

37th ANNUAL
**ST. LOUIS COUNTY
HEALTH &
HUMAN SERVICES
CONFERENCE**



Wednesday through Friday
October 9-11, 2019
at the DECC in Duluth, Minnesota



www.stlouiscountymn.gov/hhsconference

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The 37th annual St. Louis County Health and Human Services conference is made possible in large part to the generous support of these **Champion Sponsors**. These organizations provide services locally and across the region to help those in need. Please stop by and visit them in the Pioneer Exhibit Hall. They are also featured in our Mobile APP under the Champion Sponsors Icon.

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Contact: Beatriz Helena Martinez • Phone: (952) 992-3720

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WELCOME!

132 WORKSHOPS • KEYNOTE SPEAKER • 199 EXHIBITS

The St. Louis County Health & Human Services Conference draws together 3,000 public and private sector practitioners for two days of training and networking while providing a forum for sharing innovative ideas, stretching perspectives and strengthening our communities.

ELLIE KRUG, CONFERENCE KEYNOTE SPEAKER

The author of *Getting to Ellen: A Memoir about Love, Honesty and Gender Change* (2013), Ellie has presented on diversity and inclusion to governmental entities, court systems, Fortune 100 companies, law firms, nonprofits, and colleges/universities on nearly 800 occasions. A hopeless idealist, Ellie has presented her human inclusivity training, “Gray Area Thinking®” across North America.

In 2016, Advocate Magazine named Ellie one of “25 Legal

Advocates Fighting for Trans Rights.” She is a monthly columnist for Lavender Magazine and pens a widely-circulated monthly e-newsletter, *The Ripple*, that reaches 6000 people. Ellie views herself as an “Inclusionist” and founded an inclusion-oriented consulting and training company, Human Inspiration Works, LLC, in late 2016.

Ellie is also a weekly radio host; her show, “Ellie 2.0 Radio,” on AM 950 in the Twin Cities highlights

idealism and how each of us can play a role in fostering positive change in the world. Ellie’s remaining life mission is to work for a more inclusive society for all humans, regardless of how many are considered “Other.”



Ellen Krug elliekrug.com

EVENT SCHEDULE

WEDNESDAY, OCTOBER 9

12:00 – 4:00 PM Registration is open!

2:30 – 4:00 PM Session I Workshops

12:00 – 4:00 PM Exhibit Hall is open

THURSDAY, OCTOBER 10

7:00 AM Registration is open!

7:30 – 3:00 PM Exhibit Hall is open

8:30 – 10:00 AM Session II workshops

10:30 – 11:45 AM Welcome/Music/Keynote

11:45 – 1:00 PM Lunch (On your own)

1:00 – 2:30 PM Session III Workshops

3:00 – 4:30 PM Session IV Workshops

FRIDAY, OCTOBER 11

Exhibit hall closed

7:30 – 8:30 AM Registration is open!

8:30 – 10:00 AM Session V Workshops

10:30 – 12:00 PM Session VI Workshops

Conference Social Networking Event

Thursday, October 10th • 5:30 – 7:30 pm

Light Appetizers • Cash Bar

Live Music by Big Wave Dave and the Ripples

(Read more about the band on page 9)



Find us at:

The new Clyde Iron Malting building
2907 Helm Street Duluth, MN 55806
(Next to Children’s Museum in West Duluth)



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blcduluth.org • Booth # 77

CARLTON COUNTY PUBLIC HEALTH & HUMAN SERVICES

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cadt.org • Booth # 57

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LAKEPLACE RETREAT CENTER

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lssmn.org • Booth # 99

MANKATO REHABILITATION CENTER, INC. (MRCI)

MRCICDS.org • Booth # 81

MIDWEST MEDICAL/RX EXPRESS

midwest-medical.com • booth #106

MINNESOTA ADULT & TEEN CHALLENGE

mntc.org • Booth # 52

MINNESOTA SOCIAL SERVICE ASSOCIATION (MSSA)

mnssa.org • Booth # 83

MOM'S MEALS

MomsMeals.com • Booth # 43

**NORTH HOMES CHILDREN
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riverplacecenter.com • Booth # 94

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HUMAN SERVICES**

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WEDNESDAY WORKSHOPS

Wednesday, October 9	Session I Workshops	2:30–4:00 p.m.
1 Circle of Security Parenting	Deidre Quinlan, LICSW, Trainer, Circle of Security International; Annie Krohn, MSW, Social Work Coordinator, St. Louis County Public Health & Human Services	Chester Creek
2 Child Care Assistance and Licensing 101	Tonia Villegas, Early Childhood Education; Jonathan McCormick, Briana Lind, Deb Nelson, Laura Polaske and Barb Hultman, all from St. Louis County Public Health & Human Services	French River 1
3 Community Circles	Roxanne Hable, MEd, Educational Consultant, The Origins Program; Jitendrapal Kundan, MSc, Executive Director and Consultant, The Origins Program	French River 2
4 How Informed Choice and Person Centered Practices Lead to Competitive Integrated Employment	Ryan Merz, MPP, Employment Coordinator, Minnesota Department of Human Services; Linda Wolford, MS, Interagency Coordinator, Minnesota Department of Human Services; Beth Grube, Benefits Planning Coordinator, Minnesota Department of Human Services	Gooseberry Falls 1
5 Social Security Disability: The Facts VS the Myths	Tanya Heitzinger, BA Criminal Justice, MA Organization Management, Relations Officer, Minnesota Disability Determination Services; Sarah Dicks, BA MA, Medical Relations Officer, Minnesota Disability Determination Services	Gooseberry Falls 2
6 Myth Busting: Career Edition	Jason Beckman, MAM/ MBA, Program Director, SOAR Career Solutions; Ashley Lovold, Assistant Program Director, SOAR Career Solutions; Kristen Jacobus, Career Specialist, SOAR Career Solutions; Cynthia Finley, Re-entry Case Manager, SOAR Career Solutions; Ri Preap, Career Specialist, SOAR Career Solutions	Gooseberry Falls 3
7 Unions and Making Change in Human Services	Chad McKenna, Master's, Field Representative, AFSCME Council 5	Harborside 202
8 Integrated Healthcare in Rural Areas: A Strategy for Patient Centered Care and Improved Outcomes	Shelly Richardson, DSW, LICSW, Chair, Social Work Department, The College of St. Scholastica; Carin Mizera, DSW, LICSW, Associate Professor, MSW Program Director, The College of St. Scholastica; Mary Ann Marchel, PhD, Professor, The College of St. Scholastica	Harborside 203
9 Crisis Response: Caring for the Whole Person	Michelle Buhler, BA in Sociology, Crisis Response Mental Health Practitioner, Fond Du Lac Behavioral Health; Dawn Ammesmaki, MBA, Mental Health Case Manager, Fond Du Lac Human Services, Behavioral Health Dept. ; Max Bowman, BA, Adult Rehabilitative Mental Health Services Worker, Fond Du Lac Human Services – CAIR	Harborside 204
10 Juniper®: Fostering Cross-Sector Collaboration and Improving Health Outcomes	Georgia Lane, MSW, Senior Program Developer, Arrowhead Area Agency on Aging; Paula Woischke, MS Gerontology, Juniper Program Developer, Central MN Council on Aging	Harborside 205
11 The Epidemic Gripping Today's Teens: E-cigarette and Tobacco Addiction	Amanda Casady, Bachelor's of Applied Science, Health Promotions Manager, American Lung Association in Minnesota; Alicia Randall, BS, Public Health Educator I, St. Louis County Public Health & Human Services; Jill Doberstein, Master's of Advocacy, Tobacco Cessation Program Supervisor, Essentia Health	Harborside 301-302
12 Compassionate Consistency: Respectful Screening and Care of Abuse Victims After Acute Care	Jennifer Baumann, RN, Sexual Assault Nurse Examiner, Strangulation Expert Witness, ASN RN and Sane-A Sane-P Trainer, PAVSA/Essentia OBGYN Ambulatory Clinic RN; Sara Mcniell, Medical Director Of PAVSA APNP, PAVSA	Harborside 303
13 Code Switching: To Thine Own Self Be True	Dr. Arlene Garcia, EDD, CT Center For Counseling And Education, LLC	Harborside 304
14 PTSD in the Veteran Community	Kris Walden, MSW, LICSW, Readjustment Counselor, Duluth Vet Center; Chris Roemhildt, MSW, Readjustment Counselor, Duluth Vet Center; Andrew Meyer, Veteran Outreach Program Specialist, Duluth Vet Center	Harborside 305
15 Can't Arrest Our Way Out, Then What? Police Departments' Role in the Opioid Crisis	Jessica McCarthy, Opioid Program Technician, Duluth Police Department; Jeff Kazel, Commander – Lake Superior Drug And Violent Crimes Task Force	Lake Superior Ballroom "J"

Wednesday, October 9		Session I Workshops, continued	2:30–4:00 p.m.
16	Wake Up and Live – Motivation You Can Use!	Mike Monroe Kiefer, PhD Behavioral Psychology, Professional Speaker, Powermind Systems Inc.	Lake Superior Ballroom “K”
17	An Integrated Approach And Assessment Process For Co-Occurring Disorders	Glenn Maloney, Psychotherapist, Substance Use Disorder Counselor; MSW, LICSW, LADC Genesis Recovery Services LLC; Julie Davis, Licensed Alcohol And Drug Counselor, BS, LADC, Genesis Recovery Services, LLC	Lake Superior Ballroom “L”
18	Compassion Fatigue/Secondary Traumatic Stress: A Journey From “Someone Else’s Blues” To “We Can Still Smile”	Alan O’Malley-Laursen, Compassion Fatigue Educator/Clinical Trauma Professional, MSW, Olmsted County Child and Family Services	Lake Superior Ballroom “MN”
19	Dialectical Behavioral Therapy: Individual Therapy Component	Sara Dhuse, PhD, LP, Clinical Psychologist, HP Psychological Associates; Peter Kroll, MSE, LMFT, Psychotherapist, HP Psychological Associates	Lake Superior Ballroom “O”
20	Porn: Let’s Talk About It	Caitie Dahl, BS Psychology, Forensic Interviewer And Trainer, First Witness Child Advocacy Center; Genevieve Bern, BS and BA, Biology and Indigenous Perspectives, Med Student (Former Health Educator with Planned Parenthood – formerly Planned Parenthood of the Heartland)	Split Rock 1
21	Power of Positive Connection	Julie Zaruba Fountaine, MBA Change and Leadership, MS Health, Nutrition, and Exercise Science, Wellness Coordinator, The College of St. Scholastica	Split Rock 2
22	Supports for people with Autism in MN	Kimberly Hicks, EIDBI Policy Lead, Autism Specialist, Minnesota Department of Human Services; Nicole Berning, MS, BCBA, EIDBI Clinical Lead, Minnesota Department of Human Services	St. Louis River

1 Circle of Security Parenting
Chester Creek

Compassion is one of the most powerful tools available to help people heal from trauma. Come learn about the power of compassion imbued in Circle of Security parenting, and learn how you can impact the families you work with by gaining a modest understanding of how this model works. We’ll share success stories we’ve experienced while using Circle of Security parenting, and hope you leave this workshop with a clear sense of how the circle changes you, and how a change in you can bring change to others.

2 Child Care Assistance and Licensing 101
French River 1

This introductory session will provide helpful information on child care assistance, child care licensing, and legal non-licensing childcare within St. Louis County. Various elements of child care assistance will be covered, such as billing forms and eligibility, as well as information on what legal non-licensed care is, how to become an LNL provider, who to contact, and more.

3 Community Circles
French River 2

Community and trust don’t occur simply by coming together and following the schedule. They are built deliberately, piece by piece, through every encounter between one person and another. Unlike chance encounters in the hall, or lunch conversations, or even teacher-led classroom discussions, a community circle provides a place where encounters can be carefully orchestrated. And, it’s all in the structures. Learn the proven Developmental Designs structure of the Circle of Power and Respect (CPR). Community circles, when carefully implemented on a regular basis, give students an ongoing opportunity to build strong, trusting relationships with peers and adults.

4 How Informed Choice and Person Centered Practices Lead to Competitive Integrated Employment
Gooseberry Falls 1

Join us to discover best practices to support people with disabilities in making informed decisions about employment. This interactive session will address what informed decisions look

like as well as strategies to address common concerns—including how employment and benefits work together. Hear stories from people with disabilities who have overcome barriers to be competitively employed and how this impacts their lives. A better informed decision results in better outcomes. To get to more informed decisions using person centered practices about employment, come to this session!

5 Social Security Disability: The Facts VS the Myths
Gooseberry Falls 2

Do you find it hard to separate fact from fiction when it comes to Social Security Disability? Do you have a lot of unanswered questions, like: Is everyone denied the first time? and Why does it take so long to receive a decision? This session will discuss the process used to assess disability claims and correct common misconceptions. We will also provide tips on how you can help your patients/clients apply and go through the disability application process.

Continued 

6 Myth Busting: Career Edition
Gooseberry Falls 3

Only 2% of applicants will be called for an interview for the average job opening. That means 98% of applicants are not getting the job they want, often because they are relying on common career myths. For example, they might send out only one resume or not apply to jobs because of background checks. In this session, you will learn about how to combat those myths. Find out how to better communicate with your clients on their career goals and how to navigate employment barriers. Learn the best ways to communicate your strengths, interests, and experience to employers.

7 Unions and Making Change in Human Services
Harborside 202

Many of us who work on the front lines in Minnesota's health and human services sector are union members, and unions can successfully advocate for both the populations we serve and for better public policy. In this workshop, we'll have a discussion about how unions can be positive change makers and how they can ensure the services that their members provide are fully funded and effectively administered.

8 Integrated Healthcare in Rural Areas: A Strategy for Patient Centered Care and Improved Outcomes
Harborside 203

How the United States delivers healthcare is changing. One key shift is the move away from traditionally siloed care that addresses physical health, mental health, and substance use disorders separately. The new healthcare model focuses on the whole person, looking at these issues (physical and mental health, substance use, etc.) as interrelated. This workshop provides an opportunity to hear from a panel of speakers on how to cost-effectively provide patient-centered care: better care with better outcomes.

9 Crisis Response: Caring for the Whole Person
Harborside 204

Deaths by suicide have increased 25 percent nationwide since 1999, according to the Centers for Disease Control and Prevention. Minnesota's rate is even higher: the report shows a 40 percent increase in suicide here. Learn how the Fond du Lac Band of Lake Superior Chippewa (FLD) Behavioral Health Program is tackling this suicide crisis. The FDL now offers mobile crisis services that focus on immediate safety and "whole person wellness" counseling.

10 Juniper® : Fostering Cross-Sector Collaboration and Improving Health Outcomes
Harborside 205

Juniper® is a statewide network that encourages people to take charge of their health in their homes and communities. This presentation will include information on networks of local leaders, community organizations, health systems, and payers who are helping people better manage their health, prevent diseases, and improve balance. Participants will learn how partnerships between health systems, health plans, and community organizations empower individuals to create a new culture of wellness. Hear personal stories of impact, successes, and challenges. Together, we can do more!

11 The Epidemic Gripping Today's Teens: E-cigarette and Tobacco Addiction
Harborside 301-302

Walking into a neighborhood school, you wouldn't be hard pressed to find a student who uses (or knows a student who uses) today's most prevalent addictive substance among teens: e-cigarettes. In this session, we'll discuss current tobacco trends in Minnesota and the factors surrounding this health epidemic. Other topics include risk factors for addiction, co-occurring mental health disorders, and substance abuse. Finally, participants will gain helpful strategies to educate and empower youth. We want to reverse this tobacco trend!

12 Compassionate Consistency: Respectful Screening and Care of Abuse Victims after Acute Care
Harborside 303

Victims of abuse often fly under the radar. They may present to the ER for sexual assault exams or for injuries as a result of an abusive relationship, but may not pursue follow-up care in a clinical setting. There's a definite disconnect between acute care and important follow up in a primary or OBGYN setting for sufferers of abuse. This presentation will take a holistic approach, encouraging compassionate mindful communication in order to close that gap and improve care for victims of abuse.

13 Code Switching: To Thine Own Self Be True
Harborside 304

Code switching is an adaptive behavior that is often used by people of color to advance, adapt, and exist in white spaces. In a world where oppression and

discrimination exist, code switching is seen as a protective act as well as one that negates racial identity. During this session, participants will learn about the concept of code switching and racial identity development, the social advantages and disadvantages (as seen by people of color), and examples evident in art forms such as music and poetry.

14 PTSD in the Veteran Community
Harborside 305

Please join us for this important session! Presenters will discuss many topics, including the diagnostic criteria of PTSD, differential diagnoses, treatment options, and available resources for veterans and their families. We'll also include a brief description of the Duluth Vet Center and what services and resources we offer.

15 Can't Arrest Our Way Out, Then What? Police Departments' Role in the Opioid Crisis
Lake Superior Ballroom "J"

We will take a look at National programs that are working to assist those with opioid use disorder post overdose, as well as an in depth look at the opioid response program within the Duluth Police Department. The opioid response program reaches out to folks who have experienced overdoses and assists them in ongoing case management and peer recovery support to access stabilization services. Our presentation will include overdose statistics within the Lake Superior Drug and Violent Crime Task Force area, as well as from the opioid response program to determine what is working, and what to do moving forward.

16 Wake Up and Live – Motivation You Can Use!
Lake Superior Ballroom "K"

Do you wake up each morning thinking, "How can I get out of work today?" Many people feel this way, stuck in the daily grind of eat, work, sleep, and repeat. This session will teach you how to free yourself from that mindset and be energized every day with meaningful, balanced goal setting. All participants will have the opportunity to create a personal goal "vision board" that they can take with them for display at work or home. Consider this session a mini-retreat. We want you to leave with meaningful goals about work, family, finances, health, and yes, fun!

17 An Integrated Approach And Assessment Process For Co-Occurring Disorders

Lake Superior Ballroom "L"

Substance use disorders and mental health disorders, according to the DSM-V, are not uncommon in the population of individuals being served in the treatment setting. Genesis Recovery Services, LLC has taken a proactive approach in how to approach, assess and integrate those with co-occurring disorders into the recovery environment through the comprehensive assessment/diagnostic assessment process.

18 Compassion Fatigue/Secondary Traumatic Stress: A Journey from "Someone Else's Blues" to "We Can Still Smile"

Lake Superior Ballroom "MN"

Compassion fatigue/secondary traumatic stress [CF/STS] is the emotional, physical, and personal response to empathic engagement with folks that are struggling and experiencing significant challenges in their lives—often referred to as the “emotional cost of caring”. This unique workshop combines powerpoint presentation and topic-specific live music to explore CF/STS and other human services workplace stressors and how we can ultimately experience “compassion satisfaction”, the key to thriving in the midst of this difficult work that we do. Real-time, on the job strategies will be examined, including self-awareness, self-regulation, emotional reflection and the elicitation and amplification of good work.

19 Dialectical Behavioral Therapy: Individual Therapy Component
Lake Superior Ballroom "O"

Join us for an introduction to the individual therapy component of Dialectical Behavior Therapy (DBT), including a demonstration of a chain analysis. We will also touch on what a comprehensive DBT therapy treatment program looks like.

20 Porn: Let's Talk About It
Split Rock 1

Pornography is a real problem, and as youth access the internet at increasingly young ages, the internet becomes a way for them to fill in the gaps in what sex education they've been provided. The number of youth exposed to pornography continues to grow due to free and readily available pornography websites. In viewing these websites, youth can easily confuse violent, misogynistic, and degrading behavior as “normal” sexual behavior. Furthermore, much pornographic content doesn't emphasize (or even convey) consent. In this session, we will discuss the prevalence at which children and adolescents access pornography and we'll also provide information on how to start age-appropriate conversations about pornography, internet, and personal safety.

21 Power of Positive Connection
Split Rock 2

In order to successfully and positively meet our work demands, we must build connections with those around us, as these relational connections are what give us positive power to continue serving and caring for others. This interactive workshop, which is grounded in Barbara Fredrickson's research on positive emotions, will help participants more deeply appreciate the importance of human relationships, gain practical strategies to cultivate relationships and build connections, and increase their ability to serve the community.

22 Supports for people with Autism in Minnesota
St. Louis River

This session will give participants information on autism resources offered through various Minnesota agencies. Other topics we'll cover include funding options and information on how the agencies—and the services they provide—can work together for the benefit of people with autism. Participants will have the opportunity to ask questions and share about their own challenges and successes in seeking and receiving autism services.

Big Wave Dave & the Ripples

SOCIAL NETWORKING EVENT FEATURED BAND

Big Wave Dave and the Ripples is a hard-hitting nine-piece band, playing funk/soul/blues/rock music, and comprised of a singer, rhythm section, and four piece horn section. This Duluth-based R&B/Rock/Soul band formed back in February 2011 but the goal and message of the band has always remained constant: play the music they love and get people on the dance floor.



The band is comprised of Big Wave Dave Adams (Vocals, Trumpet), Alex Piazza (Bass), Andy Olmstead (Guitar), Dave Mennes (Drums), David Rode (Trumpet), Alex Nordehn (Trombone), Steve Rogers (Tenor Sax),



Matt Wasmund (Baritone Sax), and Brian Wells (Keys). Their music includes both covers and originals that are full of spirit and life. “Funk, soul and rock and roll” is the catchy descriptive phrase used to encapsulate the dance-worthy music of the band.

