37th Annual St. Louis County Health & Human Services Conference

Wednesday through Friday
October 9–11, 2019
at the DECC in Duluth, Minnesota

www.stlouiscountymn.gov/hhsconference
The 37th annual St. Louis County Health and Human Services conference is made possible in large part to the generous support of these Champion Sponsors. These organizations provide services locally and across the region to help those in need. Please stop by and visit them in the Pioneer Exhibit Hall. They are also featured in our Mobile APP under the Champion Sponsors Icon.

ALL OF US RESEARCH PROGRAM AT ESSENTIA HEALTH
502 East 2nd Street • Mail Drop: 6AV-2 • Duluth, MN 55805 • Booths #60 – 61
Website: www.essentiahealth.org/allofus
Contact: Bridget Hart • Phone: (218) 576-0442
Email: bridget.hart@essentiahealth.org

BLUE CROSS BLUE SHIELD OF MN AND BLUE PLUS
3535 Blue Cross Rd • Eagan, MN 55121 • Booths #62 – 63
Website: www.bluecrossmn.com
Contact: Lynn Price • Phone: (651) 662-4377
Email: lynn.price@bluecrossmn.com

DISABILITY HUB MN – DB101/HB101
540 Cedar Street • Saint Paul, MN 55101 • Booth #64 – 65
Contact: Rajean Moone • Phone: (651) 235-0346
Email: rajean@rajeanmoone.com

MEDICA
401 Carlson Parkway • Minnetonka, MN 55305 • Booths #68 – 69
Website: www.medica.org
Contact: Beatriz Helena Martinez • Phone: (952) 992-3720
Email: Beatriz.Martinez@medica.com

NEXUS
407 130th Avenue S • Onamia, MN 56359 • Booths #70 – 71
Website: www.nexus-yfs.org
Contact: Joe Rubado • Phone: (320) 630-3507
Email: jrubado@nexus-mla.org

PLANNED PARENTHOOD OF NORTH CENTRAL STATES
1001 E Central Entrance Ste 200 • Duluth, MN 55811 • Booths #74 – 75
Website: www.ppmns.org
Contact: Erin O’Daniel • Phone: (919) 632-9820
Email: eodaniel@ppmns.org

ST. LUKE’S
915 East First Street • Duluth, MN 55805 • Booths #72 – 73
Website: www.slhduluth.com
Contact: Melissa Burlaga • Phone: (218) 249-2988
Email: melissa.burlaga@slhduluth.com
The St. Louis County Health & Human Services Conference draws together 3,000 public and private sector practitioners for two days of training and networking while providing a forum for sharing innovative ideas, stretching perspectives and strengthening our communities.

ELLIE KRUG, CONFERENCE KEYNOTE SPEAKER

The author of *Getting to Ellen: A Memoir about Love, Honesty and Gender Change* (2013), Ellie has presented on diversity and inclusion to governmental entities, court systems, Fortune 100 companies, law firms, nonprofits, and colleges/universities on nearly 800 occasions. A hopeless idealist, Ellie has presented her human inclusivity training, “Gray Area Thinking®” across North America.

In 2016, Advocate Magazine named Ellie one of “25 Legal Advocates Fighting for Trans Rights.” She is a monthly columnist for Lavender Magazine and pens a widely-circulated monthly e-newsletter, *The Ripple*, that reaches 6000 people. Ellie views herself as an “Inclusionist” and founded an inclusion-oriented consulting and training company, Human Inspiration Works, LLC, in late 2016.

Ellie is also a weekly radio host; her show, “Ellie 2.0 Radio,” on AM 950 in the Twin Cities highlights idealism and how each of us can play a role in fostering positive change in the world. Ellie’s remaining life mission is to work for a more inclusive society for all humans, regardless of how many are considered “Other.”

EVENT SCHEDULE

**WEDNESDAY, OCTOBER 9**

12:00 – 4:00 PM  Registration is open!
2:30 – 4:00 PM   Session I Workshops
12:00 – 4:00 PM   Exhibit Hall is open

**THURSDAY, OCTOBER 10**

7:00 AM   Registration is open!
7:30 – 3:00 PM   Exhibit Hall is open
8:30 – 10:00 AM   Session II workshops
10:30 – 11:45 AM   Welcome/Music/Keynote

**FRIDAY, OCTOBER 11**

Exhibit hall closed
7:30 – 8:30 AM   Registration is open!
8:30 – 10:00 AM   Session V Workshops
10:30 – 12:00 PM   Session VI Workshops

Conference Social Networking Event

Thursday, October 10th • 5:30 – 7:30 pm
Light Appetizers • Cash Bar
Live Music by Big Wave Dave and the Ripples
(Read more about the band on page 9)

Find us at:
The new Clyde Iron Malting building
2907 Helm Street Duluth, MN 55806
(Next to Children’s Museum in West Duluth)
Advocate Sponsors are featured in the Pioneer Exhibit Hall and Conference Mobile APP under the Advocate Sponsor Icon. They provide a wide array of services within the Human Service Industry and their ongoing support of the conference is a vital component to its successful history. Please stop by and visit them in the Pioneer Exhibit Hall.

**Accend Services**
accendservices.com • Booth # 66

**Accra-Hopkins, MN**
accracare.org • Booth # 76

**Adapta**
adaptamn.org • Booth # 59

**ARC Northland**
arcnorthland.org • Booth # 58

**Augustana Care Moose Lake**
AugustanaCare.org • Booth # 54

**Bayshore Residence & Rehabilitation Center**
BayshoreCareCenter.com • Booth # 44

**Benedictine Living Community of Duluth**
blcduluth.org • Booth # 77

**Carlton County Public Health & Human Services**
co.carlton.mn.us • Booth # 91

**Center for Alcohol & Drug Treatment**
cadt.org • Booth # 57

**Dungarvin Minnesota LLC**
dungarvin.com • Booth # 78

**Ecumen Lakeshore**
ecumenlakeshore.org • Booth # 48

**Focus on Living, Inc**
focusonlivinginc.com • Booth # 45

**Homestyle Direct**
homestyledirect.com • Booth # 93

**Human Development Center**
humandevelopmentcenter.org • Booth # 79

**Lakeplace Retreat Center**
lakeplacecenter.com • Booth # 90

**Leo A. Hoffman Center, Inc.**
hoffmanncenter.org • Booth # 88

**Lifeworks Services, Inc.**
lifeworks.org • Booth # 80

**Lighthouse Center for Vision Loss**
LCFVL.org • Booth # 56

**Lutheran Social Service of Minnesota**
Lssmn.org • Booth # 99

**Mankato Rehabilitation Center, Inc. (MRCI)**
MRCICDS.org • Booth # 81

**Midwest Medical/Rx Express**
midwest-medical.com • booth #106

**Minnesota Adult & Teen Challenge**
mntc.org • Booth # 52

**Minnesota Social Service Association (MSSA)**
mnssa.org • Booth # 83

**Mom’s Meals**
MomsMeals.com • Booth # 43
NORTH HOMES CHILDREN & FAMILY SERVICES
n northhomesinc.org • Booth # 82

NORTHLAND AFC
n northhomesinc.org • Booth # 53

NUWAY
n nuway.org • Booth # 42

NYSTROM & ASSOCIATES, LTD.
n ystromcounseling.com • Booth # 55

PEACE OF MIND OF DULUTH, INC.
n pomduluth.com • Booth # 46

PORT GROUP HOMES
n portgrouphomes.org • Booth # 49

POSITIVE ATTITUDE DEVELOPMENT GROUP, INC.
n Wildesbraincoach.com • Booth # 84

PROCENTIVE/BILLCARE
n procentive.com • Booth # 92

PROVIDE CARE, INC.
n providecare.com • Booth # 89

QUALITY DISABILITY SERVICES
n qualitydisabilityservices.com • Booth # 87

RECOVER HEALTH
n recoverhealth.org • Booth # 37

RECOVERING HOPE TREATMENT CENTER
n recoveringhope.life • Booth # 86

RED RIVER BEHAVIORAL HEALTH SYSTEM
n redriverbhs.com • Booth # 40

RESIDENTIAL SERVICES, INC (RSI)
n residentialservices.org • Booth # 85

RIVERPLACE COUNSELING CENTER
n riverplacecenter.com • Booth # 94

RURAL AIDS ACTION NETWORK
n raan.org • Booth # 96

ST. LOUIS COUNTY PUBLIC HEALTH & HUMAN SERVICES
n stlouiscountymn.gov/phhs • Booth # 67

ST. SCHOLASTICA MONASTERY
n retreatduluth.org • Booth # 51

THE COLLEGE OF ST. SCHOLASTICA
n css.edu • Booth # 98

THE HILLS YOUTH & FAMILY SERVICES/ CAMBIA HILLS
n TheHillsYFS.org • Booth # 97

THE NORTH SHORE ESTATES
n monarchmn.com/the-north-shore-estates • Booth # 95

THE ORIGINS PROGRAM
n originsonline.org • Booth # 38

THE SALVATION ARMY
n centralusa.salvationarmy.org/northern/Duluth • Booth # 39

THOMAS ALLEN, INC.
n thomasalleninc.com • Booth # 41

UCARE
n ucare.org • Booth # 50

UMD DEPARTMENT OF SOCIAL WORK
n d.umn.edu/sw • Booth # 36

WISCONSIN INDIANHEAD TECHNICAL COLLEGE
n witc.edu • Booth # 47
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<td>1 Circle of Security Parenting</td>
<td>Deidre Quinlan, LICSW, Trainer, Circle of Security International; Annie Krohn, MSW, Social Work Coordinator, St. Louis County Public Health &amp; Human Services</td>
<td>Chester Creek</td>
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<td>2 Child Care Assistance and Licensing 101</td>
<td>Tonia Villegas, Early Childhood Education; Jonathan McCormick, Briana Lind, Deb Nelson, Laura Polaske and Barb Hultman, all from St. Louis County Public Health &amp; Human Services</td>
<td>French River 1</td>
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<td>3 Community Circles</td>
<td>Roxanne Hable, MEd, Educational Consultant, The Origins Program; Jitendrapal Kundan, MSC, Executive Director and Consultant, The Origins Program</td>
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<td>4 How Informed Choice and Person Centered Practices Lead to Competitive Integrated Employment</td>
<td>Ryan Merz, MPP, Employment Coordinator, Minnesota Department of Human Services; Linda Wolford, MS, Interagency Coordinator, Minnesota Department of Human Services; Beth Grube, Benefits Planning Coordinator, Minnesota Department of Human Services</td>
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<td>5 Social Security Disability: The Facts VS the Myths</td>
<td>Tanya Heitzinger, BA Criminal Justice, MA Organization Management, Relations Officer, Minnesota Disability Determination Services; Sarah Dicks, BA MA, Medical Relations Officer, Minnesota Disability Determination Services</td>
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<td>6 Myth Busting: Career Edition</td>
<td>Jason Beckman, MAM/ MBA, Program Director, SOAR Career Solutions; Ashley Lovold, Assistant Program Director, SOAR Career Solutions; Kristen Jacobus, Career Specialist, SOAR Career Solutions; Cynthia Finley, Re-entry Case Manager, SOAR Career Solutions; Ri Preap, Career Specialist, SOAR Career Solutions</td>
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<td>7 Unions and Making Change in Human Services</td>
<td>Chad McKenna, Master's, Field Representative, AFSCME Council 5</td>
<td>Harborside 202</td>
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<td>8 Integrated Healthcare in Rural Areas: A Strategy for Patient Centered Care and Improved Outcomes</td>
<td>Shelly Richardson, DSW, LICSW, Chair, Social Work Department, The College of St. Scholastica; Carin Mizera, DSW, LICSW, Associate Professor, MSW Program Director, The College of St. Scholastica; Mary Ann Marchel, PhD, Professor, The College of St. Scholastica</td>
<td>Harborside 203</td>
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<td>9 Crisis Response: Caring for the Whole Person</td>
<td>Michelle Buhler, BA in Sociology, Crisis Response Mental Health Practitioner, Fond Du Lac Behavioral Health; Dawn Ammesmaki, MBA, Mental Health Case Manager, Fond Du Lac Human Services, Behavioral Health Dept. ; Max Bowman, BA, Adult Rehabilitative Mental Health Services Worker, Fond Du Lac Human Services – CAIR</td>
<td>Harborside 204</td>
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<td>10 Juniper*: Fostering Cross-Sector Collaboration and Improving Health Outcomes</td>
<td>Georgia Lane, MSW, Senior Program Developer, Arrowhead Area Agency on Aging; Paula Woischke, MS Gerontology, Juniper Program Developer, Central MN Council on Aging</td>
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<td>11 The Epidemic Gripping Today's Teens: E-cigarette and Tobacco Addiction</td>
<td>Amanda Casady, Bachelor's of Applied Science, Health Promotions Manager, American Lung Association in Minnesota; Alicia Randall, BS, Public Health Educator I, St. Louis County Public Health &amp; Human Services; Jill Doberstein, Master's of Advocacy, Tobacco Cessation Program Supervisor, Essentia Health</td>
<td>Harborside 301-302</td>
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<td>12 Compassionate Consistency: Respectful Screening and Care of Abuse Victims After Acute Care</td>
<td>Jennifer Baumann, RN, Sexual Assault Nurse Examiner, Strangulation Expert Witness, ASN RN and Sane-A Sane-P Trainer, PAWSA/Essentia OB/GYN Ambulatory Clinic RN; Sara Mcniell, Medical Director Of PAWSA APNP, PAWSA</td>
<td>Harborside 303</td>
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<td>13 Code Switching: To Thine Own Self Be True</td>
<td>Dr. Arlene Garcia, EDD, CT Center For Counseling And Education, LLC</td>
<td>Harborside 304</td>
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<td>14 PTSD in the Veteran Community</td>
<td>Kris Walden, MSW, LICSW, Readjustment Counselor, Duluth Vet Center; Chris Roemhildt, MSW, Readjustment Counselor, Duluth Vet Center; Andrew Meyer, Veteran Outreach Program Specialist, Duluth Vet Center</td>
<td>Harborside 305</td>
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<td>15 Can't Arrest Our Way Out, Then What? Police Departments’ Role in the Opioid Crisis</td>
<td>Jessica McCarthy, Opioid Program Technician, Duluth Police Department; Jeff Kazel, Commander – Lake Superior Drug And Violent Crimes Task Force</td>
<td>Lake Superior Ballroom “J”</td>
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</table>
Compassion is one of the most powerful tools available to help people heal from trauma. Come learn about the power of compassion imbued in Circle of Security parenting, and learn how you can impact the families you work with by gaining a modest understanding of how this model works. We’ll share success stories we’ve experienced while using Circle of Security parenting, and hope you leave this workshop with a clear sense of how the circle changes you, and how a change in you can bring change to others.

**Circle of Security Parenting**

**Chester Creek**

Compassion is one of the most powerful tools available to help people heal from trauma. Come learn about the power of compassion imbued in Circle of Security parenting, and learn how you can impact the families you work with by gaining a modest understanding of how this model works. We’ll share success stories we’ve experienced while using Circle of Security parenting, and hope you leave this workshop with a clear sense of how the circle changes you, and how a change in you can bring change to others.

**Child Care Assistance and Licensing 101**

**French River 1**

This introductory session will provide helpful information on child care assistance, child care licensing, and legal non-licensing childcare within St. Louis County. Various elements of child care assistance will be covered, such as billing forms and eligibility, as well as information on what legal non-licensed care is, how to become an LNL provider, who to contact, and more.

**How Informed Choice and Person Centered Practices Lead to Competitive Integrated Employment**

**Gooseberry Falls 1**

Join us to discover best practices to support people with disabilities in making informed decisions about employment. This interactive session will address what informed decisions look like as well as strategies to address common concerns — including how employment and benefits work together. Hear stories from people with disabilities who have overcome barriers to be competitively employed and how this impacts their lives. A better informed decision results in better outcomes. To get to more informed decisions using person centered practices about employment, come to this session!

**Social Security Disability: The Facts VS the Myths**

**Gooseberry Falls 2**

Do you find it hard to separate fact from fiction when it comes to Social Security Disability? Do you have a lot of unanswered questions, like: Is everyone denied the first time? and Why does it take so long to receive a decision? This session will discuss the process used to assess disability claims and correct common misconceptions. We will also provide tips on how you can help your patients/clients apply and go through the disability application process.
Whole person wellness counseling.

The FDL now offers mobile crisis services that focus on immediate safety and prevention. Minnesota's rate is even higher: the report shows a 40 percent increase in suicide here. Learn how to combat those myths. Find out how to better communicate with your clients on their career goals and how to navigate employment barriers. Learn the best ways to communicate your strengths, interests, and experience to employers.

Many of us who work on the front lines in Minnesota's health and human services sector are union members, and unions can successfully advocate for both the populations we serve and for better public policy. In this workshop, we'll have a discussion about how unions can be positive change makers and how they can ensure the services that their members provide are fully funded and effectively administered.

How the United States delivers healthcare is changing. One key shift is the move away from traditionally siloed care that addresses physical health, mental health, and substance use disorders separately. The new healthcare model focuses on the whole person, looking at these issues (physical and mental health, substance use, etc.) as interrelated. This workshop provides an opportunity to hear from a panel of speakers on how to cost-effectively provide patient-centered care: better care with better outcomes.

Deaths by suicide have increased 25 percent nationwide since 1999, according to the Centers for Disease Control and Prevention. Minnesota's rate is even higher: the report shows a 40 percent increase in suicide here. Learn how the Fond du Lac Band of Lake Superior Chippewa (FLD) Behavioral Health Program is tackling this suicide crisis. The FDL now offers mobile crisis services that focus on immediate safety and “whole person wellness” counseling.

Juniper® is a statewide network that encourages people to take charge of their health in their homes and communities. This presentation will include information on networks of local leaders, community organizations, health systems, and payers who are helping people better manage their health, prevent diseases, and improve balance. Participants will learn how partnerships between health systems, health plans, and community organizations empower individuals to create a new culture of wellness. Hear personal stories of impact, successes, and challenges. Together, we can do more!

Walking into a neighborhood school, you wouldn’t be hard pressed to find a student who uses (or knows a student who uses) today’s most prevalent addictive substance among teens: e-cigarettes. In this session, we’ll discuss current tobacco trends in Minnesota and the factors surrounding this health epidemic. Other topics include risk factors for addiction, co-occurring mental health disorders, and substance abuse. Finally, participants will gain helpful strategies to educate and empower youth. We want to reverse this tobacco trend!

