37th ANNUAL ST. LOUIS COUNTY HEALTH & HUMAN SERVICES CONFERENCE

Wednesday through Friday
October 9–11, 2019
at the DECC in Duluth, Minnesota

www.stlouiscountymn.gov/hhsconference
The 37th annual St. Louis County Health and Human Services conference is made possible in large part to the generous support of these Champion Sponsors. These organizations provide services locally and across the region to help those in need. Please stop by and visit them in the Pioneer Exhibit Hall. They are also featured in our Mobile APP under the Champion Sponsors Icon.

**ALL OF US RESEARCH PROGRAM AT ESSENTIA HEALTH**
502 East 2nd Street · Mail Drop: 6AV-2 · Duluth, MN 55805 · Booths #60 – 61
Website: www.essentiahealth.org/allofus
Contact: Bridget Hart · Phone: (218) 576-0442
Email: bridget.hart@essentiahealth.org

**BLUE CROSS BLUE SHIELD OF MN AND BLUE PLUS**
3535 Blue Cross Rd · Eagan, MN 55121 · Booths #62 – 63
Website: www.bluecrossmn.com
Contact: Lynn Price · Phone: (651) 662-4377
Email: lynn.price@bluecrossmn.com

**DISABILITY HUB MN – DB101/HB101**
540 Cedar Street · Saint Paul, MN 55101 · Booth #64 – 65
Contact: Rajean Moone · Phone: (651) 235-0346
Email: rajean@rajeanmoone.com

**MEDICA**
401 Carlson Parkway · Minnetonka, MN 55305 · Booths #68 – 69
Website: www.medica.org
Contact: Beatriz Helena Martinez · Phone: (952) 992-3720
Email: Beatriz.Martinez@medica.com

**NEXUS**
407 130th Avenue S · Onamia, MN 56359 · Booths #70 – 71
Website: www.nexus-yfs.org
Contact: Joe Rubado · Phone: (320) 630-3507
Email: jrubado@nexus-mla.org

**PLANNED PARENTHOOD OF NORTH CENTRAL STATES**
1001 E Central Entrance Ste 200 · Duluth, MN 55811 · Booths #74 – 75
Website: www.ppmns.org
Contact: Erin O’Daniel · Phone: (919) 632-9820
Email: eodaniel@ppmns.org

**ST. LUKE’S**
915 East First Street · Duluth, MN 55805 · Booths #72 – 73
Website: www.silhduluth.com
Contact: Melissa Burlaga · Phone: (218) 249-2988
Email: melissa.burlaga@slhduluth.com
WELCOME!
132 WORKSHOPS • KEYNOTE SPEAKER • 199 EXHIBITS

The St. Louis County Health & Human Services Conference draws together 3,000 public and private sector practitioners for two days of training and networking while providing a forum for sharing innovative ideas, stretching perspectives and strengthening our communities.

ELLIE KRUG, CONFERENCE KEYNOTE SPEAKER

The author of Getting to Ellen: A Memoir about Love, Honesty and Gender Change (2013), Ellie has presented on diversity and inclusion to governmental entities, court systems, Fortune 100 companies, law firms, nonprofits, and colleges/universities on nearly 800 occasions. A hopeless idealist, Ellie has presented her human inclusivity training, “Gray Area Thinking®” across North America.

In 2016, Advocate Magazine named Ellie one of “25 Legal Advocates Fighting for Trans Rights.” She is a monthly columnist for Lavender Magazine and pens a widely-circulated monthly e-newsletter, The Ripple, that reaches 6000 people. Ellie views herself as an “Inclusionist” and founded an inclusion-oriented consulting and training company, Human Inspiration Works, LLC, in late 2016.

Ellie is also a weekly radio host; her show, “Ellie 2.0 Radio,” on AM 950 in the Twin Cities highlights idealism and how each of us can play a role in fostering positive change in the world. Ellie’s remaining life mission is to work for a more inclusive society for all humans, regardless of how many are considered “Other.”

EVENT SCHEDULE

WEDNESDAY, OCTOBER 9
12:00 – 4:00 PM  Registration is open!
2:30 – 4:00 PM  Session I Workshops
12:00 – 4:00 PM  Exhibit Hall is open

THURSDAY, OCTOBER 10
7:00 AM  Registration is open!
7:30 – 3:00 PM  Exhibit Hall is open
8:30 – 10:00 AM  Session II workshops
10:30 – 11:45 AM  Welcome/Music/Keynote

FRIDAY, OCTOBER 11
Exhibit hall closed
7:30 – 8:30 AM  Registration is open!
8:30 – 10:00 AM  Session V Workshops
10:30 – 12:00 PM  Session VI Workshops

Conference Social Networking Event
Thursday, October 10th • 5:30 – 7:30 pm
Light Appetizers • Cash Bar
Live Music by Big Wave Dave and the Ripples
(Read more about the band on page 9)

Find us at:
The new Clyde Iron Malting building
2907 Helm Street Duluth, MN 55806
(Next to Children’s Museum in West Duluth)

ST. LOUIS COUNTY HEALTH & HUMAN SERVICES CONFERENCE
Advocate Sponsors are featured in the Pioneer Exhibit Hall and Conference Mobile APP under the Advocate Sponsor Icon. They provide a wide array of services within the Human Service Industry and their ongoing support of the conference is a vital component to its successful history. Please stop by and visit them in the Pioneer Exhibit Hall.

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RURAL AIDS ACTION NETWORK
www.raan.org • Booth # 96

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www.stlouiscountymn.gov/phhs • Booth # 67

ST. SCHOLASTICA MONASTERY
retreatduluth.org • Booth # 51

THE COLLEGE OF ST. SCHOLASTICA
www.css.edu • Booth # 98

THE HILLS YOUTH & FAMILY SERVICES/ CAMBIA HILLS
www.TheHillsYFS.org • Booth # 97

THE NORTH SHORE ESTATES
monarchmn.com/the-north-shore-estates
Booth # 95

THE ORIGINS PROGRAM
www.originsonline.org • Booth # 38

THE SALVATION ARMY
salvationarmynorth.org/community/duluth
Booth # 39

THOMAS ALLEN, INC.
www.thomasalleninc.com • Booth # 41

UCARE
www.ucare.org • Booth # 50

UMD DEPARTMENT OF SOCIAL WORK
www.d.umn.edu/sw • Booth # 36

WISCONSIN INDIANHEAD TECHNICAL COLLEGE
www.witc.edu • Booth # 47
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<td>Deidre Quinlan, LICSW, Trainer, Circle of Security International; Annie Krohn, MSW, Social Work Coordinator, St. Louis County Public Health &amp; Human Services</td>
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<td>Tonia Villegas, Early Childhood Education; Jonathan McCormick, Briana Lind, Deb Nelson, Laura Polaske and Barb Hultman, all from St. Louis County Public Health &amp; Human Services</td>
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<td>Community Circles</td>
<td>Roxanne Hable, MEd, Educational Consultant, The Origins Program; Jitendrapal Kundan, MSc, Executive Director and Consultant, The Origins Program</td>
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<td>How Informed Choice and Person Centered Practices Lead to Competitive Integrated Employment</td>
<td>Ryan Merz, MPP, Employment Coordinator, Minnesota Department of Human Services; Linda Wolford, MS, Interagency Coordinator, Minnesota Department of Human Services; Beth Grube, Benefits Planning Coordinator, Minnesota Department of Human Services</td>
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<td>Social Security Disability: The Facts VS the Myths</td>
<td>Tanya Heitzinger, BA Criminal Justice, MA Organization Management, Relations Officer, Minnesota Disability Determination Services; Sarah Dicks, BA MA, Medical Relations Officer, Minnesota Disability Determination Services</td>
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<td>Music Therapy Explained</td>
<td>Jody Tucker, MA Music Therapy, Owner/Music Therapist, Access Music Therapy, LLC; Callie Hensler, MA Music Therapy, Music Therapist, Access Music Therapy, LLC</td>
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<td>Chad McKenna, Master’s, Field Representative, AFSCME Council 5</td>
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<td>Integrated Healthcare in Rural Areas: A Strategy for Patient Centered Care and Improved Outcomes</td>
<td>Shelly Richardson, DSW, LICSW, Chair, Social Work Department, The College of St. Scholastica; Carin Mizera, DSW, LICSW, Associate Professor, MSW Program Director, The College of St. Scholastica; Mary Ann Marchel, PhD, Professor, The College of St. Scholastica</td>
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<td>Crisis Response: Caring for the Whole Person</td>
<td>Michelle Buhler, BA in Sociology, Crisis Response Mental Health Practitioner, Fond Du Lac Behavioral Health; Dawn Ammesmaki, MBA, Mental Health Case Manager, Fond Du Lac Human Services, Behavioral Health Dept.; Max Bowman, BA, Adult Rehabilitative Mental Health Services Worker, Fond Du Lac Human Services – CAIR</td>
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<td>Juniper*: Fostering Cross-Sector Collaboration and Improving Health Outcomes</td>
<td>Georgia Lane, MSW, Senior Program Developer, Arrowhead Area Agency on Aging; Paula Woischke, MS Gerontology, Juniper Program Developer, Central MN Council on Aging</td>
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<td>The Epidemic Gripping Today’s Teens: E-cigarette and Tobacco Addiction</td>
<td>Amanda Casady, Bachelor’s of Applied Science, Health Promotions Manager, American Lung Association in Minnesota; Alicia Randall, BS, Public Health Educator I, St. Louis County Public Health &amp; Human Services; Jill Doberstein, Master’s of Advocacy, Tobacco Cessation Program Supervisor, Essentia Health</td>
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<td>Compassionate Consistency: Respectful Screening and Care of Abuse Victims After Acute Care</td>
<td>Jennifer Baumann, RN, Sexual Assault Nurse Examiner, Strangulation Expert Witness, ASN RN and Sane-A Sane-P Trainer, PAVSA/Essentia OBGYN Ambulatory Clinic RN; Sara Mclniell, Medical Director Of PAVSA APNP, PAVSA</td>
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<td>Dr. Arlene Garcia, EDD, CT Center For Counseling And Education, LLC</td>
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<td>PTSD in the Veteran Community</td>
<td>Kris Walden, MSW, LICSW, Readjustment Counselor, Duluth Vet Center; Chris Roemhildt, MSW, Readjustment Counselor, Duluth Vet Center; Andrew Meyer, Veteran Outreach Program Specialist, Duluth Vet Center</td>
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<td>Can’t Arrest Our Way Out, Then What? Police Departments’ Role in the Opioid Crisis</td>
<td>Jessica McCarthy, Opioid Program Technician, Duluth Police Department; Jeff Kazel, Commander – Lake Superior Drug And Violent Crimes Task Force</td>
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Circle of Security Parenting
Chronese Creek
Compassion is one of the most powerful tools available to help people heal from trauma. Come learn about the power of compassion imbued in Circle of Security parenting, and learn how you can impact the families you work with by gaining a modest understanding of how this model works. We’ll share success stories we’ve experienced while using Circle of Security parenting, and hope you leave this workshop with a clear sense of how the circle changes you, and how a change in you can bring change to others.

Child Care Assistance and Licensing 101
French River 1
This introductory session will provide helpful information on child care assistance, child care licensing, and legal non-licensing child care within St. Louis County. Various elements of child care assistance will be covered, such as billing forms and eligibility, as well as information on what legal non-licensed care is, how to become an LNL provider, who to contact, and more.

Community Circles
French River 2
Community and trust don’t occur simply by coming together and following the schedule. They are built deliberately, piece by piece, through every encounter between one person and another. Unlike chance encounters in the hall, or lunch conversations, or even teacher-led classroom discussions, a community circle provides a place where encounters can be carefully orchestrated. And, it’s all in the structures. Learn the proven Developmental Designs structure of the Circle of Power and Respect (CPR). Community circles, when carefully implemented on a regular basis, give students an ongoing opportunity to build strong, trusting relationships with peers and adults.

How Informed Choice and Person Centered Practices Lead to Competitive Integrated Employment
Gooseberry Falls 1
Join us to discover best practices to support people with disabilities in making informed decisions about employment. This interactive session will address what informed decisions look like as well as strategies to address common concerns—including how employment and benefits work together. Hear stories from people with disabilities who have overcome barriers to be competitively employed and how this impacts their lives. A better informed decision results in better outcomes. To get to more informed decisions using person centered practices about employment, come to this session!

Social Security Disability: The Facts VS the Myths
Gooseberry Falls 2
Do you find it hard to separate fact from fiction when it comes to Social Security Disability? Do you have a lot of unanswered questions, like: Is everyone denied the first time? and Why does it take so long to receive a decision? This session will discuss the process used to assess disability claims and correct common misconceptions. We will also provide tips on how you can help your patients/clients apply and go through the disability application process.

Continued

ST. LOUIS COUNTY HEALTH & HUMAN SERVICES CONFERENCE
Music Therapy Explained

Gooseberry Falls 3

Learn the basics of the music therapy profession including its history, development, and progress. Discover how music therapy helps people increase their coping skills, regulate emotions, build social effectiveness, find joy through making music, and much more. Learn about research informed clinical interventions, music therapy best practices, and participate in the experiential. In addition, find out more about Access Music Therapy: our mission, service, and growth as a company.

Unions and Making Change in Human Services

Harborside 202

Many of us who work on the front lines in Minnesota’s health and human services sector are union members, and unions can successfully advocate for both the populations we serve and for better public policy. In this workshop, we’ll have a discussion about how unions can be positive change makers and how they can ensure the services that their members provide are fully funded and effectively administered.

Integrated Healthcare in Rural Areas: A Strategy for Patient Centered Care and Improved Outcomes

Harborside 203

How the United States delivers healthcare is changing. One key shift is the move away from traditionally siloed care that addresses physical health, mental health, and substance use disorders separately. The new healthcare model focuses on the whole person, looking at these issues (physical and mental health, substance use, etc.) as interrelated. This workshop provides an opportunity to hear from a panel of speakers on how to cost-effectively provide patient-centered care: better care with better outcomes.

Crisis Response: Caring for the Whole Person

Harborside 204

Deaths by suicide have increased 25 percent nationwide since 1999, according to the Centers for Disease Control and Prevention. Minnesota’s rate is even higher: the report shows a 40 percent increase in suicide here. Learn how the Fond du Lac Band of Lake Superior Chippewa (FLD) Behavioral Health Program is tackling this suicide crisis. The FDL now offers mobile crisis services that focus on immediate safety and “whole person wellness” counseling.

Juniper®: Fostering Cross-Sector Collaboration and Improving Health Outcomes

Harborside 205

Juniper® is a statewide network that encourages people to take charge of their health in their homes and communities. This presentation will include information on networks of local leaders, community organizations, health systems, and payers who are helping people better manage their health, prevent diseases, and improve balance. Participants will learn how partnerships between health systems, health plans, and community organizations empower individuals to create a new culture of wellness. Hear personal stories of impact, successes, and challenges. Together, we can do more!