THURSDAY WORKSHOPS

Thursday, October 10	Session II Workshops	8:30–10:00 a.m.
23 Work.Benefits.You	Beth Grube, AA, Benefits Planning Coordinator, Minnesota Department of Human Services	Chester Creek
24 Braving the Intersections of Identity Development for Individuals who are Deaf, Hard of Hearing, or Deafblind	Karen Sheldon, MS, Mental Health Counselor for the Deaf and Hard of Hearing, Therapeutic Services Agency; Lori Vigessa, MS, Mental Health Counselor for the Deaf and Hard of Hearing, Therapeutic Services Agency	French River 1
25 IN • clued: Inclusive Healthcare – Youth and Providers Empowered	Gina Farrell, MSW, Northeast Minnesota Education Manager, Planned Parenthood North Central States	French River 2
26 Family-Centered System of Care Approach in Behavioral Health Treatment Settings	Carmen Finn, MA, LADC, ADCR-MN, Clinical Director, Recovering Hope Treatment Center; Sadie Hosley, MA, LADC, LPCC, Executive Director, Recovering Hope Treatment Center	Gooseberry Falls 1
27 Substance Use Disorders and Cognitive Deficits	Thomas Beckers, BS, Clinical Supervisor, Vinland Center	Gooseberry Falls 2
28 There’s No Place Like Home	Kenndy Lewis, BSW and MS, Gerontology, MNchoices Assessor-Social Worker, St. Louis County Public Health & Human Services; Janalee Reineke-Lyth, MOT, OTR/L, CCM, CEAS, CAPS, Access Specialist & Project Manager, Accessibility Design, Inc.	Gooseberry Falls 3
29 Returning to our Roots: A Restorative Practices Approach to Healing Relationships	Troy Homstad, Master’s in Social Work, Restorative Justice Coordinator, Carlton County; Jordan Newsum, Bachelor’s in Community Psychology, Restorative Justice Social Worker, Carlton County	Harborside 202
30 Let’s Talk about Sex!	Meredith Kujala, BSW, Community Organizer/Advocate, ARC Northland	Harborside 203
31 Supportive Decision Making 101	Stacy Rodd, BS Psychology, MSW Student, Adult Intellectual Disability Case Manager, St. Louis County Public Health & Human Services; Caryn Walters, Master’s in Counseling Psychology, Waiver Division Team Lead, St. Louis County Public Health & Human Services	Harborside 204
32 Navigating Student Loans	April Sanderson, BA, Certified Student Loan Counselor, Lutheran Social Service of Minnesota	Harborside 205
33 The Power of the Heart’s Wisdom	Glenn Tobey, M. Div., MA in Management, Psychotherapist, Qigong Master, Private Practice; Katrina Tobey, Licensed Psychologist, Qigong Master	Harborside 301-302
34 Embracing Uncertainty	Phil Martin, BA Psychology, Social Worker, Goodhue County Health And Human Services	Harborside 303
35 The Blanket Exercise	Marsha Lue, EdD, TRIO SSS Advisor, Lake Superior College; Colleen Bernu, Bachelor in Science, Mission Developer, ELCA	Harborside 304
36 Flow: Create a Daily Practice to Control Your Time, Increase Productivity & Live Fully	Josh Dye, Master’s in Public and Nonprofit Administration, President & Founder, Convene Training + Resilience Community	Harborside 305
37 Developing an Appreciative Mindset in Our Work & Our Lives	Robert Hartl, MA in Management, Associate Professor of Management, Director, MBA in Leadership & Change, The College of St. Scholastica; Antoinette Pearson, Ed.D, Assistant Professor of Management, Labovitz School of Business & Economics, University of Minnesota Duluth	Lake Superior Ballroom “J”
38 Sober Squad	John Diver and Shandelle Friedman Co-Founders and Sober Squad Consultants	Lake Superior Ballroom “K”
39 Coach Approach: Skills to Enhance Your Work with Youth	Sandi Lindgren, PhD, MSW, Clinical Social Worker/Professional Coach, I Support Youth, LLC	Lake Superior Ballroom “L”
40 Speedballing 101–Opioid and Methamphetamines	Marcia Gurno, MEd, Social Worker, St. Louis County Public Health & Human Services; Matthew Johnson, MSW, LADC, Social Worker, St. Louis County Public Health & Human Services	Lake Superior Ballroom “MN”

Thursday, October 10		Session II Workshops, continued	8:30–10:00 a.m.
41	Creating Safe Spaces for Indigenous Youth in Canada	Mae Katt, MEd, PHCNP, HBSCHN, Nurse Practitioner; Don Young, SW, Site Coordinator; Krysten Flettschool, BSCN, Nurse, all with Dennis Franklin Cromarty High School	Lake Superior Ballroom “O”
42	Life Sharing	Scott Schifsky, BA, Person-Centered/Positive Supports Coordinator, Minnesota Department of Human Services	Split Rock 1
43	St. Louis County Coordinated Entry System for Homeless Housing Programs	Rosalyn Horn, LSW, Housing Case Manager, The Salvation Army; Tessa Jacobson, BASW, Family Advocate, CHUM; Katie Danielson, BA, MSW, LGSW, Families In Transition, Coordinator, Duluth Public Schools ISD 709; Patricia Nadeau, Homeless Project Case Manager, Human Development Center; Elise Strader, Homeless Project Case Manager, Human Development Center; Valerie Joeckel, Advocate	Split Rock 2
44	Collaborative Safety Pilot Project Overview	Charles Young, BA, Positive Supports & Collaborative Safety Lead, Minnesota Department of Human Services; Aric Gregg, MS	St. Louis River

23 Work.Benefits.You

Chester Creek

Have you ever heard someone say, “I can’t work because I’m on benefits,” or “I can’t save money because I’m on SSI?” The good news is neither of those statements are true! Today, all disability benefits in MN support work by having special rules, called work incentives, that help people with disabilities get ahead when they work. Come to this session to get tools and learn more about how work incentives can help the people you serve.

24 Braving the Intersections of Identity Development for Individuals who are Deaf, Hard of Hearing, or Deafblind.

French River 1

In this workshop, participants will explore how an individual with hearing loss prioritizes aspects of their identity and examine how spoken language access, visual communication proficiency, and community acceptance or isolation intersect with gender, race, socioeconomic status, and more. Furthermore, participants will learn about the physical and emotional barriers of trying to access communication and community, the benefits of belonging to a community of deaf and hard of hearing sign language users, the factors that cultivate resilient identity development, and the ways to celebrate the intersections that define them.

25 IN•clued: Inclusive Healthcare — Youth and Providers Empowered

French River 2

IN•clued: Inclusive Healthcare—Youth & Providers Empowered is a groundbreaking educational program that addresses the sexual health disparities impacting lesbian, gay, bisexual, transgender, and queer (LGBTQ) youth across the United States. LGBTQ youth are dis-

proportionately impacted by unintended pregnancy and STD rates, making this program a much-needed effort in the fight for LGBTQ equity and inclusion. This workshop will provide an overview of the In•clued program and offer skill building techniques and resources for providers to offer affirming care for the young LGBTQ people they serve.

26 Family-Centered System of Care Approach in Behavioral Health Treatment Settings

Gooseberry 1

This presentation will explore the intersection between substance use disorders and the family experience, impact of substance use on children, service delivery challenges, and improving outcomes through the use of family-centered systems of care.

27 Substance Use Disorders and Cognitive Deficits

Gooseberry 2

This presentation will focus on how to work with populations that suffer from cognitive deficits and Substance Use Disorders. Through anecdotes, best practices and experiential activities, the participant will establish a base knowledge of how to engage and work more skillfully with adults with SUD’s and cognitive deficits.

28 There’s No Place Like Home

Gooseberry 3

Home modifications and specialized equipment can enhance a person’s independence, safety and overall quality of life. The goal of a home modification is for a person to remain in their own home that has been customized to meet their assessed needs. The presentation will include information on the MnCHOICES assessment, environmental assessment, waivers, and briefly touch on the topic

of the Veteran Administration home alterations process. The session will also address the home modification collaboration with the people we serve, the case manager, medical supply providers, contractors and home modification providers like Accessibility Design.

29 Returning to our Roots: A Restorative Practices Approach to Healing Relationships

Harborside 202

Restorative Practices is a community-based approach to addressing harm which focuses on restoring relationships, and encouraging accountability. This session will focus on the history and philosophy of Restorative Practices; Carlton County’s work with adults, juveniles, and schools for the past ten years; as well as training attendees in the Restorative Chat Intervention, which is a foundational skill in Restorative Practices.

30 Let’s Talk about Sex!

Harborside 203

Did you know many adults with I/DD disabilities were pulled from their sex ed classes in school? Did you also know that people with intellectual disabilities have a high rate of sexual abuse? In this session we will discuss the importance of sexual education and healthy relationships for people with I/DD disabilities. We will briefly go through curriculum materials used to teach sex ed to people with disabilities and cover the importance of bringing awareness of this topic and getting the information in the community. Healthy sexual education is important for everyone no matter our differences! Both Katie and Meredith have decades of experience working with and advocating for people with disabilities.

Continued ➔

31 Supported Decision Making 101*Harborside 204*

Join us to learn more about Supported Decision Making, a less restrictive and ethical alternative to guardianship. This session will discuss Supported Decision Making as a person-centered approach designed to protect individual's rights and maximize their freedom, autonomy, and self-determination. Studies show Supported Decision Making leads to better jobs, healthier & longer lives, more community involvement and prevents abuse. We hope you will come and take the time to learn how you can support those in your life living with a disability and learn to make decisions WITH them rather than for them.

32 Navigating Student Loans*Harborside 205*

The rise in tuition combined with the reality of for-profit colleges has resulted in enormously high student loan debt, with \$1.5 trillion currently owed. In this session, we'll discuss available repayment plans and how to navigate missed payments or defaulted student loans. Other topics covered include information on the public service forgiveness program (how to qualify, plus the pros and cons of the program) and how to identify scam companies and help clients find free, reputable help.

33 The Power of the Heart's Wisdom*Harborside 301-302*

Learn to experience and respond to the world around you in a more compassionate, calm, and transformative way by cultivating the wisdom of your heart.

Learn to look at social, organizational and personal health issues beyond your normal response to symptoms, by deeply exploring root causes of these issues. Thousands of people have benefitted from the practice of Spring Forest Qigong, a remarkable, comprehensive, integrated health practice that uses simple, experiential activities to cultivate a richer, more empowering, and loving way of life. Come to this workshop and find out more about this wonderful way of living!

34 Embracing Uncertainty*Harborside 303*

Certainty may feel good, but it rarely fits the reality we face. Our clients often feel their lives are out of control because of uncertainty, which contributes to addictions, depression, and anxiety. In this workshop, we'll use mindfulness techniques, zen koans, and humor to examine questions like: Why is uncertainty so uncomfortable? How can we work with it? We will also take home strategies to help our clients (and ourselves) better cope with uncertainty. Finally, we'll better understand how embracing the reality of uncertainty in our work can help us be more effective and avoid burnout.

35 The Blanket Exercise*Harborside 304*

The Blanket Exercise, originally created by KAIROS in collaboration with Indigenous communities in Canada, is an interactive experience that raises awareness of the nation-to-nation relationship between Indigenous and non-Indigenous peoples in the U.S. The exercise, based on real-life experiences of Native peoples, is designed to increase knowledge

about the laws, policies, and programs used during nation building by having participants literally walk through U.S. history. Participants are provided the opportunity to form a common memory and begin conversation about how we can build intercultural bridges together. Participants may experience powerful emotions during the exercise and can step away if needed.

36 Flow: Create a Daily Practice to Control Your Time, Increase Productivity & Live Fully*Harborside 305*

Do you own your day or does the day own you? What progress are you making with your goals and priorities? Do you spend time the way you want, with people who bring you energy? Enough questions...it's time for action. Specifically, it's time to create your own daily practice so you can have focus and peace of mind, make progress on your life goals, increase your work productivity, and live life how you want. Learn how in this presentation!

37 Developing an Appreciative Mindset in Our Work & Our Lives*Lake Superior Ballroom J*

This workshop is for those who work in the Children and Family Services division, and will help participants develop and apply an appreciative mindset to their work and relationships. Based on David Cooperrider's groundbreaking theory of appreciative inquiry and other principles drawn from organization development, participants will practice applying the workshop lessons in interactive exercises.

Mary Bue

KEYNOTE WELCOME

Full intensity living without a second to take for granted – that is Mary Bue's m.o. After moving to Minneapolis in 2016, she has found herself with the new band of her dreams and has an eighth album in the works to reflect that intense philosophy in its title track, *The World is Your Lover*. The world constantly provides us with opportunities to grow, change, and fall in love over and over. Every experience an opportunity to deepen.

Rising out of the trauma of sexual assault, divorce from her husband and bandmate, the opening and closing of her yoga studio, and venturing into an unknown future, Mary's

new album – full of power pop, piano dream waves, and layers of shimmery 90s-influenced guitar – defies and even proudly displays the battle scars.

A prolific songwriter with seven albums under her belt, Mary's music touches upon archetypal themes of the human condition: love, loss, triumph, dreams, and the natural world. A student of yoga and psychology since her early teens, Mary weaves sacred subject matter into her songs with inquiries into the spirit, the seeking of deeper levels of consciousness, and deep



concern for the environment all mixed into her sometimes crass, real-world hue.

For the early half of 2017 Mary was an Artist in Residence at the Wurlitzer Foundation in Taos, NM. She released her seventh project, *The Majesty of Beasts*, in May 2017 which landed on the Minneapolis Star Tribune's 2017's Best of Minnesota Music list, and made #3 in the City Pages. Mary's long-time support of PAVSA (Program for Aid to Victims of Sexual Assault) as well as the release of this EP was also recognized, honoring Mary with 2017 Community Ally of the Year.

38 Sober Squad

Lake Superior Ballroom K

Come learn about Sober Squad, a recovery community made up of members of various 12-step and other recovery groups. The only requirement for membership is the desire to stop using; anyone who wants to live a better life can join. In this presentation, you'll hear recovery stories and learn how Sober Squad has helped its members. Furthermore, you'll learn more about the group in general—its mission, its volunteering and outreach, and its emphasis on fun, social activities as a way to build connections.

39 Coach Approach: Skills to Enhance Your Work with Youth

Lake Superior Ballroom L

Life coaching is an innovative approach to supporting clients, and although this workshop focuses on supporting youth, the skills learned in this session can be used with any client. Coaching is a strengths-based approach that empowers people to reach their potential by empowering clients to set meaningful goals and make their own choices. Research also indicates that youth who receive coaching have improved grades, better test scores, higher attendance rates, and increased confidence (and decreased behavioral issues and depression). Furthermore, coaching is a culturally responsive practice, and has success across the globe. Participants will leave this interactive workshop with practical tools and strategies to help them be more effective with any client they serve.

40 Speedballing 101—Opioid and Methamphetamines

Lake Superior Ballroom MN

Americans constitute just five percent of the world's population yet consume roughly 80 percent of the global opioid supply. And, did you know that methamphetamines are the second highest reason for treatment admissions in Minnesota? This workshop will give participants an overview of opioids and methamphetamines and provide information on the signs and symptoms of use, the stages of intoxication and withdrawal, recovery and treatment, and harm reduction options for addressing this crisis. Additionally, participants will learn introductory skills in screening and providing early intervention to individuals who are abusing these drugs or those who are at risk of abusing.

41 Creating Safe Spaces for Indigenous Youth in Canada

Lake Superior Ballroom O

The Dennis Franklin Cromarty High School in Thunder Bay, Canada, has created two programs to address opioid addiction and high-risk alcohol use in an Indigenous adolescent population. The school created an on-site Suboxone® program that eliminated opioid addiction in the school. A new program called a Safe Sober Place is a 6-bed house that monitors intoxicated youth until sober. The Safe Sober Site staff use the Hack Intoxication Index to assess level of intoxication and closely monitor the students. Rapid pace of alcohol ingestion has been identified as a risk factor. Students with complex mental health conditions receive wrap-around care with clinical interventions and culture as foundation to minimize risks and harm.

42 Life Sharing

Split Rock I

MN-DHS is designing Life Sharing supports for interested people with disabilities and non-related families in Minnesota. Life Sharing will make it possible for a person with a disability to live with a non-related family and share experiences. This session will describe Minnesota's vision for Life Sharing and what it is and what it is not. Participants will be encouraged to provide input as MN-DHS seeks to add this service to the variety of living options in Minnesota. Providers of Life Sharing will be present as the MN-DHS seeks to learn about, develop and shape Life Sharing supports for interested Minnesotans with disabilities.

43 St. Louis County Coordinated Entry System for Homeless Housing Programs

Split Rock 2

Do you work with families or single adults who may be homeless? Access to homeless housing has drastically changed in the past few years. We'll look at the St. Louis County coordinated entry system and provide you with referral resources to assist your clients. This interactive session will take you through the process from beginning to end and connect you with resources and contact information. You'll also hear from real clients about the difficult choices and confusion that homeless families face, and how this streamlined system will better assist households by fitting their needs.

44 Collaborative Safety Pilot Project Overview

St. Louis River Room

In May 2019, the Department of Human Services launched a pilot project with St. Louis, Blue Earth, and Hennepin counties to learn about and review the systemic influences of critical incidents (medication errors, wheelchair safety issues, and more) with the goal of reducing how often these occur moving forward. The pilot project utilizes the collaborative safety model used by the DHS Child and Family Services division to conduct child fatality and near fatality reviews. This session will provide an overview of the collaborative safety model and any lessons learned to date during the pilot program.

Wednesday • 1:15–2:15 pm
Edmund Fitzgerald Hall

Colleen (Boss Mama) Myhre



Colleen has soul, and she pours it into every note. Her voice takes listeners on an emotional ride from smooth country heartbreak to foot stomping Americana blues and beyond. Myhre is a folk-country-blues singer/songwriter grounded in passionate and sincere family values.

In 2011 Myhre released *Ride Of My Life*. A review from the Duluth's News Tribune reads, "Part Lucinda Williams and part Charlie Parr, Colleen Myhre's gritty songwriting is as raw-hide tough as it is genuine. On stage, her rustic personality can entertain both honky tonk hard boiled regulars and tranquil coffee house crowds alike. Colleen Myhre has a low, full voice that is similar in timbre to Lucinda Williams."

www.colleenmyhre.com
www.facebook.com/colleenmyhremusic

<p>45 Listening Matters: Quality Reviews and Recommendations</p>	<p>Zoey Leege, MS, Arrowhead Regional Quality Council Program Manager, Vocational Rehab Counseling, ARC Northland; Emily Mack, Bachelor's in Social Work, ARQC Quality Review Coordinator, ARC Northland; Kerri Leucuta, Bachelor's of Science in Social Work, Regional 10 Quality Council Manager, ARC MN (Southeastern MN); Angie Guenther, Master's Degree In Public Health, Metro Regional Quality Council Manager, ARC MN (Greater Twin Cities); Dan Zimmer, Bachelor of Science: Park, Recreation, and Leisure Studies, State Quality Council Director, State Quality Council; Karen Larson, RN, Regional 10 Quality Council, ARC MN (Southeastern MN)</p>	<p>Chester Creek</p>
<p>46 W.I.C. History, Change & What's New!</p>	<p>Angela Straughter, Bachelor's in Science, RN, Public Health Nurse Sr., Certified Lactation Specialist, WIC Breastfeeding Coordinator, WIC Peer Breastfeeding Coordinator, Certified Lactation Specialist, St. Louis County Public Health & Human Services; Beth Hanni, Bachelor in Science of Nursing, RN, Public Health Nurse Sr., WIC Breastfeeding Coordinator, WIC Peer Breastfeeding Coordinator, St. Louis County Public Health & Human Services; Nikki Bennett, Public Health Educator II, Registered Dietician, Certified Lactation Consultant, St. Louis County Public Health & Human Services; Brittany Lindstrom, Bachelor of Science in Community Nutrition, Public Health Educator II, St. Louis County Public Health & Human Services</p>	<p>French River 1</p>
<p>47 GA and MSA: Two Programs You Should Know More About</p>	<p>John Petroskas, JD, Policy Specialist, Minnesota Department of Human Services</p>	<p>French River 2</p>
<p>48 Violence: Understanding Typologies and Risk Factors</p>	<p>Gerald Henkel-Johnson, PhD, Associate Professor, Licensed Psychologist, The College of St. Scholastica</p>	<p>Gooseberry Falls 1</p>
<p>49 Supporting Transcultural and Transracial Placements in Permanency</p>	<p>Ed Morales, Director, MPP, MSW, Socorro Consulting</p>	<p>Gooseberry Falls 2</p>
<p>50 Developing Your Relationship with DHS (HCBS) Licensing</p>	<p>Brittany Raddatz, BA, Senior Licensor, Minnesota Department of Human Services; Missy Loveday, Senior Licensor, Minnesota Department of Human Services</p>	<p>Gooseberry Falls 3</p>
<p>51 People Have a Right to Make Bad Decisions: The ethics of self-determination</p>	<p>Mandy Lilly, MSW, Assistant Professor, University of Wisconsin – Superior</p>	<p>Harborside 202</p>
<p>52 An Introduction to N.E.A.R. Science and the Building Self-Healing Communities Initiative</p>	<p>Julie Soderberg, MSW, Certified Ace Interface Presenter, Minnesota Communities Caring for Children; Cara Keinanen, Master's in Science – Mental Health Wellness and Prevention, Community Outreach Manager, MN Adult and Teen Challenge</p>	<p>Harborside 203</p>
<p>53 Your Best Life: Using Courage to Overcome Addiction</p>	<p>Rachel Phillips, MSW, LGSW, LADC, Therapist And Substance Use Disorder Counselor, Human Development Center; Phoenix Walker, BA in Organizational Behavior, LADC, Chemical Dependency Certificate with Specialty in Pharmaceutical Effects on the Body, Substance Use Disorder Counselor, Human Development Center</p>	<p>Harborside 204</p>
<p>54 Breaking the Cycle of Jail and Homelessness</p>	<p>Kevin Fawcett, MA Criminal Justice Leadership, Executive Director, New Opportunities</p>	<p>Harborside 205</p>
<p>55 Substance Use Disorder Reform; An Overview of Changes Effecting the Delivery of Substance Use Disorder Services in Minnesota.</p>	<p>Marcia Gurno, MEd, Social Worker, St. Louis County Public Health & Human Services; Greg Anderson, MSW, Former Social Services Supervisor, St. Louis County Public Health & Human Services – Retired; Matt Johnson, MSW, Social Worker, St. Louis County Public Health & Human Services; Beth Elstad, BA, Certified Recovery Specialist, Recovery Alliance Duluth</p>	<p>Harborside 301-302</p>

Thursday, October 10		Session III Workshops, continued	1:00 – 2:30 p.m.
56	Embracing Epilepsy through Life's Triumphs and Trials	Lisa Peterson, MSE Reading Education, BS Elementary Education, Minors: Early Childhood and Adaptive Education – Special Education, Regional Coordinator – Northern MN, Epilepsy Foundation Of Minnesota; Lawaine Longen, BS Women Studies And American Indian Studies, MSW, Child Protection Social Worker, St. Louis County Public Health & Human Services; Bob Kuster, Received MN AVTI Heavy Equipment Operator and Class B Commercial Drivers License with Passenger Endorsement, Menards; Roxane Schmitz, AA Science, RN, Population Health, Essentia Health; Desiree Gregorich, AA in Veterinary Technology, Independent Consultant – Copper Leader, Tastefully Simple	Harborside 303
57	Making Planful Placement Decisions (Part 1)	Devon Gilchrist, MSW, Agency Foster Care Policy Specialist, Minnesota Department of Human Services	Harborside 304
58	The Many Layers of Child Welfare Ethics: A unique and honest look (Part 1)	Debra J Dewitz, MSW, LICSW, Family Resource Consultants	Harborside 305
59	Transgender 101	Ellie Krug, Juris Doctor, President and Founder, Human Inspiration Works, LLC	Lake Superior Ballroom J
60	Moving Up and Out	Annie Krohn, MSW, Social Work Coordinator, St. Louis County Public Health & Human Services; Elizabeth Siebenaler, MSW, Social Worker, St. Louis County Public Health & Human Services; Terri Laflamme, MSW, Social Worker, St. Louis County Public Health & Human Services; Meredith Kujala, Community Organizer Self Advocates Of MN (SAM), ARC Northland; Mary Holschuh, Guardian, St. Louis County Public Health & Human Services	Lake Superior Ballroom K
61	It's OK To Call Us Queer and Other Things To Know About Us (Part 1)	Kathy Hermes, BS in Science Education, Program Coordinator, Lutheran Social Service; Khayman Goodsky, Program Facilitator, Lutheran Social Service; LSS Interns/Volunteers/Program Participants, Trans+ Friends, Family And Allies Members, LGBTQIA2s Community Members	Lake Superior Ballroom L
62	Too Young, Too Old: Ageism in the Workforce	John Lukach, MSW, Training Specialist, Standard Four LLC	Lake Superior Ballroom MN
63	BOLD-Choice Theatre Company presents: "Bloom" (Part 1)	Annie Roseen, Bachelor of Arts, BOLD-choice Theatre Company, CHOICE, Unlimited; BOLD-choice Theatre Company, 30 Person Theatre Company Cast, CHOICE, Unlimited	Lake Superior Ballroom O
64	Participatory Racial Dialogue (Part 1)	Arlene Garcia, EdD, LCSW, Founder, CT Center for Counseling and Education; Kevin Skwira-Brown, MSW, LGSW, Partner/Trainer, Cultural Fluency Associates LLP	Split Rock 1
65	Taming the Wild West: New Assisted Living Regulatory Framework	Rajeane Moone, PhD, LNHA, FGSA, Faculty Director, University of Minnesota	Split Rock 2
66	Developing a Person-Centered Community of Practice	Kelly Sather, MSW, LICSW, Supervisor, St. Louis County Public Health & Human Services; Brandon Hendrickson, BA, Staff Development Director, Residential Services Inc.; Jennifer Steger, BA, Program Director, Trillium Inc.	St. Louis River

45 Listening Matters: Quality Reviews and Recommendations

Chester Creek

Over the last few years, there has been a movement towards person-centered thinking, planning and practices. How do we determine what impact this has on the quality of life for people who are receiving waived services? Currently, the Minnesota State Quality Council, as well as other Regional Quality Councils in the state are working to answer this question. Over the last two years, the Regional Quality Councils have interviewed hundreds of people who receive home and community based services

(HCBS) in Minnesota. Presenters from the Arrowhead Regional Quality Council, Region 10 Quality Council, and the Metro Regional Quality Council will share findings from these interviews and their recommendation for quality improvements based on these findings. Members of the State Quality Council will give an overview of how they are pulling it all together at the state level.