Victims of abuse often fly under the radar. They may present to the ER for sexual assault exams or for injuries as a result of an abusive relationship, but may not pursue follow-up care in a clinical setting. There’s a definite disconnect between acute care and important follow-up in a primary or OB/GYN setting for sufferers of abuse. This presentation will take a holistic approach, encouraging compassionate mindful communication in order to close that gap and improve care for victims of abuse.

Code switching is an adaptive behavior that is often used by people of color to advance, adapt, and exist in white spaces. In a world where oppression and discrimination exist, code switching is seen as a protective act as well as one that negates racial identity. During this session, participants will learn about the concept of code switching and racial identity development, the social advantages and disadvantages (as seen by people of color), and examples evident in art forms such as music and poetry.
An Integrated Approach And Assessment Process For Co-Occurring Disorders
Lake Superior Ballroom “L”
Substance use disorders and mental health disorders, according to the DSM-V, are not uncommon in the population of individuals being served in the treatment setting. Genesis Recovery Services, LLC has taken a proactive approach in how to approach, assess and integrate those with co-occurring disorders into the recovery environment through the comprehensive assessment/diagnostic assessment process.

Compassion Fatigue/Secondary Traumatic Stress: A Journey from “Someone Else’s Blues” to “We Can Still Smile”
Lake Superior Ballroom “MN”
Compassion fatigue/secondary traumatic stress [CF/STS] is the emotional, physical, and personal response to empathic engagement with folks that are struggling and experiencing significant challenges in their lives — often referred to as the “emotional cost of caring”. This unique workshop combines powerpoint presentation and topic-specific live music to explore CF/STS and other human services workplace stressors and how we can ultimately experience “compassion satisfaction”, the key to thriving in the midst of this difficult work that we do. Real-time, on the job strategies will be examined, including self-awareness, self-regulation, emotional reflection and the elicitation and amplification of good work.

Dialectical Behavioral Therapy: Individual Therapy Component
Lake Superior Ballroom “O”
Join us for an introduction to the individual therapy component of Dialectical Behavior Therapy (DBT), including a demonstration of a chain analysis. We will also touch on what a comprehensive DBT therapy treatment program looks like.

Porn: Let’s Talk About It
Split Rock 1
Pornography is a real problem, and as youth access the internet at increasingly young ages, the internet becomes a way for them to fill in the gaps in what sex education they’ve been provided. The number of youth exposed to pornography continues to grow due to free and readily available pornography websites. In viewing these websites, youth can easily confuse violent, misogynistic, and degrading behavior as “normal” sexual behavior. Furthermore, much pornographic content doesn’t emphasize (or even convey) consent. In this session, we will discuss the prevalence at which children and adolescents access pornography and we’ll also provide information on how to start age-appropriate conversations about pornography, internet, and personal safety.

Power of Positive Connection
Split Rock 2
In order to successfully and positively meet our work demands, we must build connections with those around us, as these relational connections are what give us positive power to continue serving and caring for others. This interactive workshop, which is grounded in Barbara Fredrickson’s research on positive emotions, will help participants more deeply appreciate the importance of human relationships, gain practical strategies to cultivate relationships and build connections, and increase their ability to serve the community.

Supports for people with Autism in Minnesota
St. Louis River
This session will give participants information on autism resources offered through various Minnesota agencies. Other topics we’ll cover include funding options and information on how the agencies — and the services they provide — can work together for the benefit of people with autism. Participants will have the opportunity to ask questions and share about their own challenges and successes in seeking and receiving autism services.

Big Wave Dave & the Ripples
SOCIAL NETWORKING EVENT FEATURED BAND
Big Wave Dave and the Ripples is a hard-hitting nine-piece band, playing funk/soul/blues/rock music, and comprised of a singer, rhythm section, and four piece horn section. This Duluth-based R&B/Rock/Soul band formed back in February 2011 but the goal and message of the band has always remained constant: play the music they love and get people on the dance floor.
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<td>Beth Grube, AA, Benefits Planning Coordinator, Minnesota Department of Human Services</td>
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<td><strong>24</strong> Braving the Intersections of Identity Development for Individuals who are Deaf, Hard of Hearing, or Deafblind</td>
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<tr>
<td>Karen Sheldon, MS, Mental Health Counselor for the Deaf and Hard of Hearing, Therapeutic Services Agency</td>
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<td>Lori Vigessa, MS, Mental Health Counselor for the Deaf and Hard of Hearing, Therapeutic Services Agency</td>
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<td><strong>25</strong> In•clued: Inclusive Healthcare — Youth and Providers Empowered</td>
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<td>Gina Farrell, MSW, Northeast Minnesota Education Manager, Planned Parenthood North Central States</td>
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<td><strong>26</strong> Family-Centered System of Care Approach in Behavioral Health Treatment Settings</td>
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<td>Carmen Finn, MA, LADC, ACDR-MN, Clinical Director, Recovering Hope Treatment Center; Sadie Hosley, MA, LADC, LPCC, Executive Director, Recovering Hope Treatment Center</td>
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<td><strong>27</strong> Substance Use Disorders and Cognitive Deficits</td>
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<td>Thomas Beckers, BS, Clinical Supervisor, Vinland Center</td>
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<td><strong>28</strong> There’s No Place Like Home</td>
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<td>Kenny Lewis, BSW and MS, Gerontology, MNchoices Assessor-Social Worker, St. Louis County Public Health &amp; Human Services; Janalee Reineke-Lyth, MOT, OTR/L, CCM, CEAS, CAPS, Access Specialist &amp; Project Manager, Accessibility Design, Inc.</td>
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<td><strong>29</strong> Returning to our Roots: A Restorative Practices Approach to Healing Relationships</td>
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<td>Troy Homstad, Master’s in Social Work, Restorative Justice Coordinator, Carlton County; Jordan Newsum, Bachelor’s in Community Psychology, Restorative Justice Social Worker, Carlton County</td>
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<td><strong>30</strong> Let’s Talk about Sex!</td>
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<td>Meredith Kujala, BSW, Community Organizer/Advocate, ARC Northland</td>
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<td><strong>31</strong> Supportive Decision Making 101</td>
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<td>Stacy Rodd, BS Psychology, MSW Student, Adult Intellectual Disability Case Manager, St. Louis County Public Health &amp; Human Services; Caryn Walters, Master’s in Counseling Psychology, Waiver Division Team Lead, St. Louis County Public Health &amp; Human Services</td>
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<td><strong>32</strong> Navigating Student Loans</td>
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<tr>
<td>April Sanderson, BA, Certified Student Loan Counselor, Lutheran Social Service of Minnesota</td>
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<td><strong>33</strong> The Power of the Heart’s Wisdom</td>
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<td>Glenn Tobey, M. Div., MA in Management, Psychotherapist, Qigong Master, Private Practice; Katrina Tobey, Licensed Psychologist, Qigong Master</td>
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<td><strong>34</strong> Embracing Uncertainty</td>
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<td>Phil Martin, BA Psychology, Social Worker, Goodhue County Health And Human Services</td>
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<td><strong>35</strong> The Blanket Exercise</td>
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<td>Marsha Lue, EdD, TRIO SSS Advisor, Lake Superior College; Colleen Bernu, Bachelor in Science, Mission Developer, ELCA</td>
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<td><strong>36</strong> Flow: Create a Daily Practice to Control Your Time, Increase Productivity &amp; Live Fully</td>
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<td>Josh Dye, Master’s in Public and Nonprofit Administration, President &amp; Founder, Convene Training + Resilience Community</td>
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<td><strong>37</strong> Developing an Appreciative Mindset in Our Work &amp; Our Lives</td>
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<td>Robert Hartl, MA in Management, Associate Professor of Management, Director, MBA in Leadership &amp; Change, The College of St. Scholastica; Antoinette Pearson, Ed.D, Assistant Professor of Management, Labovitz School of Business &amp; Economics, University of Minnesota Duluth</td>
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<td><strong>38</strong> Sober Squad</td>
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<td>John Diver and Shandelle Friedman Co-Founders and Sober Squad Consultants</td>
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<td><strong>39</strong> Coach Approach: Skills to Enhance Your Work with Youth</td>
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<td>Sandi Lindgren, PhD, MSW, Clinical Social Worker/Professional Coach, I Support Youth, LLC</td>
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<td><strong>40</strong> Speedballing 101 – Opioid and Methamphetamines</td>
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<td>Marcia Gurno, MEd, Social Worker, St. Louis County Public Health &amp; Human Services; Matthew Johnson, MSW, LADC, Social Worker, St. Louis County Public Health &amp; Human Services</td>
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Thursday, October 10  

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<th>Session II Workshops, continued</th>
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<td>41 Creating Safe Spaces for Indigenous Youth in Canada</td>
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<td>Mae Katt, MEd, PHCNP, HBSCHN, Nurse Practitioner; Don Young, SW, Site Coordinator; Krysten Flatschool, BSCN, Nurse, all with Dennis Franklin Cromarty High School</td>
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<td>42 Life Sharing</td>
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<td>Scott Schifsky, BA, Person-Centered/Positive Supports Coordinator, Minnesota Department of Human Services</td>
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<td>43 St. Louis County Coordinated Entry System for Homeless Housing Programs</td>
<td>Split Rock 2</td>
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<tr>
<td>Rosalyn Horn, LSW, Housing Case Manager, The Salvation Army; Tessa Jacobson, BASW, Family Advocate, CHUM; Katie Danielson, BA, MSW, LGSW, Families In Transition, Coordinator, Duluth Public Schools ISD 709; Patricia Nadeau, Homeless Project Case Manager, Human Development Center; Elise Strader, Homeless Project Case Manager, Human Development Center; Valerie Joeckel, Advocate</td>
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<tr>
<td>44 Collaborative Safety Pilot Project Overview</td>
<td>St. Louis River</td>
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<tr>
<td>Charles Young, BA, Positive Supports &amp; Collaborative Safety Lead, Minnesota Department of Human Services; Aric Gregg, MS</td>
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23 Work. Benefits. You

Have you ever heard someone say, “I can’t work because I’m on benefits,” or “I can’t save money because I’m on SSI?” The good news is neither of those statements are true! Today, all disability benefits in MN support work by having special rules, called work incentives, that help people with disabilities get ahead when they work. Come to this session to get tools and learn more about how work incentives can help the people you serve.

24 Braving the Intersections of Identity Development for Individuals who are Deaf, Hard of Hearing, or Deafblind.

In this workshop, participants will explore how an individual with hearing loss prioritizes aspects of their identity and examine how spoken language access, visual communication proficiency, and community acceptance or isolation intersect with gender, race, socioeconomic status, and more. Furthermore, participants will learn about the physical and emotional barriers of trying to access communication and community, the benefits of belonging to a community of deaf and hard of hearing sign language users, the factors that cultivate resilient identity development, and the ways to celebrate the intersections that define them.

25 IN•cluded: Inclusive Healthcare — Youth and Providers Empowered

IN•cluded: Inclusive Healthcare — Youth & Providers Empowered is a groundbreaking educational program that addresses the sexual health disparities impacting lesbian, gay, bisexual, transgender, and queer (LGBTQ) youth across the United States. LGBTQ youth are disproportionately impacted by unintended pregnancy and STD rates, making this program a much-needed effort in the fight for LGBTQ equity and inclusion. This workshop will provide an overview of the IN•cluded program and offer skill building techniques and resources for providers to offer affirming care for the young LGBTQ people they serve.

26 Family-Centered System of Care Approach in Behavioral Health Treatment Settings

Gooseberry 1

This presentation will explore the intersection between substance use disorders and the family experience, impact of substance use on children, service delivery challenges, and improving outcomes through the use of family-centered systems of care.

27 Substance Use Disorders and Cognitive Deficits

Gooseberry 2

This presentation will focus on how to work with populations that suffer from cognitive deficits and Substance Use Disorders. Through anecdotes, best practices and experiential activities, the participant will establish a base knowledge of how to engage and work more skillfully with adults with SUD’s and cognitive deficits.

28 There’s No Place Like Home

Gooseberry 3

Home modifications and specialized equipment can enhance a person’s independence, safety and overall quality of life. The goal of a home modification is for a person to remain in their own home that has been customized to meet their assessed needs. The presentation will include information on the MnCHOICES assessment, environmental assessment, waivers, and briefly touch on the topic of the Veteran Administration home alterations process. The session will also address the home modification collaboration with the people we serve, the case manager, medical supply providers, contractors and home modification providers like Accessibility Design.

29 Returning to Our Roots: A Restorative Practices Approach to Healing Relationships

Harborside 202

Restorative Practices is a community-based approach to addressing harm which focuses on restoring relationships, and encouraging accountability. This session will focus on the history and philosophy of Restorative Practices; Carlton County’s work with adults, juveniles, and schools for the past ten years; as well as training attendees in the Restorative Chat Intervention, which is a foundational skill in Restorative Practices.

30 Let’s Talk about Sex!

Harborside 203

Did you know many adults with I/DD disabilities were pulled from their sex ed classes in school? Did you also know that people with intellectual disabilities have a high rate of sexual abuse? In this session we will discuss the importance of sexual education and healthy relationships for people with I/DD disabilities. We will briefly go through curriculum materials used to teach sex ed to people with disabilities and cover the importance of bringing awareness of this topic and getting the information in the community. Healthy sexual education is important for everyone no matter our differences! Both Katie and Meredith have decades of experience working with and advocating for people with disabilities.
Learn to look at social, organizational and personal health issues beyond your normal response to symptoms, by deeply exploring root causes of these issues. Thousands of people have benefitted from the practice of Spring Forest Qigong, a remarkable, comprehensive, integrated health practice that uses simple, experiential activities to cultivate a richer, more empowering, and loving way of life. Come to this workshop and find out about this wonderful way of living!

Mary Bue

**KEYNOTE WELCOME**

Full intensity living without a second to take for granted — that is Mary Bue’s m.o. After moving to Minneapolis in 2016, she has found herself with the new band of her dreams and has an eighth album in the works to reflect that intense philosophy in its title track, The World is Your Lover. The world constantly provides us with opportunities to grow, change, and fall in love over and over. Every experience an opportunity to deepen.

Rising out of the trauma of sexual assault, divorce from her husband and bandmate, the opening and closing of her yoga studio, and venturing into an unknown future, Mary’s new album — full of power pop, piano dream waves, and layers of shimmery 90s-influenced guitar — defies and even proudly displays the battle scars.

A prolific songwriter with seven albums under her belt, Mary’s music touches upon archetypal themes of the human condition: love, loss, triumph, dreams, and the natural world. A student of yoga and psychology since her early teens, Mary weaves sacred subject matter into her songs with inquiries into the spirit, the seeking of deeper levels of consciousness, and deep concern for the environment all mixed into her sometimes crass, real-world hue.

For the early half of 2017 Mary was an Artist in Residence at the Wurlitzer Foundation in Taos, NM. She released her seventh project, The Majesty of Beasts, in May 2017 which landed on the Wurlitzer Foundation in Taos, NM. She released her seventh project, The Majesty of Beasts, in May 2017 which landed on the Minneapolis Star Tribune’s 2017’s Best of Minnesota Music list, and made #3 in the City Pages. Mary’s long-time support of PAWSA (Program for Aid to Victims of Sexual Assault) as well as the release of this EP was also recognized, honoring Mary with 2017 Community Ally of the Year.
Sober Squad  
Lake Superior Ballroom K
Come learn about Sober Squad, a recovery community made up of members of various 12-step and other recovery groups. The only requirement for membership is the desire to stop using; anyone who wants to live a better life can join. In this presentation, you’ll hear recovery stories and learn how Sober Squad has helped its members. Furthermore, you’ll learn more about the group in general — its mission, its volunteering and outreach, and its emphasis on fun, social activities as a way to build connections.

Coach Approach: Skills to Enhance Your Work with Youth  
Lake Superior Ballroom L
Life coaching is an innovative approach to supporting clients, and although this workshop focuses on supporting youth, the skills learned in this session can be used with any client. Coaching is a strengths-based approach that empowers people to reach their potential by empowering clients to set meaningful goals and make their own choices. Research also indicates that youth who receive coaching have improved grades, better test scores, higher attendance rates, and increased confidence (and decreased behavioral issues and depression). Furthermore, coaching is a culturally responsive practice, and has success across the globe. Participants will leave this interactive workshop with practical tools and strategies to help them be more effective with any client they serve.

St. Louis County Coordinated Entry System for Homeless Housing Programs  
Split Rock 2
Do you work with families or single adults who may be homeless? Access to homeless housing has drastically changed in the past few years. We’ll look at the St. Louis County coordinated entry system and provide you with referral resources to assist your clients. This interactive session will take you through the process from beginning to end and connect you with resources and contact information. You’ll also hear from real clients about the difficult choices and confusion that homeless families face, and how this streamlined system will better assist households by fitting their needs.

Creating Safe Spaces for Indigenous Youth in Canada  
Lake Superior Ballroom O
The Dennis Franklin Cromarty High School in Thunder Bay, Canada, has created two programs to address opioid addiction and high-risk alcohol use in an Indigenous adolescent population. The school created an on-site Suboxone® program that eliminated opioid addiction in the school. A new program called a Safe Sober Place is a 6-bed house that monitors intoxicated youth until sober. The Safe Sober Site staff use the Hack Intoxication Index to assess level of intoxication and closely monitor the students. Rapid pace of alcohol ingestion has been identified as a risk factor. Students with complex mental health conditions receive wrap-around care with clinical interventions and culture as foundation to minimize risks and harm.

Collaborative Safety Pilot Project Overview  
St. Louis River Room
In May 2019, the Department of Human Services launched a pilot project with St. Louis, Blue Earth, and Hennepin counties to learn about and review the systemic influences of critical incidents (medication errors, wheelchair safety issues, and more) with the goal of reducing how often these occur moving forward. The pilot project utilizes the collaborative safety model used by the DHS Child and Family Services division to conduct child fatality and near-fatality reviews. This session will provide an overview of the collaborative safety model and any lessons learned to date during the pilot program.

