



# Saint Louis County

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**Kevin Z. Gray**  
County Administrator

## NEWS RELEASE

**For immediate release:**  
August 7, 2014

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### St. Louis County O'Neil Race for Wellness

The fourth annual St. Louis County O'Neil Race for Wellness 5K walk/run will be held in Ellsburg, MN on Saturday, August 16. This family fun event includes a County 5K walk/run, 1 mile kid's race, free barbecue, wellness vendor fair, prize drawings, and awards to top age group placers.

The course begins at Ellsburg Bass Lake Fire Hall in Ellsburg, MN. If traveling from Duluth, drive 30 miles north on Highway 53, turn right on Cornstock Road, then left on West Mink Road.

This race exists to encourage greater health and wellness of all employees, retirees, families, friends and neighbors, and to pay tribute to the late Steve O'Neil, who was a great supporter of and participant in this event. 100 percent of net proceeds from the event will be donated to the Youth Fitness and Adventure Foundation of Duluth in Commissioner Steve O'Neil's honor.

To register for the race, visit <https://endurancecui.active.com/event-reg/select-race?e=8880654&int=29-110-1>. The cost to participate is \$25 for general public and \$15 for all public employees, St. Louis County active employees, retirees, including spouses and dependants, as well as all Ellsburg and Cotton residents. Children age 11 and younger are free.

For more information visit the St. Louis County O'Neil Race for Wellness Facebook page or Northland Runner, <http://www.northlandrunner.com/run?page=Race&raceId=2011>.



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