46 W.I.C. History, Change & What's New!
French River 1

This presentation will review the history of nutrition in the U.S., with a focus on how implementing a scientific and nutri-

tion based program can have a positive impact on a group of individuals. WIC was created to address malnutrition concerns among pregnant woman, infants, and young children. Today, its supplemental foods and client education methods are quite different. We'll look at those supplemental food changes and the scientific-based assessment and evaluation procedures utilized in WIC to achieve healthy outcomes through patient-centered services. We'll also introduce the latest technology designed to make WIC more widely accessible and user-friendly.

Continued ↪

47 GA and MSA: Two Programs You Should Know More About

French River 2

General Assistance (GA) and Minnesota Supplemental Aid (MSA) are important income support programs that help low-income single adults live better lives in our communities. Knowing how GA and MSA work can improve your ability to connect people with these valuable resources. This workshop will cover eligibility, benefit amounts, and information on how GA and MSA interact with other programs. You'll have time to ask questions.

48 Violence: Understanding Typologies and Risk Factors

Gooseberry 1

It's no secret violence issues take center stage in the news and our daily conversations. This presentation will present the various types of violence, including sexual, nonsexual, instrumental (planned), and reactive. Participants will learn the primary as well as the more "mythical" risk factors, and therapeutic and lifestyle factors which can reduce risk.

49 Supporting Transcultural and Transracial Placements in Permanency

Gooseberry 2

Transracial, transcultural permanency options present unique challenges that are often poorly supported by existing infrastructure. In this session, we'll explore these challenges and how workers and systems can address them to better support children, adolescents and families in transracial and transcultural placement.

50 Developing Your Relationship with DHS (HCBS) Licensing

Gooseberry 3

DHS license holders with a 245D or adult day center license will learn what to expect during licensing reviews and other contact times with DHS Licensing, how to prepare and respond to licensing reviews, and how to develop and enhance your relationship with your DHS licensor.

51 People Have a Right to Make Bad Decisions: The ethics of self-determination

Harborside 202

Self-determination is a foundational concept in social work but also laden with potential conflicts. This seminar seeks to discuss the considerations for supporting choice in an ambiguous social landscape. Participants will identify their own biases that impact their percep-

tions of choice in various ethical situations and case studies. The goal of the workshop is to learn to honor client self-determination despite the contexts of personal and professional influences and solidify ethical practice.

52 An Introduction to N.E.A.R. Science and the Building Self-Healing Communities Initiative

Harborside 203

The adverse childhood experiences (ACE) study findings represent a paradigm shift in human understanding of the origins of physical, social, mental, and societal health and well-being. With scientific evidence, we now know that disease and disability, learning and productivity problems, and early death have their roots in the cumulative neurodevelopmental impacts of ACEs. This presentation provides introductory information about the ACE study, along with neurobiology that explains why and how ACEs affect people's lives. We'll use a guided activity used for fostering community resiliency to increase participant understanding and facilitate shared learning within our communities.

53 Your Best Life: Using Courage to Overcome Addiction

Harborside 204

Historically, substance use disorder treatment has involved limited interventions in which clients are unable to maintain their long term sobriety. During this presentation, attendees will learn more about proven long term supportive recovery models that encourage choice, hope, and connection. We will discuss the importance of client preference, ethical treatment, and readiness for change. We will also demonstrate programming that begins with pre-contemplation and ends with long term recovery.

54 Breaking the Cycle of Jail and Homelessness

Harborside 205

What comes to mind when we think of the homeless population? It may often be substance abuse, criminal behavior, mental health and incarceration. Unfortunately, people who are homeless are often treated from a criminal justice viewpoint: as criminals. But jail is not working. It is time to examine the way we work with homeless people and begin to identify alternative solutions. This workshop will separate the criminal component from responsivity factors, helping providers break the cycle of homelessness.

55 Substance Use Disorder Reform; An Overview of Changes Effecting the Delivery of Substance Use Disorder Services in Minnesota.

Harborside 301-302

In 2017, Minnesota enacted legislation to reform treatment services for Substance Use Disorder (SUD), which will streamline access to least restrictive treatment options, and offer reimbursement for some services which were previously non-reimbursable. Come find out more about direct access to treatment vs Rule 25 and the primary roles and qualifications of a treatment coordinator, LADC, and peer recovery specialist. Learn how St. Louis County has prepared for this system overhaul by organizing a collaborative of regional providers and stakeholders.

56 Embracing Epilepsy through Life's Triumphs and Trials

Harborside 303

Be inspired as you meet some of the faces of the 1 out of 26 people affected by epilepsy. This will be a panel session comprised of individuals and family members who will share their journey of embracing epilepsy through life's triumphs and trials. Although epilepsy is the most common neurological condition in children and the fourth most common in adults after migraines, stroke, and alzheimer's, epilepsy is still misunderstood. Learn how to recognize and respond to the most common types of seizures and how people are being "bravely human" by living their best life with epilepsy.

57 Making Planful Placement Decisions (Part 1)

Harborside 304

Making the decision to place a child in foster care is one of the most challenging tasks a social worker has to perform and requires the consideration of a number of factors. In this interactive workshop, we'll look at how our personal and professional experiences shape our values and affect our placement decisions, as individuals and as those working within welfare organizations. We'll also examine strategies for engaging and considering relative and kinship foster care placement options to maintain familial connections and achieve successful permanency outcomes for children in care. Finally, we'll discuss how child welfare best practice and policy guides the placement decision making process.

58 The Many Layers of Child Welfare Ethics: A unique and honest look (Part 1)

Harborside 305

To be ethical, ethics presentations must tell us how to do our work, but also take a hard look at where we fall short. We work in this field because we are passionate about helping children, but we also know that child welfare work is done with too few dollars, too few staff, too few services for families, and too many clients. We do the best we can, but we often have to cut corners. We don't like to think about that, but we must. In this workshop, we'll look at the code of ethics and why it is not as simple as it sounds, examine how "the system" sees child welfare problems, and identify why some "solutions" don't work. A few case examples will be included, too.

59 Transgender 101

Lake Superior Ballroom J

What does it mean to be transgender? How can others who aren't "trans" (the technical title is "cisgender") be welcoming? Is being trans just a choice? Against the backdrop of these questions, Ellen (Ellie) Krug will address what it means to come to understand that one's gender identity isn't a choice, how trans and gender nonconforming people navigate coming out, and the challenges of living in a binary society, where one's sex is assigned at birth. This discussion is critical, as many counselors and therapists are treating trans/gender nonconforming patients without receiving any formal trans 101 training.

60 Moving Up and Out

Lake Superior Ballroom K

Come for a panel discussion from self-advocates who have moved out of corporate foster care into their own apartment/homes. Panelist (self-advocates, parents/guardians, case managers, and providers) will share their experience, discuss how to balance risk with safety, and describe what support looks like for them to be successful.

61 It's OK To Call Us Queer and Other Things To Know About Us (Part 1)

Lake Superior Ballroom L

This presentation is part of the educational outreach done by Lutheran Social Service's Together for Youth, a social support group for lesbian, gay, bisexual, transgender, queer, questioning, intersex, two spirit, and

allied youths. Participants will gain a deeper understanding of the challenges young people face, from living life in the closet to being out and proud. In addition to personal stories, topics covered will include presumed heterosexuality, heterosexual privilege, cisgender privilege, homophobia, transphobia, micro-aggressions, micro-affirmations, and the important role of allies. Emphasis will be placed upon trans identities, policy protections, and more considerate workplace practices.

62 Too Young, Too Old: Ageism in the Workforce

Lake Superior Ballroom MN

Ageism has a measurable effect on workplace morale. And age discrimination is not just a problem for older professionals; it also affects young adults entering the workplace environment. In this workshop, we'll examine how our own stereotypes about age influence us—as practicing social workers. Through interactive discussion we will share our stories, challenge biases, and learn how to foster inter-generational collaboration in the workplace.

63 BOLD-Choice Theatre Company presents: "Bloom" (Part 1)

Lake Superior Ballroom O

The award winning BOLD-choice Theatre Company and its cast of 30 individuals—with and without disabilities—present their latest original production Bloom. This original play is the coming of age story about Lily, a young person with a disability in the 1960s. Bloom highlights some of our country's painful history with division, but it also showcases the way individuals and movements rebelled and laid the foundation for change and inclusion. The play reflects the breadth of the human experience—from frustration and powerlessness to humor and hope. You'll be moved and informed by this original screenplay.

64 Participatory Racial Dialogue (Part 1)

Split Rock 1

Talking about race, whiteness, privilege and oppression can be hard. In this session, we'll discuss these topics safely by participating in a proven discussion structure that fosters deeper learning and safer sharing. Participants in this session will first gather in Racial Caucus groups—groups which share similar racial experiences. Then, participants will be given the opportunity to engage in intercultural dialogue facilitated by a cross-racial and cross-gender team. Come ready to share your questions and your insights.

65 Taming the Wild West: New Assisted Living Regulatory Framework

Split Rock 2

In 2018 the Star Tribune highlighted instances of abuse and neglect in assisted living locations. Coupled with a legislative auditor's report, significant changes were proposed in the 2019 legislative session, changes which will radically alter assisted living in the state. This session will deconstruct the new assisted living regulatory framework.

66 Developing a Person-Centered Community of Practice

St. Louis River

This session will look at person-centered practices from an agency and county level. Presenters will share the successes and challenges they've encountered while working to improve person-centered practices within their agencies. Furthermore, discussion will focus on what has been done, where we are at, and where we are going.



Due to popularity, the therapy dogs are back!

Thursday, Oct. 10th 12:30-3:00pm
in the Harbor Side lobby area.



Thursday, October 10	Session IV Workshops	3:00–4:30 p.m.
67 Barriers in Seeking Support for Sexual Violence: Perspectives of Survivors and Service Providers	Rebekah Overby, BA, MSW Student and Graduate Research Assistant, University of Minnesota Duluth, Department of Social Work; Gwendolyn Anderson, PhD, Assistant Professor, University Of Minnesota Duluth, Department Of Social Work; Sara Niemi, Master's in Mental Health Counseling, Executive Director, PAVSA	Chester Creek
68 The QPR Skillset	Steve Hansberry, BS, Outreach Associate, Wellness in the Woods; Jode Freyholtz London, Executive Director, Wellness in the Woods	French River 1
69 Learn About EEG Brain Activity Readings, Brain Plasticity and Qualitative Lifestyle Changes	Lyle Wildes, Master's, Brain Coach, Positive Attitude Development Group, Inc.; Michael Merzenich, PhD, Brain Researcher	French River 2
70 Public Assistance 101	Heather Larson, Bachelor in Business Management, Public Assistance Supervisor; David Courtright, PA Trainer; Jolene Jamnick, PA Trainer; Mark Trimble, PA Trainer; and Tonia Villegas, Early Childhood Education, all with St. Louis County Public Health & Human Services	Gooseberry Falls 1
71 The Stonewall Generation hits retirement: Experiencing aging in the LGBT and HIV+ Contexts	Phil Duran, Director of Advocacy, Research, and Education. JustUs Health; Dylan Flunker, Policy and Research Manager, MPP, JustUs Health	Gooseberry Falls 2
72 Craving more: Binge Eating and Compulsive Overeating	Hilmar Wagner, Master's in Public Health – Nutrition (MPH), Registered/ Licensed Dietitian (RDN, LN), Nutrition Coordinator, Clinical Outreach Specialist, The Emily Program	Gooseberry Falls 3
73 Lessons I have Learned from the Children	Brianna Evans, MSW, LGSW, St. Louis County Public Health & Human Services	Harborside 202
74 The Opioid Epidemic, My Story of Survival	James Marthaler, MA in Clinical Psychology, Supervisor, Mental Health Professionals, Children's Mental Health, Rice County Social Services	Harborside 203
75 After it Hits the Fan: Preparing Staff for Workplace Crises for Youth	David Swenson, PhD, Psychologist, The College of St. Scholastica; Anjie Dreiling, MSW, Supervisor, Children & Families Division, St. Louis County Public Health & Human Services	Harborside 204
76 When Grief is Complicated: Applying Positive Psychology to Promote Resilience	Gina Dixon, MA, Licensed Psychologist, Program Manager, Essentia Health Grief Support Services	Harborside 205
77 Our Own Voices, Our Own Stories: The Adult Korean Adoptee Experience	Shawyn Lee, PhD MSW LGSW, Assistant Professor, University of Minnesota Duluth; Kyah Altieri, MSW LISW, Counselor, Clearpath Clinic; Julie Kim, MSW LICSW, Counselor University of Minnesota Duluth Counseling Services; Laura Johnson, MBA, Senior Alumni Engagement Officer, The College of St. Scholastica	Harborside 301-302
78 Human Rights in Social Work	Sandra van den Bosse, MSW, BSW Program Director and Instructor, University of Minnesota Duluth, Chair – City of Duluth Human Rights Commission	Harborside 303
79 Making Planful Placement Decisions (Part 2)	Devon Gilchrist, MSW, Agency Foster Care Policy Specialist, Minnesota Department of Human Services	Harborside 304
80 The Many Layers of Child Welfare Ethics: A Unique and Honest Look (Part 2)	Debra J Dewitz, MSW, LICSW, Family Resource Consultants	Harborside 305
81 The ABC's of Disability: Raising Awareness, Eliminating Barriers & Shaping Culture	Gaelynn Tressler, Bachelor's in Political Science, Musician, Public Speaker, Disability Advocate, Gaelynn Lea Music	Lake Superior Ballroom J
82 Recovery Alliance Duluth: Inspire. Connect. Recover	Beth Elstad, BA, Co-Founder, Certified Peer Recovery Specialist, Recovery Alliance Duluth; Julie Gehlen, BS, Co-Founder, Peer Recovery Specialist, Recovery Alliance Duluth	Lake Superior Ballroom K
83 It's Ok to Call Us Queer and Other Things to Know about Us (Part 2)	Kathy Hermes, BS in Science Education, Program Coordinator, Lutheran Social Service; Khayman Goodsky, Program Facilitator, Lutheran Social Service; LSS Interns/Volunteers/Program Participants, Trans+ Friends, Family And Allies Members, LGBTQIA2s Community Members	Lake Superior Ballroom L

Thursday, October 10	Session IV Workshops, continued	3:00–4:30 p.m.
84 Housing Support in Long-term Homeless Supportive Housing Settings	Jensina Rosen, MSW, Homeless and Housing Program Specialist, St. Louis County Public Health & Human Services; Jeremy Galley, Agency Policy Specialist, Minnesota Department of Human Services—Housing & Supports Division; Jessie Kowarsch, LTH Case Manager, Range Transitional Housing; October Allen, LTH Supportive Housing Provider, Grace Place	Lake Superior Ballroom MN
85 BOLD-choice Theatre Company Presents: Bloom (Part 2)	Annie Roseen, Bachelor of Arts, Bold-Choice Theatre Company’s “Bloom,” BOLD-choice Theatre Company, CHOICE, Unlimited; 30 person Theatre Company Cast, BOLD-choice Theatre Company, CHOICE, Unlimited	Lake Superior Ballroom O
86 Participatory Racial Dialogue (Part 2)	Arlene Garcia, EdD, LCSW, Founder, CT Center for Counseling and Education; Kevin Skwira-Brown, MSW, LGSW, Partner/Trainer, Cultural Fluency Associates LLP	Split Rock 1
87 Compassion Fatigue Care: The Missing Element in Trauma-Responsive Care	Stacy Overby, MS, LADC, CCTP, CCFP, Program Director, Phoenix Recovery Programs	Split Rock 2
88 Management Culture	Denise Moreland, MA – Public Administration, BA – Psychology, Religion, Author, Trainer, Consultant, LifeGuides owner, LifeGuides	St. Louis River

67 **Barriers in Seeking Support for Sexual Violence: Perspectives of Survivors and Service Providers**
Chester Creek

This presentation will cover research findings about survivors of sexual violence and information about services provided by PAVSA. Interview findings suggest that community-level barriers may prevent survivors from seeking supportive services. Other barriers identified were relationships and Intimate Partner Violence (IPV), internalized blame, and minimization of trauma. While survivors had positive interactions with advocates and Sexual Assault Nurse Examiners (SANE) nurses, they expressed hesitation in seeking additional support (outside of sexual assault staff). PAVSA staff will highlight their key services and programs and discuss their work to alleviate barriers for survivors, create awareness in the community, and disrupt harmful beliefs and myths about sexual assault through community education.

68 **The QPR Skillset**
French River 1

Employers, schools, and faith communities across Minnesota are pursuing basic suicide prevention skill sets. QPR is an evidence based program presented by a certified instructor that teaches the three point sequence of question-persuade-refer to identify, address, and help people at risk. This presentation, which uses video, PowerPoint, and handouts, will cover risk factors, how to ask someone if they are at risk, healthy responses to a stated interest or intent, and resolution skills. Attendees will also receive a skill set booklet and certificate of completion.

69 **Learn About EEG Brain Activity Readings, Brain Plasticity and Qualitative Lifestyle Changes**
French River 2

The PAD Group is doing EEG readings right here in Duluth as a partner with other brain researchers. We scan our breast, hearts, lungs to know the health of other organs, we can now identify over active or under active brain areas before working with them. Once we get to know the activity of a brain, we can work with the brain’s plasticity for changing the quality of that brain’s behavior. Learn more about the importance of identifying a brain’s health before working with that brain.

70 **Public Assistance 101**
Gooseberry Falls 1

Public assistance programs offer a wide variety of services. Knowing the basics helps those in our community achieve a better understanding of available programs and how to apply for assistance. A panel from SIC’s Public Assistance Department will share program knowledge and provide helpful insights into accessing and navigating this sometimes complex system. PA programs covered include: MN Family Investment Program (MFIP); Diversionary Work Program (DWP); Supplemental Nutrition Assistance Program (SNAP); General Assistance (GA); Medical Assistance (MA); Long-Term Care & Waiver Medical Assistance (LTC/ WVR); County Burials; Housing Support; MN Supplemental Aid (MSA); Emergency Assistance (MA); Fraud Prevention (FP); and Childcare (CC).

71 **The Stonewall Generation hits retirement: Experiencing aging in the LGBT and HIV+ Contexts**
Gooseberry Falls 2

Every living person who, as an adult, was present for the Stonewall riots which launched the modern LGBTQ movement, is on Medicare and/or Social Security. Additionally, thirty years ago an HIV diagnosis was frequently equated with a short life span and an unpleasant death. But today, medications available to HIV-positive individuals give them the chance to live into their 60s, 70s, and beyond. As these distinct but sometimes overlapping populations, seek services as older adults are providers prepared to serve them well? This session will provide foundational information relevant to both groups, strategies for engaging LGBTQ older adults, and current figures on HIV through the lens of age, to equip providers for success.

72 **Craving more: Binge Eating and Compulsive Overeating**
Gooseberry Falls 3

When does overeating become a ‘problem’? When is obesity related to compulsive overeating or binge eating? How can you tell? This workshop will address these questions and more, providing a comprehensive overview of the ‘what’ and ‘what to do about it’ regarding compulsive overeating and the new DSM-5 diagnosis: binge eating disorder (BED). Research indicates that up to 30 percent of individuals seeking weight loss services struggle with eating disorders, meaning these eating-related issues are widespread. Open to clinicians who work with people struggling with weight-related issues or

Continued ↪

eating disorders, this workshop will provide practical and useful techniques drawing upon mindful eating strategies and Cognitive Behavioral Therapy (CBT).

73 Lessons I have Learned from the Children

Harborside 202

I have worked with children and their families for much of my life; as a mother of three, licensed parent educator, family preservation and reunification specialist, therapist, and for the past several years as a child protection intake social worker. In this workshop, I want to share valuable lessons I've learned from the children I've raised and worked with, and show how these lessons have influenced my social work practice. This workshop will combine current research and personal stories and give participants the opportunity to share what they have learned from some of the best teachers out there—children.

74 The Opioid Epidemic, My Story of Survival

Harborside 203

James Marthaler was diagnosed with a rare genetic illness for which the only known treatment was pain management...or opioids. As his illness worsened and his mental health deteriorated, his use of opioids turned from a way to manage pain to one of addiction and abuse. James lost nearly everything he cared about, but in 2006 a treatment was developed for his genetic illness and he began climbing out of his nightmare. James will openly share his story and his insights with the goal of shattering stereotypes, challenging beliefs, and discussing why the U.S. is ground zero for the opioid epidemic.

75 After it Hits the Fan: Preparing Staff for Workplace Crises

Harborside 204

Workplace violence is nothing new to HHS staff, but there are other crises that can adversely impact staff too, including reputation attacks, confidentiality breaches, financial crises, lawsuits, and natural disasters. HHS organizations need to show due diligence in preparing their staff to respond to all crises, both for the benefit of their clients and for themselves. This session identifies the diverse crises HHS staff may face and discusses those crisis impacts on people and operations. It also covers organizational risk audits,

managing public relations, the debriefing controversy, response to investigation, and resiliency considerations.

76 When Grief is Complicated: Applying Positive Psychology to Promote Resilience

Harborside 205

Drawing on 25 years of experience supporting individuals, families and organizations following trauma and loss, this presentation will offer a developmentally sensitive understanding of common grief responses, as well as factors that complicate grief. We'll also look at strategies that respectfully promote resilience among youth, families, and the professionals who serve them, using a positive psychology perspective. Participants will have the opportunity to share, discuss, and take part in hands on activities. My goal? To facilitate your confidence in being a supportive companion to those grieving the loss of a loved one by death, incarceration, or estrangement due to addiction, mental health issues, dementia or other complications.

77 Our Own Voices, Our Own Stories: The Adult Korean Adoptee Experience

Harborside 301-302

International adoption has long been part of American history. As generations of children were removed from their families and cultures, adoption research quickly developed, moving from anecdotal stories by social workers to psychological frameworks rooted in theory. A major gap in the research is that most of it focuses on children and adolescents, and does not actually come from adoptee's perspectives. Because of the uniquely high concentration of Korean adoptees in Minnesota, this workshop brings us the voices and stories of adult Korean adoptees. Using an attachment lens, panelists will share personal stories of the complexities associated with being adopted.

78 Human Rights in Social Work

Harborside 303

In 2015, the Council on Social Work Education (accreditation body) released its new and revised social work competencies. This presentation focuses on Competency 3, which calls on social workers to advance human rights and social, economic, and environmental justice. This workshop will give you some ideas and inspiration on how to do just that!

79 Making Planful Placement Decisions (Part 2)

Harborside 304

Making the decision to place a child in foster care is one of the most challenging tasks a social worker has to perform and requires the consideration of a number of factors. In this interactive workshop, we'll look at how our personal and professional experiences shape our values and affect our placement decisions, as individuals and as those working within welfare organizations. We'll also examine strategies for engaging and considering relative and kinship foster care placement options to maintain familial connections and achieve successful permanency outcomes for children in care. Finally, we'll discuss how child welfare best practice and policy guides the placement decision making process.

80 The Many Layers of Child Welfare Ethics: A Unique and Honest Look (Part 2)

Harborside 305

To be ethical, ethics presentations must tell us how to do our work, but also take a hard look at where we fall short. We work in this field because we are passionate about helping children, but we also know that child welfare work is done with too few dollars, too few staff, too few services for families, and too many clients. We do the best we can, but we often have to cut corners. We don't like to think about that, but we must. In this workshop, we'll look at the code of ethics and why it is not as simple as it sounds, examine how "the system" sees child welfare problems, and identify why some "solutions" don't work. A few case examples will be included, too.

81 The ABC's of Disability: Raising Awareness, Eliminating Barriers & Shaping Culture

Lake Superior Ballroom J

Gaelynn Lea will share her personal experience of living, loving, and working with a disability. She will discuss the barriers that those with disabilities still face and highlight activism efforts that help further the goal of equality for all. Gaelynn will also discuss why disability inclusion in the arts is so important and how the concept of 'disability pride' can help transform our culture.