Colleen (Boss Mama) Myhre  
Edmund Fitzgerald Hall
Colleen has soul, and she pours it into every note. Her voice takes listeners on an emotional ride from smooth country heartbreak to foot stomping Americana blues and beyond. Myhre is a folk-country-blues singer/songwriter grounded in passionate and sincere family values.

In 2011 Myhre released Ride Of My Life. A review from the Duluth’s News Tribune reads, “Part Lucinda Williams and part Charlie Parr, Colleen Myhre’s gritty songwriting is as raw-hide tough as it is genuine. On stage, her rustic personality can entertain both honky tonk hard boiled regulars and tranquil coffee house crowds alike. Colleen Myhre has a low, full voice that is similar in timbre to Lucinda Williams.”

www.colleenmyhre.com  
www.facebook.com/colleenmyhremusic
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<td>45 Listening Matters: Quality Reviews and Recommendations</td>
<td>Zoey Legee, MS, Arrowhead Regional Quality Council Program Manager, Vocational Rehab Counseling, ARC Northland; Emily Mack, Bachelor’s in Social Work, ARQC Quality Review Coordinator, ARC Northland; Kerri Leucuta, Bachelor’s of Science in Social Work, Regional 10 Quality Council Manager, ARC MN (Southeastern MN); Angie Guenther, Master’s Degree In Public Health, Metro Regional Quality Council Manager, ARC MN (Greater Twin Cities); Dan Zimmer, Bachelor of Science: Park, Recreation, and Leisure Studies, State Quality Council Director, State Quality Council; Karen Larson, RN, Regional 10 Quality Council, ARC MN (Southeastern MN)</td>
<td>Chester Creek</td>
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<td>46 W.I.C. History, Change &amp; What’s New!</td>
<td>Angela Straughter, Bachelor’s in Science, RN, Public Health Nurse Sr., Certified Lactation Specialist, WIC Breastfeeding Coordinator, WIC Peer Breastfeeding Coordinator, Certified Lactation Specialist, St. Louis County Public Health &amp; Human Services; Beth Hanni, Bachelor in Science of Nursing, RN, Public Health Nurse Sr., WIC Breastfeeding Coordinator, WIC Peer Breastfeeding Coordinator, St. Louis County Public Health &amp; Human Services; Nikki Bennett, Public Health Educator II, Registered Dietitian, Certified Lactation Consultant, St. Louis County Public Health &amp; Human Services; Brittany Lindstrom, Bachelor of Science in Community Nutrition, Public Health Educator II, St. Louis County Public Health &amp; Human Services</td>
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<td>47 GA and MSA: Two Programs You Should Know More About</td>
<td>John Petroskas, JD, Policy Specialist, Minnesota Department of Human Services</td>
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<td>48 Violence: Understanding Typologies and Risk Factors</td>
<td>Gerald Henkel-Johnson, PhD, Associate Professor, Licensed Psychologist, The College of St. Scholastica</td>
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<td>49 Supporting Transcultural and Transracial Placements in Permanency</td>
<td>Ed Morales, Director, MPP, MSW, Socorro Consulting</td>
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<td>50 Developing Your Relationship with DHS (HCBS) Licensing</td>
<td>Brittany Raddatz, BA, Senior Licensor, Minnesota Department of Human Services; Missy Loveday, Senior Licensor, Minnesota Department of Human Services</td>
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<td>51 People Have a Right to Make Bad Decisions: The ethics of self-determination</td>
<td>Mandy Lilly, MSW, Assistant Professor, University of Wisconsin – Superior</td>
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<td>52 An Introduction to N.E.A.R. Science and the Building Self-Healing Communities Initiative</td>
<td>Julie Soderberg, MSW, Certified Ace Interface Presenter, Minnesota Communities Caring for Children; Cara Keinanen, Master’s in Science – Mental Health Wellness and Prevention, Community Outreach Manager, MN Adult and Teen Challenge</td>
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<td>53 Your Best Life: Using Courage to Overcome Addiction</td>
<td>Rachel Phillips, MSW, LGSW, LADC, Therapist And Substance Use Disorder Counselor, Human Development Center; Phoenix Walker, BA in Organizational Behavior, LADC, Chemical Dependency Certificate with Specialty in Pharmaceutical Effects on the Body, Substance Use Disorder Counselor, Human Development Center</td>
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<td>54 Breaking the Cycle of Jail and Homelessness</td>
<td>Kevin Fawcett, MA Criminal Justice Leadership, Executive Director, New Opportunities</td>
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<td>55 Substance Use Disorder Reform; An Overview of Changes Effecting the Delivery of Substance Use Disorder Services in Minnesota.</td>
<td>Marcia Gurno, MEd, Social Worker, St. Louis County Public Health &amp; Human Services; Greg Anderson, MSW, Former Social Services Supervisor, St. Louis County Public Health &amp; Human Services – Retired; Matt Johnson, MSW, Social Worker, St. Louis County Public Health &amp; Human Services; Beth Elstad, BA, Certified Recovery Specialist, Recovery Alliance Duluth</td>
<td>Harborside 301-302</td>
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### 45 Listening Matters: Quality Reviews and Recommendations

*Chester Creek*

Over the last few years, there has been a movement towards person-centered thinking, planning and practices. How do we determine what impact this has on the quality of life for people who are receiving waivered services? Currently, the Minnesota State Quality Council, as well as other Regional Quality Councils in the state are working to answer this question. Over the last two years, the Regional Quality Councils have interviewed hundreds of people who receive home and community based services (HCBS) in Minnesota. Presenters from the Arrowhead Regional Quality Council, Region 10 Quality Council, and the Metro Regional Quality Council will share findings from these interviews and their recommendation for quality improvements based on these findings. Members of the State Quality Council will give an overview of how they are pulling it all together at the state level.

### 46 W.I.C. History, Change & What’s New!

*French River 1*

This presentation will review the history of nutrition in the U.S., with a focus on how implementing a scientific and nutrition based program can have a positive impact on a group of individuals. WIC was created to address malnutrition concerns among pregnant woman, infants, and young children. Today, its supplemental foods and client education methods are quite different. We’ll look at those supplemental food changes and the scientific-based assessment and evaluation procedures utilized in WIC to achieve healthy outcomes through patient-centered services. We’ll also introduce the latest technology designed to make WIC more widely accessible and user-friendly.

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**Thursday, October 10**

**Session III Workshops, continued**

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<td>56 Embracing Epilepsy through Life’s Triumphs and Trials</td>
<td>Lisa Peterson, MSE Reading Education, BS Elementary Education, Minors: Early Childhood and Adaptive Education – Special Education, Regional Coordinator – Northern MN, Epilepsy Foundation of Minnesota; Lawaine Longen, BS Women Studies And American Indian Studies, MSW, Child Protection Social Worker, St. Louis County Public Health &amp; Human Services; Bob Kuster, Received MN AVTI Heavy Equipment Operator and Class B Commercial Drivers License with Passenger Endorsement, Menards; Roxane Schmitz, AA Science, RN, Population Health, Essentia Health; Desiree Gregorich, AA in Veterinary Technology, Independent Consultant – Copper Leader, Tastefully Simple</td>
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<td>57 Making Planful Placement Decisions (Part 1)</td>
<td>Devon Gilchrist, MSW, Agency Foster Care Policy Specialist, Minnesota Department of Human Services</td>
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<td>59 Transgender 101</td>
<td>Ellie Krug, Juris Doctor, President and Founder, Human Inspiration Works, LLC</td>
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<td>60 Moving Up and Out</td>
<td>Annie Krohn, MSW, Social Work Coordinator, St. Louis County Public Health &amp; Human Services; Elizabeth Siebenaler, MSW, Social Worker, St. Louis County Public Health &amp; Human Services; Terri Laflamme, MSW, Social Worker, St. Louis County Public Health &amp; Human Services; Meredith Kujala, Community Organizer Self Advocates Of MN (SAM), ARC Northland; Mary Holschu, Guardian, St. Louis County Public Health &amp; Human Services</td>
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<td>61 It’s OK To Call Us Queer and Other Things To Know About Us (Part 1)</td>
<td>Kathy Hermes, BS in Science Education, Program Coordinator, Lutheran Social Service; Khayman Goodsky, Program Facilitator, Lutheran Social Service; LSS Interns/Volunteers/Program Participants, trans+ Friends, Family And Allies Members, LGBTQIA2s Community Members</td>
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<td>62 Too Young, Too Old: Ageism in the Workforce</td>
<td>John Lukach, MSW, Training Specialist, Standard Four LLC</td>
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<td>63 BOLD-choice Theatre Company presents: “Bloom” (Part 1)</td>
<td>Annie Roseen, Bachelor of Arts, BOLD-choice Theatre Company, CHOICE, Unlimited; BOLD-choice Theatre Company, 30 Person Theatre Company Cast, CHOICE, Unlimited</td>
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<td>64 Participatory Racial Dialogue (Part 1)</td>
<td>Arlene Garcia, EdD, LCSW, Founder, CT Center for Counseling and Education; Kevin Skwira-Brown, MSW, LGSW, Partner/Trainer, Cultural Fluency Associates LLP</td>
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<td>65 Taming the Wild West: New Assisted Living Regulatory Framework</td>
<td>Rajean Moone, PhD, LNHA, FGSA, Faculty Director, University of Minnesota</td>
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<td>66 Developing a Person-Centered Community of Practice</td>
<td>Kelly Sather, MSW, LICSW, Supervisor, St. Louis County Public Health &amp; Human Services; Brandon Hendrickson, BA, Staff Development Director, Residential Services Inc.; Jennifer Steger, BA, Program Director, Trillium Inc.</td>
<td>St. Louis River</td>
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Continued
Porting choice in an ambiguous social context to discuss the considerations for supporting decision-making despite the contexts of personal and professional influences and solidify ethical practice.

An Introduction to N.E.A.R. Science and the Building Self-Healing Communities Initiative

The adverse childhood experiences (ACE) study findings represent a paradigm shift in human understanding of the origins of physical, social, mental, and societal health and well-being. With scientific evidence, we now know that disease and disability, learning and productivity problems, and early death have their roots in the cumulative neurodevelopmental impacts of ACEs. This presentation provides introductory information about the ACE study, along with neurobiology that explains why and how ACEs affect people’s lives. We’ll use a guided activity used for fostering community resiliency to increase participant understanding and facilitate shared learning within our communities.

Supporting Transcultural and Transracial Placements in Permanency

Transracial, transcultural permanency options present unique challenges that are often poorly supported by existing infrastructure. In this session, we’ll explore these challenges and how workers and systems can address them to better support children, adolescents and families in transracial and transcultural placement.

Developing Your Relationship with DHS (HCBS) Licensing

DHS license holders with a 245D or adult day center license will learn what to expect during licensing reviews and other contact times with DHS Licensing, how to prepare and respond to licensing reviews, and how to develop and enhance your relationship with your DHS licensor.

People Have a Right to Make Bad Decisions: The ethics of self-determination

Self-determination is a foundational concept in social work but also laden with potential conflicts. This seminar seeks to discuss the considerations for supporting choice in an ambiguous social landscape. Participants will identify their own biases that impact their perceptions of choice in various ethical situations and case studies. The goal of the workshop is to learn to honor client self-determination despite the contexts of personal and professional influences and solidify ethical practice.

Substance Use Disorder Reform: An Overview of Changes Affecting the Delivery of Substance Use Disorder Services in Minnesota.

In 2017, Minnesota enacted legislation to reform treatment services for Substance Use Disorder (SUD), which will streamline access to least restrictive treatment options, and offer reimbursement for some services which were previously non-reimbursable. Come find out more about direct access to treatment vs Rule 25 and the primary roles and qualifications of a treatment coordinator, LADC, and peer recovery specialist. Learn how St. Louis County has prepared for this system overhaul by organizing a collaborative of regional providers and stakeholders.

Embracing Epilepsy through Life’s Triumphs and Trials

Be inspired as you meet some of the faces of the 1 out of 26 people affected by epilepsy. This will be a panel session comprised of individuals and family members who will share their journey of embracing epilepsy through life’s triumphs and trials. Although epilepsy is the most common neurological condition in children and the fourth most common in adults after migraines, stroke, and Alzheimer’s, epilepsy is still misunderstood. Learn how to recognize and respond to the most common types of seizures and how people are being “bravely human” by living their best life with epilepsy.

Making Planful Placement Decisions (Part 1)

Making the decision to place a child in foster care is one of the most challenging tasks a social worker has to perform and requires the consideration of a number of factors. In this interactive workshop, we’ll look at how our personal and professional experiences shape our values and affect our placement decisions, as individuals and as those working within welfare organizations. We’ll also examine strategies for engaging and considering relative and kinship foster care placement options to maintain familial connections and achieve successful permanency outcomes for children in care. Finally, we’ll discuss how child welfare best practice and policy guides the placement decision making process.
The Many Layers of Child Welfare Ethics: A unique and honest look (Part 1)

Harborside 305

To be ethical, ethics presentations must tell us how to do our work, but also take a hard look at where we fall short. We work in this field because we are passionate about helping children, but we also know that child welfare work is done with too few dollars, too few staff, too few services for families, and too many clients. We do the best we can, but we often have to cut corners. We don’t like to think about that, but we must. In this workshop, we’ll look at the code of ethics and why it is not as simple as it sounds, examine how “the system” sees child welfare problems, and identify why some “solutions” don’t work. A few case examples will be included, too.

Transgender 101

Lake Superior Ballroom J

What does it mean to be transgender? How can others who aren’t “trans” (the technical title is “cisgender”) be welcoming? Is being trans just a choice? Against the backdrop of these questions, Ellen (Ellie) Krug will address what it means to come to understand that one’s gender identity isn’t a choice, how trans and gender nonconforming people navigate coming out, and the challenges of living in a binary society, where one’s sex is assigned at birth. This discussion is critical, as many counselors and therapists are treating trans/gender nonconforming patients without receiving any formal trans 101 training.

Moving Up and Out

Lake Superior Ballroom K

Come for a panel discussion from self-advocates who have moved out of corporate foster care into their own apartment/homes. Panelist (self-advocates, parents/guardians, case managers, and providers) will share their experience, discuss how to balance risk with safety, and describe what support looks like for them to be successful.

It’s OK To Call Us Queer and Other Things To Know About Us (Part 1)

Lake Superior Ballroom L

This presentation is part of the educational outreach done by Lutheran Social Service’s Together for Youth, a social support group for lesbian, gay, bisexual, transgender, queer, questioning, intersex, two spirit, and allied youths. Participants will gain a deeper understanding of the challenges young people face, from living life in the closet to being out and proud. In addition to personal stories, topics covered will include assumed heterosexuality, heterosexual privilege, cisgender privilege, homophobia, transphobia, micro-aggressions, micro-affirmations, and the important role of allies. Emphasis will be placed upon trans identities, policy protections, and more considerate workplace practices.

Too Young, Too Old: Ageism in the Workforce

Lake Superior Ballroom MN

Ageism has a measurable effect on workplace morale. And age discrimination is not just a problem for older professionals; it also affects young adults entering the workplace environment. In this workshop, we’ll examine how our own stereotypes about age influence us — as practicing social workers. Through interactive discussion we will share our stories, challenge biases, and learn how to foster inter-generational collaboration in the workplace.

BOLD-Choice Theatre Company presents: “Bloom” (Part 1)

Lake Superior Ballroom 0

The award winning BOLD-choice Theatre Company and its cast of 30 individuals — with and without disabilities — present their latest original production Bloom. This original play is the coming of age story about Lily, a young person with a disability in the 1960s. Bloom highlights some of our country’s painful history with division, but it also showcases the way individuals and movements rebelled and laid the foundation for change and inclusion. The play reflects the breadth of the human experience — from frustration and powerlessness to humor and hope. You’ll be moved and informed by this original screenplay.

Participatory Racial Dialogue (Part 1)

Split Rock 1

Talking about race, whiteness, privilege and oppression can be hard. In this session, we’ll discuss these topics safely by participating in a proven discussion structure that fosters deeper learning and safer sharing. Participants in this session will first gather in Racial Caucus groups — groups which share similar racial experiences. Then, participants will be given the opportunity to engage in intercultural dialogue facilitated by a cross-racial and cross-gender team. Come ready to share your questions and your insights.

Taming the Wild West: New Assisted Living Regulatory Framework

Split Rock 2

In 2018 the Star Tribune highlighted instances of abuse and neglect in assisted living locations. Coupled with a legislative auditor’s report, significant changes were proposed in the 2019 legislative session, changes which will radically alter assisted living in the state. This session will deconstruct the new assisted living regulatory framework.