The Epidemic Gripping Today’s Teens: E-cigarette and Tobacco Addiction

Harborside 301-302

Walking into a neighborhood school, you wouldn’t be hard pressed to find a student who uses (or knows a student who uses) today’s most prevalent addictive substance among teens: e-cigarettes. In this session, we’ll discuss current tobacco trends in Minnesota and the factors surrounding this health epidemic. Other topics include risk factors for addiction, co-occurring mental health disorders, and substance abuse. Finally, participants will gain helpful strategies to educate and empower youth. We want to reverse this tobacco trend!

Compassionate Consistency: Respectful Screening and Care of Abuse Victims after Acute Care

Harborside 303

Victims of abuse often fly under the radar. They may present to the ER for sexual assault exams or for injuries as a result of an abusive relationship, but may not pursue follow-up care in a clinical setting. There’s a definite disconnect between acute care and important follow up in a primary or OBGYN setting for sufferers of abuse. This presentation will take a holistic approach, encouraging compassionate mindful communication in order to close that gap and improve care for victims of abuse.

Code Switching: To Thine Own Self Be True

Harborside 304

Code switching is an adaptive behavior that is often used by people of color to advance, adapt, and exist in white spaces. In a world where oppression and discrimination exist, code switching is seen as a protective act as well as one that negates racial identity. During this session, participants will learn about the concept of code switching and racial identity development, the social advantages and disadvantages (as seen by people of color), and examples evident in art forms such as music and poetry.

PTSD in the Veteran Community

Harborside 305

Please join us for this important session! Presenters will discuss many topics, including the diagnostic criteria of PTSD, differential diagnoses, treatment options, and available resources for veterans and their families. We’ll also include a brief description of the Duluth Vet Center and what services and resources we offer.

Can’t Arrest Our Way Out, Then What? Police Departments’ Role in the Opioid Crisis

Lake Superior Ballroom “J”

We will take a look at National programs that are working to assist those with opioid use disorder post overdose, as well as an in depth look at the opioid response program within the Duluth Police Department. The opioid response program reaches out to folks who have experienced overdoses and assists them in ongoing case management and peer recovery support to access stabilization services. Our presentation will include overdose statistics within the Lake Superior Drug and Violent Crime Task Force area, as well as from the opioid response program to determine what is working, and what to do moving forward.

Wake Up and Live – Motivation You Can Use!

Lake Superior Ballroom “K”

Do you wake up each morning thinking, “How can I get out of work today?” Many people feel this way, stuck in the daily grind of eat, work, sleep, and repeat. This session will teach you how to free yourself from that mindset and be energized every day with meaningful, balanced goal setting. All participants will have the opportunity to create a personal goal “vision board” that they can take with them for display at work or home. Consider this session a mini-retreat. We want you to leave with meaningful goals about work, family, finances, health, and yes, fun!
An Integrated Approach And Assessment Process For Co-Occurring Disorders

Lake Superior Ballroom “L”

Substance use disorders and mental health disorders, according to the DSM-V, are not uncommon in the population of individuals being served in the treatment setting. Genesis Recovery Services, LLC has taken a proactive approach in how to approach, assess and integrate those with co-occurring disorders into the recovery environment through the comprehensive assessment/diagnostic assessment process.

Compassion Fatigue/Secondary Traumatic Stress: A Journey from “Someone Else’s Blues” to “We Can Still Smile”

Lake Superior Ballroom “MN”

Compassion fatigue/secondary traumatic stress [CF/STS] is the emotional, physical, and personal response to empathic engagement with folks that are struggling and experiencing significant challenges in their lives—often referred to as the “emotional cost of caring”. This unique workshop combines powerpoint presentation and topic-specific live music to explore CF/STS and other human services workplace stressors and how we can ultimately experience “compassion satisfaction”, the key to thriving in the midst of this difficult work that we do. Real-time, on the job strategies will be examined, including self-awareness, self-regulation, emotional reflection and the elicitation and amplification of good work.

Dialectical Behavioral Therapy: Individual Therapy Component

Lake Superior Ballroom “O”

Join us for an introduction to the individual therapy component of Dialectical Behavior Therapy (DBT), including a demonstration of a chain analysis. We will also touch on what a comprehensive DBT therapy treatment program looks like.

Porn: Let’s Talk About It

Split Rock 1

Pornography is a real problem, and as youth access the internet at increasingly young ages, the internet becomes a way for them to fill in the gaps in what sex education they’ve been provided. The number of youth exposed to pornography continues to grow due to free and readily available pornography websites. In viewing these websites, youth can easily confuse violent, misogynistic, and degrading behavior as “normal” sexual behavior. Furthermore, much pornographic content doesn’t emphasize (or even convey) consent. In this session, we will discuss the prevalence at which children and adolescents access pornography and we’ll also provide information on how to start age-appropriate conversations about pornography, internet, and personal safety.

Power of Positive Connection

Split Rock 2

Big Wave Dave & the Ripples

SOCIAL NETWORKING EVENT FEATURED BAND

Big Wave Dave and the Ripples is a hard-hitting nine-piece band, playing funk/soul/blues/rock music, and comprised of a singer, rhythm section, and four piece horn section. This Duluth-based R&B/Rock/Soul band formed back in February 2011 but the goal and message of the band has always remained constant: play the music they love and get people on the dance floor.

The band is comprised of Big Wave Dave Adams (Vocals, Trumpet), Alex Piazza (Bass), Andy Olmstead (Guitar), Dave Mennes (Drums), David Rode (Trumpet), Alex Nordehn (Trombone), Steve Rogers (Tenor Sax), Matt Wasmund (Baritone Sax), and Brian Wells (Keys). Their music includes both covers and originals that are full of spirit and life. “Funk, soul and rock and roll” is the catchy descriptive phase used to encapsulate the dance-worthy music of the band.
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<td>Beth Grube, AA, Benefits Planning Coordinator, Minnesota Department of Human Services</td>
<td>Chester Creek</td>
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<tr>
<td>Braving the Intersections of Identity Development for Individuals who are Deaf, Hard of Hearing, or Deafblind</td>
<td>Karen Sheldon, MS, Mental Health Counselor for the Deaf and Hard of Hearing, Therapeutic Services Agency; Lori Vigessa, MS, Mental Health Counselor for the Deaf and Hard of Hearing, Therapeutic Services Agency</td>
<td>French River 1</td>
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<tr>
<td>IN•cluded: Inclusive Healthcare — Youth and Providers Empowered</td>
<td>Gina Farrell, MSW, Northeast Minnesota Education Manager, Planned Parenthood North Central States</td>
<td>French River 2</td>
</tr>
<tr>
<td>Family-Centered System of Care Approach in Behavioral Health Treatment Settings</td>
<td>Carmen Finn, MA, LADC, ADCR-MN, Clinical Director, Recovering Hope Treatment Center; Sadie Hosley, MA, LADC, LPCC, Executive Director, Recovering Hope Treatment Center</td>
<td>Gooseberry Falls 1</td>
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<tr>
<td>Substance Use Disorders and Cognitive Deficits</td>
<td>Thomas Bechers, BS, Clinical Supervisor, Vinland Center</td>
<td>Gooseberry Falls 2</td>
</tr>
<tr>
<td>There’s No Place Like Home</td>
<td>Kenndy Lewis, BSW and MS, Gerontology, MNchoices Assessor-Social Worker, St. Louis County Public Health &amp; Human Services; Janalee Reineke-Lyth, MOT, OTR/L, CCM, CEAS, CAPS, Access Specialist &amp; Project Manager, Accessibility Design, Inc.</td>
<td>Gooseberry Falls 3</td>
</tr>
<tr>
<td>Returning to our Roots: A Restorative Practices Approach to Healing Relationships</td>
<td>Troy Homstad, Master’s in Social Work, Restorative Justice Coordinator, Carlton County; Jordan Newsum, Bachelor’s in Community Psychology, Restorative Justice Social Worker, Carlton County</td>
<td>Harborside 202</td>
</tr>
<tr>
<td>Let’s Talk about Sex!</td>
<td>Meredith Kujala, BSW, Community Organizer/Advocate, ARC Northland</td>
<td>Harborside 203</td>
</tr>
<tr>
<td>Supportive Decision Making 101</td>
<td>Stacy Rodd, BS Psychology, MSW Student, Adult Intellectual Disability Case Manager, St. Louis County Public Health &amp; Human Services; Caryn Walters, Master’s in Counseling Psychology, Waiver Division Team Lead, St. Louis County Public Health &amp; Human Services</td>
<td>Harborside 204</td>
</tr>
<tr>
<td>Navigating Student Loans</td>
<td>April Sanderson, BA, Certified Student Loan Counselor, Lutheran Social Service of Minnesota</td>
<td>Harborside 205</td>
</tr>
<tr>
<td>The Power of the Heart’s Wisdom</td>
<td>Glenn Tobey, M. Div., MA in Management, Psychotherapist, Qigong Master, Private Practice; Katrina Tobey, Licensed Psychologist, Qigong Master</td>
<td>Harborside 301-302</td>
</tr>
<tr>
<td>Embracing Uncertainty</td>
<td>Phil Martin, BA Psychology, Social Worker, Goodhue County Health And Human Services</td>
<td>Harborside 303</td>
</tr>
<tr>
<td>The Blanket Exercise</td>
<td>Marsha Lue, EdD, TRIO SSS Advisor, Lake Superior College; Colleen Bernu, Bachelor in Science, Mission Developer, ELCA</td>
<td>Harborside 304</td>
</tr>
<tr>
<td>Flow: Create a Daily Practice to Control Your Time, Increase Productivity &amp; Live Fully</td>
<td>Josh Dye, Master’s in Public and Nonprofit Administration, President &amp; Founder, Convene Training + Nonprofit Community</td>
<td>Harborside 305</td>
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<tr>
<td>Developing an Appreciative Mindset in Our Work &amp; Our Lives</td>
<td>Robert Hartl, MA in Management, Associate Professor of Management, Director, MBA in Leadership &amp; Change, The College of St. Scholasitica; Antoinette Pearson, Ed.D, Assistant Professor of Management, Labovitz School of Business &amp; Economics, University of Minnesota Duluth</td>
<td>Lake Superior Ballroom “J”</td>
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<tr>
<td>Sober Squad</td>
<td>John Diver and Shandelle Friedman Co-Founders and Sober Squad Consultants</td>
<td>Lake Superior Ballroom “K”</td>
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<tr>
<td>Coach Approach: Skills to Enhance Your Work with Youth</td>
<td>Sandi Lindgren, PhD, MSW, Clinical Social Worker/Professional Coach, I Support Youth, LLC</td>
<td>Lake Superior Ballroom “L”</td>
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<tr>
<td>Speedballing 101 – Opioid and Methamphetamines</td>
<td>Marcia Gurno, MEd, Social Worker, St. Louis County Public Health &amp; Human Services; Matthew Johnson, MSW, LADC, Social Worker, St. Louis County Public Health &amp; Human Services</td>
<td>Lake Superior Ballroom “MN”</td>
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<tr>
<td>Thursday, October 10</td>
<td>Session II Workshops, continued</td>
<td>8:30–10:00 a.m.</td>
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<td>41 Creating Safe Spaces for Indigenous Youth in Canada</td>
<td>Mae Katt, MEd, PHCNP, HBCSCHN, Nurse Practitioner; Don Young, SW, Site Coordinator; Krysten Flottschad, BSCN, Nurse, all with Dennis Franklin Cromarty High School</td>
<td>Lake Superior Ballroom “O”</td>
</tr>
<tr>
<td>42 Life Sharing</td>
<td>Scott Schifsky, BA, Person-Centered/Positive Supports Coordinator, Minnesota Department of Human Services</td>
<td>Split Rock 1</td>
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<tr>
<td>43 St. Louis County Coordinated Entry System for Homeless Housing Programs</td>
<td>Rosalyn Horn, LSW, Housing Case Manager, The Salvation Army; Tessa Jacobson, BASW, Family Advocate, CHUM; Katie Danielson, BA, MSW, LGSW, Families In Transition, Coordinator, Duluth Public Schools ISD 709; Patricia Nadeau, Homeless Project Case Manager, Human Development Center; Elise Strader, Homeless Project Case Manager, Human Development Center; Valerie Joeckel, Advocate</td>
<td>Split Rock 2</td>
</tr>
<tr>
<td>44 Collaborative Safety Pilot Project Overview</td>
<td>Charles Young, BA, Positive Supports &amp; Collaborative Safety Lead, Minnesota Department of Human Services; Aric Gregg, MS</td>
<td>St. Louis River</td>
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</tbody>
</table>

23 Work. Benefits. You

Have you ever heard someone say, “I can’t work because I’m on benefits,” or “I can’t save money because I’m on SSI?” The good news is neither of those statements are true! Today, all disability benefits in MN support work by having special rules, called work incentives, that help people with disabilities get ahead when they work. Come to this session to get tools and learn more about how work incentives can help the people you serve.

24 Braving the Intersections of Identity Development for Individuals who are Deaf, Hard of Hearing, or Deafblind.

In this workshop, participants will explore how an individual with hearing loss prioritizes aspects of their identity and examine how spoken language access, visual communication proficiency, and community acceptance or isolation intersect with gender, race, socioeconomic status, and more. Furthermore, participants will learn about the physical and emotional barriers of trying to access communication and community, the benefits of belonging to a community of deaf and hard of hearing sign language users, the factors that cultivate resilient identity development, and the ways to celebrate the intersections that define them.

25 IN•cluded: Inclusive Healthcare — Youth and Providers Empowered

IN•cluded: Inclusive Healthcare — Youth & Providers Empowered is a ground-breaking educational program that addresses the sexual health disparities impacting lesbian, gay, bisexual, transgender, and queer (LGBTQ) youth across the United States. LGBTQ youth are disproportionately impacted by unintended pregnancy and STD rates, making this program a much-needed effort in the fight for LGBTQ equity and inclusion. This workshop will provide an overview of the In•cluded program and offer skill building techniques and resources for providers to offer affirming care for the young LGBTQ people they serve.

26 Family-Centered System of Care Approach in Behavioral Health Treatment Settings

This presentation will explore the intersection between substance use disorders and the family experience, impact of substance use on children, service delivery challenges, and improving outcomes through the use of family-centered systems of care.

27 Substance Use Disorders and Cognitive Deficits

This presentation will focus on how to work with populations that suffer from cognitive deficits and Substance Use Disorders. Through anecdotes, best practices and experiential activities, the participant will establish a base knowledge of how to engage and work more skillfully with adults with SUD’s and cognitive deficits.