82 Recovery Alliance Duluth: Inspire. Connect. Recover*Lake Superior Ballroom K*

Recovery Alliance Duluth is an emerging recovery community organization created to support individuals seeking or maintaining recovery, to inspire hope, create connection, and eliminate stigma. In this workshop, participants will learn about the need and benefits of peer-based recovery support services, and the need to shift from an acute care model to a recovery-oriented system of care (ROSC). ROSC coordinates ongoing support for people seeking recovery from substance use disorder and addresses a broader range of support.

83 It's Ok to Call Us Queer and Other Things to Know about Us (Part 2)*Lake Superior Ballroom L*

This presentation is part of the educational outreach done by Lutheran Social Service's Together for Youth, a social support group for lesbian, gay, bisexual, transgender, queer, questioning, intersex, two spirit, and allied youths. Participants will gain a deeper understanding of the challenges young people face, from living life in the closet to being out and proud. In addition to personal stories, topics covered will include presumed heterosexuality, heterosexual privilege, cisgender privilege, homophobia, transphobia, micro-aggressions, micro-affirmations, and the important role of allies. Emphasis will be placed upon trans identities, policy protections, and more considerate workplace practices.

84 Housing Support in Long-term Homeless Supportive Housing Settings*Lake Superior Ballroom MN*

Housing support (f.k.a. GRH) pays for room and board for seniors, for adults with disabilities who have low incomes, and for supplemental services in eligible settings to support an individual's ability to maintain housing. Recipients of housing support may live in group settings (i.e. board and lodges) or community-based settings (i.e. long-term homeless [LTH] supportive housing). This workshop provides an introduction to the LTH supportive housing program in St. Louis County. Participants will learn more about housing support, different program models, and programmatic requirements. Providers will also share their experiences with the program, including successes and lessons learned.

85 BOLD-choice Theatre Company Presents: Bloom (Part 2)*Lake Superior Ballroom O*

The award winning BOLD-choice Theatre Company and its cast of 30 individuals—with and without disabilities—present their latest original production Bloom. This original play is the coming of age story about Lily, a young person with a disability in the 1960s. Bloom highlights some of our country's painful history with division, but it also showcases the way individuals and movements rebelled and laid the foundation for change and inclusion. The play reflects the breadth of the human experience—from frustration and powerlessness to humor and hope. You'll be moved and informed by this original screenplay.

86 Participatory Racial Dialogue (Part 2)*Split Rock 1*

Talking about race, whiteness, privilege and oppression can be hard. In this session, we'll discuss these topics safely by participating in a proven discussion structure that fosters deeper learning and safer sharing. Participants in this session will first gather in Racial Caucus groups—groups which share similar racial experiences—then, participants will be given the opportunity to engage in intercultural dialogue facilitated by a cross-racial and cross-gender team. Come ready to share your questions and your insights.

87 Compassion Fatigue Care: The Missing Element in Trauma-Responsive Care*Split Rock 2*

Trauma-Responsive Care: It's vital to providing comprehensive mental health and substance use disorder care to our clients. But do we take time to care for ourselves in the process? Listening to traumatic stories day after day leaves a mark on any provider. How do we recognize that? What do we do when we do see it in ourselves or a co-worker? It's important for us to correctly identify and address compassion fatigue, secondary trauma, and burnout, so our clients continue to receive top notch care.

88 Management Culture*St. Louis River*

Societies, organizations, families and work teams all have unique cultures that define how people are supposed to behave in order to belong and succeed. The same holds true within the ranks of management: this unique culture has a specific definition of how leaders ought to fill their roles. However, in too many organizations, management culture creates a toxic work environment. In fact, studies show that oftentimes people leave because of bosses, not because of organizations. Luckily, culture can be changed! This workshop will explore the culture of management and offer fresh ideas on how leaders and employees can create an inclusive, healthy workplace environment.

Susanna Gaunt

GUEST ARTIST

Working with a variety of mediums such as drawing, photography and printmaking, Susanna Gaunt analyzes the human condition through a philosophical and scientific lens and creates works that encourage curiosity and reflection.

A recent graduate from the University of Minnesota Duluth, Susanna received a BFA in Painting, Drawing and Printmaking, and holds a BA in Philosophy from Boston College. Her work has been exhibited in galleries and museums throughout the country. Susanna lives and works in Duluth, MN.

Susanna Gaunt was awarded an Arrowhead Regional Arts Council

Career Development grant in 2018 to produce her exhibit, *Reconfigure*, at the Kruk Gallery in Superior, Wisconsin. She is a 2019 fiscal year recipient of the Artist Initiative grant from the Minnesota State Arts Board.



New Normal by Susanna Gaunt

FRIDAY WORKSHOPS

Friday, October 11	Session V Workshops	8:30 – 10:00 a.m.
89 Building a Trauma Responsive School: Steps You Can Take Towards Meeting The Social and Emotional Needs of Students.	Callie Devriendt, MSW, LICSW, Social, Emotional, Behavioral Multi-Tiered Systems Of Support Coordinator & Mental Health Partnership Coordinator, Duluth Public School District – ISD 709; Ronell Kahring, Bachelor of Science in Secondary Education, Positive Alternative Within a School Program Coordinator (TOSA), Duluth Public School District – ISD 709	Chester Creek
90 Hope vs. Despair: Hope Wins!	Dr. Tim Walsh, MA, LP, DPA, Minnesota Adult & Teen Challenge	French River 1
91 What to Do about ACEs? An Evidence-Based Approach to Building Resilience	Dean Grace, Ed.D, Consultant, Northwood Children’s Services	French River 2
92 Adolescents with Co-Occurring Substance Use and Psychiatric Disorders	Fred Dyer, PhD, Trainer/Consultant, Hope Recovery Center	Gooseberry Falls 1
93 Positive Behavior Support Strategies and Resources	Amber Maki, MS, Person Centered Positive Support Transition Coordinator; Minnesota Department Of Human Services; Stacie Enders, MS, External Program Review Committee (EPRC) Coordinator; Dr. Mary Piggott, SPHD, Person Centered Positive Support	Gooseberry Falls 2
94 Bravely Being Disabled	Linda Wolford, MS, Counseling Psychology, Rehab Emphasis, Interagency Coordinator, Minnesota Department of Human Services; Peter Beierwaltes, Master’s in Public Policy, Fiscal Policy Analyst, Minnesota Department of Human Services	Gooseberry Falls 3
95 New Directions in LGBTQIA Social Policy and Treatment Issues	Wallace Swan, MPA, MAPA, DPA, Contributing Faculty Member, Walden University; Paula Overby, BA, Psychology, Author and Political Activist, Mirare Publishing; Kate Lehmann, MA, President, Lehmann Consulting, Inc.	Harborside 202
96 How To Avoid The Most Frequent Errors in Determining Eligibility for Financial Assistance Programs (Part 1)	Donald Skoy, Human Services Manager 1, Internal Audits – Program Compliance & Audits; Connie Thomas, Human Services Supervisor 3, Accounting DHS – Internal Audits – Program Compliance & Audits; Denise Haliburton, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance & Audits; Fran Kozlowski, Human Services Program Rep 2, DHS – Internal Audits – Program Compliance & Audits; Lori Hill, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance & Audits, all from Minnesota Department of Human Services.	Harborside 203
97 New Services to Support Housing	Mark Caldwell, PhD, Human Services Program Consultant, DHS – Housing and Supports Division; Bekah Kaufenberg-Satre, Human Services Program Consultant, DHS – Housing and Support Services; Alison Niemi, Human Services Program Consultant, DHS – Housing and Support Services, all from Minnesota Department of Human Services	Harborside 204
98 Strategic Workforce Solutions: Breaking Down the Barriers	Della Ludwig, Master’s in Management, Workforce Strategy Consultant – Central MN, Minnesota Department Of Employment And Economic Development (DEED); Jessica Miller, Master’s in Leadership, Workforce Strategy Consultant – South-West And South-Central MN, DEED	Harborside 205
99 Supporting Person Centered Planning and Informed Choice in Housing for People with Disabilities	Rajean Moone, PhD, HB 101 Liaison, Minnesota Department of Human Services; Heidi Sandberg, BSW, Housing Planner, Minnesota Department of Human Services	Harborside 301-302
100 Are You Really Listening? Maximizing Consumer Feedback	Lynn Goerdt, Ed.D, MSW, Associate Professor Of Social Work, University Of Wisconsin Superior	Harborside 303
101 From Hand Holding to Walking Side-By-Side	Laura Brandt, Master of Social Work, Youth in Transition Program & Minor Parent Program Case Manager, St. Louis County Public Health & Human Services; Taylor McClung, Bachelor of Science, Program Coordinator with The Oh No 18 Program, Lutheran Social Service; Nicolas Vogel, Bachelor of Science, Program Consultant in The Adolescent Services Unit, Minnesota Department of Human Services	Harborside 304

Friday, October 11	Session V Workshops, continued	8:30–10:00 a.m.
102 Child Social & Medical Histories – What to Expect & What is My Role?	Catrina Ankarlo, Master's in Public Administration, Northstar Quality Assurance–Permanency Consultant, Minnesota Department of Human Services; Elisha Wolfman, Bachelor's in Social Work, Northstar Quality Assurance–Permanency Consultant, Minnesota Department of Human Services; Vanessa Thoennes, Master's in Social Work, Northstar Quality Assurance–Permanency Consultant, Minnesota Department of Human Services	Harborside 305
103 SafeTALK: Suicide Prevention (Part 1)	Kay King, BS Education, University of MN, Community Educator, NAMI Minnesota	Lake Superior Ballroom J
104 We Are Only Humorous!	Teddy Widdel, Professional Speaker, Laughter Therapist, Widdel World	Lake Superior Ballroom K
105 Medical Respite, What is That?!? (And How Can I Get My Clients In?)	Kate Bradley, BFA, Bth Co-Site Director, Bob Tavani Medical Respite House; Kelly Wallin, BA, Bth Co-Site Director, Bob Tavani Medical Respite House; Becky Davies, Resident Physician MD, Duluth Family Medicine Clinic; James Conniff, MD, MPH, Faculty Physician, Duluth Family Medicine Clinic; John Arnold, Guest, Certified Arborist	Lake Superior Ballroom L
106 “The Connection Cafe”: Honoring The Desire for Healthy Relationships	Connie Gunderson, PhD, MSW, Associate Professor, Social Work, The College of St. Scholastica; Anne Roeser, MSW Student, CTSS Provider and Case Manager, Human Development Center; Kaila Formanek, MSW, Clinical Therapist, Cambia Hills	Lake Superior Ballroom MN
107 Just Culture: A Trauma Informed QA Method (Part 1)	Geoffrey Ammerman, MEd, Licensed Psychologist, Clinical Director, Fond Du Lac Department of Behavioral Health	Lake Superior Ballroom O
108 Safe and Strong Child: Introducing Sexual Abuse Prevention to Children	Niki Whittet, BA, MSE – Counseling (in progress), Family Advocate and Trainer, First Witness Child Advocacy Center; Kylee Pass, BSW, LGSW (in progress) Family Advocate and Trainer, First Witness Child Advocacy Center	Split Rock 1
109 The American Foster System Through the Eyes of the Indigenous: Placements Pre and Post Implementation of the Indian Child Welfare Act	Meghan Brun, Social Work Student, BSW in progress (estimated May 2020), University of Wisconsin Superior; Mimi Rappley Larson, MSW, Associate Professor, University of Wisconsin Superior	Split Rock 2
110 Brain Injury: Behaviors or Symptoms?	Angela Bowles Edwards, BA in Psychology, Concentration in Neuroscience, Education and Community Outreach Specialist, Minnesota Brain Injury Alliance	St. Louis River Room

89 Building a Trauma Responsive School: Steps You Can Take Towards Meeting The Social and Emotional Needs of Students.

Chester Creek

In school environments, where emphasis is placed on academic performance, tiered interventions for students' social-emotional development and mental health are often lacking. In this presentation, we'll identify what it means to be a trauma-responsive school and identify steps that schools can take to become trauma-responsive. Using a multilevel framework, we'll highlight Lincoln Park Middle School's plan for developing and implementing trauma responsive practices and describe the school's specific interventions, including social-emotional learning and restorative practices. We'll also touch on Lincoln Park's PAWS Program, which was designed as a restorative program for students as an alternative to suspension.

90 Hope vs. Despair: Hope Wins!
French River 1

The “deaths of despair” due to suicide, drug overdose, alcohol-related deaths, and more are at epidemic levels in the United States. The statistics and the motivations behind the statistics challenge both our current standards of practice and our clinicians. How do we effectively instill hope? I'll cover the sources and drivers of despair but also talk about evidence-based intervention methods that are proven to increase health, well-being, positive emotion, and most importantly, hope.

91 What to Do about ACEs? An Evidence-Based Approach to Building Resilience
French River 2

The workshop will describe the process of building resilient kids, because Adverse Childhood Experiences (ACEs) are not a life sentence! Dr. Grace will provide a brief review of the scope and impact of ACEs, talk about what resiliency looks like in youth, and summarize the evidence that resilience trumps ACEs. He'll present empirically proven mechanisms of action for building resilience in at-risk youth and participants will learn about eight key assets that get kids “back on track” for healthy development. This model has been successfully implemented in foster homes, schools, youth-serving social and recreational programs, and intensive treatment programs.

Continued ↪

92 Adolescents with Co-Occurring Substance Use and Psychiatric Disorders

Gooseberry Falls 1

We now know — thanks to research and clinical consensus — that substance abuse treatment is most effective when it addresses the multiple psychosocial problems and medical mental health needs of adolescents in addition to their drug abuse. However, this multi-modal approach in substance treatment programs lags behind the integration of other treatment services because of various barriers (Sohlkhah and Wilens, 1998). As a result, we lack empirically grounded, practiced guidelines for this much needed treatment approach. Join me to learn more about this important topic so we can offer the best care to the adolescents we work with.

93 Positive Behavior Support Strategies and Resources

Gooseberry Falls 2

Ever had someone do something that seemed to “come from nowhere”? Come join us for an interactive discussion on positive behavior supports and the functions of behavior. Learners will have the opportunity to walk through functional behavior assessments, positive support transition plans, and a person-centered planning booklet by the disability hub. There’ll be plenty of time for questions.

94 Bravely Being Disabled

Gooseberry Falls 3

Having a disability can be seen as a tragedy or something to be pitied. In this session, we’ll reframe that viewpoint. We’ll use interactive methods and materials to examine how disability — as an identity — intersects with other marginalized identities. We’ll also provide useful tips on how person-centered principles can help us all be allies to people with disabilities.

95 New Directions in LGBTQIA Social Policy and Treatment Issues

Harborside 202

Come to this presentation for an overview of the new edition (2019) of the Routledge Handbook of LGBTQIA Administration and Policy! Furthermore, learn about social work values and ethics, as well as policies addressing substance abuse issues within the LGBTQIA community, such as assessment-based clinical treatment, clinical intervention methods, evaluation methods, social work values, and culturally specific clinical assessment.

96 How To Avoid The Most Frequent Errors in Determining Eligibility for Financial Assistance Programs (Part 1)

Harborside 203

Our mission at DHS Internal Audits is to randomly audit financial assistance cases to determine if they have all the documentation to support correct eligibility. We audit TANF, child care, health care, general assistance, housing support, and Minnesota supplemental aid cases. We’ll present an overview of our process of choosing cases to audit and discuss the top errors we’re seeing in each of the programs. We’ll also give tips on how to avoid those errors and help reduce the high error rates that exist in these programs.

97 New Services to Support Housing

Harborside 204

Minnesota is rolling out new services to help people with disabilities and older adults find and maintain housing in their communities. Learn about these new services and how they can help support people in a variety of ways. We’ll provide a summary of housing stabilization services and available housing, related home and community based waiver services, and case examples that demonstrate how these programs contribute to housing stability.

98 Strategic Workforce Solutions: Breaking Down the Barriers

Harborside 205

This presentation will focus on hidden talent pools and how to target these untapped populations. We’ll examine regional labor market information, analyze the demographics of the populations with the highest unemployment rates, and give you the tools to successfully recruit within these groups. We will also dive into regional and statewide programs, show how they can assist with your hiring needs, and share best practices and success stories from across the State.

99 Supporting Person Centered Planning and Informed Choice in Housing for People with Disabilities

Harborside 301-302

While full of complex twists and turns, successfully navigating housing can ultimately help a person live their best life. This session will provide an overview of promising practices for person-centered planning and informed choice in housing. Participants will also explore new interactive tools for people with disabilities.

100 Are You Really Listening? Maximizing Consumer Feedback

Harborside 303

This workshop will cover intentional listening, and why it’s critical to listen intentionally to those we work with and serve. We’ll discuss potential barriers to intentional listening and brainstorm ways to enhance our current feedback methods. The benefits? All of us, and the organizations we work for, can maximize our impact and provide genuine consumer-focused care.

101 From Hand Holding to Walking Side-By-Side

Harborside 304

Teens and young adults in the foster care system want to choose their pathway moving forward. How do we

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help them move toward independent living in a supportive way? This workshop will highlight the logistics of extended foster care, discuss engagement strategies, and explore the benefits of specialized case management. This workshop also aims to demonstrate the support team that can exist for young people when county workers, non-profit organizations, and foster parents work together.

102 Child Social & Medical Histories — What to Expect & What is My Role?

Harborside 305

This presentation explores county worker, foster parent, provider, & biological family member roles in developing a child's social and medical history document. We want to clarify the purpose of such a document and expand participant's knowledge of the social and medical history process. Finally, we want to explain what a preadoptive parent should expect to receive when considering a preadoptive placement.

103 SafeTALK: Suicide Prevention (Part 1)

Lake Superior Ballroom J

Learn how to support someone's desire for safety by recognizing the warning signs of suicide, identifying people who are at risk, and applying the TALK steps (tell, ask, listen and keep safe) to connect a person to suicide first aid resources. Listed on the National Best Practice Registry, safeTALK allows time for both practice and discussion. SafeTALK is based on research that shows how people experiencing suicidal thoughts often send out subtle invitations to help them stay safe. This class is for all community members, aged 16 and older, who want to learn and practice the basic best practices in suicide prevention.

104 We Are Only Humorous!

Lake Superior Ballroom K

This workshop will (entertainingly) help participants identify and understand their personality types in order to understand and work better with those around them. Learn and laugh with Teddy as she presents a humorous side to each personality type and discusses why each is important for survival. Teddy uses the John Maxwell D.I.S.C. method to guide participants to their personality type. Be ready to have fun learning!

105 Medical Respite, What is That?!? (And How Can I Get My Clients In?)

Lake Superior Ballroom L

The Bob Tavani Medical Respite House in Duluth is a collaboration between CHUM, Loaves & Fishes, First Covenant Church, and some doctors in residency at the Duluth Family Medicine Clinic. The house is a HUD homeless shelter for homeless people who have an acute medical condition. There are only about 80 registered medical respite facilities in the whole country, and we've got one right here! We'll take a look at how this pilot project came to be, hear from one of our guests, and talk about where we hope this pilot program goes.

106 "The Connection Cafe": Honoring The Desire for Healthy Relationships

Lake Superior Ballroom MN

"The need for connection and community, and the desire to be a part of meaningful and responsive relationships, is at the heart of human experience" (Jordan, 2011). In our current social environment, however, greater numbers of people feel isolated and disconnected from themselves and each other. Grounded in relational-cultural theory, this interactive workshop introduces the "Connection Cafe" an educational and practice model to bring people of all ages together to foster connection and community through discussion and dialogue.

107 Just Culture: A Trauma Informed QA Method (Part 1)

Lake Superior Ballroom O

Just Culture is a process based and blame free quality assurance method. With a few tweaks, it becomes a powerful trauma informed organizational tool. We will explore Just Culture and discuss how to enhance its trauma informed properties.

108 Safe and Strong Child: Introducing Sexual Abuse Prevention to Children

Split Rock 1

The Safe and Strong Child Program is a curriculum that has been offered to schools of all levels in Southern St. Louis County for more than 25 years. This approach to prevention education not only engages children, but informs children and the adults who work with them about sexual abuse. This session will help participants learn vital skills they can use

when directly communicating with youth about body safety and abuse prevention.

109 The American Foster System: Themes from oral histories of Indigenous people placed pre-Indian Child Welfare Act (ICWA)

Split Rock 2

Research was conducted this summer with Indigenous people who were placed, as children, in predominately white homes prior to the Indian Child Welfare Act. This presentation will address themes gathered from oral histories about their experiences as well as what was learned in the process of collecting this kind of data.

110 Brain Injury: Behaviors or Symptoms?

St. Louis River Room

Oftentimes, behaviors that individuals with brain injury exhibit are a symptom of their injury. In this training, participants will learn about some of the commonly misunderstood symptoms of brain injury. We'll also review case studies as we consider the difference between a behavior and a symptom of injury.