Developing a Person-Centered Community of Practice

St. Louis River

This session will look at person-centered practices from an agency and county level. Presenters will share the successes and challenges they’ve encountered while working to improve person-centered practices within their agencies. Furthermore, discussion will focus on what has been done, where we are at, and where we are going.
### Barriers in Seeking Support for Sexual Violence: Perspectives of Survivors and Service Providers

Rebekah Overby, BA, MSW Student and Graduate Research Assistant, University of Minnesota Duluth, Department of Social Work; Gwendolyn Anderson, PhD, Assistant Professor, University Of Minnesota Duluth, Department Of Social Work; Sara Niemi, Master's in Mental Health Counseling, Executive Director, PAVSA

### The QPR Skillset

Steve Hansberry, BS, Outreach Associate, Wellness in the Woods; Jode Freyholtz London, Executive Director, Wellness in the Woods

### Learn About EEG Brain Activity Readings, Brain Plasticity and Qualitative Lifestyle Changes

Lyle Wildes, Master’s, Brain Coach, Positive Attitude Development Group, Inc.; Michael Merzenich, PhD, Brain Researcher

### Public Assistance 101

Heather Larson, Bachelor in Business Management, Public Assistance Supervisor; David Courtright, PA Trainer; Jolene Jannick, PA Trainer; Mark Trimble, PA Trainer; and Tonia Villegas, Early Childhood Education, all with St. Louis County Public Health & Human Services

### The Stonewall Generation hits retirement: Experiencing aging in the LGBT and HIV+ Contexts

Phil Duran, Director of Advocacy, Research, and Education. JustUs Health; Dylan Flunker, Policy and Research Manager, MPP, JustUs Health

### Craving more: Binge Eating and Compulsive Overeating

Hilmar Wagner, Master’s in Public Health – Nutrition (MPH), Registered/Licensed Dietitian (RDN, LN), Nutrition Coordinator, Clinical Outreach Specialist, The Emily Program

### Lessons I have Learned from the Children

Brianna Evans, MSW, LGSW, St. Louis County Public Health & Human Services

### The Opioid Epidemic, My Story of Survival

James Marthaler, MA in Clinical Psychology, Supervisor, Mental Health Professionals, Children’s Mental Health, Rice County Social Services

### After it Hits the Fan: Preparing Staff for Workplace Crises for Youth

David Swenson, PhD, Psychologist, The College of St. Scholastica; Anjie Dreiling, MSW, Supervisor, Children & Families Division, St. Louis County Public Health & Human Services

### When Grief is Complicated: Applying Positive Psychology to Promote Resilience

Gina Dixon, MA, Licensed Psychologist, Program Manager, Essentia Health Grief Support Services

### Our Own Voices, Our Own Stories: The Adult Korean Adoptee Experience

Shawyn Lee, PhD MSW LGSW, Assistant Professor, University of Minnesota Duluth; Kyah Altiere, MSW LISW, Counselor, Clearpath Clinic; Julie Kim, MSW LICSW, Counselor University of Minnesota Duluth Counseling Services; Laura Johnson, MBA, Senior Alumni Engagement Officer, The College of St. Scholastica

### Human Rights in Social Work

Sandra van den Bosse, MSW, BSW Program Director and Instructor, University of Minnesota Duluth, Chair – City of Duluth Human Rights Commission

### Making Planful Placement Decisions (Part 2)

Devon Gilchrist, MSW, Agency Foster Care Policy Specialist, Minnesota Department of Human Services

### The Many Layers of Child Welfare Ethics: A Unique and Honest Look (Part 2)

Debra J Dewitz, MSW, LICSW, Family Resource Consultants

### The ABC’s of Disability: Raising Awareness, Eliminating Barriers & Shaping Culture

Gaelynn Tressler, Bachelor’s in Political Science, Musician, Public Speaker, Disability Advocate, Gaelynn Lea Music

### Recovery Alliance Duluth: Inspire. Connect. Recover

Beth Elstad, BA, Co-Founder, Certified Peer Recovery Specialist, Recovery Alliance Duluth; Julie Gehlen, BS, Co-Founder, Peer Recovery Specialist, Recovery Alliance Duluth

### It’s Ok to Call Us Queer and Other Things to Know about Us (Part 2)

Kathy Hermes, BS in Science Education, Program Coordinator, Lutheran Social Service; Khayman Goodsky, Program Facilitator, Lutheran Social Service; LSS Interns/Volunteers/Program Participants,Trans+ Friends, Family And Allies Members, LGBTQIA2s Community Members

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Barriers in Seeking Support for Sexual Violence: Perspectives of Survivors and Service Providers

This presentation will cover research findings about survivors of sexual violence and information about services provided by PAVSA. Interview findings suggest that community-level barriers may prevent survivors from seeking supportive services. Other barriers identified were relationships and Intimate Partner Violence (IPV), internalized blame, and minimization of trauma. While survivors had positive interactions with advocates and Sexual Assault Nurse Examiners (SANE) nurses, they expressed hesitation in seeking additional support (outside of sexual assault staff). PAVSA staff will highlight their key services and programs and discuss their work to alleviate barriers for survivors, create awareness in the community, and disrupt harmful beliefs and myths about sexual assault through community education.

The QPR Skillset

Employers, schools, and faith communities across Minnesota are pursuing basic suicide prevention skill sets. QPR is an evidence-based program presented by a certified instructor that teaches the three point sequence of question-persuade-refer to identify, address, and help people at risk. This presentation, which uses video, PowerPoint, and handouts, will cover risk factors, how to ask someone if they are at risk, healthy responses to a stated interest or intent, and resolution skills. Attendees will also receive a skill set booklet and certificate of completion.

Learn About EEG Brain Activity Readings, Brain Plasticity and Qualitative Lifestyle Changes

The PAD Group is doing EEG readings right here in Duluth as a partner with other brain researchers. We scan our breast, hearts, lungs to know the health of other organs, we can now identify over active or under active brain areas before working with them. Once we get to know the activity of a brain, we can work with the brain’s plasticity for changing the quality of that brain’s behavior. Learn more about the importance of identifying a brain’s health before working with that brain.

Public Assistance 101

Public assistance programs offer a wide variety of services. Knowing the basics helps those in our community achieve a better understanding of available programs and how to apply for assistance. A panel from SIC’s Public Assistance Department will share program knowledge and provide helpful insights into accessing and navigating this sometimes complex system. PA programs covered include: MN Family Investment Program (MFIP); Diversionary Work Program (DWP); Supplemental Nutrition Assistance Program (SNAP); General Assistance (GA); Medical Assistance (MA); Long-Term Care & Waiver Medical Assistance (LT/C/ WVR); County Burials; Housing Support; MN Supplemental Aid (MSA); Emergency Assistance (MA); Fraud Prevention (FP); and Childcare (CC).

The Stonewall Generation hits retirement: Experiencing aging in the LGBT and HIV+ Contexts

Every living person who, as an adult, was present for the Stonewall riots which launched the modern LGBTQ movement, is on Medicare and/or Social Security. Additionally, thirty years ago an HIV diagnosis was frequently equated with a short life span and an unpleasant death. But today, medications available to HIV-positive individuals give them the chance to live into their 60s, 70s, and beyond. As these distinct but sometimes overlapping populations, seek services as older adults are providers prepared to serve them well? This session will provide foundational information relevant to both groups, strategies for engaging LGBTQ older adults, and current figures on HIV through the lens of age, to equip providers for success.

Craving more: Binge Eating and Compulsive Overeating

When does overeating become a ‘problem’? When is obesity related to compulsive overeating or binge eating? How can you tell? This workshop will address these questions and more, providing a comprehensive overview of the ‘what’ and ‘what to do about it’ regarding compulsive overeating and the new DSM-5 diagnosis: binge eating disorder (BED). Research indicates that up to 30 percent of individuals seeking weight loss services struggle with eating disorders, meaning these eating-related issues are widespread. Open to clinicians who work with people struggling with weight-related issues or

Continued →
eating disorders, this workshop will provide practical and useful techniques drawing upon mindful eating strategies and Cognitive Behavioral Therapy (CBT).

**73 Lessons I have Learned from the Children**

I have worked with children and their families for much of my life; as a mother of three, licensed parent educator, family preservation and reunification specialist, therapist, and for the past several years as a child protection intake social worker. In this workshop, I want to share valuable lessons I’ve learned from the children I’ve raised and worked with, and show how these lessons have influenced my social work practice. This workshop will combine current research and personal stories and give participants the opportunity to share what they have learned from some of the best teachers out there — children.

**74 The Opioid Epidemic, My Story of Survival**

James Marthaler was diagnosed with a rare genetic illness for which the only known treatment was pain management...or opioids. As his illness worsened and his mental health deteriorated, his use of opioids turned from a way to manage pain to one of addiction and abuse. James lost nearly everything he cared about, but in 2006 a treatment was developed for his genetic illness and he began climbing out of his nightmare. James will openly share his story and his insights with the goal of shattering stereotypes, challenging beliefs, and discussing why the U.S. is ground zero for the opioid epidemic.

**75 After it Hits the Fan: Preparing Staff for Workplace Crises**

Workplace violence is nothing new to HHS staff, but there are other crises that can adversely impact staff too, including reputation attacks, confidentiality breaches, financial crises, lawsuits, and natural disasters. HHS organizations need to show due diligence in preparing their staff to respond to all crises, both for the benefit of their clients and for themselves. This session identifies the diverse crises HHS staff may face and discusses those crisis impacts on people and operations. It also covers organizational risk audits, managing public relations, the debriefing controversy, response to investigation, and resiliency considerations.

**76 When Grief is Complicated: Applying Positive Psychology to Promote Resilience**

Drawing on 25 years of experience supporting individuals, families and organizations following trauma and loss, this presentation will offer a developmentally sensitive understanding of common grief responses, as well as factors that complicate grief. We’ll also look at strategies that respectfully promote resilience among youth, families, and the professionals who serve them, using a positive psychology perspective. Participants will have the opportunity to share, discuss, and take part in hands on activities. My goal? To facilitate your confidence in being a supportive companion to those grieving the loss of a loved one by death, incarceration, or estrangement due to addiction, mental health issues, dementia or other complications.

**77 Our Own Voices, Our Own Stories: The Adult Korean Adoptee Experience**

International adoption has long been part of American history. As generations of children were removed from their families and cultures, adoption research quickly developed, moving from anecdotal stories by social workers to psychological frameworks rooted in theory. A major gap in the research is that most of it focuses on children and adolescents, and does not actually come from adoptee’s perspectives. Because of the uniquely high concentration of Korean adoptees in Minnesota, this workshop brings us the voices and stories of adult Korean adoptees. Using an attachment lens, panelists will share personal stories of the complexities associated with being adopted.

**78 Human Rights in Social Work**

In 2015, the Council on Social Work Education (accreditation body) released its new and revised social work competencies. This presentation focuses on Competency 3, which calls on social workers to advance human rights and social, economic, and environmental justice. This workshop will give you some ideas and inspiration on how to do just that!
Recovery Alliance Duluth is an emerging recovery community organization created to support individuals seeking or maintaining recovery, to inspire hope, create connection, and eliminate stigma. In this workshop, participants will learn about the need and benefits of peer-based recovery support services, and the need to shift from an acute care model to a recovery-oriented system of care (ROSC). ROSC coordinates ongoing support for people seeking recovery from substance use disorder and addresses a broader range of support.

This presentation is part of the educational outreach done by Lutheran Social Service’s Together for Youth, a social support group for lesbian, gay, bisexual, transgender, queer, questioning, intersex, two spirit, and allied youths. Participants will gain a deeper understanding of the challenges young people face, from living life in the closet to being out and proud. In addition to personal stories, topics covered will include presumed heterosexuality, heterosexual privilege, cisgender privilege, homophobia, transphobia, micro-aggressions, micro-affirmations, and the important role of allies. Emphasis will be placed upon trans identities, policy protections, and more considerate workplace practices.

Housing support (f.k.a. GRH) pays for room and board for seniors, for adults with disabilities who have low incomes, and for supplemental services in eligible settings to support an individual’s ability to maintain housing. Recipients of housing support may live in group settings (i.e., board and lodges) or community-based settings (i.e., long-term homeless [LTH] supportive housing). This workshop provides an introduction to the LTH supportive housing program in St. Louis County. Participants will learn more about housing support, different program models, and programmatic requirements. Providers will also share their experiences with the program, including successes and lessons learned.

The award winning BOLD-choice Theatre Company and its cast of 30 individuals —with and without disabilities— present their latest original production Bloom. This original play is the coming of age story about Lily, a young person with a disability in the 1960s. Bloom highlights some of our country’s painful history with division, but it also showcases the way individuals and movements rebelled and laid the foundation for change and inclusion. The play reflects the breadth of the human experience—from frustration and powerlessness to humor and hope. You’ll be moved and informed by this original screenplay.

Talking about race, whiteness, privilege and oppression can be hard. In this session, we’ll discuss these topics safely by participating in a proven discussion structure that fosters deeper learning and safer sharing. Participants in this session will first gather in Racial Caucus groups—groups which share similar racial experiences—then, participants will be given the opportunity to engage in intercultural dialogue facilitated by a cross-racial and cross-gender team. Come ready to share your questions and your insights.

Trauma-Responsive Care: It’s vital to providing comprehensive mental health and substance use disorder care to our clients. But do we take time to care for ourselves in the process? Listening to traumatic stories day after day leaves a mark on any provider. How do we recognize that? What do we do when we do see it in ourselves or a co-worker? It’s important for us to correctly identify and address compassion fatigue, secondary trauma, and burnout, so our clients continue to receive top notch care.

Societies, organizations, families and work teams all have unique cultures that define how people are supposed to behave in order to belong and succeed. The same holds true within the ranks of management: this unique culture has a specific definition of how leaders ought to fill their roles. However, in too many organizations, management culture creates a toxic work environment. In fact, studies show that oftentimes people leave because of bosses, not because of organizations. Luckily, culture can be changed! This workshop will explore the culture of management and offer fresh ideas on how leaders and employees can create an inclusive, healthy workplace environment.

Susanna Gaunt

GUEST ARTIST

Working with a variety of mediums such as drawing, photography and printmaking, Susanna Gaunt analyzes the human condition through a philosophical and scientific lens and creates works that encourage curiosity and reflection.

A recent graduate from the University of Minnesota Duluth, Susanna received a BFA in Painting, Drawing and Printmaking, and holds a BA in Philosophy from Boston College. Her work has been exhibited in galleries and museums throughout the country. Susanna lives and works in Duluth, MN.

Susanna Gaunt was awarded an Arrowhead Regional Arts Council Career Development grant in 2018 to produce her exhibit, Reconfigure, at the Kruk Gallery in Superior, Wisconsin. She is a 2019 fiscal year recipient of the Artist Initiative grant from the Minnesota State Arts Board.

New Normal by Susanna Gaunt
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<td>Hope vs. Despair: Hope Wins!</td>
<td>Dr. Tim Walsh, MA, LP, DPA, Minnesota Adult &amp; Teen Challenge</td>
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<td>91</td>
<td>What to Do about ACEs? An Evidence-Based Approach to Building Resilience</td>
<td>Dean Grace, Ed.D, Consultant, Northwood Children’s Services</td>
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<td>Adolescents with Co-Occurring Substance Use and Psychiatric Disorders</td>
<td>Fred Dyer, PhD, Trainer/Consultant, Hope Recovery Center</td>
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<td>Positive Behavior Support Strategies and Resources</td>
<td>Amber Maki, MS, Person Centered Positive Support Transition Coordinator; Minnesota Department Of Human Services; Stacie Enders, MS, External Program Review Committee (EPRC) Coordinator; Dr. Mary Piggott, SPHD, Person Centered Positive Support</td>
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<td>Bravely Being Disabled</td>
<td>Linda Wolford, MS, Counseling Psychology, Rehab Emphasis, Interagency Coordinator, Minnesota Department of Human Services; Peter Beierwaltes, Master’s in Public Policy, Fiscal Policy Analyst, Minnesota Department of Human Services</td>
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<td>Wallace Swan, MPA, MAPA, DPA, Contributing Faculty Member, Walden University; Paula Overby, BA, Psychology, Author and Political Activist, Mirare Publishing; Kate Lehmann, MA, President, Lehmann Consulting, Inc.</td>
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<td>How To Avoid The Most Frequent Errors in Determining Eligibility for Financial Assistance Programs (Part 1)</td>
<td>Donald Skoy, Human Services Manager 1, Internal Audits – Program Compliance &amp; Audits; Connie Thomas, Human Services Supervisor 3, Accounting DHS – Internal Audits – Program Compliance &amp; Audits; Denise Haliburton, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance &amp; Audits; Fran Kozlowski, Human Services Program Rep 2, DHS – Internal Audits – Program Compliance &amp; Audits; Lori Hill, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance &amp; Audits, all from Minnesota Department of Human Services.</td>
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<td>New Services to Support Housing</td>
<td>Mark Caldwell, PhD, Human Services Program Consultant, DHS – Housing and Supports Division; Bekah Kaufenberg-Satre, Human Services Program Consultant, DHS – Housing and Support Services; Alison Niemi, Human Services Program Consultant, DHS – Housing and Support Services, all from Minnesota Department of Human Services</td>
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<td>Strategic Workforce Solutions: Breaking Down the Barriers</td>
<td>Della Ludwig, Master’s in Management, Workforce Strategy Consultant – Central MN, Minnesota Department Of Employment And Economic Development (DEED); Jessica Miller, Master’s in Leadership, Workforce Strategy Consultant – South-West And South-Central MN, DEED</td>
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<td>Supporting Person Centered Planning and Informed Choice in Housing for People with Disabilities</td>
<td>Rajean Moone, PhD, HB 101 Liaison, Minnesota Department of Human Services; Heidi Sandberg, BSW, Housing Planner, Minnesota Department of Human Services</td>
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<td>Are You Really Listening? Maximizing Consumer Feedback</td>
<td>Lynn Goerdt, Ed.D, MSW, Associate Professor Of Social Work, University Of Wisconsin Superior</td>
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<td>From Hand Holding to Walking Side-By-Side</td>
<td>Laura Brandt, Master of Social Work, Youth in Transition Program &amp; Minor Parent Program Case Manager, St. Louis County Public Health &amp; Human Services; Taylor McClung, Bachelor of Science, Program Coordinator with The Oh No 18 Program, Lutheran Social Service; Nicolas Vogel, Bachelor of Science, Program Consultant In The Adolescent Services Unit, Minnesota Department of Human Services</td>
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**Friday, October 11**

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**89 Building a Trauma Responsive School: Steps You Can Take Towards Meeting The Social and Emotional Needs of Students.**

*Chester Creek*

In school environments, where emphasis is placed on academic performance, tiered interventions for students’ social-emotional development and mental health are often lacking. In this presentation, we’ll identify what it means to be a trauma-responsive school and identify steps that schools can take to become trauma-responsive. Using a multilevel framework, we’ll highlight Lincoln Park Middle School’s plan for developing and implementing trauma responsive practices and describe the school’s specific interventions, including social-emotional learning and restorative practices. We’ll also touch on Lincoln Park’s PAWS Program, which was designed as a restorative program for students as an alternative to suspension.

**90 Hope vs. Despair: Hope Wins!**

*French River 1*

The “deaths of despair” due to suicide, drug overdose, alcohol-related deaths, and more are at epidemic levels in the United States. The statistics and the motivations behind the statistics challenge both our current standards of practice and our clinicians. How do we effectively instill hope? I’ll cover the sources and drivers of despair but also talk about evidence-based intervention methods that are proven to increase health, well-being, positive emotion, and most importantly, hope.