28 There’s No Place Like Home

Home modifications and specialized equipment can enhance a person’s independence, safety and overall quality of life. The goal of a home modification is for a person to remain in their own home that has been customized to meet their assessed needs. The presentation will include information on the MnCHOICES assessment, environmental assessment, waivers, and briefly touch on the topic of the Veteran Administration home alterations process. The session will also address the home modification collaboration with the people we serve, the case manager, medical supply providers, contractors and home modification providers like Accessibility Design.

29 Returning to Our Roots: A Restorative Practices Approach to Healing Relationships

Restorative Practices is a community-based approach to addressing harm which focuses on restoring relationships, and encouraging accountability. This session will focus on the history and philosophy of Restorative Practices; Carlton County’s work with adults, juveniles, and schools for the past ten years; as well as training attendees in the Restorative Chat Intervention, which is a foundational skill in Restorative Practices.

30 Let’s Talk about Sex!

Did you know many adults with I/DD disabilities were pulled from their sex ed classes in school? Did you also know that people with intellectual disabilities have a high rate of sexual abuse? In this session we will discuss the importance of sexual education and healthy relationships for people with I/DD disabilities. We will briefly go through curriculum materials used to teach sex ed to people with disabilities and cover the importance of bringing awareness of this topic and getting the information in the community. Healthy sexual education is important for everyone no matter our differences! Both Katie and Meredith have decades of experience working with and advocating for people with disabilities.

Continued
Learn to look at social, organizational and personal health issues beyond your normal response to symptoms, by deeply exploring root causes of these issues. Thousands of people have benefitted from the practice of Spring Forest Qigong, a remarkable, comprehensive, integrated health practice that uses simple, experiential activities to cultivate a richer, more empowering, and loving way of life. Come to this workshop and find out about this wonderful way of living!

33 The Power of the Heart’s Wisdom

Harborside 301-302

Learn to experience and respond to the world around you in a more compassionate, calm, and transformative way by cultivating the wisdom of your heart.

Mary Bue
Musical Welcome

F ull intensity living without a second to take for granted — that is Mary Bue’s m.o. After moving to Minneapolis in 2016, she has found herself with the new band of her dreams and has an eighth album in the works to reflect that intense philosophy in its title track, The World is Your Lover. The world constantly provides us with opportunities to grow, change, and fall in love over and over. Every experience an opportunity to deepen.

Rising out of the trauma of sexual assault, divorce from her husband and bandmate, the opening and closing of her yoga studio, and venturing into an unknown future, Mary’s new album — full of power pop, piano dream waves, and layers of shimmery 90s-influenced guitar — defies and even proudly displays the battle scars.

A prolific songwriter with seven albums under her belt, Mary’s music touches upon archetypal themes of the human condition: love, loss, triumph, dreams, and the natural world. A student of yoga and psychology since her early teens, Mary weaves sacred subject matter into her songs with inquiries into the spirit, the seeking of deeper levels of consciousness, and deep concern for the environment all mixed into her sometimes crass, real-world hue.

For the early half of 2017 Mary was an Artist in Residence at the Wurlitzer Foundation in Taos, NM. She released her seventh project, The Majesty of Beasts, in May 2017 which landed on the Wurlitzer Foundation in Taos, NM. She released her seventh project, The Majesty of Beasts, in May 2017 which landed on the Minneapolis Star Tribune’s 2017’s Best of Minnesota Music list, and made #3 in the City Pages. Mary’s long-time support of PAVSA (Program for Aid to Victims of Sexual Assault) as well as the release of this EP was also recognized, honoring Mary with 2017 Community Ally of the Year.

36 Flow: Create a Daily Practice to Control Your Time, Increase Productivity & Live Fully

Harborside 305

Do you own your day or does the day own you? What progress are you making with your goals and priorities? Do you spend time the way you want, with people who bring you energy? Enough questions...it’s time for action. Specifically, it’s time to create your own daily practice so you can have focus and peace of mind, make progress on your life goals, increase your work productivity, and live life how you want. Learn how in this presentation!

37 Developing an Appreciative Mindset in Our Work & Our Lives

Lake Superior Ballroom J

This workshop is for those who work in the Children and Family Services division, and will help participants develop and apply an appreciative mindset to their work and relationships. Based on David Cooperrider’s groundbreaking theory of appreciative inquiry and other principles drawn from organization development, participants will practice applying the workshop lessons in interactive exercises.
Thursday, October 10

Session II Workshops, continued

8:30–10:00 a.m.

38 Sober Squad
Lake Superior Ballroom K
Come learn about Sober Squad, a recovery community made up of members of various 12-step and other recovery groups. The only requirement for membership is the desire to stop using; anyone who wants to live a better life can join. In this presentation, you'll hear recovery stories and learn how Sober Squad has helped its members. Furthermore, you'll learn more about the group in general — its mission, its volunteering and outreach, and its emphasis on fun, social activities as a way to build connections.

39 Coach Approach: Skills to Enhance Your Work with Youth
Lake Superior Ballroom L
Life coaching is an innovative approach to supporting clients, and although this workshop focuses on supporting youth, the skills learned in this session can be used with any client. Coaching is a strengths-based approach that empowers people to reach their potential by empowering clients to set meaningful goals and make their own choices. Research also indicates that youth who receive coaching have improved grades, better test scores, higher attendance rates, and increased confidence (and decreased behavioral issues and depression). Furthermore, coaching is a culturally responsive practice, and has success across the globe. Participants will leave this interactive workshop with practical tools and strategies to help them be more effective with any client they serve.

40 Speedballing 101 – Opioid and Methamphetamines
Lake Superior Ballroom MN
Americans constitute just five percent of the world’s population yet consume roughly 80 percent of the global opioid supply. And, did you know that methamphetamines are the second highest reason for treatment admissions in Minnesota? This workshop will give participants an overview of opioids and methamphetamines and provide information on the signs and symptoms of use, the stages of intoxication and withdrawal, recovery and treatment, and harm reduction options for addressing this crisis. Additionally, participants will learn introductory skills in screening and providing early intervention to individuals who are abusing these drugs or those who are at risk of abusing.

41 Creating Safe Spaces for Indigenous Youth in Canada
Lake Superior Ballroom O
The Dennis Franklin Cromarty High School in Thunder Bay, Canada, has created two programs to address opioid addiction and high-risk alcohol use in an Indigenous adolescent population. The school created an on-site Suboxone® program that eliminated opioid addiction in the school. A new program called a Safe Sober Place is a 6-bed house that monitors intoxicated youth until sober. The Safe Sober Site staff use the Hack Intoxication Index to assess level of intoxication and closely monitor the students. Rapid pace of alcohol ingestion has been identified as a risk factor. Students with complex mental health conditions receive wrap-around care with clinical interventions and culture as foundation to minimize risks and harm.

42 Life Sharing
Split Rock 1
MN-DHS is designing Life Sharing supports for interested people with disabilities and non-related families in Minnesota. Life Sharing will make it possible for a person with a disability to live with a non-related family and share experiences. This session will describe Minnesota’s vision for Life Sharing and what it is and what it is not. Participants will be encouraged to provide input as MN-DHS seeks to add this service to the variety of living options in Minnesota. Providers of Life Sharing will be present as the MN-DHS seeks to learn about, develop and shape Life Sharing supports for interested Minnesotans with disabilities.

43 St. Louis County Coordinated Entry System for Homeless Housing Programs
Split Rock 2
Do you work with families or single adults who may be homeless? Access to homeless housing has drastically changed in the past few years. We’ll look at the St. Louis County coordinated entry system and provide you with referral resources to assist your clients. This interactive session will take you through the process from beginning to end and connect you with resources and contact information. You’ll also hear from real clients about the difficult choices and confusion that homeless families face, and how this streamlined system will better assist households by fitting their needs.

44 Collaborative Safety Pilot Project Overview
St. Louis River Room
In May 2019, the Department of Human Services launched a pilot project with St. Louis, Blue Earth, and Hennepin counties to learn about and review the systemic influences of critical incidents (medication errors, wheelchair safety issues, and more) with the goal of reducing how often these occur moving forward. The pilot project utilizes the collaborative safety model used by the DHS Child and Family Services division to conduct child fatality and near-fatality reviews. This session will provide an overview of the collaborative safety model and any lessons learned to date during the pilot program.

Wednesday • 1:15–2:15 pm
Edmund Fitzgerald Hall

Colleen (Boss Mama) Myhre
MUSICAL WELCOME

Colleen has soul, and she pours it into every note. Her voice takes listeners on an emotional ride from smooth country heartbreak to foot stomping Americana blues and beyond. Myhre is a folk-country-blues singer/songwriter grounded in passionate and sincere family values.

In 2011 Myhre released Ride Of My Life. A review from the Duluth’s News Tribune reads, “Part Lucinda Williams and part Charlie Parr, Colleen Myhre’s gritty songwriting is as raw-hide tough as it is genuine. On stage, her rustic personality can entertain both honky tonk hard boiled regulars and tranquil coffee house crowds alike. Colleen Myhre has a low, full voice that is similar in timbre to Lucinda Williams.”

www.colleenmyhre.com
www.facebook.com/colleenmyhremusic
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<tr>
<th>Session III Workshops</th>
<th>1:00 – 2:30 p.m.</th>
<th>Location</th>
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<tbody>
<tr>
<td>45 Listening Matters: Quality Reviews and Recommendations</td>
<td>Zoey Leege, MS, Arrowhead Regional Quality Council Program Manager, Vocational Rehab Counseling, ARC Northland; Emily Mack, Bachelor's in Social Work, ARQC Quality Review Coordinator, ARC Northland; Kerri Leucuta, Bachelor’s of Science in Social Work, Regional 10 Quality Council Manager, ARC MN (Southeastern MN); Angie Guenther, Master's Degree in Public Health, Metro Regional Quality Council Manager, ARC MN (Greater Twin Cities); Dan Zimmer, Bachelor of Science: Park, Recreation, and Leisure Studies, State Quality Council Director, State Quality Council; Karen Larson, RN, Regional 10 Quality Council, ARC MN (Southeastern MN)</td>
<td>Chester Creek</td>
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<tr>
<td>46 W.I.C. History, Change &amp; What’s New!</td>
<td>Angela Straughter, Bachelor's in Science, RN, Public Health Nurse Sr., Certified Lactation Specialist, WIC Breastfeeding Coordinator, WIC Peer Breastfeeding Coordinator, Certified Lactation Specialist, St. Louis County Public Health &amp; Human Services; Beth Hanni, Bachelor in Science of Nursing, RN, Public Health Nurse Sr., WIC Breastfeeding Coordinator, WIC Peer Breastfeeding Coordinator, St. Louis County Public Health &amp; Human Services; Nikki Bennett, Public Health Educator II, Registered Dietician, Certified Lactation Consultant, St. Louis County Public Health &amp; Human Services; Brittany Lindstrom, Bachelor of Science in Community Nutrition, Public Health Educator II, St. Louis County Public Health &amp; Human Services</td>
<td>French River 1</td>
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<td>47 GA and MSA: Two Programs You Should Know More About</td>
<td>John Petroskas, JD, Policy Specialist, Minnesota Department of Human Services</td>
<td>French River 2</td>
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<td>48 Violence: Understanding Typologies and Risk Factors</td>
<td>Gerald Henkel-Johnson, PhD, Associate Professor, Licensed Psychologist, The College of St. Scholastica</td>
<td>Gooseberry Falls 1</td>
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<td>49 Supporting Transcultural and Transracial Placements in Permanency</td>
<td>Ed Morales, Director, MPP, MSW, Socorro Consulting</td>
<td>Gooseberry Falls 2</td>
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<td>50 Developing Your Relationship with DHS (HCBS) Licensing</td>
<td>Brittany Raddatz, BA, Senior Licensor, Minnesota Department of Human Services; Missy Loveday, Senior Licensor, Minnesota Department of Human Services</td>
<td>Gooseberry Falls 3</td>
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<td>51 People Have a Right to Make Bad Decisions: The ethics of self-determination</td>
<td>Mandy Lilly, MSW, Assistant Professor, University of Wisconsin – Superior</td>
<td>Harborside 202</td>
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<td>52 An Introduction to N.E.A.R. Science and the Building Self-Healing Communities Initiative</td>
<td>Julie Soderberg, MSW, Certified Ace Interface Presenter, Minnesota Communities Caring for Children; Cara Keinanen, Master's in Science – Mental Health Wellness and Prevention, Community Outreach Manager, MN Adult and Teen Challenge</td>
<td>Harborside 203</td>
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<tr>
<td>53 Your Best Life: Using Courage to Overcome Addiction</td>
<td>Rachel Phillips, MSW, LGSW, LADC, Therapist And Substance Use Disorder Counselor, Human Development Center; Phoenix Walker, BA in Organizational Behavior, LADC, Chemical Dependency Certificate with Specialty in Pharmaceutical Effects on the Body, Substance Use Disorder Counselor, Human Development Center</td>
<td>Harborside 204</td>
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<tr>
<td>54 Breaking the Cycle of Jail and Homelessness</td>
<td>Kevin Fawcett, MA Criminal Justice Leadership, Executive Director, New Opportunities</td>
<td>Harborside 205</td>
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<tr>
<td>55 Substance Use Disorder Reform; An Overview of Changes Effecting the Delivery of Substance Use Disorder Services in Minnesota.</td>
<td>Marcia Gurno, MEd, Social Worker, St. Louis County Public Health &amp; Human Services; Greg Anderson, MSW, Former Social Services Supervisor, St. Louis County Public Health &amp; Human Services – Retired; Matt Johnson, MSW, Social Worker, St. Louis County Public Health &amp; Human Services; Beth Elstad, BA, Certified Recovery Specialist, Recovery Alliance Duluth</td>
<td>Harborside 301-302</td>
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</table>
45 Listening Matters: Quality Reviews and Recommendations

Over the last few years, there has been a movement towards person-centered thinking, planning and practices. How do we determine what impact this has on the quality of life for people who are receiving waivered services? Currently, the Minnesota State Quality Council, as well as other Regional Quality Councils in the state are working to answer this question. Over the last two years, the Regional Quality Councils have interviewed hundreds of people who receive home and community based services (HCBS) in Minnesota. Presenters from the Arrowhead Regional Quality Council, Region 10 Quality Council, and the Metro Regional Quality Council will share findings from these interviews and their recommendations for quality improvements based on these findings. Members of the State Quality Council will give an overview of how they are pulling it all together at the state level.

46 W.I.C. History, Change & What’s New!

This presentation will review the history of nutrition in the U.S., with a focus on how implementing a scientific and nutrition based program can have a positive impact on a group of individuals. WIC was created to address malnutrition concerns among pregnant woman, infants, and young children. Today, its supplemental foods and client education methods are quite different. We’ll look at those supplemental food changes and the scientific-based assessment and evaluation procedures utilized in WIC to achieve healthy outcomes through patient-centered services. We’ll also introduce the latest technology designed to make WIC more widely accessible and user-friendly.