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111	The Critical Frontline	Chet Tschetter, Education Specialist, BS in Education; Claire Benway, Education Specialist, Masters in Theatre Education; both with University of Minnesota/ Institute on Community Integration (ICI) / Research and Training Center on Community Living (RTCCL)	Chester Creek
112	Social Workers' Attitudes Towards Death with Dignity, a McNair Research Project.	Jade Cone, Social Work Student, Bachelor's in Social Work (graduating In December 2019), University of Wisconsin Superior; Amanda Lilly, Research Mentor, Master's in Social Work, University of Wisconsin Superior	French River 1
113	'She is a Beautiful Soul': Supporting Adults with Complex Behavior Needs	Sue Redepenning, BA, OTR/L, ATP, Program Director, Technology for HOME; Sirad Shirton, MS, CCC-SLP, Speech-Language Pathologist, Technology for HOME	French River 2
114	Serving Clients When Disaster Hits: Continuity of Operations Planning	Blain Johnson, Bachelor of Science – Emergency Management (North Dakota State), Master of Science – Biodefense and Homeland Security (George Mason), Arrowhead Regional Emergency Planning Consultant (Paramount Planning), Arrowhead Region Emergency Management Association; Duane (Dewey) Johnson, Emergency Management Coordinator, Business Management, St. Louis County Sheriff's Office; Chloe Strand, Bachelor of Arts – Psychological Science, Executive Assistant, Human Development Center; Michelle Morris, Master of Public Health, Director of Community Philanthropy, Duluth Superior Area Community Foundation/Ready North	Gooseberry Falls 1
115	Inclusive Harm Reduction In Minnesota	Mary McCarthy, Executive Director, Rural Aids Action Network; Jameson Danielson, Health Educator, Rural Aids Action Network, Sue Purchase, Health Educator, Rural Aids Action Network; Deb Hernandez, CHW, Health Educator, Rural Aids Action Network; Jeff Polcher, Health Educator, Rural Aids Action Network	Gooseberry Falls 2
116	Treatment Courts: How They Can Help Our Clients	Leah Cleeland, PhD, MSW, Assistant Professor, University Of Minnesota Duluth	Gooseberry Falls 3
117	The World in Your Lobby	Patricia Fenrick, MA in Intercultural Studies, Communication and Workforce Developer, Minnesota Department of Human Services – Resettlement Office	Harborside 202
118	Financial Assistance Programs (Part 2)	Donald Skoy, Services Manager 1, Internal Audits – Program Compliance & Audits, Minnesota Department Of Human Services; Connie Thomas, Human Services Supervisor 3, Accounting DHS – Internal Audits – Program Compliance & Audits; Denise Haliburton, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance & Audits; Fran Kozlowski, Human Services Program Rep 2, DHS – Internal Audits – Program Compliance & Audits; Lori Hill, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance & Audits, all from Minnesota Department Of Human Services	Harborside 203
119	Frontotemporal Dementia: Identification and Management	Sara Mccumber, DNP, APRN, CNP, GNP-BC.CNS, Associate Professor and Nurse Practitioner, The College of St. Scholastica & Essentia Health Neurology	Harborside 204
120	Crisis vs Emergency in Corporate AFC/CRS	Nick Lepak, Duluth Police Department; T. Wade Rasch, Sergeant, St. Louis County Sheriff; Laura Nechanicky-Booth, Treatment Director, Birch Tree Center Stabilization and Crisis Response; Katie Bauman, RN, Health Psychiatric Service RN Supervisor, Essentia Hospital; Anita Nordby, ED Case Manager/Social Worker, St. Luke's Hospital; Kimberly Hoffmockel, MSW, Social Worker/Adult Foster Care Licensor Social Worker, St. Louis County Public Health & Human Services	Harborside 205
121	Horticulture Therapy	Millie Richard, Associate of Science Degree, Horticulture Therapist, Odiizeoon	Harborside 301-302

122	Relatives and Permanency: What You Want to Know	Elisha Wolfman, Bachelor's in Social Work, Northstar Quality Assurance – Permanency Consultant; Catrina Ankarlo, Master's in Public Administration, Northstar Quality Assurance – Permanency Consultant; Vanessa Thoennes, Master's in Social Work, Northstar Quality Assurance – Permanency Consultant, all from Minnesota Department of Human Services	Harborside 303
123	Child Maltreatment Reporting 2019	Sarah Anderson, MA LMFT, Social Work Coordinator/Team Lead Initial Intervention Unit, Child Protective Services (CPS); Lindsay Sauer, MSW, CPS, Social Worker Initial Intervention Unit, both from St. Louis County Public Health & Human Services	Harborside 304
124	Gender: Beyond the Binary	Forrest Mainville, MA, Contract trainer for MN Child Welfare Training System and retired Hennepin County social worker	Harborside 305
125	SafeTALK: Suicide Prevention (Part 2)	Kay King, BS Education, University of MN, Community Educator, NAMI Minnesota	Lake Superior Ballroom J
126	Working with Youth Who Have Experienced Sex Trafficking	Mary Cowen, BA in Women's Studies, Residential Program Manager, Life House; Jessica Mantor, Social Worker, Indian Child Welfare Unit, BSW, St. Louis County Public Health & Human Services; Michelle Pederson, Social Worker, Indian Child Welfare Unit, MSW, St. Louis County Public Health & Human Services	Lake Superior Ballroom K
127	Implementing the Self-Healing Communities Model: A Case Study from Crow Wing, MN	Tom Gonzalez, Bachelor's in Pastoral Ministry, Master's in Church Leadership, Doctorate on ACEs and Resiliency in Ministry (ongoing), Self-Healing Communities Project Coordinator, Bridges of Hope; Amy Wyant, Master's in Education; Executive Self-Healing, University of St. Thomas, Communities Project Coordinator, Bridges of Hope; Kassie Heisserer, Executive Director, Bridges of Hope	Lake Superior Ballroom L
128	Results from Pilot Project to Connect People Leaving Prison With Public Assistance	Paul Waldhart, Master's Degree, Program Evaluator, Minnesota Department of Human Services; Siham Hussein, College Degree, Human Services Program Rep., Minnesota Department of Human Services; Bridget Letnes, Master's Degree, Manager, MN Department of Corrections	Lake Superior Ballroom MN
129	Just Culture: A Trauma Informed QA Method (Part 2)	Geoffrey Ammerman, MS Ed, Licensed Psychologist, Clinical Director, Fond Du Lac Department of Behavioral Health	Lake Superior Ballroom O
130	Healing the Primal Wound: Navigating the Effects of Early Attachment Disruption in Adulthood	Shawyn Lee, PhD, Assistant Professor, University Of Minnesota Duluth	Split Rock 1
131	How Can We Be Helpful If We Aren't "Feeling It"? – Five Critical Skills for Effective and Compassionate Helping	Alan O'Malley-Laursen, MSW, Compassion Fatigue Educator/Clinical Trauma Professional, Olmsted County Child and Family Services	Split Rock 2
132	The Invisible Workforce: Helping Informal Caregivers	Katherine Hiti, LSW, Social Services Supervisor, Caringedge Hospice; Leslie Sauve, LSW, Oncology Social Worker, St. Luke's Oncology Center; Marjori Bottila, Program Manager, Senior Linkage Line; Jenna Pogorels, MSW, LICSW, Sr. Program Manager, Alzheimer's Association; Karina Krosbakken, MSW, LICSW, Care Consultant, Age Well Arrowhead	St. Louis River

111 The Critical Frontline

Chester Creek

The RTCCL, the University of Minnesota's ICI, is committed to the quality of life for people with disabilities. The quality and health of the workforce is a direct contributor to how people with disabilities live and participate in their community. Competent and supported Frontline Supervisors (FLS) are key to retention of DSP. This session will help organiza-

tions better understand the connections between supporting the critical line of FLS to support DSPs whom they supervise. Dive deeply into best practices including tools and training approaches aligned with person centered practices, organizational culture and training.

112 Social Workers' Attitudes Towards Death with Dignity, a McNair Research Project.

French River 1

This workshop will help participants define and understand the parameters of what it means to die with dignity, clarify how the National Association of Social Workers' code of ethics relates to this issue, and explain the roles of social workers to uphold patient dignity as they work with clients who are dying.

Continued ↪

113 'She is a Beautiful Soul': Supporting Adults with Complex Behavior Needs

French River 2

Since 2018, Technology for HOME has worked with the Minnesota Department of Human Services' restrictive procedures program to provide communication services to a group of people with multiple disabilities, and complex behavior and communication needs. This pilot project tests the assumption that complex behavior serves a communicative function; when people find other ways to communicate, this behavior will dissipate. The lessons learned have been many. We are hoping to use this session to share our work, and lessons learned about service provision for adults with complex cases.

114 Serving Clients When Disaster Hits: Continuity of Operations Planning

Gooseberry Falls 1

In the past 20 years, our region has experienced eleven tornadoes, eight "mega-rain" events, seven damaging wind events, six wildfires and five damaging winter storms. The support that human service organizations provide following such disasters is critical, as trusting relationships already exist. However, the effectiveness with which we support our clients in these scenarios depends on our own preparedness. We'll learn about steps to take and resources to consult in order to develop and start an effective continuity of operations plan to ensure our organizations and the people within them are prepared.

115 Inclusive Harm Reduction In Minnesota

Gooseberry Falls 2

Researched data shows that we need more comprehensive services, such as syringe service programs, when it comes to helping the people of Minnesota. Join us as we explore the spectrum of harm reduction, from how we apply harm reduction in our own lives all the way to the spectrum of services available to those who inject drugs.

116 Treatment Courts: How They Can Help Our Clients

Gooseberry Falls 3

Over the past 25 years, the judicial system has used treatment courts to provide additional support and services to people struggling with substance abuse, mental health issues, and more. The aim is to reduce recidivism and create better out-

comes for these participants. St. Louis County has four treatment courts and we want to make sure that providers understand how treatment courts work, so they can help their clients navigate this type of judicial intervention. We'll cover a brief history of treatment courts, their underpinning theories, how they function, and their overall effectiveness.

117 The World in Your Lobby

Harborside 202

This interactive training deals with the challenges we often face when working cross-culturally. Cultural lenses impact our interactions and our communication. Whether we're working with co-workers, clients, or neighbors, this training will give us all tools to more effectively traverse cultural differences with respect, humor, and curiosity.

118 How To Avoid The Most Frequent Errors in Determining Eligibility for Financial Assistance Programs (Part 2)

Harborside 203

Our mission at DHS Internal Audits is to randomly audit financial assistance cases to determine if they have all the documentation to support correct eligibility. We audit TANF, child care, health care, general assistance, housing support, and Minnesota supplemental aid cases. We'll present an overview of our process of choosing cases to audit and discuss the top errors we're seeing in each of the programs. We'll also give tips on how to avoid those errors and help reduce the high error rates that exist in these programs.

119 Frontotemporal Dementia: Identification and Management

Harborside 204

Frontotemporal Dementia (FTD) is the most common form of dementia in adults under the age of 60. But because people with don't present with the typical memory problems associated with dementia, FTD remains a hard-to-identify brain disorder. In addition to its unique diagnostic and care challenges, FTD has several different subtypes. We'll review all of this, along with differential diagnosis in this session. We'll also look at how we can successfully care for and support persons with FTD.

120 Crisis vs Emergency in Corporate AFC/CRS

Harborside 205

Action needed! Community concerns regarding the number of 911 calls from corporate foster care providers are what brought us together. Our collaborative, including numerous community partners, started with a common goal to increase communication, understand perspectives, and work for solutions. As community partners, we want to share what we've learned and introduce a handy tool called the "Person Centered Incident Matrix." In attending this training, participants will gain additional skills to accurately distinguish between an emergency and a crisis; participants will also receive a PCIM template and a handbook/manual. Finally, come to this training so you can learn how to more readily re-create a collaborative in your community!

121 Horticulture Therapy

Harborside 301-302

Horticultural Therapy (HT) is a time-proven practice, as the therapeutic benefits of garden environments have been documented since ancient times. In the 19th century, Dr. Benjamin Rush, a signer of the Declaration of Independence and one now recognized as the "Father of American Psychiatry," was the first to document the positive effects of horticulture in helping those with mental illness. Today, horticultural therapy is accepted as a beneficial and effective therapeutic treatment for many illnesses and issues and is used within a broad range of rehabilitative, vocational, and community settings. Come learn more about this impressive therapy option!

122 Relatives and Permanency: What You Want to Know

Harborside 303

Come to this workshop for an overview of the permanency process once it has been determined that a child needs a permanent foster care home. Our main focus will be relative search and notice requirements at permanency, how permanency decisions are made (10 best interest factors), and relatives' roles within this process.

123 Child Maltreatment Reporting 2019*Harborside 304*

This workshop will focus on mandatory reporting of child maltreatment in St. Louis County. Participants will be given statistical data, definitions of abuse and neglect, reporting requirements, protections for mandated reporters, and response to mandated reports. The presentation will also cover statewide screening criteria and handouts of the PowerPoint presentation will be available.

124 Gender: Beyond the Binary*Harborside 305*

Most of us have worked hard to fit into the gender box we were assigned at birth. But what if gender is more of a constellation of options? What might it look like to be on the gender continuum or even outside of it? We will clarify what gender is and a variety of ways to express it. Participants will be given the opportunity to share their own stories and ask questions. Care will be taken to create a safe space for sharing. Resources will be provided.

125 SafeTALK: Suicide Prevention (Part 2)*Lake Superior Ballroom J*

Learn how to support someone's desire for safety by recognizing the warning signs of suicide, identifying people who are at risk, and applying the TALK steps (tell, ask, listen and keepsafe) to connect a person to suicide first aid resources. Listed on the National Best Practice Registry, safeTALK allows time for both practice and discussion. SafeTALK is based on research that shows how people experiencing suicidal thoughts often send out subtle invitations to help them stay safe. This class is for all community members, aged 16 and older, who want to learn and practice the basic best practices in suicide prevention.

126 Working with Youth Who Have Experienced Sex Trafficking*Lake Superior Ballroom K*

Come to this presentation to learn more about Minnesota's Safe Harbor Law and about the state's available support services for youth who have experienced sex trafficking or any form of commercial sexual exploitation. We'll also discuss some strategies for more effectively working with youth in this capacity.

127 Implementing the Self-Healing Communities Model: A Case Study from Crow Wing, MN*Lake Superior Ballroom L*

The Self-Healing Communities model looks to reduce Adverse Childhood Experiences (ACEs) by building the community's capacity to solve its own problems. Learn how this model is being implemented in Crow Wing County and how you can incorporate it in your own community to help build sustainable solutions around existing resources.

128 Results from Pilot Project to Connect People Leaving Prison With Public Assistance*Lake Superior Ballroom MN*

The Joint Departmental Pilot Initiative is a new collaboration between Minnesota's Departments of Corrections (DOC) and Human Services (DHS) to better assist people re-entering the community after release from a Minnesota correctional facility. By providing the supports needed to have a stable and successful community re-entry, the Joint Departmental Pilot initiative aims to reduce recidivism. Since September 2017, DOC and DHS processed applications for healthcare and food or cash assistance for people at high risk of recidivism and close to release from a Minnesota correctional facility. After release, DHS helped transfer people's cases to participating counties and provided ongoing support. Come learn more in this session!

129 Just Culture: A Trauma Informed QA Method (Part 2)*Lake Superior Ballroom O*

Just Culture is a process based and blame free quality assurance method. With a few tweaks, it becomes a powerful trauma informed organizational tool. We will explore Just Culture and discuss how to enhance its trauma informed properties.

130 Healing the Primal Wound: Navigating the Effects of Early Attachment Disruption in Adulthood*Split Rock 1*

Research continues to emerge on the importance of healthy attachment in infants and children and the harmful effects of early attachment disruption and trauma. Unfortunately, these harmful effects may remain years later. Adulthood is a unique developmental period and the negative effects of early attachment disruptions and trauma can

pose complex challenges during this time, especially in relationships. This workshop will provide an overview of the brain science of attachment and its importance during infancy and childhood, and move into discussion of how attachment disruptions and trauma can impact adults.

131 How Can We Be Helpful If We Aren't "Feeling It"? — Five Critical Skills for Effective and Compassionate Helping*Split Rock 2*

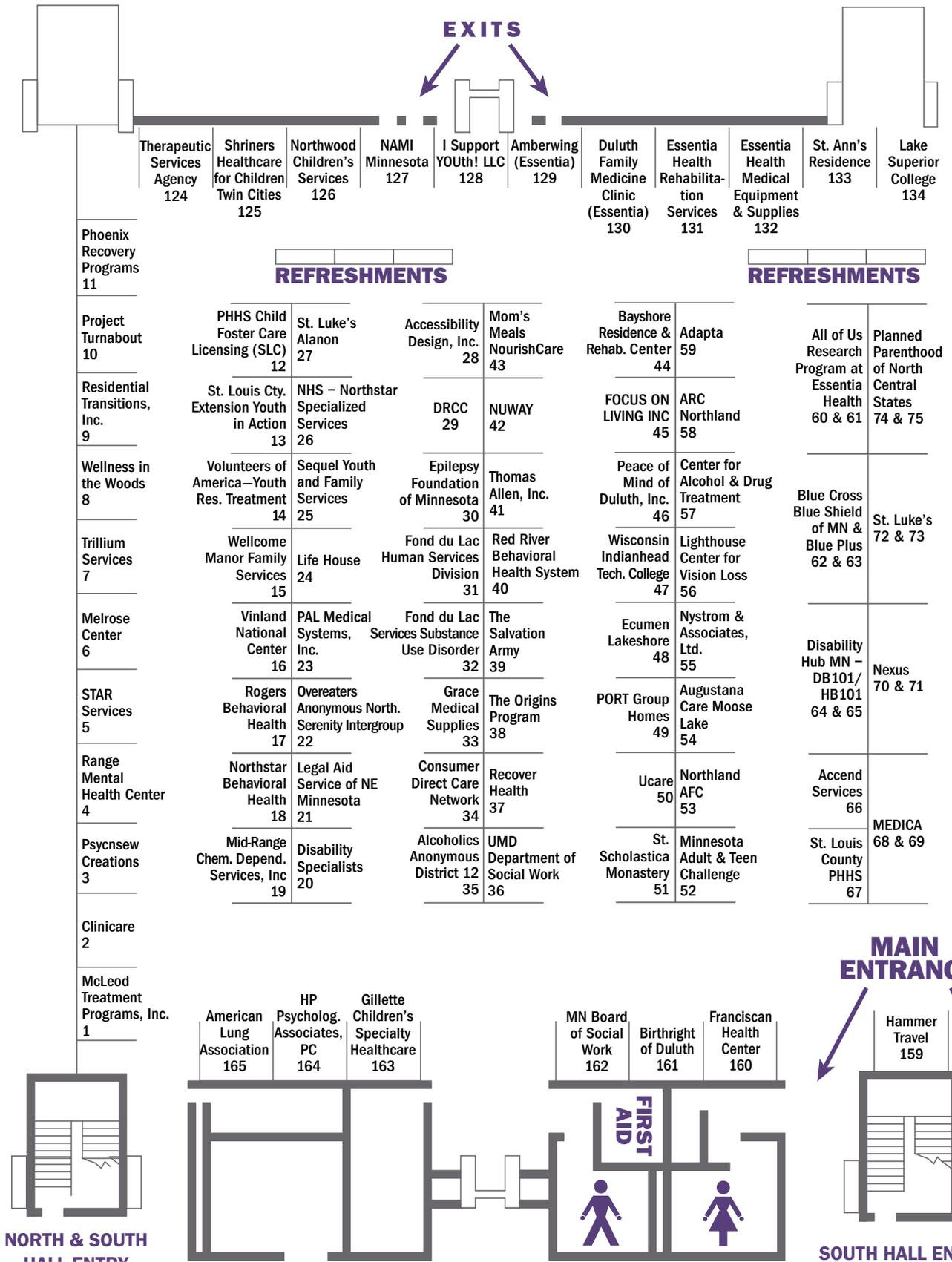
Compassion is a choice. It begins with intentional consideration of someone else, which leads to empathic appreciation of that person's condition, and results in generous, hospitable, and caring action. Furthermore, knowing how to regulate our emotions and responses during challenging encounters is imperative to any helping skill. We'll cover five fundamental elements of the helping relationship, including the notion of "radical compassion" and the impact of one's own life history on the helping capacity. Finally, we'll look at a case consultation model that attends to many of these considerations.

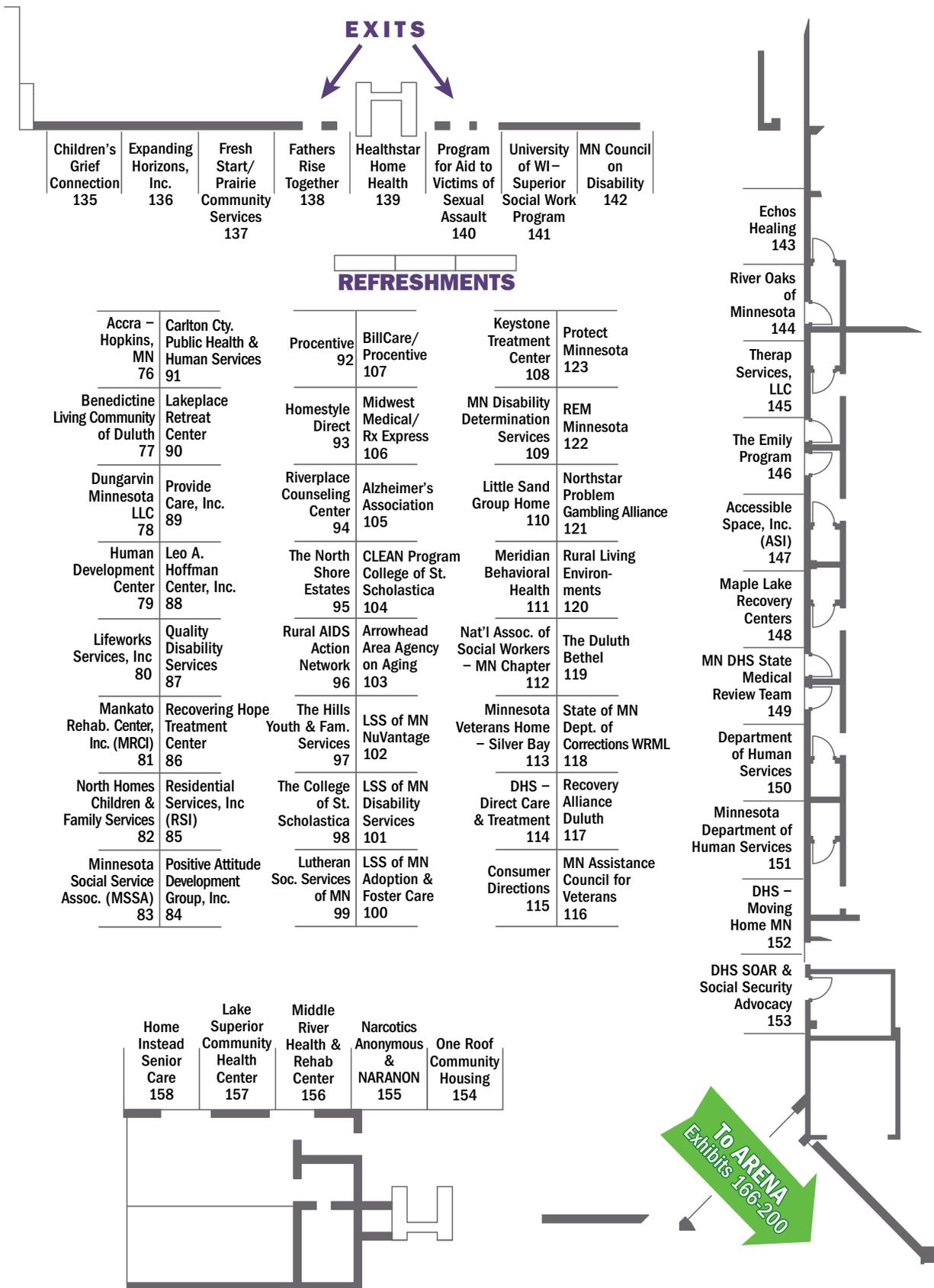
132 The Invisible Workforce: Helping Informal Caregivers*St. Louis River Room*

AARP reports that the value of unpaid caregiving in MN is about \$7.9 billion yearly — exceeding the state's medical assistance expenditures. How do we help those who are caring for their aging parents, raising their own children, working, and trying to navigate the maze of services that may or may not be available to them and their loved ones? We'll touch on support groups, respite services, caregiver training options, FMLA/leave options, and community services during this panel-style workshop. We'll also provide participants with time to ask questions and build much needed conversation surrounding this growing issue.