**91 What to Do about ACEs? An Evidence-Based Approach to Building Resilience**

*French River 2*

The workshop will describe the process of building resilient kids, because Adverse Childhood Experiences (ACEs) are not a life sentence! Dr. Grace will provide a brief review of the scope and impact of ACEs, talk about what resiliency looks like in youth, and summarize the evidence that resilience trumps ACEs. He’ll present empirically proven mechanisms of action for building resilience in at-risk youth and participants will learn about eight key assets that get kids “back on track” for healthy development. This model has been successfully implemented in foster homes, schools, youth-serving social and recreational programs, and intensive treatment programs.
Adolescents with Co-Occurring Substance Use and Psychiatric Disorders

We now know — thanks to research and clinical consensus — that substance abuse treatment is most effective when it addresses the multiple psychosocial problems and medical mental health needs of adolescents in addition to their drug abuse. However, this multi-modal approach in substance treatment programs lags behind the integration of other treatment services because of various barriers (Sohlkhah and Wilens, 1998). As a result, we lack empirically grounded, practiced guidelines for this much needed treatment approach. Join me to learn more about this important topic so we can offer the best care to the adolescents we work with.

Positive Behavior Support Strategies and Resources

Ever had someone do something that seemed to “come from nowhere”? Come join us for an interactive discussion on positive behavior supports and the functions of behavior. Learners will have the opportunity to walk through functional behavior assessments, positive support transition plans, and a person-centered planning booklet by the disability hub. There’ll be plenty of time for questions.

Bravely Being Disabled

Having a disability can be seen as a tragedy or something to be pitied. In this session, we’ll reframe that viewpoint. We’ll use interactive methods and materials to examine how disability — as an identity — intersects with other marginalized identities. We’ll also provide useful tips on how person-centered principles can help us all be allies to people with disabilities.

New Directions in LGBTQIA Social Policy and Treatment Issues

Come to this presentation for an overview of the new edition (2019) of the Routledge Handbook of LGBTQIA Administration and Policy! Furthermore, learn about social work values and ethics, as well as policies addressing substance abuse issues within the LGBTQIA community, such as assessment-based clinical treatment, clinical intervention methods, evaluation methods, social work values, and culturally specific clinical assessment.

How To Avoid The Most Frequent Errors in Determining Eligibility for Financial Assistance Programs (Part 1)

Our mission at DHS Internal Audits is to randomly audit financial assistance cases to determine if they have all the documentation to support correct eligibility. We audit TANF, child care, health care, general assistance, housing support, and Minnesota supplemental aid cases. We’ll present an overview of our process of choosing cases to audit and discuss the top errors we’re seeing in each of the programs. We’ll also give tips on how to avoid those errors and help reduce the high error rates that exist in these programs.

New Services to Support Housing

Minnesota is rolling out new services to help people with disabilities and older adults find and maintain housing in their communities. Learn about these new services and how they can help support people in a variety of ways. We’ll provide a summary of housing stabilization services and available housing, related home and community-based waiver services, and case examples that demonstrate how these programs contribute to housing stability.

Strategic Workforce Solutions: Breaking Down the Barriers

This presentation will focus on hidden talent pools and how to target these untapped populations. We’ll examine regional labor market information, analyze the demographics of the populations with the highest unemployment rates, and give you the tools to successfully recruit within these groups. We will also dive into regional and statewide programs, show how they can assist with your hiring needs, and share best practices and success stories from across the State.

Supporting Person Centered Planning and Informed Choice in Housing for People with Disabilities

While full of complex twists and turns, successfully navigating housing can ultimately help a person live their best life. This session will provide an overview of promising practices for person-centered planning and informed choice in housing. Participants will also explore new interactive tools for people with disabilities.

Are You Really Listening?

This workshop will cover intentional listening, and why it’s critical to listen intentionally to those we work with and serve. We’ll discuss potential barriers to intentional listening and brainstorm ways to enhance our current feedback methods. The benefits? All of us, and the organizations we work for, can maximize our impact and provide genuine consumer-focused care.

From Hand Holding to Walking

Teens and young adults in the foster care system want to choose their pathway moving forward. How do we...
help them move toward independent living in a supportive way? This workshop will highlight the logistics of extended foster care, discuss engagement strategies, and explore the benefits of specialized case management. This workshop also aims to demonstrate the support team that can exist for young people when county workers, non-profit organizations, and foster parents work together.

**102 Child Social & Medical Histories — What to Expect & What Is My Role?**

Harborside 305

This presentation explores county worker, foster parent, provider, & biological family member roles in developing a child’s social and medical history document. We want to clarify the purpose of such a document and expand participant’s knowledge of the social and medical history process. Finally, we want to explain what a preadoptive parent should expect to receive when considering a preadoptive placement.

**103 SafeTALK: Suicide Prevention (Part 1)**

Lake Superior Ballroom J

Learn how to support someone’s desire for safety by recognizing the warning signs of suicide, identifying people who are at risk, and applying the TALK steps (tell, ask, listen and keep safe) to connect a person to suicide first aid resources. Listed on the National Best Practice Registry, safeTALK allows time for both practice and discussion. SafeTALK is based on research that shows how people experiencing suicidal thoughts often send out subtle invitations to help them stay safe. This class is for all community members, aged 16 and older, who want to learn and practice the basic best practices in suicide prevention.

**104 We Are Only Humorous!**

Lake Superior Ballroom K

This workshop will (entertainingly) help participants identify and understand their personality types in order to understand and work better with those around them. Learn and laugh with Teddy as she presents a humorous side to each personality type and discusses why each is important for survival. Teddy uses the John Maxwell D.I.S.C. method to guide participants to their personality type. Be ready to have fun learning!

**105 Medical Respite, What is That?!? (And How Can I Get My Clients In?)**

Lake Superior Ballroom L

The Bob Tavani Medical Respite House in Duluth is a collaboration between CHUM, Loaves & Fishes, First Covenant Church, and some doctors in residency at the Duluth Family Medicine Clinic. The house is a HUD homeless shelter for homeless people who have an acute medical condition. There are only about 80 registered medical respite facilities in the whole country, and we’ve got one right here! We’ll take a look at how this pilot project came to be, hear from one of our guests, and talk about where we hope this pilot program goes.

**106 “The Connection Cafe”: Honoring The Desire for Healthy Relationships**

Lake Superior Ballroom MN

“The need for connection and community, and the desire to be a part of meaningful and responsive relationships, is at the heart of human experience” (Jordan, 2011). In our current social environment, however, greater numbers of people feel isolated and disconnected from themselves and each other. Grounded in relational-cultural theory, this interactive workshop introduces the “Connection Cafe” an educational and practice model to bring people of all ages together to foster connection and community through discussion and dialogue.

**107 Just Culture: A Trauma Informed QA Method (Part 1)**

Lake Superior Ballroom O

Just Culture is a process based and blame free quality assurance method. With a few tweaks, it becomes a powerful trauma informed organizational tool. We will explore Just Culture and discuss how to enhance its trauma informed properties.

**108 Safe and Strong Child: Introducing Sexual Abuse Prevention to Children**

Split Rock 1

The Safe and Strong Child Program is a curriculum that has been offered to schools of all levels in Southern St. Louis County for more than 25 years. This approach to prevention education not only engages children, but informs children and the adults who work with them about sexual abuse. This session will help participants learn vital skills they can use when directly communicating with youth about body safety and abuse prevention.

**109 The American Foster System: Themes from oral histories of Indigenous people placed pre-Indian Child Welfare Act (ICWA)**

Split Rock 2

Research was conducted this summer with Indigenous people who were placed, as children, in predominately white homes prior to the Indian Child Welfare Act. This presentation will address themes gathered from oral histories about their experiences as well as what was learned in the process of collecting this kind of data.

**110 Brain Injury: Behaviors or Symptoms?**

St. Louis River Room

Oftentimes, behaviors that individuals with brain injury exhibit are a symptom of their injury. In this training, participants will learn about some of the commonly misunderstood symptoms of brain injury. We’ll also review case studies as we consider the difference between a behavior and a symptom of injury.

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**Yara Yoga**

FREE Well-being Yoga class hosted by Yara Yoga on Wednesday 1-2 pm in the Lake Superior Ballroom

Join us for a gentle practice to unwind, de-stress, relax, renew. No mat necessary. No special clothing needed. Just show up!
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<tr>
<th>Workshop Title</th>
<th>Presenter(s)</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>The Critical Frontline</td>
<td>Chet Tschetter, Education Specialist, BS in Education; Claire Benway, Education Specialist, Masters in Theatre Education; both with University of Minnesota/ Institute on Community Integration (ICI) / Research and Training Center on Community Living (RTCCL)</td>
<td>Chester Creek</td>
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<tr>
<td>Social Workers’ Attitudes Towards Death with Dignity, a McNair Research Project.</td>
<td>Jade Cone, Social Work Student, Bachelor’s in Social Work (graduating In December 2019), University of Wisconsin Superior; Amanda Lilly, Research Mentor, Master’s in Social Work, University of Wisconsin Superior</td>
<td>French River 1</td>
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<tr>
<td>“She is a Beautiful Soul”: Supporting Adults with Complex Behavior Needs</td>
<td>Sue Redepenning, BA, OTR/L, ATP, Program Director, Technology for HOME; Sirad Shirdon, MS, CCC-SLP, Speech-Language Pathologist, Technology for HOME</td>
<td>French River 2</td>
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<tr>
<td>Serving Clients When Disaster Hits: Continuity of Operations Planning</td>
<td>Blain Johnson, Bachelor of Science – Emergency Management (North Dakota State), Master of Science – Biodefense and Homeland Security (George Mason), Arrowhead Regional Emergency Planning Consultant (Paramount Planning), Arrowhead Region Emergency Management Association; Duane (Dewey) Johnson, Emergency Management Coordinator, Business Management, St. Louis County Sheriff’s Office; Chloe Strand, Bachelor of Arts – Psychological Science, Executive Assistant, Human Development Center; Michelle Morris, Master of Public Health, Director of Community Philanthropy, Duluth Superior Area Community Foundation/Ready North</td>
<td>Gooseberry Falls 1</td>
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<tr>
<td>Inclusive Harm Reduction In Minnesota</td>
<td>Mary McCarthy, Executive Director, Rural Aids Action Network; Jameson Danielson, Health Educator, Rural Aids Action Network, Sue Purchase, Health Educator, Rural Aids Action Network; Deb Hernandez, CHW, Health Educator, Rural Aids Action Network; Jeff Polcher, Health Educator, Rural Aids Action Network</td>
<td>Gooseberry Falls 2</td>
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<tr>
<td>Treatment Courts: How They Can Help Our Clients</td>
<td>Leah Cleeland, PhD, MSW, Assistant Professor, University Of Minnesota Duluth</td>
<td>Gooseberry Falls 3</td>
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<tr>
<td>The World in Your Lobby</td>
<td>Patricia Fenrick, MA in Intercultural Studies, Communication and Workforce Developer, Minnesota Department of Human Services – Resettlement Office</td>
<td>Harborside 202</td>
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<tr>
<td>Financial Assistance Programs (Part 2)</td>
<td>Donald Skoy, Services Manager 1, Internal Audits – Program Compliance &amp; Audits, Minnesota Department Of Human Services; Connie Thomas, Human Services Supervisor 3, Accounting DHS – Internal Audits – Program Compliance &amp; Audits; Denise Haliburton, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance &amp; Audits; Fran Kozlowski, Human Services Program Rep 2, DHS – Internal Audits – Program Compliance &amp; Audits; Lori Hill, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance &amp; Audits, all from Minnesota Department Of Human Services</td>
<td>Harborside 203</td>
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<tr>
<td>Frontotemporal Dementia: Identification and Management</td>
<td>Sara McVicar, DNP, APRN, CNP, GNP-BC, CNS, Associate Professor and Nurse Practitioner, The College of St. Scholastica &amp; Essentia Health Neurology</td>
<td>Harborside 204</td>
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<tr>
<td>Crisis vs Emergency in Corporate AFC/CRS</td>
<td>Nick Lepak, Duluth Police Department; T. Wade Rasch, Sergeant, St. Louis County Sheriff; Laura Nechanicky-Booth, Treatment Director, Birch Tree Center Stabilization and Crisis Response; Katie Bauman, RN, Health Psychiatric Service RN Supervisor, Essentia Hospital; Anita Nordby, ED Case Manager/Social Worker, St. Luke’s Hospital; Kimberly Hoffmoeckel, MSW, Social Worker/Adult Foster Care Licensor Social Worker, St. Louis County Public Health &amp; Human Services</td>
<td>Harborside 205</td>
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<tr>
<td>Horticulture Therapy</td>
<td>Millie Richard, Associate of Science Degree, Horticulture Therapist, Odiizeoon</td>
<td>Harborside 301-302</td>
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<td>Session VI Workshops, continued</td>
<td>10:30 a.m. – 12:00 p.m.</td>
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<td><strong>122</strong> Relatives and Permanency: What You Want to Know</td>
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<tr>
<td>Elisha Wolfman, Bachelor's in Social Work, Northstar Quality Assurance – Permanency Consultant; Catrina Ankarlo, Master's in Public Administration, Northstar Quality Assurance – Permanency Consultant; Vanessa Thoennes, Master's in Social Work, Northstar Quality Assurance – Permanency Consultant, all from Minnesota Department of Human Services</td>
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<td><strong>123</strong> Child Maltreatment Reporting 2019</td>
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<tr>
<td>Sarah Anderson, MA LMFT, Social Work Coordinator/Team Lead Initial Intervention Unit, Child Protective Services (CPS); Lindsay Sauer, MSW, CPS, Social Worker Initial Intervention Unit, both from St. Louis County Public Health &amp; Human Services</td>
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<td><strong>124</strong> Gender: Beyond the Binary</td>
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<td>Forrest Mainville, MA, Contract trainer for MN Child Welfare Training System and retired Hennepin County social worker</td>
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<td><strong>125</strong> SafeTALK: Suicide Prevention (Part 2)</td>
<td>Lake Superior Ballroom J</td>
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<td>Kay King, BS Education, University of MN, Community Educator, NAMI Minnesota</td>
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<td><strong>126</strong> Working with Youth Who Have Experienced Sex Trafficking</td>
<td>Lake Superior Ballroom K</td>
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<tr>
<td>Mary Cowen, BA in Women's Studies, Residential Program Manager, Life House; Jessica Mantor, Social Worker, Indian Child Welfare Unit, BSW, St. Louis County Public Health &amp; Human Services; Michelle Pederson, Social Worker, Indian Child Welfare Unit, MSW, St. Louis County Public Health &amp; Human Services</td>
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<td><strong>127</strong> Implementing the Self-Healing Communities Model: A Case Study from Crow Wing, MN</td>
<td>Lake Superior Ballroom L</td>
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<td>Tom Gonzalez, Bachelor's in Pastoral Ministry, Master's in Church Leadership, Doctorate on ACEs and Resiliency in Ministry (ongoing), Self-Healing Communities Project Coordinator, Bridges of Hope; Amy Wyant, Master's in Education; Executive Self-Healing, University of St. Thomas, Communities Project Coordinator, Bridges of Hope; Kassie Heisserer, Executive Director, Bridges of Hope</td>
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<td><strong>128</strong> Results from Pilot Project to Connect People Leaving Prison With Public Assistance</td>
<td>Lake Superior Ballroom MN</td>
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<td>Paul Waldhart, Master's Degree, Program Evaluator, Minnesota Department of Human Services; Siham Hussein, College Degree, Human Services Program Rep., Minnesota Department of Human Services; Bridget Letnes, Master's Degree, Manager, MN Department of Corrections</td>
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<td><strong>129</strong> Just Culture: A Trauma Informed QA Method (Part 2)</td>
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<td>Geoffrey Ammerman, MS Ed, Licensed Psychologist, Clinical Director, Fond Du Lac Department of Behavioral Health</td>
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<td><strong>130</strong> Healing the Primal Wound: Navigating the Effects of Early Attachment Disruption in Adulthood</td>
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<td>Shawyn Lee, PhD, Assistant Professor, University Of Minnesota Duluth</td>
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<td><strong>131</strong> How Can We Be Helpful If We Aren’t “Feeling It”? – Five Critical Skills for Effective and Compassionate Helping</td>
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<td>Alan O’Malley-Laursen, MSW, Compassion Fatigue Educator/Clinical Trauma Professional, Olmsted County Child and Family Services</td>
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<td><strong>132</strong> The Invisible Workforce: Helping Informal Caregivers</td>
<td>St. Louis River</td>
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<tr>
<td>Katherine Hiti, LSW, Social Services Supervisor, Caringedge Hospice; Leslie Sauve, LSW, Oncology Social Worker, St. Luke’s Oncology Center; Marjori Bottila, Program Manager, Senior Linkage Line; Jenna Pogorels, MSW, LICSW, Sr. Program Manager, Alzheimer’s Association; Karina Krosbakken, MSW, LICSW, Care Consultant, Age Well Arrowhead</td>
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**The Critical Frontline**

The RTCCL, the University of Minnesota’s ICI, is committed to the quality of life for people with disabilities. The quality and health of the workforce is a direct contributor to how people with disabilities live and participate in their community. Competent and supported Frontline Supervisors (FLS) are key to retention of DSP. This session will help organizations better understand the connections between supporting the critical line of FLS to support DSPs whom they supervise. Dive deeply into best practices including tools and training approaches aligned with person centered practices, organizational culture and training.

**Social Workers’ Attitudes Towards Death with Dignity, a McNair Research Project.**

This workshop will help participants define and understand the parameters of what it means to die with dignity, clarify how the National Association of Social Workers’ code of ethics relates to this issue, and explain the roles of social workers to uphold patient dignity as they work with clients who are dying.

Continued 📚
‘She is a Beautiful Soul’: Supporting Adults with Complex Behavior Needs
French River 2

Since 2018, Technology for HOME has worked with the Minnesota Department of Human Services’ restrictive procedures program to provide communication services to a group of people with multiple disabilities, and complex behavior and communication needs. This pilot project tests the assumption that complex behavior serves a communicative function; when people find other ways to communicate, this behavior will dissipate. The lessons learned have been many. We are hoping to use this session to share our work, and lessons learned about service provision for adults with complex cases.

Serving Clients When Disaster Hits: Continuity of Operations Planning
Gooseberry Falls 1

In the past 20 years, our region has experienced eleven tornadoes, eight “mega-rain” events, seven damaging wind events, six wildfires and five damaging winter storms. The support that human service organizations provide following such disasters is critical, as trusting relationships already exist. However, the effectiveness with which we support our clients in these scenarios depends on our own preparedness. We’ll learn about steps to take and resources to consult in order to develop and start an effective continuity of operations plan to ensure our organizations and the people within them are prepared.