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<td><strong>56</strong> Embracing Epilepsy through Life’s Triumphs and Trials</td>
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<tr>
<td>Lisa Peterson, MSE Reading Education, BS Elementary Education, Minors: Early Childhood and Adaptive Education – Special Education, Regional Coordinator – Northern MN, Epilepsy Foundation Of Minnesota; Lawaine Longen, BS Women Studies And American Indian Studies, MSW, Child Protection Social Worker, St. Louis County Public Health &amp; Human Services; Bob Kuster, Received MN AVTI Heavy Equipment Operator and Class B Commercial Drivers License with Passenger Endorsement, Menards; Roxane Schmitz, AA Science, RN, Population Health, Essentia Health; Desiree Gregorich, AA in Veterinary Technology, Independent Consultant – Copper Leader, Tastefully Simple</td>
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<td><strong>57</strong> Making Planful Placement Decisions (Part 1)</td>
<td>Harborside 304</td>
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<tr>
<td>Devon Gilchrist, MSW, Agency Foster Care Policy Specialist, Minnesota Department of Human Services</td>
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<td>Debra J Dewitz, MSW, LICSW, Family Resource Consultants</td>
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<td><strong>59</strong> Transgender 101</td>
<td>Lake Superior Ballroom J</td>
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<td>Ellie Krug, Juris Doctor, President and Founder, Human Inspiration Works, LLC</td>
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<tr>
<td><strong>60</strong> Moving Up and Out</td>
<td>Lake Superior Ballroom K</td>
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<tr>
<td>Annie Krohn, MSW, Social Work Coordinator, St. Louis County Public Health &amp; Human Services; Elizabeth Siebenaler, MSW, Social Worker, St. Louis County Public Health &amp; Human Services; Terri Laflamme, MSW, Social Worker, St. Louis County Public Health &amp; Human Services; Meredith Kujala, Community Organizer Self Advocates Of MN (SAM), ARC Northland; Mary Holschuh, Guardian, St. Louis County Public Health &amp; Human Services</td>
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<td><strong>61</strong> It’s OK To Call Us Queer and Other Things To Know About Us (Part 1)</td>
<td>Lake Superior Ballroom L</td>
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<tr>
<td>Kathy Hermes, BS in Science Education, Program Coordinator, Lutheran Social Service; Khayman Goodsky, Program Facilitator, Lutheran Social Service; LSS Interns/Volunteers/Program Participants,trans+ Friends, Family And Allies Members, LGBTQIA2s Community Members</td>
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<tr>
<td><strong>62</strong> Too Young, Too Old: Ageism in the Workforce</td>
<td>Lake Superior Ballroom MN</td>
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<td>John Lukach, MSW, Training Specialist, Standard Four LLC</td>
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<td><strong>63</strong> BOLD-Choice Theatre Company presents: “Bloom” (Part 1)</td>
<td>Lake Superior Ballroom O</td>
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<td>Annie Roseen, Bachelor of Arts, BOLD-choice Theatre Company, CHOICE, Unlimited; BOLD-choice Theatre Company, 30 Person Theatre Company Cast, CHOICE, Unlimited</td>
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<tr>
<td><strong>64</strong> Participatory Racial Dialogue (Part 1)</td>
<td>Split Rock 1</td>
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<td>Arlene Garcia, EdD, LCSW, Founder, CT Center for Counseling and Education; Kevin Skwira-Brown, MSW, LGSW, Partner/Trainer, Cultural Fluency Associates LLP</td>
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<tr>
<td><strong>65</strong> Taming the Wild West: New Assisted Living Regulatory Framework</td>
<td>Split Rock 2</td>
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<td>Rajean Moone, PhD, LNHA, FGSA, Faculty Director, University of Minnesota</td>
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<tr>
<td><strong>66</strong> Developing a Person-Centered Community of Practice</td>
<td>St. Louis River</td>
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<tr>
<td>Kelly Sather, MSW, LICSW, Supervisor, St. Louis County Public Health &amp; Human Services; Brandon Hendrickson, BA, Staff Development Director, Residential Services Inc.; Jennifer Steger, BA, Program Director, Trillium Inc.</td>
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GA and MSA: Two Programs You Should Know More About

French River 2

General Assistance (GA) and Minnesota Supplemental Aid (MSA) are important income support programs that help low-income single adults live better lives in our communities. Knowing how GA and MSA work can improve your ability to connect people with these valuable resources. This workshop will cover eligibility, benefit amounts, and information on how GA and MSA interact with other programs. You’ll have time to ask questions.

Violence: Understanding Typologies and Risk Factors

Gooseberry 1

It’s no secret violent issues take center stage in the news and our daily conversations. This presentation will present the various types of violence, including sexual, nonsexual, instrumental (planned), and reactive. Participants will learn the primary as well as the more “mythical” risk factors, and therapeutic and lifestyle factors which can reduce risk.

Supporting Transcultural and Transracial Placements in Permanency

Gooseberry 2

Transracial, transcultural permanency options present unique challenges that are often poorly supported by existing infrastructure. In this session, we’ll explore these challenges and how workers and systems can address them to better support children, adolescents and families in transracial and transcultural placement.

Developing Your Relationship with DHS (HCBS) Licensing

Gooseberry 3

DHS license holders with a 245D or adult day center license will learn what to expect during licensing reviews and other contact times with DHS Licensing, how to prepare and respond to licensing reviews, and how to develop and enhance your relationship with your DHS licensor.

People Have a Right to Make Bad Decisions: The ethics of self-determination

Harborside 202

Self-determination is a foundational concept in social work but also laden with potential conflicts. This seminar seeks to discuss the considerations for supporting choice in an ambiguous social landscape. Participants will identify their own biases that impact their perceptions of choice in various ethical situations and case studies. The goal of the workshop is to learn to honor client self-determination despite the contexts of personal and professional influences and solidify ethical practice.

An Introduction to N.E.A.R. Science and the Building Self-Healing Communities Initiative

Harborside 203

The adverse childhood experiences (ACE) study findings represent a paradigm shift in human understanding of the origins of physical, social, mental, and societal health and well-being. With scientific evidence, we now know that disease and disability, learning and productivity problems, and early death have their roots in the cumulative neurodevelopmental impacts of ACEs. This presentation provides introductory information about the ACE study, along with neurobiology that explains why and how ACEs affect people’s lives. We’ll use a guided activity used for fostering community resiliency to increase participant understanding and facilitate shared learning within our communities.

Your Best Life: Using Courage to Overcome Addiction

Harborside 204

Historically, substance use disorder treatment has involved limited interventions in which clients are unable to maintain their long term sobriety. During this presentation, attendees will learn more about proven long term supportive recovery models that encourage choice, hope, and connection. We will discuss the importance of client preference, ethical treatment, and readiness for change. We will also demonstrate programming that begins with pre-contemplation and ends with long term recovery.

Breaking the Cycle of Jail and Homelessness

Harborside 205

What comes to mind when we think of the homeless population? It may often be substance abuse, criminal behavior, mental health and incarceration. Unfortunately, people who are homeless are often treated from a criminal justice viewpoint: as criminals. But jail is not working. It is time to examine the way we work with homeless people and begin to identify alternative solutions. This workshop will separate the criminal component from responsibility factors, helping providers break the cycle of homelessness.

Substance Use Disorder Reform: An Overview of Changes Affecting the Delivery of Substance Use Disorder Services in Minnesota.

Harborside 301-302

In 2017, Minnesota enacted legislation to reform treatment services for Substance Use Disorder (SUD), which will streamline access to least restrictive treatment options, and offer reimbursement for some services which were previously non-reimbursable. Come find out more about direct access to treatment vs Rule 25 and the primary roles and qualifications of a treatment coordinator, LADC, and peer recovery specialist. Learn how St. Louis County has prepared for this system overhaul by organizing a collaborative of regional providers and stakeholders.

Embracing Epilepsy through Life’s Triumphs and Trials

Harborside 303

Be inspired as you meet some of the faces of the 1 out of 26 people affected by epilepsy. This will be a panel session comprised of individuals and family members who will share their journey of embracing epilepsy through life’s triumphs and trials. Although epilepsy is the most common neurological condition in children and the fourth most common in adults after migraines, stroke, and alzheimer’s, epilepsy is still misunderstood. Learn how to recognize and respond to the most common types of seizures and how people are being “bravely human” by living their best life with epilepsy.

Making Planful Placement Decisions (Part 1)

Harborside 304

Making the decision to place a child in foster care is one of the most challenging tasks a social worker has to perform and requires the consideration of a number of factors. In this interactive workshop, we’ll look at how our personal and professional experiences shape our values and affect our placement decisions, as individuals and as those working within welfare organizations. We’ll also examine strategies for engaging and considering relative and kinship foster care placement options to maintain familial connections and achieve successful permanency outcomes for children in care. Finally, we’ll discuss how child welfare best practice and policy guides the placement decision making process.
The Many Layers of Child Welfare Ethics: A unique and honest look (Part 1)

Harborside 305

To be ethical, ethics presentations must tell us how to do our work, but also take a hard look at where we fall short. We work in this field because we are passionate about helping children, but we also know that child welfare work is done with too few dollars, too few staff, too few services for families, and too many clients. We do the best we can, but we often have to cut corners. We don’t like to think about that, but we must. In this workshop, we’ll look at the code of ethics and why it is not as simple as it sounds, examine how “the system” sees child welfare problems, and identify why some “solutions” don’t work. A few case examples will be included, too.

Transgender 101

Lake Superior Ballroom J

What does it mean to be transgender? How can others who aren’t “trans” (the technical title is “cisgender”) be welcoming? Is being trans just a choice? Against the backdrop of these questions, Ellen (Ellie) Krug will address what it means to come to understand that one’s gender identity isn’t a choice, how trans and gender nonconforming people navigate coming out, and the challenges of living in a binary society, where one’s sex is assigned at birth. This discussion is critical, as many counselors and therapists are treating trans/gender nonconforming patients without receiving any formal trans 101 training.

Moving Up and Out

Lake Superior Ballroom K

Come for a panel discussion from self-advocates who have moved out of corporate foster care into their own apartment/homes. Panelist (self-advocates, parents/guardians, case managers, and providers) will share their experience, discuss how to balance risk with safety, and describe what support looks like for them to be successful.

It’s OK To Call Us Queer and Other Things To Know About Us (Part 1)

Lake Superior Ballroom L

This presentation is part of the educational outreach done by Lutheran Social Service’s Together for Youth, a social support group for lesbian, gay, bisexual, transgender, queer, questioning, intersex, two spirit, and allied youths. Participants will gain a deeper understanding of the challenges young people face, from living life in the closet to being out and proud. In addition to personal stories, topics covered will include presumed heterosexuality, heterosexual privilege, cisgender privilege, homophobia, transphobia, micro-aggressions, micro-affirmations, and the important role of allies. Emphasis will be placed upon trans identities, policy protections, and more considerate workplace practices.

Too Young, Too Old: Ageism in the Workforce

Lake Superior Ballroom MN

Ageism has a measurable effect on workplace morale. And age discrimination is not just a problem for older professionals; it also affects young adults entering the workplace environment. In this workshop, we’ll examine how our own stereotypes about age influence us — as practicing social workers. Through interactive discussion we will share our stories, challenge biases, and learn how to foster inter-generational collaboration in the workplace.

BOLD-Choice Theatre Company presents: “Bloom” (Part 1)

Lake Superior Ballroom O

The award winning BOLD-choice Theatre Company and its cast of 30 individuals —with and without disabilities— present their latest original production Bloom. This original play is the coming of age story about Lily, a young person with a disability in the 1960s. Bloom highlights some of our country’s painful history with division, but it also showcases the way individuals and movements rebelled and laid the foundation for change and inclusion. The play reflects the breadth of the human experience—from frustration and powerlessness to humor and hope. You’ll be moved and informed by this original screenplay.

Participatory Racial Dialogue (Part 1)

Split Rock 1

Talking about race, whiteness, privilege and oppression can be hard. In this session, we’ll discuss these topics safely by participating in a proven discussion structure that fosters deeper learning and safer sharing. Participants in this session will first gather in Racial Caucus groups—groups which share similar racial experiences. Then, participants will be given the opportunity to engage in intercultural dialogue facilitated by a cross-racial and cross-gender team. Come ready to share your questions and your insights.

Taming the Wild West: New Assisted Living Regulatory Framework

Split Rock 2

In 2018 the Star Tribune highlighted instances of abuse and neglect in assisted living locations. Coupled with a legislative auditor’s report, significant changes were proposed in the 2019 legislative session, changes which will radically alter assisted living in the state. This session will deconstruct the new assisted living regulatory framework.

