilion	Heather Herbranson	Cherry Clinton
Poultry	Jesse Covell	Embarrass		

MINNESOTA 4-H CLOVER UPDATE

NORTHEAST REGION/NORTH ST. LOUIS COUNTY | SEPTEMBER 2015
 218-749-7120 | www.4-H.umn.edu

Quilting	Abrianna Mellesmoen	Vermilion	Kayla Krueger	Vermilion
Rabbit Show	Justin Pioske	Balkan		
Self-Determined	Gabrielle Koepke	Cherry Clinton	Cari Eibler	Ely Knighthawks
Sheep	Jesse Covell	Embarrass Birchwood	Jesse Covell	Embarrass Birchwood
Shop/Wood Science	Jake Knuth	Baytree-Field	Gabrielle Koepke	Cherry Clinton
Vegetable Gardening	Johanna Norha	Independent		
Veterinary Science	Charles Dammann	Ely Knighthawks	Margaret Dammann	Ely Knighthawks
Video	Justin Pioske	Balkan		
Wildlife Biology	Brandon Mackai	Vermilion		
Youth Leadership	Cari Eibler	Ely Knighthawks		
Cloverbud Graduates	David Birkmaier, Merry Weather Workers Jack Brennan, Ely Knighthawks Rena Johnston, Ely Knighthawks Christian Nelson, Embarrass Birchwood Magie Nelson, Merry Weather Workers Chase Pierce, Embarrass Birchwood Caleb Ramponi, Embarrass Birchwood			
4-H Graduate	Christian Roos, Cherry Clinton			

Message from Dorothy

Dear 4-H families and volunteers,

Due to the Minnesota Board of Animal Health's ban on live birds at public events to help limit the spread of avian flu, 4-H had to adjust its 4-H Poultry Project events and activities at county and state fairs this summer. Our state poultry committee leapt into action, got creative and came up with plans that made it possible for our 4-H Poultry Project youth to participate in fairs this summer and share their learning.

One adjustment was to use photos of poultry or plush stuffed birds for showmanship judging, so youth would have something in place of their live birds to help facilitate their conversations with judges. We also gave youth an option to create and bring a poultry exhibit in the areas of

biosecurity, animal health, nutrition, production, and careers, which gave them an opportunity to dig deeper and learn more about a specific topic related to the poultry industry. Some county fairs also offered a chicken bbq contest, carcass judging and other poultry-related learning events. And at the Minnesota State Fair, we held a *Science of Poultry* ½ day learning event, where 4-H poultry youth could hear from a panel of experts from Jennie-O, Cargill, Rembrandt Enterprises, Minnesota Turkey, Midwest Poultry Federation, Minnesota Chicken and Egg, and Extension; work in roundtables with the experts learning about an issue; and apply their new knowledge by creating a poster on the topic and presenting it to the group.

Though some of our 4-H'ers were disappointed they could not bring the birds they spent months raising and caring for to fairs, they rose

to the occasion and had wonderful learning experiences as a result.

I'd like to congratulate all of our 4-H poultry youth, and poultry families and volunteers for all of your extra effort this summer, and making 4-H poultry experiences at the fair rich and rewarding!

Sincerely,

Dorothy M. Freeman
Associate dean and state 4-H director

Minnesota 4-H club chartering process

It is hard to believe it is time for clubs to renew their annual charter! The chartering documents are now up on the Minnesota 4-H website (www.4-H.umn.edu/leading-a-club/) and have a whole new face lift. The forms have been streamlined to make the process easier for clubs to complete.

New in 2015 is a club chartering training video that can also be found on the Minnesota 4-H website. This video is approximately 19 minutes in length and gives step by step directions on how to fill in each form, and the purpose of annual club chartering.

Clubs/leaders can watch this video on their own, or the program coordinator can bring leaders together to watch the video as a group and answer questions.

Remember all club charters must be in the county Extension office on or before Nov. 30, 2015.

Get the free 4-H at the Minnesota State Fair app

If you have a smart phone and you're going to the state fair – or you know a 4-H'er who will be showing a project -- download our free app before you leave home! It combines all this:

- Judging results
- Public schedule linked to an interactive map
- For exhibitors – switch on the alerts so you'll know where to be and when
 - New: Stalling announcements for beef exhibitors on Tuesday night!
- 4-H live cam 12 hours a day
- Photo sharing
- More!

Download it now:

For

iphone: <http://www.z.umn.edu/4hstatefairapp>

For

android: <http://www.z.umn.edu/4hstatefairapp>

[p](#)

If you already have this app from last year, be sure to update it for new features.

Online enrollment for 4-H families

Enrollment for the new 4-H year opens up on **Sept. 16** and Minnesota 4-H families are reminded and encouraged to visit mn.4HOnline.com to enroll/re-enroll both youth members and adult volunteers. The process is quick and easy; even families with multiple youth should be done in 10 minutes or less. Re-enrolling early ensures that critical communications will be received, especially as it relates to deadlines and project specific information. Detailed information about online enrollment and re-enrollment is available at www.4-H.umn.edu/4honline.

As part of enrolling or re-enrolling, youth, their parents and adult volunteers will all be agreeing to the Minnesota 4-H Code of Conduct, which is available for review in its entirety, along with other policy and authorization statements at www.4-H.umn.edu/policy or by contacting your local Extension office (www.extension.umn.edu/county/).

If you are not yet an adult volunteer but are willing to share your time and talents to make a difference, 4-H needs you! The first step to becoming an adult 4-H volunteer is to complete the volunteer application process. Learn more at www.4-H.umn.edu/volunteer/#application.