EXHIBITOR HALL MAPS

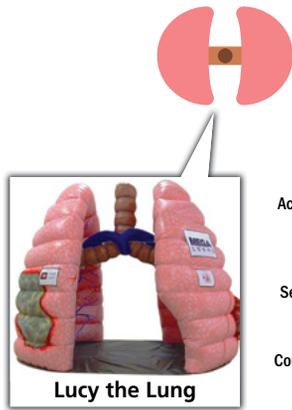
PIONEER HALL





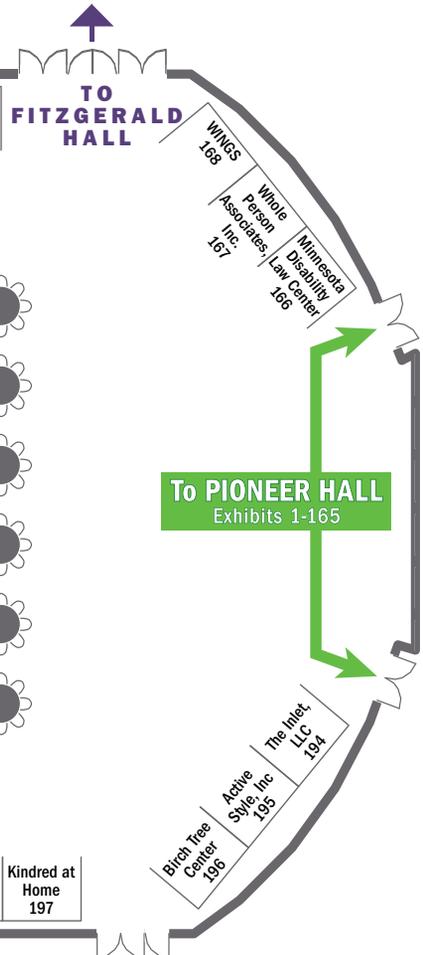
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ARENA

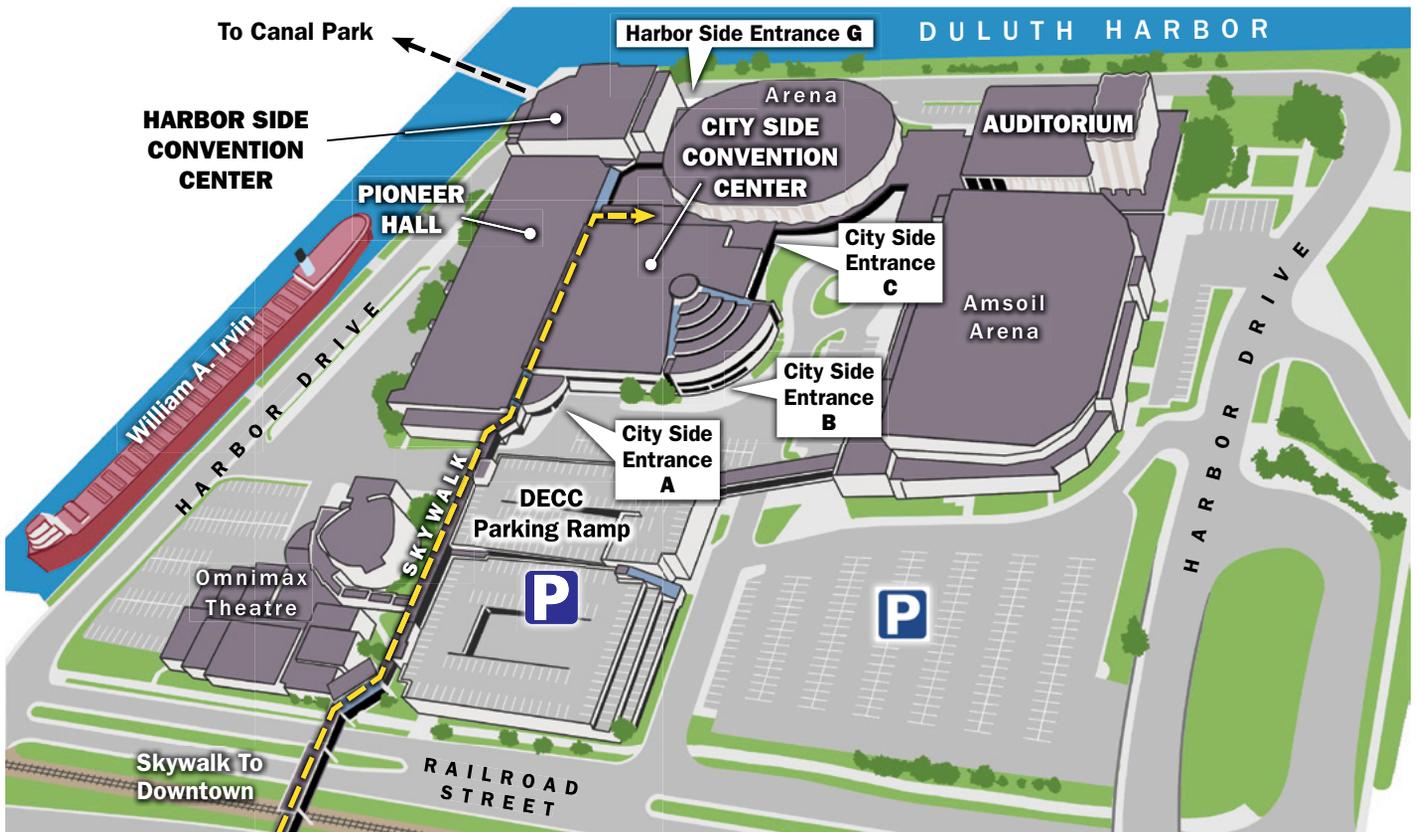


Lucy the Lung

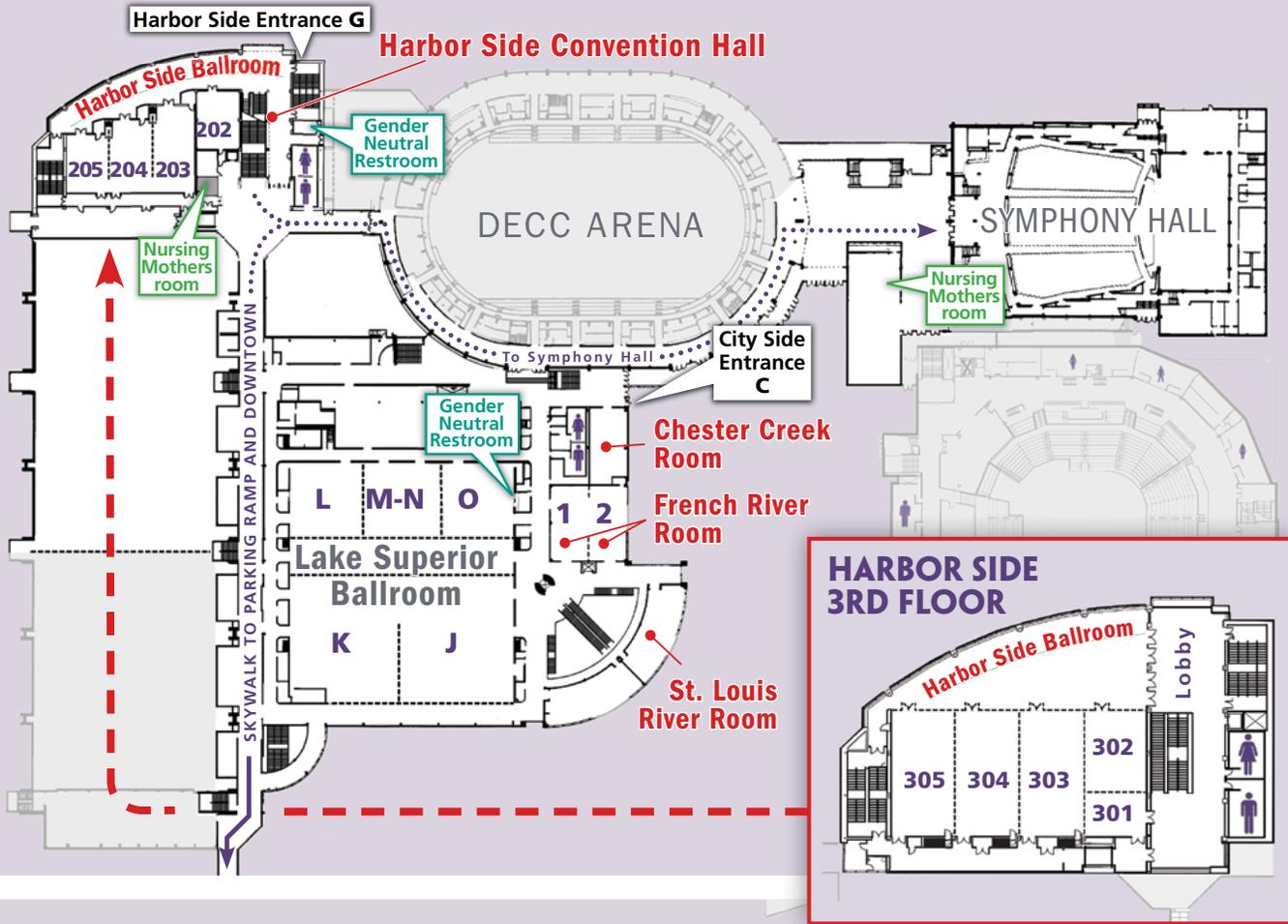
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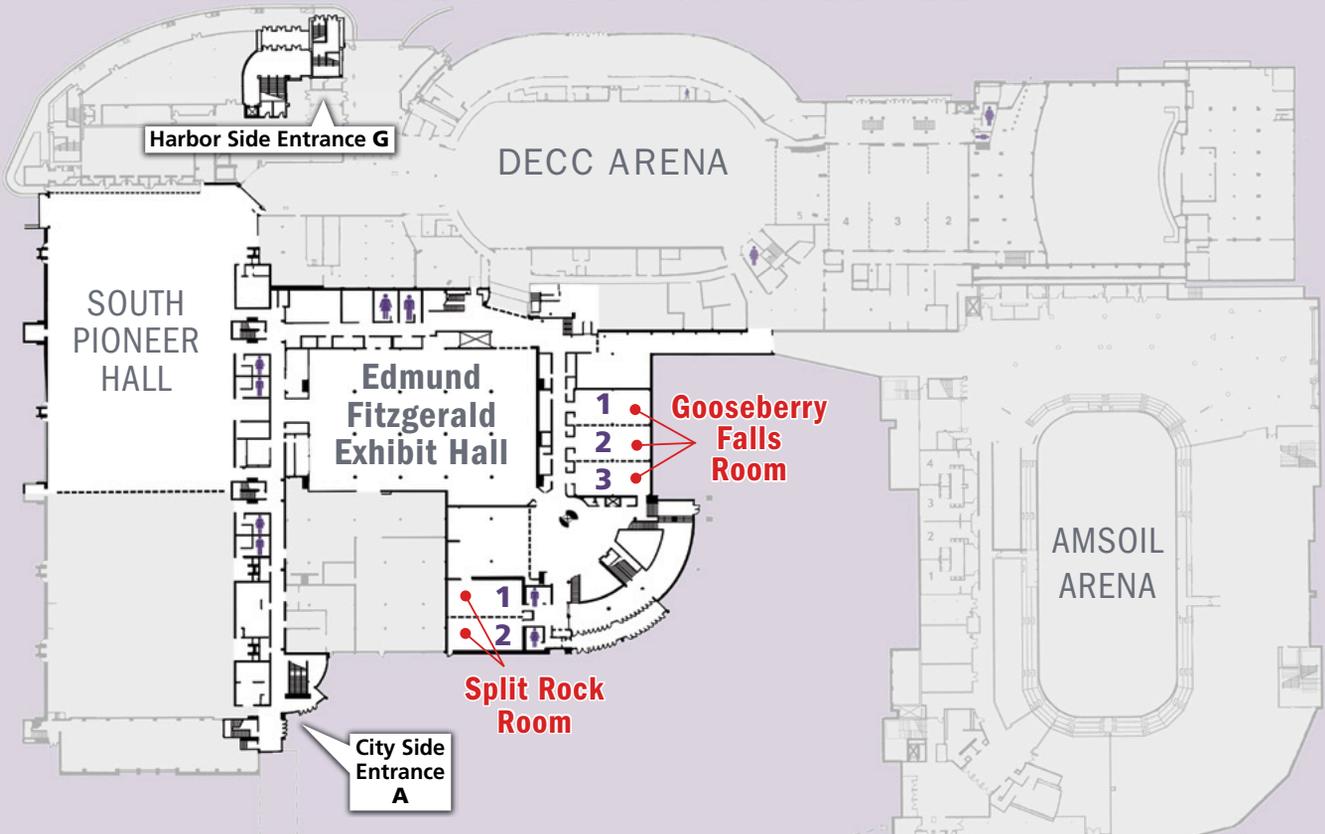
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- Lake Superior College
- Lake Superior Community Health Center
- Lakeside Manor/McCarthy Manor Assisted Living
- Legal Aid Service of Northeastern Minnesota
- Life House
- Lifeway Mobility
- Little Sand Group Home
- LSS of MN Adoption and Foster Care
- LSS of MN Disability Services
- LSS of MN NuVantage
- Maple Lake Recovery Centers
- McLeod Treatment Programs, Inc.
- Melrose Center
- Meridian Behavioral Health
- Middle River Health and Rehabilitation Center
- Mid-Range Chemical Dependency Services, Inc.
- Minneapolis VA Suicide Prevention

- Minnesota Assistance Council for Veterans
- Minnesota Brain Injury Alliance
- Minnesota Department of Health– Immunizations
- Minnesota Department of Human Services
- Minnesota Disability Determination Services
- Minnesota Disability Law Center
- Minnesota Judicial Branch 6th Judicial District
- Minnesota Merit System
- Minnesota Veterans Home – Silver Bay
- MN Association for Children’s Mental Health
- MN Board of Social Work
- MN Council on Disability
- MN Dept of Human Services
- MN DHS State Medical Review Team
- Monarch Healthcare Management
- NAMI Minnesota
- Narcotics Anonymous & NARANON
- National Association of Social Workers–MN Chapter
- NHS-Northstar Specialized Svs
- Northeast Minnesota Office of Job Training
- Northstar Behavioral Health
- Northstar Problem Gambling Alliance
- Northwood Children’s Services
- One Roof Community Housing
- Overeaters Anonymous Northern Serenity Intergroup
- PAL Medical Systems, Inc
- PHS–Child Foster Care Licensing
- Phoenix Recovery Programs
- Program for Aid to Victims of Sexual Assault
- Project Turnabout
- Proof Alliance (Formerly MOFAS)
- Protect Minnesota
- Psycnew Creations
- Qmedic
- Range Mental Health Center
- READY NORTH
- Recovery Alliance Duluth
- REM Minnesota
- Residential Transitions, Inc.
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- RS EDEN
- Rural Living Environments
- Safe Transitions
- Sequel Youth and Family Services
- ShareHouse, Inc.
- Shriners Healthcare for Children – Twin Cities
- St. Ann’s Residence
- St. Louis County Extension Youth in Action
- St. Louis County Public Health
- STAR Services
- State of Minnesota – Dept. of Corrections–WRML
- The Arc Minnesota
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- The Emily Program
- The Guidance Group
- The Inlet, LLC
- The Retreat
- Therap Services, LLC
- Therapeutic Services Agency
- Trillium Services
- University of St. Thomas School of Social Work
- University of WI–Superior Social Work Program
- Vinland National Center
- Volunteers of America – Youth Residential Treatment
- VRI
- Wellcome Manor Family Services
- Wellness in the Woods
- Whole Person Associates, Inc
- WINGS
- Yara Yoga

2019 EXHIBITORS

Accend Services

ADVOCATE SPONSOR

101 W. 2nd Street • Duluth, MN 55802

Booth # 66

Website: www.accendservices.com

Contact: Kristen Hale

Phone: (218) 409-2805

Email: kristen.hale@accendservices.com

Accessibility Design, Inc.

ALLY SPONSOR

1001 Kingwood Street • Suite #219 • Brainerd, MN 56401

Booth # 28

Website: www.AccessibilityDesign.com

Contact: Jane Hampton

Phone: (952) 925-0301

Email: rachel.m@accessibilitydesign.com

Accessible Space, Inc. (ASI)

ALLY SPONSOR

2550 University Avenue W. • Suite 330n • St. Paul, MN 55114

Booth # 147

Website: www.accessiblespace.org

Contact: Devin Schaaf

Phone: (612) 360-0366

Email: dvanderschaaf@accessiblespace.org

Access North

ALLY SPONSOR

1309 E 40th Street • Hibbing MN 55746

Booth # 210

Website: www.accessnorth.net

Contact: Cathy Baudeck

Phone: (218) 262-6675

Email: cbaudeck@accessnorth.net

Accra-Hopkins, MN

ADVOCATE SPONSOR

1011 1st Street S. • Suite 315 • Hopkins, MN 55343

Booth # 76

Website: www.accracare.org

Contact: Leann E Lindahl

Phone: (952) 935-3515

Email: leannlindahl@accracare.org

Accurate Home Care

ALLY SPONSOR

9000 Quantrelle Avenue NE • Otsego, MN 55330

Booth # 186

Website: www.accuratehomecare.com

Contact: Hannah Wheeler

Phone: (763) 795-3668

Email: hannahwheeler@accuratehomecare.com

ActivStyle, Inc

ALLY SPONSOR

1701 Broadway Street NE • Minneapolis, MN 55413

Booth # 195

Website: Activstyle.com

Contact: Gayle Erickson

Phone: (612) 260-5015

Email: gerickson@activstyle.com

Adapta

ADVOCATE SPONSOR

2020 5th Street SW • Rochester, MN 55902

Booth # 59

Website: www.adaptamn.org

Contact: Kasi Haglund

Phone: (507) 282-0868

Email: khaglund@adaptamn.org

Alanon

ALLY SPONSOR

4001 London Road • Duluth, MN 55804

Booth # 27

Contact: Stephanie J Pessenda

Phone: (218) 461-5453

Email: sjpducks@hotmail.com

Alcoholics Anonymous District 12

ALLY SPONSOR

PO Box 16412 • Duluth, MN 55816

Booth # 35

Contact: Justin Martin

Phone: (612) 644-2980

Email: martijustin@gmail.com

All of Us Research Program at Essentia Health

CHAMPION SPONSOR

502 E. 2nd Street • Mail Drop: 6AV-2 • Duluth, MN 55805

Booth # 60 & 61

Website: www.essentiahealth.org/allofus

Contact: Bridget Hart

Phone: (218) 576-0442

Email: bridget.hart@essentiahealth.org

Alzheimer's Association

ALLY SPONSOR

525 S. Lake Avenue • # 214 • Duluth, MN 55802

Booth # 105

Website: alz.org/mnnd

Contact: Jenna Pogorels

Phone: (218) 722-4335

Email: jpogorels@alz.org

Amberwing

ALLY SPONSOR

615 Pecan Avenue • Duluth, MN 55811

Booth # 129

Website: amberwing.org

Contact: Lori Thrun

Phone: (218) 355-2110

Email: lori.thrun@essentiahealth.org

American Lung Association

ALLY SPONSOR

424 W. Superior Street • 202 • Duluth, MN 55802

Booth # 165

Website: www.lung.org

Contact: Amanda Casady

Phone: (218) 726-4757

Email: amanda.casady@lung.org

Anaphylaxis & Food Allergy Association

ALLY SPONSOR

970 Raymond Avenue • Suite G-40 • St. Paul, MN 55114
Booth # 203

Website: www.minnesotafoodallergy.org

Contact: Michelle Swanstrom

Phone: (651) 644-4401

Email: info@minnesotafoodallergy.org

Arc Northland

ADVOCATE SPONSOR

424 W. Superior Street • Suite 500 • Duluth, MN 55802
Booth # 58

Website: www.arcnorthland.org

Contact: Laurie Berner

Phone: (218) 726-4860

Email: lberner@arcnorthland.org

Arrowhead Area Agency on Aging

ALLY SPONSOR

221 W. 1st Street • Duluth, MN 55802
Booth # 103

Website: arrowheadaging.org

Contact: Kristi Kane

Phone: (218) 529-7524

Email: kkane@ardc.org

Augustana Care Moose Lake

ADVOCATE SPONSOR

710 S. Kenwood Avenue • Moose Lake, MN 55767
Booth # 54

Website: AugustanaCare.org

Contact: Leslie Bakhtiari

Phone: (218) 351-9441

Email: lebakhti@augustanacare.org

Bayshore Residence & Rehabilitation Center

ADVOCATE SPONSOR

1601 St. Louis Avenue • Duluth, MN 55802
Booth # 44

Website: www.BayshoreCareCenter.com

Contact: Stephanie Friberg

Phone: (218) 740-4036

Email: sfriberg@bayshorecarecenter.com

Benedictine Living Community of Duluth

ADVOCATE SPONSOR

935 Kenwood Avenue • Duluth, MN 55811
Booth # 77

Website: blduluth.org

Contact: Merry Wallin

Phone: (218) 529-5804

Email: merry.wallin@bhshealth.org

BillCare/Procentive

ALLY SPONSOR

2321 Jack Breault Drive • Hudson, WI 54016
Booth # 107

Website: www.billcare.com

Contact: Amanda Kaufmann

Phone: (715) 245-8000

Email: amanda.kaufmann@procentive.com

Birch Tree Center

ALLY SPONSOR

4720 Burning Tree Road • Duluth, MN 55811
Booth # 196

Contact: Laura Nechanicky-Booth

Phone: (218) 623-1800

Birthright of Duluth

ALLY SPONSOR

407 E. 3rd Street • Room 2441 • Duluth, MN 55805
Booth # 161

Website: www.birthright.org

Contact: Miriam Meyer

Phone: (218) 340-3048

Email: themeyers@chartermi.net

Blue Cross Blue Shield of MN and Blue Plus

CHAMPION SPONSOR

3535 Blue Cross Road • Eagan, MN 55121
Booth # 62 & 63

Website: www.bluecrossmn.com

Contact: Lynn Price

Phone: (651) 662-4377

Email: lynn.price@bluecrossmn.com

Carlton County Public Health & Human Services

ADVOCATE SPONSOR

14 N. 11th Street • Cloquet, MN 55720
Booth # 91

Website: www.co.carlton.mn.us

Contact: Kevin DeVriendt

Phone: (218) 878-2501

Email: kevin.devriendt@co.carlton.mn.us

Cedar Branch Counseling

ALLY SPONSOR

4897 Miller Trunk Hwy • Hermantown, MN 55811
Booth # 201

Website: www.cedarbranchcounseling.com

Contact: Mary

Phone: (218) 319-7171

Email: Mary@cedarbranchcounseling.com

Center for Alcohol & Drug Treatment

ADVOCATE SPONSOR

314 W. Superior Street • Suite 400 • Duluth, MN 55802
Booth # 57

Website: www.cadt.org

Contact: Angie Lopez

Phone: (218) 529-3423

Email: angie@cadt.org

Children's Grief Connection

ALLY SPONSOR

72351 Pine River Road • Willow River, MN 55795
Booth # 135

Website: www.childrensgriefconnection.com

Contact: Melanie Bexell

Phone: (218) 372-8420

Email: melanie@childrensgriefconnection.com

CLEAN Program–

The College of Saint Scholastica

ALLY SPONSOR

1200 Kenwood Avenue • Tower 2150 • Duluth, MN 55811
Booth # 104

Website: www.css.edu/student-affairs/student-center-for-health-and-well-being/clean-a-collegiate-recovery-community.html

Contact: Zoe Torgersen

Phone: (218) 723-7055

Email: ztorgersen@css.edu

Clinicare

ALLY SPONSOR

11919 W. Bluemound Avenue • Wauwatosa, WI 53226
Booth # 2

Contact: Shawn Connery

Phone: (651) 755-4777

Email: sconnery@clinicarecorp.com

Community Involvement Programs

ALLY SPONSOR

1600 Broadway Street NE • Minneapolis, MN 55413
Booth # 183

Website: cipmn.org

Contact: John Stanton

Phone: (612) 362-4412

Email: jstanton@cipmn.org

Consumer Direct Care Network

ALLY SPONSOR

744 Ryan Drive • 201 • Hudson, WI 54016
Booth # 34

Website: www.consumerdirectmn.com

Contact: Nicole Cano

Phone: (877) 778-9991

Email: infocdmn@consumerdirectcare.com

Consumer Directions

ALLY SPONSOR

425 E. St. Germain Street • Suite 200 • St. Cloud, MN 56304
Booth # 115

Website: www.consumerdirections.info

Contact: Sara Theisen

Phone: (320) 257-6058

Email: Sara@yourfse.com

Department of Human Services

ALLY SPONSOR

540 Cedar Street • St. Paul, MN 55155
Booth # 150

Contact: Lisa Jenkins

Phone: (651) 478-8285

Email: lisa.jenkins@state.mn.us

DHS–Direct Care & Treatment

ALLY SPONSOR

540 Cedar Street • St. Paul, MN 55101
Booth # 114

Website: www.mn.gov/dhs

Contact: Emily Bata

Phone: (651) 431-3012

Email: emily.bata@state.mn.us

DHS–Moving Home Minnesota

ALLY SPONSOR

540 Cedar Street • St. Paul, MN 55101
Booth # 152

Website: www.mn.gov/dhs

Contact: John A Anderson

Phone: (651) 431-2240

Email: john.a.anderson@state.mn.us

DHS SOAR & Social Security Advocacy

ALLY SPONSOR

PO BOX 64842 • Housing & Support Services Division
St. Paul, MN 55164-0842

Booth # 153

Website: mn.gov/ssa

Contact: Antonio Reynero

Phone: (651) 431-4116

Email: dhs.ssaadvocacy@state.mn.us

Disability Hub MN--DB101/HB101

CHAMPION SPONSOR

540 Cedar Street • St. Paul, MN 55101
Booth # 64 & 65

Contact: Rajean Moore

Phone: (651) 235-0346

Email: rajean@rajeanmoone.com

Disability Specialists

ALLY SPONSOR

1907 Wood Road • Cook, MN 55723
Booth # 20

Website: www.DisabilitySpecialists.net

Contact: Mesa Siebert

Phone: (218) 666-2676

Email: MesaS@DisabilitySpecialists.net

Domestic Abuse Information Programs

ALLY SPONSOR

202 E. Superior Street • Duluth, MN 55802
Booth # 193

Website: www.theduluthmodel.org

Contact: Sheryl Boman

Phone: (218) 722-2781

Email: sboman@theduluthmodel.org

DRCC

ALLY SPONSOR

5629 Grand Avenue • Duluth, MN 55807
Booth # 29

Website: drccinfo.org

Contact: Michelle Hooey

Phone: (218) 722-8180

Email: hooey@drccinfo.org

Duluth Family Medicine Clinic

ALLY SPONSOR

330 N. 8th Avenue E. • Duluth, MN 55805
Booth # 130

Website: www.duluthfamilymedicineclinic.com/Main/Home.aspx

Contact: Danielle Peterson

Phone: (218) 529-9141

Email: danielle.peterson@essentiahealth.org

Dungarvin Minnesota LLC

ADVOCATE SPONSOR

1444 Northland Drive • Suite 100
Mendota Heights, MN 55120
Booth # 78

Website: www.dungarvin.com
Contact: Jeana Moreno
Phone: (651) 699-6050
Email: jmoreno@dungarvin.com

Echo Healing Stones

ALLY SPONSOR

110 1st Avenue NE • Unit 807 • Minneapolis, MN 55413
Booth # 143

Website: www.echoshealingstones.com
Contact: Xiaopian Chen
Phone: (612) 483-7958
Email: info@echoshealingstones.com

Ecumen Lakeshore

ADVOCATE SPONSOR

4002 London Road • Duluth, MN 55804
Booth # 48

Contact: Jena Evans
Phone: (218) 625-7838
Email: jenaevans@ecumen.org

Epilepsy Foundation of Minnesota

ALLY SPONSOR

1600 University Avenue W. • Suite 300 • St. Paul, MN 55104
Booth # 30

Website: efmn.org
Contact: Lisa Peterson
Phone: (218) 624-1330
Email: lisa.peterson@efmn.org

Essentia Health Cancer Center

ALLY SPONSOR

420 E. 1st Street • Duluth, MN 55805
Booth # 187

Website: www.EssentiaHealth.org
Contact: Amanda Van Kilsdonk
Phone: (507) 261-9347
Email: amanda.vankilsdonk@essentiahealth.org

Essentia Health Medical Equipment & Suppliers

ALLY SPONSOR

4418 Haines Road • 1200 • Duluth, MN 55811
Booth # 132

Website: www.essentiahealth.org
Contact: Jill G Dickinson
Phone: (218) 786-5597
Email: Jill.dickinson@essentiahealth.org

Essentia Health Rehabilitation Services

ALLY SPONSOR

502 E. 2nd Street • Duluth, MN 55805
Booth # 131

Website: www.EssentiaHealth.org
Contact: Amanda Van Kilsdonk
Phone: (218) 786-5546
Email: amanda.vankilsdonk@essentiahealth.org

Expanding Horizons, Inc.