Developing a Person-Centered Community of Practice

St. Louis River

This session will look at person-centered practices from an agency and county level. Presenters will share the successes and challenges they’ve encountered while working to improve person-centered practices within their agencies. Furthermore, discussion will focus on what has been done, where we are at, and where we are going.
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<td>Rebekah Overby, BA, MSW Student and Graduate Research Assistant, University of Minnesota Duluth, Department of Social Work; Gwendolyn Anderson, PhD, Assistant Professor, University Of Minnesota Duluth, Department Of Social Work; Sara Niemi, Master's in Mental Health Counseling, Executive Director, PAVSA</td>
<td>Chester Creek</td>
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<td><strong>68</strong> The QPR Skillset</td>
<td>Steve Hansberry, BS, Outreach Associate, Wellness in the Woods; Jode Freyholtz London, Executive Director, Wellness in the Woods</td>
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<td><strong>69</strong> Learn About EEG Brain Activity Readings, Brain Plasticity and Qualitative Lifestyle Changes</td>
<td>Lyle Wildes, Master’s, Brain Coach, Positive Attitude Development Group, Inc.; Michael Merzenich, PhD, Brain Researcher</td>
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<td><strong>70</strong> Public Assistance 101</td>
<td>Heather Larson, Bachelor in Business Management, Public Assistance Supervisor; David Courtright, PA Trainer; Jolene Jamnick, PA Trainer; Mark Trimble, PA Trainer; and Tonia Villegas, Early Childhood Education, all with St. Louis County Public Health &amp; Human Services</td>
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<td><strong>71</strong> The Stonewall Generation hits retirement: Experiencing aging in the LGBT and HIV+ Contexts</td>
<td>Phil Duran, Director of Advocacy, Research, and Education. JustUs Health; Dylan Flunker, Policy and Research Manager, MPP, JustUs Health</td>
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<td><strong>72</strong> Craving more: Binge Eating and Compulsive Overeating</td>
<td>Hilmar Wagner, Master’s in Public Health – Nutrition (MPH), Registered/Licensed Dietitian (RDN, LN), Nutrition Coordinator, Clinical Outreach Specialist, The Emily Program</td>
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<td><strong>73</strong> Lessons I have Learned from the Children</td>
<td>Brianna Evans, MSW, LGSW, St. Louis County Public Health &amp; Human Services</td>
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<td><strong>74</strong> The Opioid Epidemic, My Story of Survival</td>
<td>James Marthaler, MA in Clinical Psychology, Supervisor, Mental Health Professionals, Children’s Mental Health, Rice County Social Services</td>
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<td><strong>75</strong> After it Hits the Fan: Preparing Staff for Workplace Crises for Youth</td>
<td>David Swenson, PhD, Psychologist, The College of St. Scholastica; Anjie Dreiling, MSW, Supervisor, Children &amp; Families Division, St. Louis County Public Health &amp; Human Services</td>
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<td><strong>76</strong> When Grief is Complicated: Applying Positive Psychology to Promote Resilience</td>
<td>Gina Dixon, MA, Licensed Psychologist, Program Manager, Essentia Health Grief Support Services</td>
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<td><strong>77</strong> Our Own Voices, Our Own Stories: The Adult Korean Adoptee Experience</td>
<td>Shawyn Lee, PhD MSW LGSW, Assistant Professor, University of Minnesota Duluth; Kyah Altiere, MSW LISW, Counselor, Clearpath Clinic; Julie Kim, MSW LICSW, Counselor University of Minnesota Duluth Counseling Services; Laura Johnson, MBA, Senior Alumni Engagement Officer, The College of St. Scholastica</td>
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<td><strong>78</strong> Human Rights in Social Work</td>
<td>Sandra van den Bosse, MSW, BSW Program Director and Instructor, University of Minnesota Duluth, Chair – City of Duluth Human Rights Commission</td>
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<td><strong>79</strong> Making Planful Placement Decisions (Part 2)</td>
<td>Devon Gilchrist, MSW, Agency Foster Care Policy Specialist, Minnesota Department of Human Services</td>
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<td><strong>81</strong> The ABC’s of Disability: Raising Awareness, Eliminating Barriers &amp; Shaping Culture</td>
<td>Gaelynn Tressler, Bachelor’s in Political Science, Musician, Public Speaker, Disability Advocate, Gaelynn Lea Music</td>
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<td><strong>82</strong> Recovery Alliance Duluth: Inspire. Connect. Recover</td>
<td>Beth Elstad, BA, Co-Founder, Certified Peer Recovery Specialist, Recovery Alliance Duluth; Julie Gehlen, BS, Co-Founder, Peer Recovery Specialist, Recovery Alliance Duluth</td>
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<td><strong>83</strong> It’s Ok to Call Us Queer and Other Things to Know about Us (Part 2)</td>
<td>Kathy Hermes, BS in Science Education, Program Coordinator, Lutheran Social Service; Khayman Goodsky, Program Facilitator, Lutheran Social Service; LSS Interns/Volunteers/Program Participants,Trans+ Friends, Family And Allies Members, LGBTQIA2s Community Members</td>
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Housing Support in Long-term Homeless Supportive Housing Settings

Jensina Rosen, MSW, Homeless and Housing Program Specialist, St. Louis County Public Health & Human Services; Jeremy Gailey, Agency Policy Specialist, Minnesota Department of Human Services—Housing & Supports Division; Jessie Kowarsch, LTH Case Manager, Range Transitional Housing; October Allen, LTH Supportive Housing Provider, Grace Place

Lake Superior Balloon Room MN

BOLD-choice Theatre Company Presents: Bloom (Part 2)

Annie Rosene, Bachelor of Arts, Bold-Choice Theatre Company’s “Bloom,” BOLD-choice Theatre Company, CHOICE, Unlimited; 30 person Theatre Company Cast, BOLD-choice Theatre Company, CHOICE, Unlimited

Lake Superior Balloon Room 0

Participatory Racial Dialogue (Part 2)

Arlene Garcia, EdD, LCSW, Founder, CT Center for Counseling and Education; Kevin Skwira-Brown, MSW, LGSW, Partner/Trainer, Cultural Fluency Associates LLP

Split Rock 1

Compassion Fatigue Care: The Missing Element in Trauma–Responsive Care

Stacy Overby, MS, LADC, CCTP, CCFP, Program Director, Phoenix Recovery Programs

Split Rock 2

Management Culture

Denise Moreland, MA – Public Administration, BA – Psychology, Religion, Author, Trainer, Consultant, LifeGuides owner, LifeGuides

St. Louis River

67 Barriers in Seeking Support for Sexual Violence: Perspectives of Survivors and Service Providers

Chester Creek

This presentation will cover research findings about survivors of sexual violence and information about services provided by PAVSA. Interview findings suggest that community-level barriers may prevent survivors from seeking supportive services. Other barriers identified were relationships and Intimate Partner Violence (IPV), internalized blame, and minimization of trauma. While survivors had positive interactions with advocates and Sexual Assault Nurse Examiners (SANE) nurses, they expressed hesitation in seeking additional support (outside of sexual assault staff). PAVSA staff will highlight their key services and programs and discuss their work to alleviate barriers for survivors, create awareness in the community, and disrupt harmful beliefs and myths about sexual assault through community education.

68 The QPR Skillset

French River 1

Employers, schools, and faith communities across Minnesota are pursuing basic suicide prevention skill sets. QPR is an evidence based program presented by a certified instructor that teaches the three point sequence of question-persuade-refer to identify, address, and help people at risk. This presentation, which uses video, PowerPoint, and handouts, will cover risk factors, how to ask someone if they are at risk, healthy responses to a stated interest or intent, and resolution skills. Attendees will also receive a skill set booklet and certificate of completion.

69 Learn About EEG Brain Activity Readings, Brain Plasticity and Qualitative Lifestyle Changes

French River 2

The PAD Group is doing EEG readings right here in Duluth as a partner with other brain researchers. We scan our breast, hearts, lungs to know the health of other organs, we can now identify over active or under active brain areas before working with them. Once we get to know the activity of a brain, we can work with the brain’s plasticity for changing the quality of that brain’s behavior. Learn more about the importance of identifying a brain’s health before working with that brain.

70 Public Assistance 101

Gooseberry Falls 1

Public assistance programs offer a wide variety of services. Knowing the basics helps those in our community achieve a better understanding of available programs and how to apply for assistance. A panel from SIC’s Public Assistance Department will share program knowledge and provide helpful insights into accessing and navigating this sometimes complex system. PA programs covered include: MN Family Investment Program (MFIP); Diversionary Work Program (DWP); Supplemental Nutrition Assistance Program (SNAP); General Assistance (GA); Medical Assistance (MA); Long-Term Care & Waiver Medical Assistance (LTC / WVR); County Burials; Housing Support; MN Supplemental Aid (MSA); Emergency Assistance (MA); Fraud Prevention (FP); and Childcare (CC).

71 The Stonewall Generation hits retirement: Experiencing aging in the LGBT and HIV+ Contexts

Gooseberry Falls 2

Every living person who, as an adult, was present for the Stonewall riots which launched the modern LGBTQ movement, is on Medicare and/or Social Security. Additionally, thirty years ago an HIV diagnosis was frequently equated with a short life span and an unpleasant death. But today, medications available to HIV-positive individuals give them the chance to live into their 60s, 70s, and beyond. As these distinct but sometimes overlapping populations, seek services as older adults are providers prepared to serve them well? This session will provide foundational information relevant to both groups, strategies for engaging LGBTQ older adults, and current figures on HIV through the lens of age, to equip providers for success.

72 Craving more: Binge Eating and Compulsive Overeating

Gooseberry Falls 3

When does overeating become a ‘problem’? When is obesity related to compulsive overeating or binge eating? How can you tell? This workshop will address these questions and more, providing a comprehensive overview of the ‘what’ and ‘what to do about it’ regarding compulsive overeating and the new DSM-5 diagnosis: binge eating disorder (BED). Research indicates that up to 30 percent of individuals seeking weight loss services struggle with eating disorders, meaning these eating-related issues are widespread. Open to clinicians who work with people struggling with weight-related issues or...
I have worked with children and their families for much of my life; as a mother of three, licensed parent educator, family preservation and reunification specialist, therapist, and for the past several years as a child protection intake social worker. In this workshop, I want to share valuable lessons I’ve learned from the children I’ve raised and worked with, and show how these lessons have influenced my social work practice. This workshop will combine current research and personal stories and give participants the opportunity to share what they have learned from some of the best teachers out there — children.

James Marthaler was diagnosed with a rare genetic illness for which the only known treatment was pain management...or opioids. As his illness worsened and his mental health deteriorated, his use of opioids turned from a way to manage pain to one of addiction and abuse. James lost nearly everything he cared about, but in 2006 a treatment was developed for his genetic illness and he began climbing out of his nightmare. James will openly share his story and his insights with the goal of shattering stereotypes, challenging beliefs, and discussing why the U.S. is ground zero for the opioid epidemic.

When Grief is Complicated: Applying Positive Psychology to Promote Resilience

Drawing on 25 years of experience supporting individuals, families and organizations following trauma and loss, this presentation will offer a developmentally sensitive understanding of common grief responses, as well as factors that complicate grief. We’ll also look at strategies that respectfully promote resilience among youth, families, and the professionals who serve them, using a positive psychology perspective. Participants will have the opportunity to share, discuss, and take part in hands on activities. My goal? To facilitate your confidence in being a supportive companion to those grieving the loss of a loved one by death, incarceration, or estrangement due to addiction, mental health issues, dementia or other complications.

Our Own Voices, Our Own Stories: The Adult Korean Adoptee Experience

International adoption has long been part of American history. As generations of children were removed from their families and cultures, adoption research quickly developed, moving from anecdotal stories by social workers to psychological frameworks rooted in theory. A major gap in the research is that most of it focuses on children and adolescents, and does not actually come from adoptee’s perspectives. Because of the uniquely high concentration of Korean adoptees in Minnesota, this workshop brings us the voices and stories of adult Korean adoptees. Using an attachment lens, panelists will share personal stories of the complexities associated with being adopted.

Managing public relations, the debriefing controversy, response to investigation, and resiliency considerations.

When Grief is Complicated: Applying Positive Psychology to Promote Resilience

Making the decision to place a child in foster care is one of the most challenging tasks a social worker has to perform and requires the consideration of a number of factors. In this interactive workshop, we’ll look at how our personal and professional experiences shape our values and affect our placement decisions, as individuals and as those working within welfare organizations. We’ll also examine strategies for engaging and considering relative and kinship foster care placement options to maintain familial connections and achieve successful permanency outcomes for children in care. Finally, we’ll discuss how child welfare best practice and policy guides the placement decision making process.

The Adult Korean Adoptee Experience

To be ethical, ethics presentations must tell us how to do our work, but also take a hard look at where we fall short. We work in this field because we are passionate about helping children, but we also know that child welfare work is done with too few dollars, too few staff, too few services for families, and too many clients. We do the best we can, but we often have to cut corners. We don’t like to think about that, but we must. In this workshop, we’ll look at the code of ethics and why it is not as simple as it sounds, examine how “the system” sees child welfare problems, and identify why some “solutions” don’t work. A few case examples will be included, too.

Making Planful Placement Decisions (Part 2)

The ABC’s of Disability: Raising Awareness, Eliminating Barriers & Shaping Culture

Gaelynn Lea will share her personal experience of living, loving, and working with a disability. She will discuss the barriers that those with disabilities still face and highlight activism efforts that help further the goal of equality for all. Gaelynn will also discuss why disability inclusion in the arts is so important and how the concept of ‘disability pride’ can help transform our culture.
Recovery Alliance Duluth: Inspire. Connect. Recover

Lake Superior Ballroom K

Recovery Alliance Duluth is an emerging recovery community organization created to support individuals seeking or maintaining recovery, to inspire hope, create connection, and eliminate stigma. In this workshop, participants will learn about the need and benefits of peer-based recovery support services, and the need to shift from an acute care model to a recovery-oriented system of care (ROSC). ROSC coordinates ongoing support for people seeking recovery from substance use disorder and addresses a broader range of support.

It’s Ok to Call Us Queer and Other Things to Know about Us (Part 2)

Lake Superior Ballroom L

This presentation is part of the educational outreach done by Lutheran Social Service’s Together for Youth, a social support group for lesbian, gay, bisexual, transgender, queer, questioning, intersex, two spirit, and allied youths. Participants will gain a deeper understanding of the challenges young people face, from living life in the closet to being out and proud. In addition to personal stories, topics covered will include presumed heterosexual, heterosexual privilege, cisgender privilege, homophobia, transphobia, micro-aggressions, micro-affirmations, and the important role of allies. Emphasis will be placed upon trans identities, policy protections, and more considerate workplace practices.

Housing Support in Long-term Homeless Supportive Housing Settings

Lake Superior Ballroom MN

Housing support (f.k.a. GRH) pays for room and board for seniors, for adults with disabilities who have low incomes, and for supplemental services in eligible settings to support an individual’s ability to maintain housing. Recipients of housing support may live in group settings (i.e. board and lodges) or community-based settings (i.e. long-term homeless [LTH] supportive housing). This workshop provides an introduction to the LTH supportive housing program in St. Louis County. Participants will learn more about housing support, different program models, and programmatic requirements. Providers will also share their experiences with the program, including successes and lessons learned.

The award winning BOLD-choice Theatre Company and its cast of 30 individuals —with and without disabilities— present their latest original production, Bloom. This original play is the coming of age story about Lily, a young person with a disability in the 1960s. Bloom highlights some of our country’s painful history with division, but it also showcases the way individuals and movements rebelled and laid the foundation for change and inclusion. The play reflects the breadth of the human experience—from frustration and powerlessness to humor and hope. You’ll be moved and informed by this original screenplay.

Talking about race, whiteness, privilege and oppression can be hard. In this session, we’ll discuss these topics safely by participating in a proven discussion structure that fosters deeper learning and safer sharing. Participants in this session will first gather in Racial Caucus groups—groups which share similar racial experiences—then, participants will be given the opportunity to engage in intercultural dialogue facilitated by a cross-racial and cross-gender team. Come ready to share your questions and your insights.

Trauma-Responsive Care: It’s vital to providing comprehensive mental health and substance use disorder care to our clients. But do we take time to care for ourselves in the process? Listening to traumatic stories day after day leaves a mark on any provider. How do we recognize that? What do we do when we do see it in ourselves or a co-worker? It’s important for us to correctly identify and address compassion fatigue, secondary trauma, and burnout, so our clients continue to receive top notch care.

Societies, organizations, families and work teams all have unique cultures that define how people are supposed to behave in order to belong and succeed. The same holds true within the ranks of management; this unique culture has a specific definition of how leaders ought to fill their roles. However, in too many organizations, management culture creates a toxic work environment. In fact, studies show that oftentimes people leave because of bosses, not because of organizations. Luckily, culture can be changed! This workshop will explore the culture of management and offer fresh ideas on how leaders and employees can create an inclusive, healthy workplace environment.

Susanna Gaunt

GUEST ARTIST

Working with a variety of mediums such as drawing, photography and printmaking, Susanna Gaunt analyzes the human condition through a philosophical and scientific lens and creates works that encourage curiosity and reflection.