Inclusive Harm Reduction In Minnesota
Gooseberry Falls 2

Researched data shows that we need more comprehensive services, such as syringe service programs, when it comes to helping the people of Minnesota. Join us as we explore the spectrum of harm reduction, from how we apply harm reduction in our own lives all the way to the spectrum of services available to those who inject drugs.

Treatment Courts: How They Can Help Our Clients
Gooseberry Falls 3

Over the past 25 years, the judicial system has used treatment courts to provide additional support and services to people struggling with substance abuse, mental health issues, and more. The aim is to reduce recidivism and create better outcomes for these participants. St. Louis County has four treatment courts and we want to make sure that providers understand how treatment courts work, so they can help their clients navigate this type of judicial intervention. We’ll cover a brief history of treatment courts, their underpinning theories, how they function, and their overall effectiveness.

The World In Your Lobby
Harborside 202

This interactive training deals with the challenges we often face when working cross-culturally. Cultural lenses impact our interactions and our communication. Whether we’re working with co-workers, clients, or neighbors, this training will give us all tools to more effectively traverse cultural differences with respect, humor, and curiosity.

How To Avoid The Most Frequent Errors in Determining Eligibility for Financial Assistance Programs (Part 2)
Harborside 203

Our mission at DHS Internal Audits is to randomly audit financial assistance cases to determine if they have all the documentation to support correct eligibility. We audit TANF, child care, health care, general assistance, housing support, and Minnesota supplemental aid cases. We’ll present an overview of our process of choosing cases to audit and discuss the top errors we’re seeing in each of the programs. We’ll also give tips on how to avoid those errors and help reduce the high error rates that exist in these programs.

Frontotemporal Dementia: Identification and Management
Harborside 204

Frontotemporal Dementia (FTD) is the most common form of dementia in adults under the age of 60. But because people with don’t present with the typical memory problems associated with dementia, FTD remains a hard-to-identify brain disorder. In addition to its unique diagnostic and care challenges, FTD has several different subtypes. We’ll review all of this, along with differential diagnosis in this session. We’ll also look at how we can successfully care for and support persons with FTD.

Crisis vs Emergency in Corporate AFC/CRS
Harborside 205

Action needed! Community concerns regarding the number of 911 calls from corporate foster care providers are what brought us together. Our collaborative, including numerous community partners, started with a common goal to increase communication, understand perspectives, and work for solutions. As community partners, we want to share what we’ve learned and introduce a handy tool called the “Person Centered Incident Matrix.” In attending this training, participants will gain additional skills to accurately distinguish between an emergency and a crisis; participants will also receive a PCIM template and a handbook/manual. Finally, come to this training so you can learn how to more readily re-create a collaborative in your community!

Horticulture Therapy
Harborside 301-302

Horticultural Therapy (HT) is a time-proven practice, as the therapeutic benefits of garden environments have been documented since ancient times. In the 19th century, Dr. Benjamin Rush, a signer of the Declaration of Independence and one now recognized as the “Father of American Psychiatry,” was the first to document the positive effects of horticulture in helping those with mental illness. Today, horticultural therapy is accepted as a beneficial and effective therapeutic treatment for many illnesses and issues and is used within a broad range of rehabilitative, vocational, and community settings. Come learn more about this impressive therapy option!

Relatives and Permanency: What You Want to Know
Harborside 303

Come to this workshop for an overview of the permanency process once it has been determined that a child needs a permanent foster care home. Our main focus will be relative search and notice requirements at permanency, how permanency decisions are made (10 best interest factors), and relatives’ roles within this process.
Implementing the Self-Healing Communities Model: A Case Study from Crow Wing, MN

Lake Superior Ballroom L

This workshop will focus on mandatory reporting of child maltreatment in St. Louis County. Participants will be given statistical data, definitions of abuse and neglect, reporting requirements, protections for mandated reporters, and response to mandated reports. The presentation will also cover statewide screening criteria and handouts of the PowerPoint presentation will be available.

Gender: Beyond the Binary
Harborside 305

Most of us have worked hard to fit into the gender box we were assigned at birth. But what if gender is more of a constellation of options? What might it look like to be on the gender continuum or even outside of it? We will clarify what gender is and a variety of ways to express it. Participants will be given the opportunity to share their own stories and ask questions. Care will be taken to create a safe space for sharing. Resources will be provided.

SafeTALK: Suicide Prevention (Part 2)
Lake Superior Ballroom J

Learn how to support someone’s desire for safety by recognizing the warning signs of suicide, identifying people who are at risk, and applying the TALK steps (tell, ask, listen and keep safe) to connect a person to suicide first aid resources. Listed on the National Best Practice Registry, safeTALK allows time for both practice and discussion. SafeTALK is based on research that shows how people experiencing suicidal thoughts often send out subtle invitations to help them stay safe. This class is for all community members, aged 16 and older, who want to learn and practice the basic best practices in suicide prevention.

Working with Youth Who Have Experienced Sex Trafficking
Lake Superior Ballroom K

Come to this presentation to learn more about Minnesota’s Safe Harbor Law and about the state’s available support services for youth who have experienced sex trafficking or any form of commercial sexual exploitation. We’ll also discuss some strategies for more effectively working with youth in this capacity.

Results from Pilot Project to Connect People Leaving Prison With Public Assistance
Lake Superior Ballroom MN

The Joint Departmental Pilot Initiative is a new collaboration between Minnesota’s Departments of Corrections (DOC) and Human Services (DHS) to better assist people re-entering the community after release from a Minnesota correctional facility. By providing the supports needed to have a stable and successful community re-entry, the Joint Departmental Pilot initiative aims to reduce recidivism. Since September 2017, DOC and DHS processed applications for healthcare and food or cash assistance for people at high risk of recidivism and close to release from a Minnesota correctional facility. After release, DHS helped transfer people’s cases to participating counties and provided ongoing support. Come learn more in this session!

How Can We Be Helpful If We Aren’t “Feeling It”? — Five Critical Skills for Effective and Compassionate Helping
Split Rock 2

Compassion is a choice. It begins with intentional consideration of someone else, which leads to empathic appreciation of that person’s condition, and results in generous, hospitable, and caring action. Furthermore, knowing how to regulate our emotions and responses during challenging encounters is imperative to any helping skill. We’ll cover five fundamental elements of the helping relationship, including the notion of “radical compassion” and the impact of one’s own life history on the helping capacity. Finally, we’ll look at a case consultation model that attends to many of these considerations.

The Invisible Workforce: Helping Informal Caregivers
St. Louis River Room

AARP reports that the value of unpaid caregiving in MN is about $7.9 billion yearly—exceeding the state’s medical assistance expenditures. How do we help those who are caring for their aging parents, raising their own children, working, and trying to navigate the maze of services that may or may not be available to them and their loved ones? We’ll touch on support groups, respite services, caregiver training options, FMLA/leave options, and community services during this panel-style workshop. We’ll also provide participants with time to ask questions and build much needed conversation surrounding this growing issue.
Ally sponsors make this conference possible thanks to the long history and established support of the Exhibit Hall. We have over 100 Ally Sponsors for 2019 representing an array of services, programs and products. You can find them in the Mobile App under the Ally Sponsor Icon. Please visit them and in Pioneer Exhibit Hall and the new floor space in the DECC Arena.

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- Arrowhead Area Agency on Aging
- BillCare/Procentive
- Birch Tree Center
- Birthright of Duluth
- Cedar Branch Counseling
- Children’s Grief Connection
- CLEAN Program—The College of Saint Scholastica
- Clinicare
- Community Involvement Programs
- Consumer Direct Care Network
- Consumer Directions
- Department of Human Services
- DHS – Direct Care & Treatment
- DHS – Moving Home Minnesota
- DHS SOAR & Social Security Advocacy
- Disability Specialists
- Domestic Abuse Information Programs
- DRCC
- Duluth Family Medicine Clinic
- Echo Healings Stones
- Epilepsy Foundation of Minnesota
- Essentia Health Cancer Center
- Essentia Health Rehabilitation Services
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- Expanding Horizons, Inc.
- Fathers Rise Together
- Fond du Lac Human Services Division
- Fond du Lac Human Services Substance Use Disorder
- Franciscan Health Center
- Full Circle Senior Living
- Fresh Start/Prairie Community Services
- Genesis Recovery Services
- Gillette Children’s Specialty Healthcare
- Grace Medical Supplies
- GT Independence
- Hammer Travel
- Healthstar Home Health
- Help Me Grow
- Home Instead Senior Care
- HP Psychological Associates, PC
- i Support YOUth! LLC
- Insure
- Interim HealthCare
- Katherine’s House
- Keystone Treatment Center
- Kindred at Home
- Lake Superior College
- Lake Superior Community Health Center
- Lakeside Manor/McCarthy Manor Assisted Living
- Legal Aid Service of Northeastern Minnesota
- Life House
- Lifeway Mobility
- Little Sand Group Home
- LSS of MN Adoption and Foster Care
- LSS of MN Disability Services
- LSS of MN NuVantage
- Maple Lake Recovery Centers
- McLeod Treatment Programs, Inc.
- Melrose Center
- Meridian Behavioral Health
- Middle River Health and Rehabilitation Center
- Mid-Range Chemical Dependency Services, Inc.
- Minneapolis VA Suicide Prevention
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<td>Minnesota Brain Injury Alliance</td>
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<td>Minnesota Department of Health–Immunizations</td>
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<td>Program for Aid to Victims of Sexual Assault</td>
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<td>Project Turnabout</td>
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<td>Proof Alliance (Formerly MOFAS)</td>
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<td>Vinland National Center</td>
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<td>Volunteers of America — Youth Residential Treatment</td>
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<td>WINGS</td>
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Contact: Hannah Wheeler
Phone: (763) 795-3668
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ActivStyle, Inc
ALLY SPONSOR
1701 Broadway Street NE • Minneapolis, MN 55413
Booth # 195
Website: Activstyle.com
Contact: Gayle Erickson
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Email: gerickson@activstyle.com

Adapta
ADVOCATE SPONSOR
2020 5th Street SW • Rochester, MN 55902
Booth # 59
Website: www.adaptamn.org
Contact: Kasi Haglund
Phone: (507) 282-0868
Email: khaglund@adaptamn.org

Alanon
ALLY SPONSOR
4001 London Road • Duluth, MN 55804
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Alcoholics Anonymous District 12
ALLY SPONSOR
PO Box 16412 • Duluth, MN 55816
Booth # 35
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All of Us Research Program
at Essentia Health
CHAMPION SPONSOR
502 E. 2nd Street • Mail Drop: 6AV-2 • Duluth, MN 55805
Booth # 60 & 61
Website: www.essentiahealth.org/allofus
Contact: Bridget Hart
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Email: bridget.hart@essentiahealth.org

Alzheimer’s Association
ALLY SPONSOR
525 S. Lake Avenue • # 214 • Duluth, MN 55802
Booth # 105
Website: alz.org/mnnd
Contact: Jenna Pogorels
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Amberwing
ALLY SPONSOR
615 Pecan Avenue • Duluth, MN 55811
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American Lung Association
ALLY SPONSOR
424 W. Superior Street • 202 • Duluth, MN 55802
Booth # 165
Website: www.lung.org
Contact: Amanda Casady
Phone: (218) 726-4757
Email: amanda.casady@lung.org
Anaphylaxis & Food Allergy Association
ALLY SPONSOR
970 Raymond Avenue • Suite G-40 • St. Paul, MN 55114
Booth # 203
Website: www.minnesotafoodallergy.org
Contact: Michelle Swanstrom
Phone: (651) 644-4401
Email: info@minnesotafoodallergy.org

Arc Northland
ADVOCATE SPONSOR
424 W. Superior Street • Suite 500 • Duluth, MN 55802
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Website: www.arcnorthland.org
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Arrowhead Area Agency on Aging
ALLY SPONSOR
221 W. 1st Street • Duluth, MN 55802
Booth # 103
Website: arrowheadaging.org
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Augustana Care Moose Lake
ADVOCATE SPONSOR
710 S. Kenwood Avenue • Moose Lake, MN 55767
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Website: AugustanaCare.org
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Email: lebakht@augustanacare.org

Bayshore Residence & Rehabilitation Center
ADVOCATE SPONSOR
1601 St. Louis Avenue • Duluth, MN 55802
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Website: www.BayshoreCareCenter.com
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Email: sfriberg@bayshorecarecenter.com

Benedictine Living Community of Duluth
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935 Kenwood Avenue • Duluth, MN 55811
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Website: blcduluth.org
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BillCare/Procentive
ALLY SPONSOR
2321 Jack Breault Drive • Hudson, WI 54016
Booth # 107
Website: www.billcare.com
Contact: Amanda Kaufmann
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Email: amanda.kaufmann@procentive.com

Birch Tree Center
ALLY SPONSOR
4720 Burning Tree Road • Duluth, MN 55811
Booth # 196
Contact: Laura Nechanicky-Booth
Phone: (218) 623-1800

Birthright of Duluth
ALLY SPONSOR
407 E. 3rd Street • Room 2441 • Duluth, MN 55805
Booth # 161
Website: www.birthright.org
Contact: Miriam Meyer
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Blue Cross Blue Shield of MN
and Blue Plus
CHAMPION SPONSOR
3535 Blue Cross Road • Eagan, MN 55121
Booth # 62 & 63
Website: www.bluecrossmn.com
Contact: Lynn Price
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Email: lynn.price@bluecrossmn.com

Carlton County Public Health &
Human Services
ADVOCATE SPONSOR
14 N. 11th Street • Cloquet, MN 55720
Booth # 91
Website: www.co.carlton.mn.us
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Phone: (218) 878-2501
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Cedar Branch Counseling
ALLY SPONSOR
4897 Miller Trunk Hwy • Hermantown, MN 55811
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Website: www.cedarbranchcounseling.com
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Center for Alcohol & Drug Treatment
ADVOCATE SPONSOR
314 W. Superior Street • Suite 400 • Duluth, MN 55802
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Website: www.cadt.org
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Email: angie@cadt.org

Children’s Grief Connection
ALLY SPONSOR
72351 Pine River Road • Willow River, MN 55795
Booth # 133
Website: www.childrensgriefconnection.com
Contact: Melanie Bexell
Phone: (218) 372-8420
Email: melanie@childrensgriefconnection.com
CLEAN Program – The College of Saint Scholastica

ALLY SPONSOR
1200 Kenwood Avenue • Tower 2150 • Duluth, MN 55811
Booth # 104
Website: www.css.edu/student-affairs/student-center-for-health-and-well-being/clean-a-collegiate-recovery-community.html
Contact: Zoe Torgersen
Phone: (218) 723-7055
Email: ztorgersen@css.edu

Clinicare

ALLY SPONSOR
11919 W. Bluemound Avenue • Wauwatosa, WI 53226
Booth # 2
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Email: sconnery@clinicarecorp.com

Community Involvement Programs

ALLY SPONSOR
1600 Broadway Street NE • Minneapolis, MN 55413
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Contact: John Stanton
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Consumer Direct Care Network

ALLY SPONSOR
744 Ryan Drive • 201 • Hudson, WI 54016
Booth # 34
Website: www.consumerdirectmn.com
Contact: Nicole Cano
Phone: (877) 778-9991
Email: info@consumerdirectcare.com

Consumer Directions

ALLY SPONSOR
425 E. St. Germain Street • Suite 200 • St. Cloud, MN 56304
Booth # 115
Website: www.consumerdirections.info
Contact: Sara Theisen
Phone: (320) 257-6058
Email: Sara@yourfse.com

Department of Human Services

ALLY SPONSOR
540 Cedar Street • St. Paul, MN 55155
Booth # 150
Contact: Lisa Jenkins
Phone: (651) 478-8285
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DHS – Direct Care & Treatment

ALLY SPONSOR
540 Cedar Street • St. Paul, MN 55101
Booth # 114
Website: www.mn.gov/dhs
Contact: Emily Bata
Phone: (651) 431-3012
Email: emily.bata@state.mn.us

DHS – Moving Home Minnesota

ALLY SPONSOR
540 Cedar Street • St. Paul, MN 55101
Booth # 152
Website: www.mn.gov/dhs
Contact: John A Anderson
Phone: (651) 431-2240
Email: john.a.anderson@state.mn.us

DHS SOAR & Social Security Advocacy

ALLY SPONSOR
PO BOX 64842 • Housing & Support Services Division
St. Paul, MN 55164-0842
Booth # 153
Website: mn.gov/ssa
Contact: Antonio Reynero
Phone: (651) 431-4116
Email: dhs.ssaadvocacy@state.mn.us

Disability Hub MN – DB101/HB101

CHAMPION SPONSOR
540 Cedar Street • St. Paul, MN 55101
Booth # 64 & 65
Contact: Rajean Moone
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Disability Specialists

ALLY SPONSOR
1907 Wood Road • Cook, MN 55723
Booth # 20
Website: www.DisabilitySpecialists.net
Contact: Mesa Siebert
Phone: (218) 666-2676
Email: MesaS@DisabilitySpecialists.net

Domestic Abuse Information Programs

ALLY SPONSOR
202 E. Superior Street • Duluth, MN 55802
Booth # 193
Website: www.theduluthmodel.org
Contact: Sheryl Boman
Phone: (218) 722-2781
Email: sboman@theduluthmodel.org

DRCC

ALLY SPONSOR
5629 Grand Avenue • Duluth, MN 55807
Booth # 29
Website: drccinfo.org
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Duluth Family Medicine Clinic

ALLY SPONSOR
330 N. 8th Avenue E. • Duluth, MN 55805
Booth # 130
Website: www.duluthfamilymedicineclinic.com/Main/Home.aspx
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ADVOCATE SPONSOR
1444 Northland Drive • Suite 100
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Echo Healing Stones
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Ecumen Lakeshore
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Epilepsy Foundation of Minnesota
ALLY SPONSOR
1600 University Avenue W. • Suite 300 • St. Paul, MN 55104
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Website: efmn.org
Contact: Lisa Peterson
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Email: lisa.peterson@efmn.org

Essentia Health Cancer Center
ALLY SPONSOR
420 E. 1st Street • Duluth, MN 55805
Booth # 187
Website: www.EssentiaHealth.org
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Email: amanda.vankilsdonk@essentiahealth.org