ALLY SPONSOR

5075 Miller Trunk Highway • Hermantown, MN 55811
Booth # 136

Website: www.expandinghorizonshomes.com
Contact: Ashlie Suomala
Phone: (218) 733-4651
Email: ashlie@expandinghorizonshomes.com

Fathers Rise Together

ALLY SPONSOR

201 E. 1st Street • 3-4 • Duluth, MN 55802
Booth # 138

Website: www.familyrisetogether.org
Contact: ChaQuana McEntyre
Phone: (218) 461-1722
Email: fathersrisetogether@gmail.com

Focus on Living, Inc.

ADVOCATE SPONSOR

715 W. Superior Street • Duluth, MN 55802
Booth # 45

Website: focusonlivinginc.com
Contact: Chrissy LeBrasseur
Phone: (218) 722-1170
Email: cleb@focusonlivinginc.com

Fond du Lac Human Services Division

ALLY SPONSOR

927 Trettle Lane • Cloquet, MN 55720
Booth # 31

Website: www.fdlrez.com/HR/index.htm
Contact: Jane DeVerney
Phone: (218) 279-4153
Email: janeverney@fdlrez.com

Fond du Lac Human Services Substance Use Disorder

ALLY SPONSOR

927 Trettel Lane • Cloquet, MN 55720
Booth # 32

Website: fdlrez.com
Contact: Brenda M. Houle
Phone: (218) 879-1227
Email: brendahoule@fdlrez.com

Franciscan Health Center

ALLY SPONSOR

3910 Minnesota Avenue • Duluth, MN 55802
Booth # 160

Contact: Susan Muehlberger
Phone: (218) 302-6990
Email: smuehlberger@fhc.sfhs.org

Fresh Start/Prairie Community Services

ALLY SPONSOR

1610 E. 1st Street • Duluth, MN 55812
Booth # 137

Contact: Dawn Arlene Bjorge
Phone: (320) 589-4940
Email: dbjorge@pcs.sfhs.org

Full Circle Senior Living

ALLY SPONSOR

1411 London Road • Duluth MN 55805
Booth # 209

Website: www.diamondwillow.com

Contact: Natalie Zeleznikar

Phone: 218-390-2390

Email: nzeleznikar@fullcircleseniorliving.com

Genesis Recovery Services

ALLY SPONSOR

5 N. 3rd Avenue W. • Suite 310 • Duluth, MN 55802
Booth # 173

Website: www.grsduluth.com

Contact: Kathy Jarve

Phone: (218) 722-2368

Email: kjarve@grsduluth.com

Gillette Children's Specialty Healthcare

ALLY SPONSOR

200 University Avenue E. • St. Paul, MN 55101
Booth # 163

Website: gillettechildrens.org

Contact: Erin Jurkovich

Phone: (612) 310-1868

Email: erinejurkovich@gillettechildrens.com

Grace Medical Supplies

ALLY SPONSOR

11240 Stillwater Boulevard • Suite B Grace Medical
Lake Elmo, MN 55042
Booth # 33

Website: GraceMedicalSupplies.com

Contact: Jason Mattox

Phone: (651) 275-9404

Email: osage1973@msn.com

GT Independence

ALLY SPONSOR

860 Blue Gentian Road • Suite 200 • Eagan, MN 55121
Booth # 172

Website: www.gtindependence.com

Contact: Vicky Gunderson

Phone: (608) 769-0813

Email: v Gunderson@gtindependence.com

Hammer Travel

ALLY SPONSOR

1909 Wayzata Boulevard • Wayzata, MN 55391
Booth # 159

Website: hammertravel.org

Contact: Ann Martinka

Phone: (952) 277-2465

Email: amartinka@hammer.org

Healthstar Home Health

ALLY SPONSOR

2701 W. Superior Street • 101 • Duluth, MN 55806
Booth # 139

Contact: Casey Lomen

Phone: (218) 733-0707

Email: caseyl@hhhealth.net

Help Me Grow

ALLY SPONSOR

1201 13th Avenue S. • Virginia, MN 55792
Booth # 192

Website: helpmegrowmn.org/HMG/index.html

Contact: Jessica Brown

Phone: (218) 655-5018

Email: jbrown@nlsec.org

Home Instead Senior Care

ALLY SPONSOR

315 E. Central Entrance • Suite 3 • Duluth, MN 55811
Booth # 158

Website: www.homeinstead.com/548

Contact: Mary Andrews

Phone: (218) 727-8810

Email: mary.andrews@homeinstead.com

Homestyle Direct

ADVOCATE SPONSOR

2032 Highland Avenue E. • Twin Falls, ID 83301
Booth # 93

Website: www.homestyledirect.com

Contact: Tonna Quesnell

Phone: (208) 539-9991

Email: tonna@homestyledirect.com

HP Psychological Associates, PC

ALLY SPONSOR

4815 Burning Tree Road • Suite 200 • Duluth, MN 55811
Booth # 164

Website: www.hpppsychological.com

Contact: Kimberly Overlie

Phone: (218) 464-0908

Email: koverlie@hpppsychological.com

Human Development Center

ADVOCATE SPONSOR

1401 E. 1st Street • Duluth, MN 55805
Booth # 79

Website: www.humandevlopmentcenter.org

Contact: Chloe Strand

Phone: (218) 730-2341

Email: chloe.strand@hdchrc.org

I Support YOUth! LLC

ALLY SPONSOR

4105 10th Avenue S. • Minneapolis, MN 55407-3203
Booth # 128

Website: www.isupportyouth.com

Contact: Sandi Lindgren

Phone: (612) 598-0774

Email: sandi@isupportyouth.com

Insure Duluth

ALLY SPONSOR

130 W. Superior Street • Suite 700 • Duluth, MN 55802
Booth # 200

Website: www.insureduluth.org

Contact: Megan Halena

Phone: (218) 336-5709

Email: megan.halena@insureduluth.org

Interim HealthCare

ALLY SPONSOR

332 W. Superior Street • Suite 204 • Duluth, MN 55802
Booth # 191

Website: www.interimhealthcare.com/duluthmn/home

Contact: James Landwehr

Phone: (218) 625-7465

Email: jlandwehr@interimduluth.com

Katherine's House

ALLY SPONSOR

426 Monroe Street • Eveleth, MN 55734
Booth # 171

Website: www.lotus-mn.com

Contact: Shelly Holmes

Phone: (218) 966-0712

Email: shelly@mahaakta.com

Keystone Treatment Center

ALLY SPONSOR

1010 E. 2nd Street • Canton, SD 57031
Booth # 108

Website: www.keystonetreatment.com

Contact: Ric Dean Staloch

Phone: (507) 600-0155

Email: ric.staloch@keystonetreatment.com

Kindred at Home

ALLY SPONSOR

925 E. Superior Street • 104 • Duluth, MN 55802
Booth # 197

Website: www.kindredhealthcare.com/locations/home-health/duluth-mn-2389

Contact: Heather Bjerketvedt

Phone: (218) 723-8999

Email: heather.bjerketvedt@gentiva.com

Lake Superior College

ALLY SPONSOR

2101 Trinity Road • Duluth, MN 55811
Booth # 134

Website: www.lsc.edu

Contact: Alicia Musselman

Phone: (218) 733-7759

Email: alicia.musselman@lsc.edu

Lake Superior Community Health Center

ALLY SPONSOR

4325 Grand Avenue • Duluth, MN 55807
Booth # 157

Website: www.lschc.org

Contact: Jessie Peterson

Phone: (218) 336-3503

Email: jpeterson@lschc.org

Lakeplace Retreat Center

ADVOCATE SPONSOR

25704 County Road 338 • Bovey, MN 55709
Booth # 90

Website: lakeplacecenter.com

Contact: Dennis Medved

Phone: (218) 994-1194

Email: dennis@lakeplacecenter.com

Lakeside Manor/McCarthy Manor Assisted Living

ALLY SPONSOR

4831 London Road • Duluth, MN 55804
Booth # 170

Website: www.lakesidemanormn.com

Contact: Lindsey Martinson

Phone: (218) 525-2784

Email: bmartinson@lakesidemanormn.com

Legal Aid Service of Northeastern Minnesota

ALLY SPONSOR

424 W. Superior Street • Ordean Building, Suite 302
Duluth, MN 55802
Booth # 21

Website: lasnem.org

Contact: Heather Lindula

Phone: (218) 735-6003

Email: hlindula@lasnem.org

Leo A. Hoffmann Center, Inc.

ADVOCATE SPONSOR

1715 Sheppard Drive • PO Box 60 • St. Peter, MN 56082
Booth # 88

Website: www.hoffmanncenter.org

Contact: Gene Taylor

Phone: (507) 934-6122

Email: gtaylor@hoffmanncenter.org

Life House

ALLY SPONSOR

102 W. 1st Street • Duluth, MN 55802
Booth # 24

Website: www.lifehouseduluth.org

Contact: Eric Lutz

Phone: (218) 722-7431 ext 114

Email: eric.lutz@life-house.org

Lifeway Mobility

ALLY SPONSOR

563 Shoreview Park Road • Shoreview, MN 55126
Booth # 190

Website: www.lifewaymobility.com

Contact: Blair Ferguson

Phone: (651) 462-3444

Email: becky@lifewaymobility.com

Lifeworks Services, Inc.

ADVOCATE SPONSOR

2965 Lone Oak Drive • Suite 160 • Eagan, MN 55121
Booth # 80

Website: www.lifeworks.org

Contact: Emily Rohrer

Phone: (651) 454-2732

Email: eRohrer@lifeworks.org

Lighthouse Center for Vision Loss

ADVOCATE SPONSOR

4505 W. Superior Street • Duluth, MN 55807
Booth # 56

Website: www.LCFVL.org

Contact: Mary Skinner Junnila

Phone: (218) 624-4828

Email: mjunnila@LCFVL.org

Little Sand Group Home

ALLY SPONSOR

PO Box 40 • Remer, MN 56672
Booth # 110

Website: www.littlesandgrouphome.com

Contact: Noreen Anderson

Phone: (218) 566-2342

Email: noreenlsg@gmail.com

LSS of MN Adoption and Foster Care

ALLY SPONSOR

424 W. Superior Street • #502 • Duluth, MN 55802
Booth # 100

Website: www.lssmn.org

Contact: Angie Ealy

Phone: (218) 821-9156

Email: angie.ealy@lssmn.org

LSS of MN Disability Services

ALLY SPONSOR

1605 Eustis Street • St. Paul, MN 55108
Booth # 101

Website: www.lssmn.org/services/people-with-disabilities

Contact: Angie Ealy

Phone: (218) 821-9156

Email: angie.ealy@lssmn.org

LSS of MN NuVantage

ALLY SPONSOR

424 W. Superior Street • #502 • Duluth, MN 55802
Booth # 102

Website: www.NuVantage.org

Contact: Angie Ealy

Phone: (218) 821-9156

Email: angie.ealy@lssmn.org

Lutheran Social Service of Minnesota

ADVOCATE SPONSOR

2485 Como Avenue • St. Paul, MN 56401
Booth # 99

Website: www.lssmn.org

Contact: Angie Ealy

Phone: (218) 821-9156

Email: angie.ealy@lssmn.org

Mankato Rehabilitation Center, Inc. (MRCI)

ADVOCATE SPONSOR

15 Map Drive • Mankato, MN 56001
Booth # 81

Website: www.MRCICDS.org

Contact: Julie Lux

Phone: (507) 386-5745

Email: jlux@MyMRCI.org

Maple Lake Recovery Centers

ALLY SPONSOR

207 Division Street E. • PO Box 308 • Maple Lake, MN 55358
Booth # 148

Website: www.mlrecovery.org

Contact: David Smith

Phone: 763-228-7108

Email: dsmith@mlrecovery.org

McLeod Treatment Programs, Inc.

ALLY SPONSOR

1065 – 5th Avenue SE • Hutchinson, MN 55350
Booth # 1

Website: www.mcleodtreatmentprograms.org

Contact: Susan Ann Devereaux

Phone: (320) 587-9790

Email: sdevereaux@mcleodtreatmentprograms.org

MEDICA

CHAMPION SPONSOR

401 Carlson Parkway • Minnetonka, MN 55305
Booth # 68 & 69

Website: www.medica.org

Contact: Beatriz Helena Martinez

Phone: (952) 992-3720

Email: Beatriz.Martinez@medica.com

Melrose Center

ALLY SPONSOR

3525 Monterey Drive • St. Louis Park, MN 55416
Booth # 6

Website: Melroseheals.com

Contact: Cindy Schallock

Phone: (952) 993-6200

Email: schalc@parknicollet.com

Meridian Behavioral Health

ALLY SPONSOR

550 Main Street • #190 • New Brighton, MN 55112
Booth # 111

Website: www.meridianprograms.com

Contact: Scott Ampe

Phone: (320) 247-1882

Email: scott.ampe@meridianprograms.com

Middle River Health and Rehabilitation Center

ALLY SPONSOR

8274 E. San Road • South Range, WI 54874
Booth # 156

Website: www.avantihs.com/page/middle-river-health-and-rehabilitation-center-south-range-wi

Contact: Kat Warner

Phone: (715) 398-3523

Email: katrinaw@avantihs.com

Mid-Range Chemical Dependency Services, Inc.

ALLY SPONSOR

522 E. Howard Street • Suite 101 • Hibbing, MN 55746
Booth # 19

Website: www.mid-rangecds.org

Contact: Amanda Clark

Phone: (218) 262-0860

Email: a.clark@mid-rangecds.org

Midwest Medical/Rx Express

ADVOCATE SPONSOR

8400 Coral Sea Street NE • Mounds View, MN 55112
Booth #106

Website: Midwest-medical.com

Contact: Tina M. Lawrence

Phone: 763-780-0100

Email: tinalawrence@swiftconnect.com

Minneapolis VA Suicide Prevention

ALLY SPONSOR

1 Veterans Drive • Minneapolis, MN 55417
Booth # 175

Website: www.veteranscrisisline.net

Contact: Jessica Faue

Phone: (612) 364-6149

Email: jessica.fae@va.gov

Minnesota Adult and Teen Challenge

ADVOCATE SPONSOR

740 E. 24th Street • Minneapolis, MN 55404
Booth # 52

Website: www.mntc.org

Contact: Cara Keinanen

Phone: (218) 740-5508

Email: cara.keinanen@mntc.org

Minnesota Assistance Council for Veterans

ALLY SPONSOR

5209 Ramsey Street • Duluth, MN 55807
Booth # 116

Website: www.mac-v.org

Contact: Paul Pederson

Phone: (218) 722-8763

Email: ppedersen@mac-v.org

Minnesota Brain Injury Alliance

ALLY SPONSOR

2277 Highway 36 West • Suite 200 • Roseville, MN 55113
Booth # 199

Website: www.braininjurymn.org

Contact: Kayla Reiningger

Phone: (218) 353-8700

Email: kaylar@braininjurymn.org

Minnesota Department of Health – Immunizations

ALLY SPONSOR

625 Robert Street N. • St. Paul, MN 55164
Booth # 176

Website: www.health.state.mn.us/immunize

Contact: Kristin Hardy

Phone: (651) 201-3549

Email: kristen.hardy@state.mn.us

Minnesota Department of Human Services

ALLY SPONSOR

540 Cedar Street • PO Box 64977 • St. Paul, MN 55101
Booth # 151

Website: mn.gov/dhs

Contact: Julie Jacobson

Phone: (651) 431-3461

Email: julie.a.jacobson@state.mn.us

Minnesota Disability Determination Services

ALLY SPONSOR

121 E. 7th Place • 300 • St. Paul, MN 55120
Booth # 109

Website: www.ssa.gov

Contact: Tanya Heitzinger

Phone: (651) 259-7835

Email: tanya.heitzinger@ssa.gov

Minnesota Disability Law Center

ALLY SPONSOR

306 W. Superior Street • 403 Alworth Building
Duluth, MN 55802

Booth # 166

Contact: Dianne Naus

Phone: (218) 464-9007

Email: denaus@mylegalaid.org

Minnesota Judicial Branch 6th Judicial District

ALLY SPONSOR

100 N. 5th Avenue W. • #320 • Duluth, MN 55802
Booth # 189

Website: www.mncourts.gov/Help-Topics/DrugCourts.aspx

Contact: Lindsay Snustad

Phone: (218) 733-2720

Email: lindsay.snustad@courts.state.mn.us

Minnesota Merit System

ALLY SPONSOR

PO Box 64997 • St. Paul, MN 55164-0997
Booth # 198

Contact: Pam Hughes

Website: agency.governmentjobs.com/mnmeritsystem

Phone: (651) 431-3030

Email: dhs.merit.system@state.mn.us

Minnesota Social Service Association (MSSA)

ADVOCATE SPONSOR

125 Charles Avenue • St. Paul, MN 55103
Booth # 83

Website: www.mnssa.org

Contact: Christina Zeise

Phone: (651) 644-0556

Email: czeise@mnssa.org

Minnesota Veterans Home – Silver Bay

ALLY SPONSOR

56 Outer Drive • Silver Bay, MN 55614
Booth # 113

Website: mn.gov/mdva/homes/silver-bay

Contact: Joyce Scott

Phone: (218) 353-8700

MN Association for Children's Mental Health

ALLY SPONSOR

23 Empire Drive • St. Paul, MN 55114
Booth # 204

Website: www.macmh.org

Contact: Rachael Jacques

Phone: (651) 644-7333

Email: rgacques@macmh.org

MN Board of Social Work

ALLY SPONSOR

2829 University Avenue SE • 340 • Minneapolis, MN 55414
Booth # 162

Website: mn.gov/boards/social-work

Contact: Michelle Kramer-Prevost

Phone: (612) 617-2100

Email: social.work@state.mn.us

MN Council on Disability

ALLY SPONSOR

121 E 7th Place • Suite 107 • St. Paul, MN 55101
Booth # 142

Website: www.disability.state.mn.us

Contact: Linda Gremillion

Phone: 651-361-7805

Email: linda.gremillion@state.mn.us

MN Dept of Human Services

ALLY SPONSOR

540 Cedar Street • St. Paul, MN 55155
Booth # 181

Website: mn.gov/autism

Contact: Nicole Berning

Phone: (651) 402-2394

Email: nicole.berning@state.mn.us

MN DHS State Medical Review Team

ALLY SPONSOR

540 Cedar Street • St. Paul, MN 55110
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Contact: Carly Pederson

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Email: carly.pederson@state.mn.us

Mom's Meals

ADVOCATE SPONSOR

3210 SE Corporate Woods Drive • Ankeny, IA 50021
Booth # 43

Website: www.MomsMeals.com

Contact: Steve Houghton

Phone: (866) 825-6067

Email: steve.houghton@momsmeals.com

Monarch Healthcare Management

ALLY SPONSOR

7700 Grand Avenue • Duluth, MN 55807
Booth # 177

Website: Monarch Healthcare Management

Contact: Trilby Idzerda

Phone: (320) 266-0548

Email: tidzerda@monarchmn.com

NAMI Minnesota

ALLY SPONSOR

1919 University Avenue W. • Suite 400 • St. Paul, MN 55104
Booth # 127

Website: www.namimn.org

Contact: Beth Ringer

Phone: (651) 645-2948

Email: bringer@namimn.org

Narcotics Anonymous & NARANON

ALLY SPONSOR

PO Box 16934 • Duluth, MN 55816
Booth # 155

Website: www.naminnesota.org

Contact: Marvella Davis

Phone: (218) 390-5847

Email: marvela.davis@yahoo.com

National Association of Social Workers – MN Chapter

ALLY SPONSOR

2610 University Avenue W. • Suite 475 • St. Paul, MN 55114
Booth # 112

Website: www.naswmn.org

Contact: Shereen Reda

Phone: (651) 293-1935

Email: admin.naswmn@socialworkers.org

Nexus

CHAMPION SPONSOR

407 130th Avenue S. • Onamia, MN 56359
Booth # 70 & 71

Website: www.nexus-yfs.org

Contact: Joe Rubado

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Email: jrubado@nexus-mla.org

NHS–Northstar Specialized Services

ALLY SPONSOR

227 W. Lake Street • Chisholm, MN 55719
Booth # 26

Website: www.nhs-nss.com

Contact: Sharon Polcher

Phone: (218) 447-7170

Email: s.polcher@nhs-nss.com

North Homes Children and Family Services

ADVOCATE SPONSOR

1880 River Road • Grand Rapids, MN 55744
Booth # 82

Website: www.northhomesinc.org

Contact: Wade Chiodo

Phone: (218) 327-3000

Email: wade.chiodo@northhomes.org

Northeast Minnesota Office of Job Training

ALLY SPONSOR

820 N. 9th Street • Virginia, MN 55792
Booth # 178

Website: www.nemojt.org

Contact: Randy Back

Phone: (218) 735-6105

Email: Randy.back@nemojt.org

Northland AFC

ADVOCATE SPONSOR

5103 Ramsey Street • Duluth, MN 55807
Booth # 53

Website: northlandafc.com

Contact: Michael Boston

Phone: (218) 428-2416

Email: mike_coord@northlandafc.com

Northstar Behavioral Health

ALLY SPONSOR

1932 University Avenue W. • St. Paul, MN 55104
Booth # 18

Website: www.Northstarbehavioralhealthmn.com

Contact: Alicia House

Phone: (651) 328-7053

Email: alicia@northstarbhm.com

Northstar Problem Gambling Alliance

ALLY SPONSOR

1935 County Road B2 W. • Suite 420 • Roseville, MN 55113
Booth # 121

Website: NorthstaProblemGambling.org

Contact: Susan Sheridan Tucker

Phone: (612) 424-8595

Email: sst@northstarproblemgambling.org

Northwood Children's Services

ALLY SPONSOR

714 W. College Street • Duluth, MN 55812
Booth # 126

Website: www.northwoodchildren.org

Contact: Alex Heil

Phone: (218) 728-7164

Email: aheil@northwoodchildren.org

NUWAY

ADVOCATE SPONSOR

2217 Nicollet Avenue S. • Minneapolis, MN 55404
Booth # 42

Website: nuway.org

Contact: Monique Bourgeois

Phone: (651) 964-3680

Email: monique.bourgeois@nuway.org

Nystrom & Associates, Ltd

ADVOCATE SPONSOR

1900 Silver Lake Road • Suite 110 • New Brighton, MN 55112
Booth # 55

Website: www.nystromcounseling.com

Contact: Sue Vanek

Phone: (218) 202-1016

Email: svanek@nystromcounseling.com

One Roof Community Housing

ALLY SPONSOR

12 E. 4th Street • Duluth, MN 55805
Booth # 154

Website: www.1roofhousing.org

Contact: Jackie Kemp

Phone: (218) 461-4030

Email: jkemp@1roofhousing.org

Overeaters Anonymous Northern Serenity

Intergroup

ALLY SPONSOR

316 Prospect Avenue • Cloquet, MN 55720
Booth # 22

Website: www.aa.org

Contact: Cassandra Brissett

Phone: (218) 879-0320

Email: casey83156@yahoo.com

PAL Medical Systems, Inc

ALLY SPONSOR

508 SE 10th Street • Grand Rapids, MN 55744
Booth # 23

Website: palmedicalsystems.com

Contact: Wendy Chupurdia

Phone: (218) 326-9299

Email: pal2@uslink.net

PAVSA

ALLY SPONSOR

32 E. 1st Street • Suite 200 • Duluth, MN 55802
Booth # 140

Website: www.pavsa.org

Contact: Vanessa Lebens

Phone: (218) 726-1442

Email: vlebens@pavsa.org

Peace of Mind of Duluth, Inc.