A recent graduate from the University of Minnesota Duluth, Susanna received a BFA in Painting, Drawing and Printmaking, and holds a BA in Philosophy from Boston College. Her work has been exhibited in galleries and museums throughout the country. Susanna lives and works in Duluth, MN.

Susanna Gaunt was awarded an Arrowhead Regional Arts Council Career Development grant in 2018 to produce her exhibit, Reconfigure, at the Kruk Gallery in Superior, Wisconsin. She is a 2019 fiscal year recipient of the Artist Initiative grant from the Minnesota State Arts Board.

New Normal by Susanna Gaunt
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<td>What to Do about ACEs? An Evidence-Based Approach to Building Resilience</td>
<td>Dean Grace, Ed.D, Consultant, Northwood Children’s Services</td>
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<td>Adolescents with Co-Occurring Substance Use and Psychiatric Disorders</td>
<td>Fred Dyer, PhD, Trainer/Consultant, Hope Recovery Center</td>
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<td>Positive Behavior Support Strategies and Resources</td>
<td>Amber Maki, MS, Person Centered Positive Support Transition Coordinator; Minnesota Department Of Human Services; Stacie Enders, MS, External Program Review Committee (EPRC) Coordinator; Dr. Mary Piggott, SPHD, Person Centered Positive Support</td>
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<td>Bravely Being Disabled</td>
<td>Linda Wolford, MS, Counseling Psychology, Rehab Emphasis, Interagency Coordinator, Minnesota Department Of Human Services; Peter Beierwaltes, Master’s in Public Policy, Fiscal Policy Analyst, Minnesota Department of Human Services</td>
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<td>New Directions in LGBTQIA Social Policy and Treatment Issues</td>
<td>Wallace Swan, MPA, MAPA, DPA, Contributing Faculty Member, Walden University; Paula Overby, BA, Psychology, Author and Political Activist, Mirare Publishing; Kate Lehmann, MA, President, Lehmann Consulting, Inc.</td>
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<td>How To Avoid The Most Frequent Errors in Determining Eligibility for Financial Assistance Programs (Part 1)</td>
<td>Donald Skoy, Human Services Manager 1, Internal Audits – Program Compliance &amp; Audits; Connie Thomas, Human Services Supervisor 3, Accounting DHS – Internal Audits – Program Compliance &amp; Audits; Denise Haliburton, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance &amp; Audits; Fran Kozlowski, Human Services Program Rep 2, DHS – Internal Audits – Program Compliance &amp; Audits; Lohi Hill, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance &amp; Audits, all from Minnesota Department of Human Services.</td>
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<td>New Services to Support Housing</td>
<td>Mark Caldwell, PhD, Human Services Program Consultant, DHS – Housing and Supports Division; Bekah Kaufenberg-Satre, Human Services Program Consultant, DHS – Housing and Support Services; Alison Niemi, Human Services Program Consultant, DHS – Housing and Support Services, all from Minnesota Department of Human Services</td>
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<td>Strategic Workforce Solutions: Breaking Down the Barriers</td>
<td>Della Ludwig, Master’s in Management, Workforce Strategy Consultant – Central MN, Minnesota Department Of Employment And Economic Development (DEED); Jessica Miller, Master’s in Leadership, Workforce Strategy Consultant – South-West And South-Central MN, DEED</td>
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<td>99</td>
<td>Supporting Person Centered Planning and Informed Choice in Housing for People with Disabilities</td>
<td>Rajean Moone, PhD, HB 101 Liaison, Minnesota Department of Human Services; Heidi Sandberg, BSW, Housing Planner, Minnesota Department of Human Services</td>
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<tr>
<td>100</td>
<td>Are You Really Listening? Maximizing Consumer Feedback</td>
<td>Lynn Goerdt, Ed.D, MSW, Associate Professor Of Social Work, University Of Wisconsin Superior</td>
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<td>101</td>
<td>From Hand Holding to Walking Side-By-Side</td>
<td>Laura Brandt, Master of Social Work, Youth in Transition Program &amp; Minor Parent Program Case Manager, St. Louis County Public Health &amp; Human Services; Taylor McClung, Bachelor of Science, Program Coordinator with The Oh No 18 Program, Lutheran Social Service; Nicolas Vogel, Bachelor of Science, Program Consultant In The Adolescent Services Unit, Minnesota Department of Human Services</td>
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### Session V Workshops, continued

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<tr>
<th>Workshop Title</th>
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<tr>
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<td><strong>Medical Respite, What is That!?!(And How Can I Get My Clients In?)</strong></td>
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<td><strong>We Are Only Humorous!</strong></td>
<td>Teddy Widdel, Professional Speaker, Laughter Therapist, Widdel World</td>
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<td><strong>The Connection Cafe</strong>: Honoring The Desire for Healthy Relationships</td>
<td>Connie Gunderson, PhD, MSW, Associate Professor, Social Work, The College of St. Scholastica; Anne Roesser, MSW Student, CTSS Provider and Case Manager, Human Development Center; Kaila Formanek, MSW, Clinical Therapist, Cambia Hills</td>
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<td><strong>What to Do about ACEs? An Evidence-Based Approach to Building Resilience</strong></td>
<td>Meghan Brun, Social Work Student, BSW in progress (estimated May 2020), University of Wisconsin Superior; Mimi Rappley Larson, MSW, Associate Professor, University of Wisconsin Superior</td>
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<td><strong>Hope vs. Despair: Hope Wins!</strong></td>
<td>The “deaths of despair” due to suicide, drug overdose, alcohol-related deaths, and more are at epidemic levels in the United States. The statistics and the motivations behind the statistics challenge both our current standards of practice and our clinicians. How do we effectively instill hope? I’ll cover the sources and drivers of despair but also talk about evidence-based intervention methods that are proven to increase health, well-being, positive emotion, and most importantly, hope.</td>
<td>French River 1</td>
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Adolescents with Co-Occurring Substance Use and Psychiatric Disorders

Gooseberry Falls 1

We now know — thanks to research and clinical consensus — that substance abuse treatment is most effective when it addresses the multiple psychosocial problems and medical mental health needs of adolescents in addition to their drug abuse. However, this multi-modal approach in substance treatment programs lags behind the integration of other treatment services because of various barriers (Sohlkah and Wilens, 1998). As a result, we lack empirically grounded, practiced guidelines for this much needed treatment approach. Join me to learn more about this important topic so we can offer the best care to the adolescents we work with.

Positive Behavior Support Strategies and Resources

Gooseberry Falls 2

Ever had someone do something that seemed “completely from nowhere”? Come join us for an interactive discussion on positive behavior supports and the functions of behavior. Learners will have the opportunity to walk through functional behavior assessments, positive support transition plans, and person-centered planning booklet by the disability hub. There’ll be plenty of time for questions.

Bravely Being Disabled

Gooseberry Falls 3

Having a disability can be seen as a tragedy or something to be pitied. In this session, we’ll reframe that viewpoint. We’ll use interactive methods and materials to examine how disability — as an identity — intersects with other marginalized identities. We’ll also provide useful tips on how person-centered principles can help us all be allies to people with disabilities.

New Directions in LGBTQIA Social Policy and Treatment Issues

Harborside 202

Come to this presentation for an overview of the new edition (2019) of the Routledge Handbook of LGBTQIA Administration and Policy! Furthermore, learn about social work values and ethics, as well as policies addressing substance abuse issues within the LGBTQIA community, such as assessment-based clinical treatment, clinical intervention methods, evaluation methods, social work values, and culturally specific clinical assessment.

How To Avoid The Most Frequent Errors in Determining Eligibility for Financial Assistance Programs (Part 1)

Harborside 203

Our mission at DHS Internal Audits is to randomly audit financial assistance cases to determine if they have all the documentation to support correct eligibility. We audit TANF, child care, health care, general assistance, housing support, and Minnesota supplemental aid cases. We’ll present an overview of our process of choosing cases to audit and discuss the top errors we’re seeing in each of the programs. We’ll also give tips on how to avoid those errors and help reduce the high error rates that exist in these programs.

New Services to Support Housing

Harborside 204

Minnesota is rolling out new services to help people with disabilities and older adults find and maintain housing in their communities. Learn about these new services and how they can help support people in a variety of ways. We’ll provide a summary of housing stabilization services and available housing, related home and community based waiver services, and case examples that demonstrate how these programs contribute to housing stability.

Strategic Workforce Solutions: Breaking Down the Barriers

Harborside 205

This presentation will focus on hidden talent pools and how to target these untapped populations. We’ll examine regional labor market information, analyze the demographics of the populations with the highest unemployment rates, and give you the tools to successfully recruit within these groups. We will also dive into regional and statewide programs, show how they can assist with your hiring needs, and share best practices and success stories from across the State.

Supporting Person Centered Planning and Informed Choice in Housing for People with Disabilities

Harborside 301-302

While full of complex twists and turns, successfully navigating housing can ultimately help a person live their best life. This session will provide an overview of promising practices for person-centered planning and informed choice in housing. Participants will also explore new interactive tools for people with disabilities.

Are You Really Listening?

Maximizing Consumer Feedback

Harborside 303

This workshop will cover intentional listening, and why it’s critical to listen intentionally to those we work with and serve. We’ll discuss potential barriers to intentional listening and brainstorm ways to enhance our current feedback methods. The benefit? All of us, and the organizations we work for, can maximize our impact and provide genuine consumer-focused care.

From Hand Holding to Walking Side-By-Side

Harborside 304

Teens and young adults in the foster care system want to choose their pathway moving forward. How do we
help them move toward independent living in a supportive way? This workshop will highlight the logistics of extended foster care, discuss engagement strategies, and explore the benefits of specialized case management. This workshop also aims to demonstrate the support team that can exist for young people when county workers, non-profit organizations, and foster parents work together.

**102 Child Social & Medical Histories — What to Expect & What is My Role?**

*HARBORSIDE 305*

This presentation explores county worker, foster parent, provider, & biological family member roles in developing a child’s social and medical history document. We want to clarify the purpose of such a document and expand participants’ knowledge of the social and medical history process. Finally, we want to explain what a preadoptive parent should expect to receive when considering a preadoptive placement.

**103 SafeTALK: Suicide Prevention (Part 1)**

*LAKESUPERIOR BALLROOM J*

Learn how to support someone’s desire for safety by recognizing the warning signs of suicide, identifying people who are at risk, and applying the TALK steps (tell, ask, listen and keep safe) to connect a person to suicide first aid resources. Listed on the National Best Practice Registry, safeTALK allows time for both practice and discussion. SafeTALK is based on research that shows how people experiencing suicidal thoughts often send out subtle invitations to help them stay safe. This class is for all community members, aged 16 and older, who want to learn and practice the basic best practices in suicide prevention.

**104 We Are Only Humorous!**

*LAKESUPERIOR BALLROOM K*

This workshop will (entertainingly) help participants identify and understand their personality types in order to understand and work better with those around them. Learn and laugh with Teddy as she presents a humorous side to each personality type and discusses why each is important for survival. Teddy uses the John Maxwell D.I.S.C. method to guide participants to their personality type. Be ready to have fun learning!

**105 Medical Respite, What is That?!? (And How Can I Get My Clients In?)**

*LAKESUPERIOR BALLROOM L*

The Bob Tavani Medical Respite House in Duluth is a collaboration between CHUM, Loaves & Fishes, First Covenant Church, and some doctors in residency at the Duluth Family Medicine Clinic. The house is a HUD homeless shelter for homeless people who have an acute medical condition. There are only about 80 registered medical respite facilities in the whole country, and we’ve got one right here! We’ll take a look at how this pilot project came to be, hear from one of our guests, and talk about where we hope this pilot program goes.

**106 “The Connection Cafe”: Honoring The Desire for Healthy Relationships**

*LAKESUPERIOR BALLROOM MN*

“The need for connection and community, and the desire to be a part of meaningful and responsive relationships, is at the heart of human experience” (Jordan, 2011). In our current social environment, however, greater numbers of people feel isolated and disconnected from themselves and each other. Grounded in relational-cultural theory, this interactive workshop introduces the “Connection Cafe” an educational and practice model to bring people of all ages together to foster connection and community through discussion and dialogue.

**107 Just Culture: A Trauma Informed QA Method (Part 1)**

*LAKESUPERIOR BALLROOM O*

Just Culture is a process based and blame free quality assurance method. With a few tweaks, it becomes a powerful trauma informed organizational tool. We will explore Just Culture and discuss how to enhance its trauma informed properties.

**108 Safe and Strong Child: Introducing Sexual Abuse Prevention to Children**

*SLICE ROCK 1*

The Safe and Strong Child Program is a curriculum that has been offered to schools of all levels in Southern St. Louis County for more than 25 years. This approach to prevention education not only engages children, but informs children and the adults who work with them about sexual abuse. This session will help participants learn vital skills they can use when directly communicating with youth about body safety and abuse prevention.

**109 The American Foster System: Themes from oral histories of Indigenous people placed pre-Indian Child Welfare Act (ICWA)**

*SLICE ROCK 2*

Research was conducted this summer with Indigenous people who were placed, as children, in predominately white homes prior to the Indian Child Welfare Act. This presentation will address themes gathered from oral histories about their experiences as well as what was learned in the process of collecting this kind of data.