Essentia Health Medical Equipment & Suppliers
ALLY SPONSOR
4418 Haines Road • 1200 • Duluth, MN 55811
Booth # 132
Website: www.essentiahealth.org
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Essentia Health Rehabilitation Services
ALLY SPONSOR
502 E. 2nd Street • Duluth, MN 55805
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Expanding Horizons, Inc.
ALLY SPONSOR
5075 Miller Trunk Highway • Hermantown, MN 55811
Booth # 136
Website: www.expandinghorizonshomes.com
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Email: ashlie@expandinghorizonshomes.com

Fathers Rise Together
ALLY SPONSOR
201 E. 1st Street • 3-4 • Duluth, MN 55802
Booth # 138
Website: www.familyrisetogether.org
Contact: ChaQuana McEntyre
Phone: (218) 461-1722
Email: fathersrisetogether@gmail.com

Focus on Living, Inc.
ADVOCATE SPONSOR
715 W. Superior Street • Duluth, MN 55802
Booth # 45
Website: focusonlivinginc.com
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Email: cleb@focusonlivinginc.org

Fond du Lac Human Services Division
ALLY SPONSOR
927 Trettel Lane • Cloquet, MN 55720
Booth # 31
Website: www.fdirez.com/HR/index.htm
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Phone: (218) 279-4153
Email: janedeverney@fdirez.com

Fond du Lac Human Services Substance Use Disorder
ALLY SPONSOR
927 Trettel Lane • Cloquet, MN 55720
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Website: fdirez.com
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Phone: (218) 879-1227
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Franciscan Health Center
ALLY SPONSOR
3910 Minnesota Avenue • Duluth, MN 55802
Booth # 160
Contact: Susan Muehlberger
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Email: smuehlberger@fhc.sfhs.org

Fresh Start/Prairie Community Services
ALLY SPONSOR
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Email: dbjorge@pcs.sfhs.org
Interim HealthCare
**ALLY SPONSOR**
332 W. Superior Street • Suite 204 • Duluth, MN 55802
Booth # 191
- **Website:** www.interimhealthcare.com/duluthmn/home
- **Contact:** James Landwehr
- **Phone:** (218) 625-7465
- **Email:** jlandwehr@interimduluth.com

Katherine’s House
**ALLY SPONSOR**
426 Monroe Street • Eveleth, MN 55734
Booth # 171
- **Website:** www.lotus-mn.com
- **Contact:** Shelly Holmes
- **Phone:** (218) 966-0712
- **Email:** shelly@mahkahta.com

Keystone Treatment Center
**ALLY SPONSOR**
1010 E. 2nd Street • Canton, SD 57031
Booth # 108
- **Website:** www.keystonetreatment.com
- **Contact:** Ric Dean Staloch
- **Phone:** (507) 600-0155
- **Email:** ric.staloch@keystonetreatment.com

Kindred at Home
**ALLY SPONSOR**
925 E. Superior Street • 104 • Duluth, MN 55802
Booth # 197
- **Website:** www.kindredhealthcare.com/locations/home-health/duluth-mn-2389
- **Contact:** Heather Bjerketvedt
- **Phone:** (218) 723-8999
- **Email:** heather.bjerketvedt@gentiva.com

Lake Superior College
**ALLY SPONSOR**
2101 Trinity Road • Duluth, MN 55811
Booth # 134
- **Website:** www.lsc.edu
- **Contact:** Alicia Musselman
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- **Email:** alicia.musselman@lsc.edu

Lake Superior Community Health Center
**ALLY SPONSOR**
4325 Grand Avenue • Duluth, MN 55807
Booth # 157
- **Website:** www.lschc.org
- **Contact:** Jessie Peterson
- **Phone:** (218) 336-3503
- **Email:** jpeterson@lschc.org

Lakeplace Retreat Center
**ADVOCATE SPONSOR**
25704 County Road 338 • Bovey, MN 55709
Booth # 90
- **Website:** lakeplacecenter.com
- **Contact:** Dennis Medved
- **Phone:** (218) 994-1194
- **Email:** dennis@lakeplacecenter.com

Lakeside Manor/McCarty Manor Assisted Living
**ALLY SPONSOR**
4831 London Road • Duluth, MN 55804
Booth # 170
- **Website:** www.lakesidemanormn.com
- **Contact:** Lindsey Martinson
- **Phone:** (218) 525-2784
- **Email:** bmartinson@lakesidemanormn.com

Legal Aid Service of Northeastern Minnesota
**ALLY SPONSOR**
424 W. Superior Street • Ordean Building, Suite 302
Duluth, MN 55802
Booth # 21
- **Website:** lasnem.org
- **Contact:** Heather Lindula
- **Phone:** (218) 973-6003
- **Email:** hlindula@lasnem.org

Leo A. Hoffmann Center, Inc.
**ADVOCATE SPONSOR**
1715 Sheppard Drive • PO Box 60 • St. Peter, MN 56082
Booth # 88
- **Website:** www.hoffmanncenter.org
- **Contact:** Gene Taylor
- **Phone:** (507) 934-6122
- **Email:** gtaylor@hoffmanncenter.org

Life House
**ALLY SPONSOR**
102 W. 1st Street • Duluth, MN 55802
Booth # 24
- **Website:** www.lifehouseduluth.org
- **Contact:** Eric Lutz
- **Phone:** (218) 722-7431 ext 114
- **Email:** eric.lutz@life-house.org

Lifeway Mobility
**ALLY SPONSOR**
563 Shoreview Park Road • Shoreview, MN 55126
Booth # 190
- **Website:** www.lifewaymobility.com
- **Contact:** Blair Ferguson
- **Phone:** (651) 462-3444
- **Email:** becky@lifewaymobility.com

Lifeworks Services, Inc.
**ADVOCATE SPONSOR**
2965 Lone Oak Drive • Suite 160 • Eagan, MN 55121
Booth # 80
- **Website:** www.lifeworks.org
- **Contact:** Emily Rohrer
- **Phone:** (651) 454-2732
- **Email:** eRohrer@lifeworks.org

Lighthouse Center for Vision Loss
**ADVOCATE SPONSOR**
4505 W. Superior Street • Duluth, MN 55807
Booth # 56
- **Website:** www.LCFVL.org
- **Contact:** Mary Skinner Junnila
- **Phone:** (218) 624-4828
- **Email:** mjunnila@LCFVL.org
Little Sand Group Home
ALLY SPONSOR
PO Box 40 • Remer, MN 56672
Booth # 110
Website: www.littlesangrouphome.com
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LSS of MN Adoption and Foster Care
ALLY SPONSOR
424 W. Superior Street • #502 • Duluth, MN 55802
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LSS of MN Disability Services
ALLY SPONSOR
1605 Eustis Street • St. Paul, MN 55108
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LSS of MN NuVantage
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Lutheran Social Service of Minnesota
ADVOCATE SPONSOR
2485 Como Avenue • St. Paul, MN 56401
Booth # 99
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Email: angie.ealy@lssmn.org

Mankato Rehabilitation Center, Inc. (MRCI)
ADVOCATE SPONSOR
15 Map Drive • Mankato, MN 56001
Booth # 81
Website: www.MRCICDS.org
Contact: Julie Lux
Phone: (507) 386-5745
Email: jlux@MyMRCI.org

Maple Lake Recovery Centers
ALLY SPONSOR
207 Division Street E. • PO Box 308 • Maple Lake, MN 55358
Booth # 148
Website: www.mlrecovery.org
Contact: David Smith
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Email: dsmith@mlrecovery.org

McLeod Treatment Programs, Inc.
ALLY SPONSOR
1065 – 5th Avenue SE • Hutchinson, MN 55350
Booth # 1
Website: www.mcleodtreatmentprograms.org
Contact: Susan Ann Devereaux
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MEDICA
CHAMPION SPONSOR
401 Carlson Parkway • Minnetonka, MN 55305
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Melrose Center
ALLY SPONSOR
3525 Monterey Drive • St. Louis Park, MN 55416
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Website: Melroseheals.com
Contact: Cindy Schallock
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Meridian Behavioral Health
ALLY SPONSOR
550 Main Street • #190 • New Brighton, MN 55112
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Website: www.meridianprograms.com
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Email: scott.ampe@meridianprograms.com

Middle River Health and Rehabilitation Center
ALLY SPONSOR
8274 E. San Road • South Range, WI 54874
Booth # 156
Website: www.avantihs.com/page/middle-river-health-and-
rehabilitation-center-south-range-wi
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Email: katrinaw@avantihs.com

Mid-Range Chemical Dependency Services, Inc.
ALLY SPONSOR
522 E. Howard Street • Suite 101 • Hibbing, MN 55746
Booth # 19
Website: www.mid-rangecds.org
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Email: a.clark@mid-rangecds.org

Midwest Medical/Rx Express
ADVOCATE SPONSOR
8400 Coral Sea Street NE • Mounds View, MN 55112
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Website: Midwest-medical.com
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Phone: 763-780-0100
Email: tinalawrence@swiftconnect.com
Minneapolis VA Suicide Prevention
ALLY SPONSOR
1 Veterans Drive • Minneapolis, MN 55417
Booth # 175
Website: www.veteranscrisisline.net
Contact: Jessica Faue
Phone: (612) 364-6149
Email: jessica.faue@va.gov

Minnesota Adult and Teen Challenge
ADVOCATE SPONSOR
740 E. 24th Street • Minneapolis, MN 55404
Booth # 52
Website: www.mntc.org
Contact: Cara Keinanen
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Minnesota Assistance Council for Veterans
ALLY SPONSOR
5209 Ramsey Street • Duluth, MN 55807
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Website: www.mac-v.org
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Minnesota Brain Injury Alliance
ALLY SPONSOR
2277 Highway 36 West • Suite 200 • Roseville, MN 55113
Booth # 199
Website: www.braininjurymn.org
Contact: Kayla Reininger
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Minnesota Department of Health – Immunizations
ALLY SPONSOR
625 Robert Street N. • St. Paul, MN 55164
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Website: www.health.state.mn.us/immunize
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Minnesota Department of Human Services
ALLY SPONSOR
540 Cedar Street • PO Box 64977 • St. Paul, MN 55101
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Minnesota Disability Determination Services
ALLY SPONSOR
121 E. 7th Place • 300 • St. Paul, MN 55120
Booth # 109
Website: www.ssa.gov
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Minnesota Disability Law Center
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306 W. Superior Street • 403 Alworth Building
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Minnesota Judicial Branch 6th Judicial District
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100 N. 5th Avenue W. • #320 • Duluth, MN 55802
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Website: www.mncourts.gov/Help-Topics/DrugCourts.aspx
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Minnesota Merit System
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Email: dhs.merit.system@state.mn.us

Minnesota Social Service Association (MSSA)
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Minnesota Veterans Home – Silver Bay
ALLY SPONSOR
56 Outer Drive • Silver Bay, MN 55614
Booth # 113
Website: mn.gov/mdva/homes/silver-bay
Contact: Joyce Scott
Phone: (218) 353-8700

MN Association for Children’s Mental Health
ALLY SPONSOR
23 Empire Drive • St. Paul, MN 55114
Booth # 204
Website: www.macmh.org
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Email: rgacques@macmh.org

MN Board of Social Work
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2829 University Avenue SE • 340 • Minneapolis, MN 55414
Booth # 162
Website: mn.gov/boards/social-work
Contact: Michelle Kramer-Prevost
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Email: social.work@state.mn.us
MN Council on Disability
ALLY SPONSOR
121 E 7th Place • Suite 107 • St. Paul, MN 55101
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MN DHS State Medical Review Team
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Mom’s Meals
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3210 SE Corporate Woods Drive • Ankeny, IA 50021
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Website: www.MomsMeals.com
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Monarch Healthcare Management
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7700 Grand Avenue • Duluth, MN 55807
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NAMI Minnesota
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Narcotics Anonymous & NARANON
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PO Box 16934 • Duluth, MN 55816
Booth # 155
Website: www.namimn.org
Contact: Marvella Davis
Phone: (218) 390-5847
Email: marvela.davis@yahoo.com

National Association of Social Workers – MN Chapter
ALLY SPONSOR
2610 University Avenue W. • Suite 475 • St. Paul, MN 55114
Booth # 112
Website: www.naswmn.org
Contact: Shereen Reda
Phone: (651) 293-1935
Email: admin.naswmn@socialworkers.org

Nexus
CHAMPION SPONSOR
407 130th Avenue S. • Onamia, MN 56359
Booth # 70 & 71
Website: www.nexus-yfs.org
Contact: Joe Rubado
Phone: (320) 630-3507
Email: jrubado@nexus-mla.org

NHS—Northstar Specialized Services
ALLY SPONSOR
227 W. Lake Street • Chisholm, MN 55719
Booth # 26
Website: www.nhs-nss.com
Contact: Sharon Polcher
Phone: (218) 447-7170
Email: s.polcher@nhs-nss.com

North Homes Children and Family Services
ADVOCATE SPONSOR
1880 River Road • Grand Rapids, MN 55744
Booth # 82
Website: www.northhomesinc.org
Contact: Wade Chiodo
Phone: (218) 327-3000
Email: wade.chiodo@northhomes.org

Northeast Minnesota Office of Job Training
ALLY SPONSOR
820 N. 9th Street • Virginia, MN 55792
Booth # 178
Website: www.nemojt.org
Contact: Randy Back
Phone: (218) 735-6105
Email: Randy.back@nemojt.org

Northland AFC
ADVOCATE SPONSOR
5103 Ramsey Street • Duluth, MN 55807
Booth # 53
Website: northlandafc.com
Contact: Michael Boston
Phone: (218) 428-2416
Email: mike_coord@northlandafc.com

Northstar Behavioral Health
ALLY SPONSOR
1932 University Avenue W. • St. Paul, MN 55104
Booth # 18
Website: www.Northstarbehavioralhealthmn.com
Contact: Alicia House
Phone: (651) 328-7053
Email: alicia@northstarbhmn.com
Northstar Problem Gambling Alliance
ALLY SPONSOR
1935 County Road B2 W. • Suite 420 • Roseville, MN 55113
Booth # 121
Website: NorthstarProblemGambling.org
Contact: Susan Sheridan Tucker
Phone: (612) 424-8595
Email: sst@northstarproblemgambling.org

Northwood Children’s Services
ALLY SPONSOR
714 W. College Street • Duluth, MN 55812
Booth # 126
Website: www.northwoodchildren.org
Contact: Alex Heil
Phone: (218) 728-7164
Email: aheil@northwoodchildren.org

NUWAY
ADVOCATE SPONSOR
2217 Nicollet Avenue S. • Minneapolis, MN 55404
Booth # 42
Website: nuway.org
Contact: Monique Bourgeois
Phone: (651) 964-3680
Email: monique.bourgeois@nuway.org

Nystrom & Associates, Ltd
ADVOCATE SPONSOR
1900 Silver Lake Road • Suite 110 • New Brighton, MN 55112
Booth # 55
Website: www.nystromcounseling.com
Contact: Sue Vanek
Phone: (651) 202-7164
Email: svanek@nystromcounseling.com

One Roof Community Housing
ALLY SPONSOR
12 E. 4th Street • Duluth, MN 55805
Booth # 154
Website: www.1roofhousing.org
Contact: Jackie Kemp
Phone: (218) 461-4030
Email: jkemp@1roofhousing.org

Overeaters Anonymous Northern Serenity
Intergroup
ALLY SPONSOR
316 Prospect Avenue • Cloquet, MN 55720
Booth # 22
Website: www.oa.org
Contact: Cassandra Brissett
Phone: (218) 879-0320
Email: casey83156@yahoo.com

PAL Medical Systems, Inc
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508 SE 10th Street • Grand Rapids, MN 55744
Booth # 23
Website: palmedicalsystems.com
Contact: Wendy Chupurdia
Phone: (218) 326-9299
Email: pal2@uslink.net

PAVSA
ALLY SPONSOR
32 E. 1st Street • Suite 200 • Duluth, MN 55802
Booth # 140
Website: www.pavsa.org
Contact: Vanessa Lebens
Phone: (218) 726-1442
Email: vlebens@pavsa.org

Peace of Mind of Duluth, Inc.
ADVOCATE SPONSOR
1000 E. 1st Street • Suite #107 • Duluth, MN 55805
Booth # 46
Website: www.pomduluth.com
Contact: Lisa Anderson
Phone: (218) 428-3448
Email: lisa@pomduluth.com

PHHS – Child Foster Care Licensing
ALLY SPONSOR
320 W. 2nd Street • 5 W • Duluth, MN 55802
Booth # 12
Website: www.stlouiscountymn.gov/PHHS
Contact: Kathy Bergum
Phone: (218) 726-2242
Email: bergumk@stlouiscountymn.gov

Phoenix Recovery Programs
ALLY SPONSOR
2055 White Bear Avenue • Maplewood, MN 55109
Booth # 11
Website: phoenixrp.org
Contact: Stacy Overby
Phone: (651) 289-1205
Email: soverby@phoenixrp.org

Planned Parenthood of North Central States
CHAMPION SPONSOR
1001 E. Central Entrance • Suite 200 • Duluth, MN 55811
Booth # 74 & 75
Website: www.ppmns.org
Contact: Erin O’Daniel
Phone: (919) 632-9820
Email: eodaniel@ppmns.org

Port
ADVOCATE SPONSOR
PO Box 488 • Brainerd, MN 56401
Booth # 49
Website: www.portgrouphomes.org
Contact: Heather Kelm
Phone: (218) 454-7219
Email: hkelm@portgrouphomes.org

Positive Attitude Development Group, Inc
ADVOCATE SPONSOR
202 E. Superior Street • 200 • Duluth, MN 55802
Booth # 84
Website: www.Wildesbraincoach.com
Contact: Lyle Wildes
Phone: (218) 260-8601
Email: lyle@padgroup.org
Procentive / BillCare
ADVOCATE SPONSOR
2321 Jack Breault Drive • 100 • Hudson, WI 54016
Booth # 92
Website: procentive.com
Contact: Amanda Kaufmann
Phone: (715) 245-8000 ext 7321
Email: amanda.kaufmann@procentive.com