ADVOCATE SPONSOR

1000 E. 1st Street • Suite #107 • Duluth, MN 55805
Booth # 46

Website: www.pomduluth.com

Contact: Lisa Anderson

Phone: (218) 428-3448

Email: lisa@pomduluth.com

PHHS – Child Foster Care Licensing

ALLY SPONSOR

320 W. 2nd Street • 5 W • Duluth, MN 55802
Booth # 12

Website: www.stlouiscountymn.gov/PHHS

Contact: Kathy Bergum

Phone: (218) 726-2242

Email: bergumk@stlouiscountymn.gov

Phoenix Recovery Programs

ALLY SPONSOR

2055 White Bear Avenue • Maplewood, MN 55109
Booth # 11

Website: phoenixrp.org

Contact: Stacy Overby

Phone: (651) 289-1205

Email: soverby@phoenixrp.org

Planned Parenthood of North Central States

CHAMPION SPONSOR

1001 E. Central Entrance • Suite 200 • Duluth, MN 55811
Booth # 74 & 75

Website: www.ppmns.org

Contact: Erin O'Daniel

Phone: (919) 632-9820

Email: eodaniel@ppmns.org

Port

ADVOCATE SPONSOR

PO Box 488 • Brainerd, MN 56401
Booth # 49

Website: www.portgrouphomes.org

Contact: Heather Kelm

Phone: (218) 454-7219

Email: hkelm@portgrouphomes.org

Positive Attitude Development Group, Inc

ADVOCATE SPONSOR

202 E. Superior Street • 200 • Duluth, MN 55802
Booth # 84

Website: www.Wildesbraincoach.com

Contact: Lyle Wildes

Phone: (218) 260-8601

Email: lyle@padgroup.org

Procentive / BillCare
ADVOCATE SPONSOR

2321 Jack Breault Drive • 100 • Hudson, WI 54016
Booth # 92
Website: procentive.com
Contact: Amanda Kaufmann
Phone: (715) 245-8000 ext 7321
Email: amanda.kaufmann@procentive.com

Project Turnabout
ALLY SPONSOR

660 18th Street • Granite Falls, MN 56241
Booth # 10
Website: www.projectturnabout.org
Contact: Leah Hargrave
Phone: (320) 564-4911
Email: ltrulock@projectturnabout.org

Proof Alliance (Formerly MOFAS)
ALLY SPONSOR

1876 Minnehaha Avenue W. • St. Paul, MN 55104
Booth # 182
Website: www.proofalliance.org
Contact: Shauna Feine
Phone: (651) 917-2370
Email: Shauna.feine@proofalliance.org

Protect Minnesota
ALLY SPONSOR

285 Dale Street • St. Paul, MN 55103
Booth # 123
Website: www.protectmn.org
Contact: Raphael Hankin
Phone: (612) 220-0120
Email: raphael@protectmn.org

Provide Care Inc
ADVOCATE SPONSOR

4722 Isanti Trail • P.O. Box 538 • North Branch, MN 55056
Booth # 89
Website: providecare.com
Contact: Michael Rod
Phone: (651) 674-8312
Email: mrod@providecare.com

Psychnew Creations
ALLY SPONSOR

6015 E. Superior Street • Duluth, MN 55804
Booth # 3
Contact: Jennifer White
Phone: (218) 464-4448
Email: jennifer@psychnewcreations.com

Qmedic
ALLY SPONSOR

44 School Street • Boston, MA 2108
Booth # 202
Website: www.qmedichealth.com
Contact: Alexandra Palamari
Phone: (877) 241-2244
Email: apalamari@qmedichealth.com

Quality Disability Services
ADVOCATE SPONSOR

PO BOX 3047 • Duluth, MN 55803
Booth # 87
Website: www.qualitydisabilityservices.com
Contact: Corinna Haag
Phone: (218) 454-2133
Email: corinnahqds@gmail.com

Range Mental Health Center
ALLY SPONSOR

624 13th Street S. • Virginia, MN 55792
Booth # 4
Website: www.rangementalhealth.org
Contact: Karri Schutte
Phone: (218) 749-2881
Email: accountspayable@rangementalhealth.org

Ready North
ALLY SPONSOR

222 E. Superior Street • 302 • Duluth, MN 55802
Booth # 179
Website: ReadyNorth.org
Contact: Michelle Morris
Phone: (218) 726-0232
Email: Mmorris@dsacommunityfoundation.com

Recover Health
ADVOCATE SPONSOR

2900 East Beltline • Hibbing, MN 55746
Booth # 37
Website: recoverhealth.org
Contact: Nicole Anderson
Phone: (218) 262-5887
Email: nianderson@recoverhealth.org

Recovering Hope Treatment Center
ADVOCATE SPONSOR

2031 Rowland Road • Mora, MN 55051
Booth # 86
Website: recoveringhope.life
Contact: Sadie Hosley
Phone: (320) 364-1300
Email: sadie@recoveringhope.life

Recovery Alliance Duluth
ALLY SPONSOR

230 W. Superior Street • #441 • Duluth, MN 55802
Booth # 117
Website: www.recoveryallianceduluth.org
Contact: Beth Anne Elstad
Phone: (218) 491-6205
Email: beth.e@recoveryallianceduluth.org

Red River Behavioral Health System
ADVOCATE SPONSOR

1451 44th Avenue S. • Unit A • Grand Forks, ND 58201
Booth # 40
Website: www.redriverbhs.com
Contact: Amber Jochem
Phone: (701) 388-3757
Email: amber.jochem@meridianprograms.com

REM Minnesota

ALLY SPONSOR

6600 France Avenue S. • Suite 500 • Edina, MN 55435
Booth # 122

Website: www.remminnesota.com

Contact: Ronna Butler

Phone: (218) 720-2995

Email: ronna.butler@thementornetwork.com

Residential Services, Inc (RSI)

ADVOCATE SPONSOR

2900 Piedmont Avenue • Duluth, MN 55811
Booth # 85

Website: www.residentialservices.org

Contact: Claire Farmer-Lies

Phone: (218) 740-7621

Email: claire.farmerlies@residentialservices.org

Residential Transitions, Inc.

ALLY SPONSOR

1221 Wayzata Boulevard • Wayzata, MN 55120
Booth # 9

Website: www.rti-mn.com

Contact: Erin Brunette

Phone: (651) 440-9116

Email: ebrunette@rti-mn.com

River Oaks of Minnesota

ALLY SPONSOR

17778 74th Place N. • Maple Grove, MN 55311
Booth # 144

Website: www.riveroaksmn.com

Contact: Jeff Krieg

Phone: (612) 860-5542

Email: jeff.krieg@riveroaksmn.com

Riverplace Counseling Center

ADVOCATE SPONSOR

6058 Highway 10 • Anoka, MN 55303
Booth # 94

Website: www.riverplacecenter.com

Contact: Sadie Benser

Phone: (763) 421-5590

Email: sadieb@riverplacecenter.com

Rogers Behavioral Health

ALLY SPONSOR

576 Bieleneerg Drive • Suite 180 • Woodbury, MN 55125
Booth # 17

Website: www.rogerbh.org

Contact: Katie Fitzgerald

Phone: (651) 485-5859

Email: Kathryn.fitzgerald@rogerbh.org

RS EDEN

ALLY SPONSOR

1025 Portland Ave • Minneapolis MN 55404
Booth # 207

Website: www.rseden.org

Contact: Daniel Salazar

Phone: 612-338-0723

Email: dsalazar@rseden.org

RSI Laboratories

ALLY SPONSOR

1931 W. Broadway • Minneapolis, MN 55411
Booth # 174

Website: www.rsilaboratories.org

Contact: Amy Cushing

Phone: (612) 618-8461

Email: acushing@rseden.org

Rural AIDS Action Network

ADVOCATE SPONSOR

300 E. St. Germain Street • Suite 220 • St. Cloud, MN 56304
Booth # 96

Website: www.raan.org

Contact: Mary McCarthy

Phone: (320) 257-3036

Email: marym@raan.org

Rural Living Environments

ALLY SPONSOR

105 Central Boulevard • Babbitt, MN 55706
Booth # 120

Website: www.rurallivingmn.com

Contact: Donald Negley

Phone: (218) 305-4846

Email: dnegley@rurallivingmn.com

Safe Transitions

ALLY SPONSOR

3656 Front Street • Barnum, MN 55707
Booth # 180

Website: www.safetransitions.org

Contact: Lisa R Mikrot

Phone: (218) 878-1364

Email: lisa.mikrot@safetransitions.org

Sequel Youth and Family Services

ALLY SPONSOR

Woodward Academy-1251 334th Street • Woodward, IA 50276
Booth # 25

Website: www.sequelyouthservices.com

Contact: Angie Van Winkle

Phone: (641) 431-1355

Email: angie.vanwinkle@sequelyouthservices.com

Shriners Healthcare for Children – Twin Cities

ALLY SPONSOR

2025 E. River Parkway • Minneapolis, MN 55414
Booth # 125

Website: twincitiesshrinershealthcare.org

Contact: Sarah Van Petten

Phone: (612) 596-6204

Email: svanpetten@shrinenet.org

St. Ann's Residence

ALLY SPONSOR

330 E. 3rd Street • Duluth, MN 55805
Booth # 133

Website: www.stanns.com

Contact: Janet Lappy

Phone: (218) 727-8831

Email: jlappy@stanns.com

St. Louis County Extension Youth in Action

ALLY SPONSOR

A.P. Cook Building • 2503 Rice Lake Road
Duluth, MN 55811

Booth # 13

Website: yiamn.org

Contact: Elise J. Rigney

Phone: (218) 733-2899

Email: rigneye@stlouiscountymn.gov

St. Louis County Public Health

ALLY SPONSOR

320 West Second Street • Duluth, MN 55802

Booth # 208

Website: www.stlouiscountymn.gov

Contact: Theresa Roebke

Phone: 218-726-2115

Email: RoebkeT@stlouiscountymn.gov

St. Louis County Public Health & Human Services

ADVOCATE SPONSOR

320 W. 2nd Street • Duluth, MN, 55802

Booth # 67

Website: www.stlouiscountymn.gov/PHHS

Contact: Bonny Cook

Phone: (218) 726-2222

Email: phhs@stlouiscountymn.gov

St. Luke's

CHAMPION SPONSOR

915 E. 1st Street • Duluth, MN 55805

Booth # 72 & 73

Website: www.slhduluth.com

Contact: Melissa Burlaga

Phone: (218) 249-2988

Email: melissa.burlaga@slhduluth.com

St. Scholastica Monastery

ADVOCATE SPONSOR

1001 Kenwood Avenue • Duluth, MN 55811

Booth # 51

Website: retreatduluth.org

Contact: Dorene King

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Email: doreneking@hotmail.com

STAR Services

ALLY SPONSOR

1295 Bandana Boulevard N. • Suite 135 • St. Paul, MN 55108

Booth # 5

Website: www.starsvcs.com

Contact: Jennifer May

Phone: (651) 644-3140

Email: support@starsvcs.com

State of Minnesota Dept. of Corrections – WRML

ALLY SPONSOR

1000 Lakeshore Drive • Moose Lake, MN 55767

Booth # 118

Website: mn.gov/doc

Contact: Brian Hammers

Phone: (218) 485-5254

Email: Brian.Hammers@state.mn.us

The Arc Minnesota

ALLY SPONSOR

2446 University Avenue • Suite 110 • St. Paul, MN 55114

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Website: arcminnesota.org

Contact: Susan Sochacki

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Email: susansochacki@arcminnesota.org

The College of St. Scholastica

ADVOCATE SPONSOR

1200 Kenwood Avenue • Duluth, MN 55811

Booth # 98

Website: www.css.edu

Contact: Jordanne Hartman

Phone: (218) 723-5983

Email: jeven@css.edu@css.edu

The Duluth Bethel

ALLY SPONSOR

23 Mesaba Avenue • Duluth, MN 55806

Booth # 119

Website: www.duluthbethel.org

Contact: Lisa Fulton

Phone: (218) 740-3771

Email: lfulton@duluthbethel.org

The Emily Program

ALLY SPONSOR

1295 Bandana Boulevard W. • Suite 210

St. Paul, MN 55108

Booth # 146

Website: www.emilyprogram.com

Contact: Danielle Vincent

Phone: (651) 645-5323

Email: danielle.vincent@emilyprogram.com

The Guidance Group

ALLY SPONSOR

4897 Miller Trunk Highway • Suite 210

Hermantown, MN 55811

Booth # 188

Website: www.mnguidance.com

Contact: Dan Maki

Phone: (218) 576-5757

Email: dan@mnguidance.com

The Hills Youth and Family Services/Cambria Hills

ADVOCATE SPONSOR

4321 Allendale Avenue • Duluth, MN 55803-1599

Booth # 97

Website: www.TheHillsYFS.org

Contact: Erik Mattson

Phone: (218) 623-6200

Email: emattson@TheHillsYFS.org

The Inlet, LLC

ALLY SPONSOR

16621 County Road 14 • Elk River, MN 55330

Booth # 194

Contact: Joy E. Nadeau

Phone: (763) 807-9954

Email: nadeau_joy@hotmail.com

The North Shore Estates

ADVOCATE SPONSOR

7700 Grand Avenue • Duluth, MN 55807
Booth # 95

Website: monarchmn.com/the-north-shore-estates

Contact: Justin Teal

Phone: (218) 628-9116

Email: jteal@monarchmn.com

The Origins Program

ADVOCATE SPONSOR

3805 Grand Avenue S. • Minneapolis, MN 55409
Booth # 38

Website: www.originsonline.org

Contact: Roxanne Hable

Phone: (612) 822-3422

Email: roxanne@originsonline.org

The Retreat

ALLY SPONSOR

1221 Wayzata Boulevard E. • Wayzata, MN 55391
Booth # 169

Website: www.theretreat.org

Contact: Susan Ericson

Phone: (952) 476-0566

Email: sericson@theretreat.org

The Salvation Army

ADVOCATE SPONSOR

215 S. 27th Avenue W. • Duluth, MN 55806
Booth # 39

Website: centralusa.salvationarmy.org/northern/Duluth

Contact: Kristy Eckart

Phone: (218) 722-7934

Email: kristy_eckart@usc.salvationarmy.org

Therap Services, LLC

ALLY SPONSOR

1710 Luin Lane • Windsor Heights, IA 50324
Booth # 145

Website: www.therapservices.net

Contact: Jeff Mau

Phone: (515) 423-3263

Email: jeff.mau@therapservices.net

Therapeutic Services Agency

ALLY SPONSOR

220 Railroad Street SE • Pine City, MN 55063
Booth # 124

Contact: Jacquelyn Davoll

Phone: (218) 343-6196

Email: jdavoll@tsapc.net

Thomas Allen, Inc.

ADVOCATE SPONSOR

1550 Humboldt Avenue W. • St. Paul, MN 55118
Booth # 41

Website: www.thomasalleninc.com

Contact: Emily Willems

Phone: (651) 444-5433

Email: emilyw@thomasalleninc.com

Tranquility Incontinence Products

ALLY SPONSOR

20189 Pine Lake Road • Bowling Green, OH 43402
Booth # 14

Website: www.tranquilityproducts.com

Contact: Janet Firestone

Phone: (419) 352-1551

Email: jfirestone@pbenet.com

Trillium Services

ALLY SPONSOR

4629 Airpark Boulevard • Duluth, MN 55811
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Website: www.trilliumservice.com

Contact: Amanda Burcar

Phone: (218) 722-5009

Email: nhiredemarre@trilliumservice.com

UCare

ADVOCATE SPONSOR

500 Stinson Boulevard NE • Minneapolis, MN 55413
Booth # 50

Website: www.ucare.org

Contact: Josh Simenstad

Phone: (612) 294-5963

Email: jsimenstad@ucare.org

UMD Department of Social Work

ADVOCATE SPONSOR

1207 Ordean Court • 220 Bohannon Hall • Duluth, MN 55812
Booth # 36

Website: www.d.umn.edu/sw

Contact: Jackie Heytens

Phone: (218) 726-7854

Email: jheytens@d.umn.edu

University of St. Thomas School of Social Work

ALLY SPONSOR

2115 Summit Avenue • SCB 201 • St. Paul, MN 55105
Booth # 185

Website: www.stthomas.edu/socialwork

Contact: Cindy Lorah

Phone: (651) 962-5814

Email: cllorah@stthomas.edu

University of WI–Superior Social Work Program

ALLY SPONSOR

PO Box 2000 • Swenson Hall Room 3112
Superior, WI 54880

Booth # 141

Website: www.uwsuper.edu/acaddept/hbjd/socialwork/index.cfm

Contact: Mimi Larson

Phone: (715) 394-8436

Email: mlarson@uwsuper.edu

Vinland National Center

ALLY SPONSOR

3675 Ihduhapi Road • Loretto, MN 55357
Booth # 16

Website: www.vinlandcenter.org

Contact: Molly Gilbert

Phone: (763) 479-4525

Email: mollyg@vinlandcenter.org

**Volunteers of America —
Youth Residential Treatment**

ALLY SPONSOR

7625 Metro Boulevard • Minneapolis, MN 55439
Booth # 14

Website: www.voamn.org
Contact: Shelly Manke
Phone: (763) 753-2500
Email: smanke@voamn.org

VRI

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1400 Commerce Center Drive • Franklin, OH 45005
Booth # 205

Website: www.vricares.com
Contact: Kathy Woodworth
Phone: (217) 508-2865
Email: lwoodworth@vricares.com

Wellcome Manor Family Services

ALLY SPONSOR

114 W. Pleasant Street • Garden City, MN 56034
Booth # 15

Website: www.wellcomemanor.org
Contact: Scott Vaske
Phone: (507) 546-3295
Email: scott.vaske@wellcomemanor.org

Wellness in the Woods

ALLY SPONSOR

738 3rd Avenue NW • Eagle Bend, MN 56446
Booth # 8

Website: www.mnwitw.org
Contact: Jode freyholtz-London
Phone: (218) 296-2067
Email: jode @mnwitw.org

Whole Person Associates, Inc

ALLY SPONSOR

101 W. 2nd Street • Suite 203 • Duluth, MN 55802
Booth # 167

Website: WholePerson.com
Contact: Jack Kosmach
Phone: (218) 727-0500
Email: jack@wholeperson.com

WINGS

ALLY SPONSOR

1326 E. Ripley Street • Litchfield, MN 55355
Booth # 168

Website: www.wingsats.com
Contact: Jon Forsythe
Phone: (320) 593-0440
Email: wingspr@wingsats.com

Wisconsin Indianhead Technical College

ADVOCATE SPONSOR

600 N. 21st Street • Superior, WI 54880
Booth # 47

Website: www.witc.edu
Contact: Kristin Vesel
Phone: (715) 394-6677
Email: kristin.vesel@witc.edu

Yara Yoga

ALLY SPONSOR

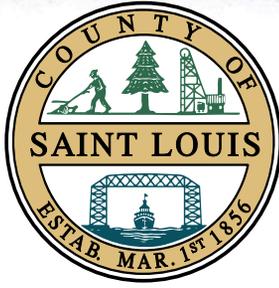
922 S. Lake Avenue • Duluth, MN 55802
Booth # 184

Website: yara.yoga
Contact: Amy Fogarty
Phone: (218) 390-9479
Email: hello@yara.yoga



CERTIFICATE OF ATTENDANCE

Approved by: Minnesota Board of Social Work #CEP-399



**St. Louis County
Health & Human
Services Conference**
October 9–11, 2019
at the DECC
Duluth, Minnesota

Write in workshop/ institute presentation title(s) you attended:

Time / CEU

Wednesday October 9, 2019

Session I Workshop _____ 2:30–4:00 pm (1.5 CEU)

Thursday, October 10, 2019

Session II Workshop _____ 8:30–10:00 am (1.5 CEU)

Keynote _____ 10:30–11:45 am (1.5 CEU)

Session III Workshop _____ 1:00–2:30 pm (1.5 CEU)

Session IV Workshop _____ 3:00–4:30 pm (1.5 CEU)

Friday, October 11, 2019

Session V Workshop _____ 8:30–10:00 am (1.5 CEU)

Session VI Workshop _____ 10:30–noon (1.5 CEU)

Your Name (please print)

MN Social Work
License Number

Signature

Michelle K. Nelson, Chair
St. Louis County Health &
Human Services Conference

This certificate should be kept for purpose of verification as requested by the various Boards. It is your responsibility to check the Conference Program content for the required clinical criteria expected for your Continuing Education Hours. Fill in the Workshop Title as you complete the session. Please retain this certificate for your records.

SAVE THE DATE:

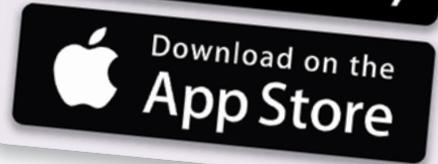
October 7-9, 2020
Wednesday–Friday

38TH ANNUAL ST. LOUIS COUNTY HEALTH & HUMAN SERVICES CONFERENCE

at the DECC • Duluth, Minnesota
www.stlouiscountymn.gov/hhsconference

DOWNLOAD THE CONFERENCE APP!

1. Go to either **Google Play** or the **Apple App Store** to download the *Crowd Compass Attendee Hub*.
2. Open the app and search for "St. Louis County."
3. Log in with your first name, last name, and email.
4. You'll receive a 4-digit code in your email to login and you are SET!



Michelle K. Nelson,
Conference Chair

Government Services Center
320 West Second St. 6 East
Duluth, Minnesota 55802-1495

Call: (218) 726-2248
NelsonM1@stlouiscountymn.gov

www.stlouiscountymn.gov