**110 Brain Injury: Behaviors or Symptoms?**

*ST. LOUIS RIVER ROOM*

Oftentimes, behaviors that individuals with brain injury exhibit are a symptom of their injury. In this training, participants will learn about some of the commonly misunderstood symptoms of brain injury. We’ll also review case studies as we consider the difference between a behavior and a symptom of injury.
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<td>111</td>
<td>The Critical Frontline</td>
<td>Chet Tschetter, Education Specialist, BS in Education; Claire Benway, Education Specialist, Masters in Theatre Education; both with University of Minnesota/ Institute on Community Integration (ICI) / Research and Training Center on Community Living (RTCCL)</td>
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<td>112</td>
<td>Social Workers' Attitudes Towards Death with Dignity, a McNair Research Project.</td>
<td>Jade Cone, Social Work Student, Bachelor’s in Social Work (graduating in December 2019), University of Wisconsin Superior; Amanda Lilly, Research Mentor, Master’s in Social Work, University of Wisconsin Superior</td>
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<tr>
<td>113</td>
<td>“She is a Beautiful Soul”: Supporting Adults with Complex Behavior Needs</td>
<td>Sue Redepenning, BA, OTR/L, ATP, Program Director, Technology for HOME; Sirad Shirdon, MS, CCC-SLP, Speech-Language Pathologist, Technology for HOME</td>
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<td>114</td>
<td>Serving Clients When Disaster Hits: Continuity of Operations Planning</td>
<td>Blain Johnson, Bachelor of Science – Emergency Management (North Dakota State), Master of Science – Biodefense and Homeland Security (George Mason), Arrowhead Regional Emergency Planning Consultant (Paramount Planning), Arrowhead Region Emergency Management Association; Duane (Dewey) Johnson, Emergency Management Coordinator, Business Management, St. Louis County Sheriff’s Office; Chloe Strand, Bachelor of Arts – Psychological Science, Executive Assistant, Human Development Center; Michelle Morris, Master of Public Health, Director of Community Philanthropy, Duluth Superior Area Community Foundation/Ready North</td>
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<td>115</td>
<td>Inclusive Harm Reduction In Minnesota</td>
<td>Mary McCarthy, Executive Director, Rural Aids Action Network; Jameson Danielson, Health Educator, Rural Aids Action Network, Sue Purchase, Health Educator, Rural Aids Action Network; Deb Hernandez, CHW, Health Educator, Rural Aids Action Network; Jeff Polcher, Health Educator, Rural Aids Action Network</td>
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<td>116</td>
<td>Treatment Courts: How They Can Help Our Clients</td>
<td>Leah Cleeland, PhD, MSW, Assistant Professor, University Of Minnesota Duluth</td>
<td>Gooseberry Falls 3</td>
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<td>117</td>
<td>The World in Your Lobby</td>
<td>Patricia Fenrick, MA in Intercultural Studies, Communication and Workforce Developer, Minnesota Department of Human Services – Resettlement Office</td>
<td>Harborside 202</td>
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<td>118</td>
<td>Financial Assistance Programs (Part 2)</td>
<td>Donald Skoy, Services Manager 1, Internal Audits – Program Compliance &amp; Audits, Minnesota Department Of Human Services; Connie Thomas, Human Services Supervisor 3, Accounting DHS – Internal Audits – Program Compliance &amp; Audits; Denise Haliburton, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance &amp; Audits; Fran Kozlowski, Human Services Program Rep 2, DHS – Internal Audits – Program Compliance &amp; Audits; Lori Hill, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance &amp; Audits, all from Minnesota Department Of Human Services</td>
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<td>Frontotemporal Dementia: Identification and Management</td>
<td>Sara Mccumber, DNP, APRN, CNP, GNP-BC, CNS, Associate Professor and Nurse Practitioner, The College of St. Scholastica &amp; Essentia Health Neurology</td>
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<td>120</td>
<td>Crisis vs Emergency in Corporate AFC/CRS</td>
<td>Nick Lepak, Duluth Police Department; T. Wade Rasch, Sergeant, St. Louis County Sheriff; Laura Nechanicky-Booth, Treatment Director, Birch Tree Center Stabilization and Crisis Response; Katie Bauman, RN, Health Psychiatric Service RN Supervisor, Essentia Hospital; Anita Nordby, ED Case Manager/Social Worker, St. Luke’s Hospital; Kimberly Hoffmookel, MSW, Social Worker/Adult Foster Care Licensor Social Worker, St. Louis County Public Health &amp; Human Services</td>
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<td>Horticulture Therapy</td>
<td>Millie Richard, Associate of Science Degree, Horticulture Therapist, Odiizeoon</td>
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<td>Relatives and Permanency: What You Want to Know</td>
<td>Elisha Wolfman, Bachelor’s in Social Work, Northstar Quality Assurance – Permanency Consultant; Catrina Ankarlo, Master’s in Public Administration, Northstar Quality Assurance – Permanency Consultant; Vanessa Thoennes, Master’s in Social Work, Northstar Quality Assurance – Permanency Consultant, all from Minnesota Department of Human Services</td>
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<td>Child Maltreatment Reporting 2019</td>
<td>Sarah Anderson, MA LMFT, Social Work Coordinator/Team Lead Initial Intervention Unit, Child Protective Services (CPS); Lindsay Sauer, MSW, CPS, Social Worker Initial Intervention Unit, both from St. Louis County Public Health &amp; Human Services</td>
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<td>Evaluating Home and Community Based Services: What to Expect When Experiencing a Lead Agency Review</td>
<td>Sarah Jones, MSW, Lead Agency Review Team, Minnesota Department of Human Services; Mor Vue</td>
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<td>Working with Youth Who Have Experienced Sex Trafficking</td>
<td>Mary Cowen, BA in Women’s Studies, Residential Program Manager, Life House; Jessica Mantor, Social Worker, Indian Child Welfare Unit, BSW, St. Louis County Public Health &amp; Human Services; Michelle Pederson, Social Worker, Indian Child Welfare Unit, MSW, St. Louis County Public Health &amp; Human Services</td>
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<td>Implementing the Self-Healing Communities Model: A Case Study from Crow Wing, MN</td>
<td>Tom Gonzalez, Bachelor’s in Pastoral Ministry, Master’s in Church Leadership, Doctorate on ACEs and Resiliency in Ministry (ongoing), Self-Healing Communities Project Coordinator, Bridges of Hope; Amy Wyant, Master’s in Education; Executive Self-Healing, University of St. Thomas, Communities Project Coordinator, Bridges of Hope; Kassie Heisserer, Executive Director, Bridges of Hope</td>
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<td>Results from Pilot Project to Connect People Leaving Prison With Public Assistance</td>
<td>Paul Waldhart, Master’s Degree, Program Evaluator, Minnesota Department of Human Services; Siham Hussein, College Degree, Human Services Program Rep., Minnesota Department of Human Services; Bridget Letnes, Master’s Degree, Manager, MN Department of Corrections</td>
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<td>Healing the Primal Wound: Navigating the Effects of Early Attachment Disruption in Adulthood</td>
<td>Shawyn Lee, PhD, Assistant Professor, University Of Minnesota Duluth</td>
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<td>How Can We Be Helpful If We Aren’t “Feeling It”? – Five Critical Skills for Effective and Compassionate Helping</td>
<td>Alan O’Malley-Laursen, MSW, Compassion Fatigue Educator/Clinical Trauma Professional, Olmsted County Child and Family Services</td>
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<td>The Invisible Workforce: Helping Informal Caregivers</td>
<td>Katherine Hiti, LSW, Social Services Supervisor, Carimgedge Hospice; Leslie Sauve, LSW, Oncology Social Worker, St. Luke’s Oncology Center; Marjori Bottula, Program Manager, Senior Linkage Line; Jenna Pogorels, MSW, LICSW, Sr. Program Manager, Alzheimer’s Association; Karina Krosbakken, MSW, LICSW, Care Consultant, Age Well Arrowhead</td>
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**The Critical Frontline**

**Chester Creek**

The RTCCL, the University of Minnesota’s ICI, is committed to the quality of life for people with disabilities. The quality and health of the workforce is a direct contributor to how people with disabilities live and participate in their community. Competent and supported Frontline Supervisors (FLS) are key to retention of DSP. This session will help organizations better understand the connections between supporting the critical line of FLS to support DSPs whom they supervise. Dive deeply into best practices including tools and training approaches aligned with person centered practices, organizational culture and training.

**Social Workers’ Attitudes Towards Death with Dignity, a McNair Research Project.**

**French River 1**

This workshop will help participants define and understand the parameters of what it means to die with dignity, clarify how the National Association of Social Workers’ code of ethics relates to this issue, and explain the roles of social workers to uphold patient dignity as they work with clients who are dying.

**Continued**
since 2018, technology for home has worked with the minnesota department of human services’ restrictive procedures program to provide communication services to a group of people with multiple disabilities, and complex behavior and communication needs. this pilot project tests the assumption that complex behavior serves a communicative function; when people find other ways to communicate, this behavior will dissipate. the lessons learned have been many. we are hoping to use this session to share our work, and lessons learned about service provision for adults with complex cases.

serving clients when disaster hits: continuity of operations planning

in the past 20 years, our region has experienced eleven tornadoes, eight “mega-rain” events, seven damaging wind events, six wildfires and five damaging winter storms. the support that human service organizations provide following such disasters is critical, as trusting relationships already exist. however, the effectiveness with which we support our clients in these scenarios depends on our own preparedness. we’ll learn about steps to take and resources to consult in order to develop and start an effective continuity of operations plan to ensure our organizations and the people within them are prepared.

inclusive harm reduction in minnesota

researched data shows that we need more comprehensive services, such as syringe service programs, when it comes to helping the people of minnesota. join us as we explore the spectrum of harm reduction, from how we apply harm reduction in our own lives all the way to the spectrum of services available to those who inject drugs.

frontotemporal dementia: identification and management

frontotemporal dementia (ftd) is the most common form of dementia in adults under the age of 60. but because people with don’t present with the typical memory problems associated with dementia, ftd remains a hard-to-identify brain disorder. in addition to its unique diagnostic and care challenges, ftd has several different subtypes. we’ll review all of this, along with differential diagnosis in this session. we’ll also look at how we can successfully care for and support persons with ftd.

the world in your lobby

this interactive training deals with the challenges we often face when working cross-culturally. cultural lenses impact our interactions and our communication. whether we’re working with co-workers, clients, or neighbors, this training will give us all tools to more effectively traverse cultural differences with respect, humor, and curiosity.

how to avoid the most frequent errors in determining eligibility for financial assistance programs (part 2)

our mission at dhs internal audits is to randomly audit financial assistance cases to determine if they have all the documentation to support correct eligibility. we audit tanf, child care, health care, general assistance, housing support, and minnesota supplemental aid cases. we’ll present an overview of our process of choosing cases to audit and discuss the top errors we’re seeing in each of the programs. we’ll also give tips on how to avoid those errors and help reduce the high error rates that exist in these programs.

relatives and permanency: what you want to know

come to this workshop for an overview of the permanency process once it has been determined that a child needs a permanent foster care home. our main focus will be relative search and notice requirements at permanency, how permanency decisions are made (10 best interest factors), and relatives’ roles within this process.
123 Child Maltreatment Reporting 2019
Harborside 304
This workshop will focus on mandatory reporting of child maltreatment in St. Louis County. Participants will be given statistical data, definitions of abuse and neglect, reporting requirements, protections for mandated reporters, and response to mandated reports. The presentation will also cover statewide screening criteria and handouts of the PowerPoint presentation will be available.

124 Evaluating Home and Community Based Services: What to Expect When Experiencing a Lead Agency Review
Harborside 305
DHS developed the Lead Agency Reviews (LARs) for HCBS waiver programs to assure requirements compliance and to identify promising practices to improve services quality. Reviews aim to be constructive while gathering and sharing information with lead agencies to encourage the use of performance based management. This session will focus on the process of a LAR, including an overview of a typical site visit (pre-visit, on-site visit, and follow up activities) including waiver case file review.

125 SafeTALK: Suicide Prevention (Part 2)
Lake Superior Ballroom J
Learn how to support someone’s desire for safety by recognizing the warning signs of suicide, identifying people who are at risk, and applying the TALK steps (tell, ask, listen and keep safe) to connect a person to suicide first aid resources. Listed on the National Best Practice Registry, safeTALK allows time for both practice and discussion. SafeTALK is based on research that shows how people experiencing suicidal thoughts often send out subtle invitations to help them stay safe. This class is for all community members, aged 16 and older, who want to learn and practice the basic best practices in suicide prevention.

126 Working with Youth Who Have Experienced Sex Trafficking
Lake Superior Ballroom K
Come to this presentation to learn more about Minnesota’s Safe Harbor Law and about the state’s available support services for youth who have experienced sex trafficking or any form of commercial sexual exploitation. We’ll also discuss some strategies for more effectively working with youth in this capacity.

127 Implementing the Self-Healing Communities Model: A Case Study from Crow Wing, MN
Lake Superior Ballroom L
The Self-Healing Communities model looks to reduce Adverse Childhood Experiences (ACEs) by building the community’s capacity to solve its own problems. Learn how this model is being implemented in Crow Wing County and how you can incorporate it in your own community to help build sustainable solutions around existing resources.

128 Results from Pilot Project to Connect People Leaving Prison With Public Assistance
Lake Superior Ballroom MN
The Joint Departmental Pilot Initiative is a new collaboration between Minnesota’s Departments of Corrections (DOC) and Human Services (DHS) to better assist people re-entering the community after release from a Minnesota correctional facility. By providing the supports needed to have a stable and successful community re-entry, the Joint Departmental Pilot initiative aims to reduce recidivism. Since September 2017, DOC and DHS processed applications for healthcare and food or cash assistance for people at high risk of recidivism and close to release from a Minnesota correctional facility. After release, DHS helped transfer people’s cases to participating counties and provided ongoing support. Come learn more in this session!

129 Just Culture: A Trauma Informed QA Method (Part 2)
Lake Superior Ballroom O
Just Culture is a process based and blame free quality assurance method. With a few tweaks, it becomes a powerful trauma informed organizational tool. We will explore Just Culture and discuss how to enhance its trauma informed properties.

130 Healing the Primal Wound: Navigating the Effects of Early Attachment Disruption in Adulthood
Split Rock 1
Research continues to emerge on the importance of healthy attachment in infants and children and the harmful effects of early attachment disruption and trauma. Unfortunately, these harmful effects may remain years later. Adulthood is a unique developmental period and the negative effects of early attachment disruptions and trauma can pose complex challenges during this time, especially in relationships. This workshop will provide an overview of the brain science of attachment and its importance during infancy and childhood, and move into discussion of how attachment disruptions and trauma can impact adults.

131 How Can We Be Helpful If We Aren’t “Feeling It”? — Five Critical Skills for Effective and Compassionate Helping
Split Rock 2
Compassion is a choice. It begins with intentional consideration of someone else, which leads to empathic appreciation of that person’s condition, and results in generous, hospitable, and caring action. Furthermore, knowing how to regulate our emotions and responses during challenging encounters is imperative to any helping skill. We’ll cover five fundamental elements of the helping relationship, including the notion of “radical compassion” and the impact of one’s own life history on the helping capacity. Finally, we’ll look at a case consultation model that attends to many of these considerations.

132 The Invisible Workforce: Helping Informal Caregivers
St. Louis River Room
AARP reports that the value of unpaid caregiving in MN is about $7.9 billion yearly — exceeding the state’s medical assistance expenditures. How do we help those who are caring for their aging parents, raising their own children, working, and trying to navigate the maze of services that may or may not be available to them and their loved ones? We’ll touch on support groups, respite services, caregiver training options, FMLA/leave options, and community services during this panel-style workshop. We’ll also provide participants with time to ask questions and build much needed conversation surrounding this growing issue.
Ally sponsors make this conference possible thanks to the long history and established support of the Exhibit Hall. We have over 100 Ally Sponsors for 2019 representing an array of services, programs and products. You can find them in the Mobile App under the Ally Sponsor Icon. Please visit them and in Pioneer Exhibit Hall and the new floor space in the DECC Arena.