Project Turnabout
ALLY SPONSOR
660 18th Street • Granite Falls, MN 56241
Booth # 10
Website: www.projectturnabout.org
Contact: Leah Hargrave
Phone: (320) 564-4911
Email: ltrulock@projectturnabout.org

Proof Alliance (Formerly MOFAS)
ALLY SPONSOR
1876 Minnehaha Avenue W. • St. Paul, MN 55104
Booth # 182
Website: www.proofalliance.org
Contact: Shauna Feine
Phone: (651) 917-2370
Email: Shauna.feine@proofalliance.org

Protect Minnesota
ALLY SPONSOR
285 Dale Street • St. Paul, MN 55103
Booth # 123
Website: www.protectmn.org
Contact: Raphael Hankin
Phone: (612) 220-0120
Email: raphael@protectmn.org

Provide Care Inc
ADVOCATE SPONSOR
4722 Isanti Trail • P.O. Box 538 • North Branch, MN 55056
Booth # 89
Website: providecare.com
Contact: Michael Rod
Phone: (651) 674-8312
Email: mrod@providecare.com

Psycnsew Creations
ALLY SPONSOR
6015 E. Superior Street • Duluth, MN 55804
Booth # 3
Contact: Jennifer White
Phone: (218) 464-4448
Email: jennifer@psycnsewcreations.com

Qmedic
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44 School Street • Boston, MA 2108
Booth # 202
Website: www.qmedichealth.com
Contact: Alexandra Palamari
Phone: (877) 241-2244
Email: apalamari@qmedichealth.com

Quality Disability Services
ADVOCATE SPONSOR
PO BOX 3047 • Duluth, MN 55803
Booth # 87
Website: www.qualitydisabilityservices.com
Contact: Corinna Haag
Phone: (218) 454-2133
Email: corinna@qualitydisabilityservices.com

Range Mental Health Center
ALLY SPONSOR
624 13th Street S. • Virginia, MN 55792
Booth # 4
Website: www.rangementalhealth.org
Contact: Karri Schutte
Phone: (218) 749-2881
Email: accountspayable@rangementalhealth.org

Ready North
ALLY SPONSOR
222 E. Superior Street • 302 • Duluth, MN 55802
Booth # 179
Website: ReadyNorth.org
Contact: Michelle Morris
Phone: (218) 726-0232
Email: Mmorris@dsacommunityfoundation.com

Recover Health
ADVOCATE SPONSOR
2900 East Beltline • Hibbing, MN 55746
Booth # 37
Website: recoverhealth.org
Contact: Nicole Anderson
Phone: (218) 262-5887
Email: nia@recoverhealth.org

Recovering Hope Treatment Center
ADVOCATE SPONSOR
2031 Rowland Road • Mora, MN 55051
Booth # 86
Website: recoveringhope.life
Contact: Sadie Hosley
Phone: (320) 364-1300
Email: sadie@recoveringhope.life

Recovery Alliance Duluth
ALLY SPONSOR
230 W. Superior Street • #441 • Duluth, MN 55802
Booth # 117
Website: www.recoveryallianceduluth.org
Contact: Beth Anne Elstad
Phone: (218) 491-6205
Email: beth.e@recoveryallianceduluth.org

Red River Behavioral Health System
ADVOCATE SPONSOR
1451 44th Avenue S. • Unit A • Grand Forks, ND 58201
Booth # 40
Website: www.redriverbhs.com
Contact: Amber Jochem
Phone: (701) 388-3757
Email: amber.jochem@meridianprograms.com
REM Minnesota
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6600 France Avenue S. • Suite 500 • Edina, MN 55435
Booth # 122
- **Website:** www.remminnesota.com
- **Contact:** Ronna Butler
- **Phone:** (218) 720-2995
- **Email:** ronna.butler@thementornetwork.com

Residential Services, Inc (RSI)
**ADVOCATE SPONSOR**
2900 Piedmont Avenue • Duluth, MN 55811
Booth # 85
- **Website:** www.residentialservices.org
- **Contact:** Claire Farmer-Lies
- **Phone:** (218) 740-7621
- **Email:** claire.farmerlies@residentialservices.org

Residential Transitions, Inc.
**ALLY SPONSOR**
1221 Wayzata Boulevard • Wayzata, MN 55120
Booth # 9
- **Website:** www.rti-mn.com
- **Contact:** Erin Brunette
- **Phone:** (651) 440-9116
- **Email:** ebrunette@rti-mn.com

River Oaks of Minnesota
**ALLY SPONSOR**
17778 74th Place N. • Maple Grove, MN 55311
Booth # 144
- **Website:** www.riveroaksmn.com
- **Contact:** Jeff Krieg
- **Phone:** (612) 860-5542
- **Email:** jeff.krieg@riveroaksmn.com

Riverplace Counseling Center
**ADVOCATE SPONSOR**
6058 Highway 10 • Anoka, MN 55303
Booth # 94
- **Website:** www.riverplacecenter.com
- **Contact:** Sadie Benser
- **Phone:** (763) 421-5590
- **Email:** sadieb@riverplacecenter.com

Rogers Behavioral Health
**ALLY SPONSOR**
576 Bieleneerg Drive • Suite 180 • Woodbury, MN 55125
Booth # 17
- **Website:** www.rogerbh.org
- **Contact:** Katie Fitzgerald
- **Phone:** (651) 485-5859
- **Email:** Kathryn.fitzgerald@rogerbh.org

RS EDEN
**ALLY SPONSOR**
1025 Portland Ave • Minneapolis MN 55404
Booth # 207
- **Website:** www.rseden.org
- **Contact:** Daniel Salazar
- **Phone:** 612-338-0723
- **Email:** dsalazar@rseden.org

RSI Laboratories
**ALLY SPONSOR**
1931 W. Broadway • Minneapolis, MN 55411
Booth # 174
- **Website:** www.rsilaboratories.org
- **Contact:** Amy Cushing
- **Phone:** (612) 618-8461
- **Email:** acushing@rseden.org

Rural AIDS Action Network
**ADVOCATE SPONSOR**
300 E. St. Germain Street • Suite 220 • St. Cloud, MN 56304
Booth # 96
- **Website:** www.raan.org
- **Contact:** Mary McCarthy
- **Phone:** (320) 257-3036
- **Email:** marym@raan.org

Rural Living Environments
**ALLY SPONSOR**
105 Central Boulevard • Babbitt, MN 55706
Booth # 120
- **Website:** www.rurallivingmn.com
- **Contact:** Donald Negley
- **Phone:** (218) 305-4846
- **Email:** dnegley@rurallivingmn.com

Safe Transitions
**ALLY SPONSOR**
3656 Front Street • Barnum, MN 55707
Booth # 180
- **Website:** www.safetransitions.org
- **Contact:** Lisa R Mikrot
- **Phone:** (218) 878-1364
- **Email:** lisa.mikrot@safetransitions.org

Sequel Youth and Family Services
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Woodward Academy-1251 334th Street • Woodward, IA 50276
Booth # 25
- **Website:** www.sequelyouthservices.com
- **Contact:** Angie Van Winkle
- **Phone:** (641) 431-1355
- **Email:** angie.vanwinkle@sequelyouthservices.com

Shriners Healthcare for Children – Twin Cities
**ALLY SPONSOR**
2025 E. River Parkway • Minneapolis, MN 55414
Booth # 125
- **Website:** twincitiesshrinershealthcare.org
- **Contact:** Sarah Van Petten
- **Phone:** (612) 596-6204
- **Email:** svanpetten@shrinenet.org

St. Ann’s Residence
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Booth # 133
- **Website:** www.stanns.com
- **Contact:** Janet Lappy
- **Phone:** (218) 727-8831
- **Email:** jlappy@stanns.com
St. Louis County Extension Youth in Action
ALLY SPONSOR
A.P. Cook Building • 2503 Rice Lake Road
Duluth, MN 55811
Booth # 13
Website: yiamn.org
Contact: Elise J. Rigney
Phone: (218) 733-2899
Email: rigneye@stlouiscountymn.gov

St. Louis County Public Health
ALLY SPONSOR
320 West Second Street • Duluth, MN 55802
Booth # 208
Website: www.stlouiscountymn.gov
Contact: Theresa Roebke
Phone: 218-726-2115
Email: RoebkeT@stlouiscountymn.gov

St. Louis County Public Health & Human Services
ADVOCATE SPONSOR
320 W. 2nd Street • Duluth, MN, 55802
Booth # 67
Website: www.stlouiscountymn.gov/PHHS
Contact: Bonny Cook
Phone: (218) 726-2222
Email: phhs@stlouiscountymn.gov

St. Luke’s
CHAMPION SPONSOR
915 E. 1st Street • Duluth, MN 55805
Booth # 72 & 73
Website: www.sihdluth.com
Contact: Melissa Burlaga
Phone: (218) 249-2988
Email: melissa.burlaga@sihdluth.com

St. Scholastica Monastery
ADVOCATE SPONSOR
1001 Kenwood Avenue • Duluth, MN 55811
Booth # 51
Website: retreatduluth.org
Contact: Dorene King
Phone: (218) 724-5266
Email: doreneking@hotmail.com

STAR Services
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1295 Bandana Boulevard N. • Suite 135 • St. Paul, MN 55108
Booth # 5
Website: www.starsvcs.com
Contact: Jennifer May
Phone: (651) 644-3140
Email: support@starsvcs.com

State of Minnesota Dept. of Corrections – WRML
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1000 Lakeshore Drive • Moose Lake, MN 55767
Booth # 118
Website: mn.gov/doc
Contact: Brian Hammers
Phone: (218) 485-5254
Email: Brian.Hammers@state.mn.us

The Arc Minnesota
ALLY SPONSOR
2446 University Avenue • Suite 110 • St. Paul, MN 55114
Booth # 206
Website: arcminnesota.org
Contact: Susan Sochacki
Phone: (952) 920-0855
Email: susansochacki@arcminnesota.org

The College of St. Scholastica
ADVOCATE SPONSOR
1200 Kenwood Avenue • Duluth, MN 55811
Booth # 98
Website: www.css.edu
Contact: Jordanne Hartman
Phone: (218) 723-5983
Email: jeven@css.edu

The Duluth Bethel
ALLY SPONSOR
23 Mesaba Avenue • Duluth, MN 55806
Booth # 119
Website: www.duluthbethel.org
Contact: Lisa Fulton
Phone: (218) 740-3771
Email: lfulton@duluthbethel.org

The Emily Program
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1295 Bandana Boulevard W. • Suite 210
St. Paul, MN 55108
Booth # 146
Website: www.emilyprogram.com
Contact: Danielle Vincent
Phone: (651) 645-5323
Email: danielle.vincent@emilyprogram.com

The Guidance Group
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4897 Miller Trunk Highway • Suite 210
Hermantown, MN 55811
Booth # 188
Website: www.mnguidance.com
Contact: Dan Maki
Phone: (218) 576-5757
Email: dan@mnguidance.com

The Hills Youth and Family Services/Cambia Hills
ADVOCATE SPONSOR
4321 Allendale Avenue • Duluth, MN 55803-1599
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Website: www.TheHillsYFS.org
Contact: Erik Mattson
Phone: (218) 623-6200
Email: emattson@TheHillsYFS.org

The Inlet, LLC
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Booth # 194
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Phone: (763) 807-9954
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ADVOCATE SPONSOR
7700 Grand Avenue • Duluth, MN 55807
Booth # 95
Website: monarchmn.com/the-north-shore-estates
Contact: Justin Teal
Phone: (218) 628-9116
Email: jteal@monarchmn.com

The Origins Program
ADVOCATE SPONSOR
3805 Grand Avenue S. • Minneapolis, MN 55409
Booth # 38
Website: www.originsonline.org
Contact: Roxanne Hable
Phone: (612) 822-3422
Email: roxanne@originsonline.org

The Retreat
ALLY SPONSOR
1221 Wayzata Boulevard E. • Wayzata, MN 55391
Booth # 169
Website: www.theretreat.org
Contact: Susan Ericson
Phone: (952) 476-0566
Email: sericson@theretreat.org

The Salvation Army
ADVOCATE SPONSOR
215 S. 27th Avenue W. • Duluth, MN 55806
Booth # 39
Website: centralusa.salvationarmy.org/northern/Duluth
Contact: Kristy Eckart
Phone: (218) 722-7934
Email: kristy_eckart@usc.salvationarmy.org

Therap Services, LLC
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1710 Luin Lane • Windsor Heights, IA 50324
Booth # 145
Website: www.therapservices.net
Contact: Jeff Mau
Phone: (515) 423-3263
Email: jeff.mau@therapservices.net

Therapeutic Services Agency
ALLY SPONSOR
220 Railroad Street SE • Pine City, MN 55063
Booth # 124
Contact: Jacelyn Davoll
Phone: (218) 343-6196
Email: jdavoll@tsapc.net

Thomas Allen, Inc.
ADVOCATE SPONSOR
1550 Humboldt Avenue W. • St. Paul, MN 55118
Booth # 41
Website: www.thomasalleninc.com
Contact: Emily Willems
Phone: (651) 444-5433
Email: emilyw@thomasalleninc.com

Tranquility Incontinence Products
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20189 Pine Lake Road • Bowling Green, OH 43402
Booth # 14
Website: www.tranquilityproducts.com
Contact: Janet Firestone
Phone: (419) 352-1551
Email: jfirestone@pbenet.com

Trillium Services
ALLY SPONSOR
4629 Airpark Boulevard • Duluth, MN 55811
Booth # 7
Website: www.trilliumservice.com
Contact: Amanda Burcar
Phone: (218) 722-5009
Email: nhiredemarre@trilliumservice.com

UCare
ADVOCATE SPONSOR
500 Stinson Boulevard NE • Minneapolis, MN 55413
Booth # 50
Website: www.ucare.org
Contact: Josh Simenstad
Phone: (612) 294-5963
Email: jsimenstad@ucare.org

UMD Department of Social Work
ADVOCATE SPONSOR
1207 Ordean Court • 220 Bohannon Hall • Duluth, MN 55812
Booth # 36
Website: www.d.umn.edu/sw
Contact: Jackie Heytens
Phone: (218) 726-7854
Email: jheytens@d.umn.edu

University of St. Thomas School of Social Work
ALLY SPONSOR
2115 Summit Avenue • SCB 201 • St. Paul, MN 55105
Booth # 185
Website: www.stthomas.edu/socialwork
Contact: Cindy Lorah
Phone: (651) 962-5814
Email: cllorah@stthomas.edu

University of WI–Superior Social Work Program
ALLY SPONSOR
PO Box 2000 • Swenson Hall Room 3112
Superior, WI 54880
Booth # 141
Website: www.uwsuper.edu/acaddept/hbjd/socialwork/index.cfm
Contact: Mimi Larson
Phone: (715) 394-8436
Email: mlarson@uwsuper.edu

Vinland National Center
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3675 Iduhapi Road • Loretto, MN 55357
Booth # 16
Website: www.vinlandcenter.org
Contact: Molly Gilbert
Phone: (763) 479-4525
Email: mollyg@vinlandcenter.org
Volunteers of America — Youth Residential Treatment

ALLY SPONSOR
7625 Metro Boulevard • Minneapolis, MN 55439
Booth # 14
- Website: www.voamn.org
- Contact: Shelly Manke
- Phone: (763) 753-2500
- Email: smanke@voamn.org

VRI

ALLY SPONSOR
1400 Commerce Center Drive • Franklin, OH 45005
Booth # 205
- Website: www.vricares.com
- Contact: Kathy Woodworth
- Phone: (217) 508-2865
- Email: lwoodworth@vricares.com

Wellcome Manor Family Services

ALLY SPONSOR
114 W. Pleasant Street • Garden City, MN 56034
Booth # 15
- Website: www.wellcomemanor.org
- Contact: Scott Vaske
- Phone: (507) 546-3295
- Email: scott.vaske@wellcomemanor.org

Wellness in the Woods

ALLY SPONSOR
738 3rd Avenue NW • Eagle Bend, MN 56446
Booth # 8
- Website: www.mnwitw.org
- Contact: Jode freyholtz-London
- Phone: (218) 296-2067
- Email: jode@mnwitw.org

Whole Person Associates, Inc

ALLY SPONSOR
101 W. 2nd Street • Suite 203 • Duluth, MN 55802
Booth # 167
- Website: WholePerson.com
- Contact: Jack Kosmach
- Phone: (218) 727-0500
- Email: jack@wholeperson.com

WINGS

ALLY SPONSOR
1326 E. Ripley Street • Litchfield, MN 55355
Booth # 168
- Website: www.wingsats.com
- Contact: Jon Forsythe
- Phone: (320) 593-0440
- Email: wingspr@wingsats.com

Wisconsin Indianhead Technical College

ADVOCATE SPONSOR
600 N. 21st Street • Superior, WI 54880
Booth # 47
- Website: www.witc.edu
- Contact: Kristin Vesel
- Phone: (715) 394-6677
- Email: kristin.vesel@witc.edu

Yara Yoga

ALLY SPONSOR
922 S. Lake Avenue • Duluth, MN 55802
Booth # 184
- Website: yara.yoga
- Contact: Amy Fogarty
- Phone: (218) 390-9479
- Email: hello@yara.yoga
Write in workshop/ institute presentation title(s) you attended: Time /CEU

**Wednesday October 9, 2019**
Session I Workshop ___________________________________________________________________________ 2:30 – 4:00 pm (1.5 CEU)

**Thursday, October 10, 2019**
Session II Workshop ___________________________________________________________________________ 8:30 – 10:00 am (1.5 CEU)
Keynote ___________________________________________________________________________________________ 10:30 – 11:45 am (1.5 CEU)
Session III Workshop ___________________________________________________________________________ 1:00 – 2:30 pm (1.5 CEU)
Session IV Workshop ___________________________________________________________________________ 3:00 – 4:30 pm (1.5 CEU)

**Friday, October 11, 2019**
Session V Workshop ___________________________________________________________________________ 8:30 – 10:00 am (1.5 CEU)
Session VI Workshop ___________________________________________________________________________ 10:30 – noon (1.5 CEU)

Your Name (please print) ____________________________________________________________

MN Social Work License Number __________________________________________________________________

Signature _________________________________________________________________________________

Michelle K. Nelson, Chair
St. Louis County Health & Human Services Conference

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320 West Second St. 6 East
Duluth, Minnesota 55802-1495
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www.stlouiscountymn.gov