Celebrate Ag & Food Day

4-H families and alumni are invited to join a celebration of Minnesota agriculture and food at a special University of Minnesota Gopher football game on **Sept. 19**. Discounted tickets can be purchased at z.umn.edu/umafd2015. Join us before the game from 9 - 11a.m. for activities outside the stadium including a tailgate party featuring Minnesota brats and cheese. To RSVP or with questions, contact Erin Kelly-Collins at erinkc@umn.edu.

Safety of Minors Training: A big thank you!

On behalf of the University of Minnesota Extension Center for Youth Development, please accept our sincere gratitude for your timely completion of the University-sponsored "Safety of Minors" training and compliance with the policy. Getting 7,000 adult volunteers through training in two months is no small task, but we are proud to share that we accomplished this task due to the timeliness and commitment of our volunteers and the diligence of our staff. We greatly appreciate your service to Minnesota 4-H and dedication to ensuring that all Minnesota youth are engaged in safe, fun, and positive experiential learning.

2015 Fall Volunteer Training: All Together, Yet Not All the Same

We are excited to announce this year's topic for our annual fall volunteer training: cultural

competency and inclusion. The training, titled "All Together, Yet Not All the Same," is designed to help prepare 4-H volunteers to build youths' global citizenship skills and give them the tools needed to ensure that 4-H is a program where youth from all backgrounds, cultures, beliefs and abilities feel welcome and safe. It is our responsibility to young people to prepare them for global citizenship and to work constructively across areas of difference. As we strive in Minnesota 4-H Youth Development to make our programs relevant and accessible to all youth, we must consider areas where we might encounter different values, backgrounds, beliefs, abilities, and goals. By preparing adult volunteers who are essential to 4-H program delivery to be aware of and respectful of these differences, we will not only create an environment where all individuals feel safe and welcome, but also ensure that we model valuable 21st century global citizenship skills to youth that will prove critical now and in their future. Activities are designed to be hands-on and encourage active discussion. Participants will be given at least one activity to take back to their clubs as well as have access to the *WeConnect* curriculum from their county library of available curricula. All 4-H volunteers are encouraged to attend the annual training in their county. Activities are also appropriate for youth who are interested in this topic.

New online version of the Consumer Decision-Making Project

How do you decide which entrée to order? What shoes to buy? What vacation to plan? It's a tough job, but someone needs to make the decision! And pay the bills. The media, peer pressure, the need to fit in - all these factors play major roles in the decisions that youth make.

Minnesota 4-H is recruiting members interested in learning to make wise consumer decisions in a new online version of our Consumer Decision-

Making Project. The online nature of this project means you can work review challenges, post your decisions and share with other youth from anywhere and at any time, through the convenience of your mobile device or home internet connection.

How does it work? Each week for up to 1 to 2 hours for a 12 week period, youth will learn about finances and consumerism, review a scenario, and compare products to make informed decisions. Youth post their decision process and decisions while also reflecting on their values and giving feedback to their peers. Volunteer mentors respond to questions and provide feedback.

If you are interested in learning more about this online opportunity in becoming savvy consumers and building financial intelligence, contact Carrie Olson (320-589-1711, olson166@umn.edu) today.

SS&W Ambassador Program seeking applications for new Ambassadors!

The Minnesota 4-H Shooting Sports & Wildlife Ambassador Program is a leadership opportunity for youth leaders, grades 9-13, to promote and enhance Minnesota 4-H shooting sports. Ambassadors positively represent the Minnesota 4-H Shooting Sports & Wildlife Program at state, regional, and local levels. Youth must be starting grade 9-13 in the fall and be able to attend the **Oct. 3-4** training in Perham.

Program information, application, and reference forms can be found at:

4-H.umn.edu/projects/shooting-sports/shooting-sports/

Fall 2015 Shooting Sports & Wildlife Leader Certification Training

The Minnesota 4-H Shooting Sports & Wildlife Program Development Committee invites you to attend a 4-H Shooting Sports & Wildlife Leader Certification! The committee recommends that leaders attend the entire certification weekend every five years. Now is your chance to attend!

The training is designed for adults and youth (grade nine and older) that lead or would like to lead training in shooting sports or wildlife. Classes will be offered in the disciplines of coordinator, archery, rifle/pistol, shotgun, muzzleloading, and wildlife. This training meets the 4-H project leaders' requirements for certification and recertification. Although there is range time allocated in the schedule, the majority of the training is classroom work to become an effective instructor, not to practice your own shooting skills.

The training will take place **Oct. 3-4, 2015** at the Perham Middle School and Fort Thunder Gun Club in Perham.

Registration materials are available at 4-H.umn.edu/events/shooting-sports-certification/. The deadline to register is September 18, 2015. Disciplines fill quickly, so make sure registration forms are sent in early!

4-H volunteer corner

Managing 4-H clubs: A guide for club leaders

October marks the beginning of a new 4-H year and a new volunteer opportunity for individuals who are moving into a club leadership position. 4-H volunteers who are taking on club leadership responsibilities have several important roles. A leader is a mentor, a motivator for young people, an organizer and coordinator with other adults in the club, and a liaison with the larger 4-H organization in your

MINNESOTA 4-H CLOVER UPDATE

NORTHEAST REGION/NORTH ST. LOUIS COUNTY | SEPTEMBER 2015
218-749-7120 | www.4-H.umn.edu

PAGE 10

area. An excellent training resource and online learning module for new and existing 4-H club leaders is ***Managing 4-H Clubs: A guide for club leaders***. Extension staff designed this module to help with some of the typical management issues in 4-H clubs and bring all these pieces together to build an environment where young people thrive and grow. Take advantage of the resource to get your 4-H club off to a great start this fall. To view this training module and other 4-H online training opportunities

visit www.extension.umn.edu/youth/mn4-H/volunteer/online-training/.