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Website: gillettechildrens.org
Contact: Erin Jurkovich
Phone: (612) 310-1868
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Grace Medical Supplies
ALLY SPONSOR
11240 Stillwater Boulevard • Suite B Grace Medical
Lake Elmo, MN 55042
Booth # 33
Website: GraceMedicalSupplies.com
Contact: Jason Mattox
Phone: (651) 275-9404
Email: osage1973@msn.com

GT Independence
ALLY SPONSOR
860 Blue Gentian Road • Suite 200 • Eagan, MN 55121
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Website: www.gtindependence.com
Contact: Vicky Gunderson
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Hammer Travel
ALLY SPONSOR
1909 Wayzata Boulevard • Wayzata, MN 55391
Booth # 159
Website: hammertravel.org
Contact: Ann Martinka
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Healthstar Home Health
ALLY SPONSOR
2701 W. Superior Street • 101 • Duluth, MN 55806
Booth # 139
Contact: Casey Lomen
Phone: (218) 733-0707
Email: caseryl@hhhealth.net

Help Me Grow
ALLY SPONSOR
1201 13th Avenue S. • Virginia, MN 55792
Booth # 192
Website: helpmegrown.org/HMG/index.html
Contact: Jessica Brown
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Home Instead Senior Care
ALLY SPONSOR
315 E. Central Entrance • Suite 3 • Duluth, MN 55811
Booth # 158
Website: www.homeinstead.com/548
Contact: Mary Andrews
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Homestyle Direct
ADVOCATE SPONSOR
2032 Highland Avenue E. • Twin Falls, ID 83301
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Website: www.homestyledirect.com
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HP Psychological Associates, PC
ALLY SPONSOR
4815 Burning Tree Road • Suite 200 • Duluth, MN 55811
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Website: www.hppsychological.com
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Human Development Center
ADVOCATE SPONSOR
1401 E. 1st Street • Duluth, MN 55805
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I Support YOUth! LLC
ALLY SPONSOR
4105 10th Avenue S. • Minneapolis, MN 55407-3203
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Website: www.isupportyouth.com
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Insure Duluth
ALLY SPONSOR
130 W. Superior Street • Suite 700 • Duluth, MN 55802
Booth # 200
Website: www.insureduluth.org
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Interim HealthCare
ALLY SPONSOR
332 W. Superior Street • Suite 204 • Duluth, MN 55802
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Website: www.interimhealthcare.com/duluthmn/home
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Katherine’s House
ALLY SPONSOR
426 Monroe Street • Eveleth, MN 55734
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Website: www.lotus-mn.com
Contact: Shelly Holmes
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Keystone Treatment Center
ALLY SPONSOR
1010 E. 2nd Street • Canton, SD 57031
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Website: www.keystonetreatment.com
Contact: Ric Dean Staloch
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Email: ric.staloch@keystonetreatment.com

Kindred at Home
ALLY SPONSOR
925 E. Superior Street • 104 • Duluth, MN 55802
Booth # 197
Website: www.kindredhealthcare.com/locations/home-health/duluth-mn-2389
Contact: Heather Bjerketvedt
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Lake Superior College
ALLY SPONSOR
2101 Trinity Road • Duluth, MN 55811
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Website: www.lsc.edu
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Lake Superior Community Health Center
ALLY SPONSOR
4325 Grand Avenue • Duluth, MN 55807
Booth # 157
Website: www.lschc.org
Contact: Jessie Peterson
Phone: (218) 336-3503
Email: jpeterson@lschc.org

Lakeplace Retreat Center
ADVOCATE SPONSOR
25704 County Road 338 • Bovey, MN 55709
Booth # 90
Website: lakeplacecenter.com
Contact: Dennis Medved
Phone: (218) 994-1194
Email: dennis@lakeplacecenter.com

Lakeside Manor/McCarthy Manor Assisted Living
ALLY SPONSOR
4831 London Road • Duluth, MN 55804
Booth # 170
Website: www.lakesidemanormn.com
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Legal Aid Service of Northeastern Minnesota
ALLY SPONSOR
424 W. Superior Street • Ordean Building, Suite 302
Duluth, MN 55802
Booth # 21
Website: lasnem.org
Contact: Heather Lindula
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Email: hlindula@lasnem.org

Leo A. Hoffmann Center, Inc.
ADVOCATE SPONSOR
1715 Sheppard Drive • PO Box 60 • St. Peter, MN 56082
Booth # 88
Website: www.hoffmanncenter.org
Contact: Gene Taylor
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Email: gtaylor@hoffmanncenter.org

Life House
ALLY SPONSOR
102 W. 1st Street • Duluth, MN 55802
Booth # 24
Website: www.lifehouseduluth.org
Contact: Eric Lutz
Phone: (218) 722-7431 ext 114
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Lifeway Mobility
ALLY SPONSOR
563 Shoreview Park Road • Shoreview, MN 55126
Booth # 190
Website: www.lifewaymobility.com
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Lifeworks Services, Inc.
ADVOCATE SPONSOR
2965 Lone Oak Drive • Suite 160 • Eagan, MN 55121
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Website: www.lifeworks.org
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Lighthouse Center for Vision Loss
ADVOCATE SPONSOR
4505 W. Superior Street • Duluth, MN 55807
Booth # 56
Website: www.LCFVL.org
Contact: Mary Skinner Junnila
Phone: (218) 624-4828
Email: mjunnila@LCFVL.org

Little Sand Group Home
ALLY SPONSOR
PO Box 40 • Remer, MN 56672
Booth # 110
Website: www.littlesandgrouphome.com
Contact: Noreen Anderson
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LSS of MN Adoption and Foster Care
ALLY SPONSOR
424 W. Superior Street • #502 • Duluth, MN 55802
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  Website: www.lssmn.org
  Contact: Angie Ealy
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LSS of MN Disability Services
ALLY SPONSOR
1605 Eustis Street • St. Paul, MN 55108
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LSS of MN Nuvantage
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Mankato Rehabilitation Center, Inc. (MRCI)
ADVOCATE SPONSOR
15 Map Drive • Mankato, MN 56001
Booth # 81
  Website: www.MRCICDS.org
  Contact: Julie Lux
  Phone: (507) 386-5745
  Email: jlux@MyMRCI.org

Maple Lake Recovery Centers
ALLY SPONSOR
207 Division Street E. • PO Box 308 • Maple Lake, MN 55358
Booth # 148
  Website: www.mlrecovery.org
  Contact: David Smith
  Phone: 763-228-7108
  Email: dsmith@mlrecovery.org

McLeod Treatment Programs, Inc.
ALLY SPONSOR
1065 – 5th Avenue SE • Hutchinson, MN 55350
Booth # 1
  Website: www.mcleodtreatmentprograms.org
  Contact: Susan Ann Devereaux
  Phone: (320) 587-9790
  Email: sdevereaux@mcleodtreatmentprograms.org

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CHAMPION SPONSOR
401 Carlson Parkway • Minnetonka, MN 55305
Booth # 68 & 69
  Website: www.medica.org
  Contact: Beatriz Helena Martinez
  Phone: (952) 992-3720
  Email: Beatriz.Martinez@medica.com

Melrose Center
ALLY SPONSOR
3525 Monterey Drive • St. Louis Park, MN 55416
Booth # 6
  Website: Melroseheals.com
  Contact: Cindy Schallock
  Phone: (952) 993-6200
  Email: schalcl@parknicollet.com

Meridian Behavioral Health
ALLY SPONSOR
550 Main Street • #190 • New Brighton, MN 55112
Booth # 111
  Website: www.meridianprograms.com
  Contact: Scott Ampe
  Phone: (320) 247-1882
  Email: scott.ampe@meridianprograms.com

Middle River Health and Rehabilitation Center
ALLY SPONSOR
8274 E. San Road • South Range, WI 54874
Booth # 156
  Website: www.avantihs.com/page/middle-river-health-and-rehabilitation-center-south-range-wi
  Contact: Kat Warner
  Phone: (715) 398-3523
  Email: katrinaw@avantihs.com

Mid-Range Chemical Dependency Services, Inc.
ALLY SPONSOR
522 E. Howard Street • Suite 101 • Hibbing, MN 55746
Booth # 19
  Website: www.mid-rangecds.org
  Contact: Amanda Clark
  Phone: (218) 262-0860
  Email: a.clark@mid-rangecds.org

Minneapolis VA Suicide Prevention
ALLY SPONSOR
1 Veterans Drive • Minneapolis, MN 55417
Booth # 175
  Website: www.veteranscrisisline.net
  Contact: Jessica Faue
  Phone: (612) 364-6149
  Email: jessica.faue@va.gov

Minnesota Adult and Teen Challenge
ADVOCATE SPONSOR
740 E. 24th Street • Minneapolis, MN 55404
Booth # 52
  Website: www.mntc.org
  Contact: Cara Keinanen
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  Email: cara.keinanen@mntc.org

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Minnesota Assistance Council for Veterans
ALLY SPONSOR
5209 Ramsey Street • Duluth, MN 55807
Booth # 116
Website: www.mac-v.org
Contact: Paul Pederson
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Minnesota Brain Injury Alliance
ALLY SPONSOR
2277 Highway 36 West • Suite 200 • Roseville, MN 55113
Booth # 199
Website: www.braininjurymn.org
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Minnesota Department of Health – Immunizations
ALLY SPONSOR
625 Robert Street N. • St. Paul, MN 55164
Booth # 176
Website: www.health.state.mn.us/immunize
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Minnesota Department of Human Services
ALLY SPONSOR
540 Cedar Street • PO Box 64977 • St. Paul, MN 55101
Booth # 151
Website: mn.gov/dhs
Contact: Julie Jacobson
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Email: julie.a.jacobson@state.mn.us

Minnesota Disability Determination Services
ALLY SPONSOR
121 E. 7th Place • 300 • St. Paul, MN 55120
Booth # 109
Website: www.ssa.gov
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Email: tanya.heitzinger@ssa.gov

Minnesota Disability Law Center
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306 W. Superior Street • 403 Alworth Building
Duluth, MN 55802
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Minnesota Judicial Branch 6th Judicial District
ALLY SPONSOR
100 N. 5th Avenue W. • #320 • Duluth, MN 55802
Booth # 189
Website: www.mncourts.gov/Help-Topics/DrugCourts.aspx
Contact: Lindsay Snustad
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Email: lindsay.snustad@courts.state.mn.us

Minnesota Merit System
ALLY SPONSOR
PO Box 64997 • St. Paul, MN 55164-0997
Booth # 198
Contact: Pam Hughes
Website: agency.governmentjobs.com/mnmeritsystem
Phone: (651) 431-3030
Email: dhs.merit.system@state.mn.us

Minnesota Social Service Association (MSSA)
ADVOCATE SPONSOR
125 Charles Avenue • St. Paul, MN 55103
Booth # 83
Website: www.mnssa.org
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Email: czeise@mnssa.org

Minnesota Veterans Home – Silver Bay
ALLY SPONSOR
56 Outer Drive • Silver Bay, MN 55614
Booth # 113
Website: mn.gov/mdva/homes/silver-bay
Contact: Joyce Scott
Phone: (218) 353-8700

MN Association for Children’s Mental Health
ALLY SPONSOR
23 Empire Drive • St. Paul, MN 55114
Booth # 204
Website: www.macmh.org
Contact: Rachael Jacques
Phone: (651) 644-7333
Email: rgacques@macmh.org

MN Board of Social Work
ALLY SPONSOR
2829 University Avenue SE • 340 • Minneapolis, MN 55414
Booth # 162
Website: mn.gov/boards/social-work
Contact: Michelle Kramer-Prevost
Phone: (612) 617-2100
Email: social.work@state.mn.us

MN Dept of Human Services
ALLY SPONSOR
540 Cedar Street • St. Paul, MN 55155
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Website: mn.gov/autism
Contact: Nicole Berning
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MN DHS State Medical Review Team
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540 Cedar Street • St. Paul, MN 55110
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Mom’s Meals
**ADVOCATE SPONSOR**
3210 SE Corporate Woods Drive • Ankeny, IA 50021
Booth # 43
- Website: www.MomsMeals.com
- Contact: Steve Houghton
- Phone: (866) 825-6067
- Email: steve.houghton@momsmeals.com

Monarch Healthcare Management
**ALLY SPONSOR**
7700 Grand Avenue • Duluth, MN 55807
Booth # 177
- Website: Monarch Healthcare Management
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NAMI Minnesota
**ALLY SPONSOR**
1919 University Avenue W. • Suite 400 • St. Paul, MN 55104
Booth # 127
- Website: www.namimn.org
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Narcotics Anonymous & NARANON
**ALLY SPONSOR**
PO Box 16934 • Duluth, MN 55816
Booth # 155
- Website: www.naminnesota.org
- Contact: Marvella Davis
- Phone: (218) 390-5847
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National Association of Social Workers – MN Chapter
**ALLY SPONSOR**
2610 University Avenue W. • Suite 475 • St. Paul, MN 55114
Booth # 112
- Website: www.naswmn.org
- Contact: Shereen Reda
- Phone: (651) 293-1935
- Email: admin.naswmn@socialworkers.org

Nexus
**CHAMPION SPONSOR**
407 130th Avenue S. • Onamia, MN 56359
Booth # 70 & 71
- Website: www.nexus-yfs.org
- Contact: Joe Rubado
- Phone: (320) 630-3507
- Email: jrubado@nexus-mla.org

NHS–Northstar Specialized Services
**ALLY SPONSOR**
227 W. Lake Street • Chisholm, MN 55719
Booth # 26
- Website: www.nhs-nss.com
- Contact: Sharon Polcher
- Phone: (218) 447-7110
- Email: s.polcher@nhs-nss.com

North Homes Children and Family Services
**ADVOCATE SPONSOR**
1880 River Road • Grand Rapids, MN 55744
Booth # 82
- Website: www.northhomesinc.org
- Contact: Wade Chiodo
- Phone: (218) 327-3000
- Email: wade.chiodo@northhomes.org

Northeast Minnesota Office of Job Training
**ALLY SPONSOR**
820 N. 9th Street • Virginia, MN 55792
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- Website: www.nemojt.org
- Contact: Randy Back
- Phone: (218) 735-6105
- Email: Randy.back@nemojt.org

Northland AFC
**ADVOCATE SPONSOR**
5103 Ramsey Street • Duluth, MN 55807
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Northstar Behavioral Health
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1932 University Avenue W. • St. Paul, MN 55104
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Northstar Problem Gambling Alliance
**ALLY SPONSOR**
1935 County Road B2 W. • Suite 420 • Roseville, MN 55113
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- Website: NorthstaProblemGambling.org
- Contact: Susan Sheridan Tucker
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Northwood Children’s Services
**ALLY SPONSOR**
714 W. College Street • Duluth, MN 55812
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Overeaters Anonymous Northern Serenity Intergroup
ALLY SPONSOR
316 Prospect Avenue • Cloquet, MN 55720
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Peace of Mind of Duluth, Inc.
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1000 E. 1st Street • Suite #107 • Duluth, MN 55805
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PHHS – Child Foster Care Licensing
ALLY SPONSOR
320 W. 2nd Street • 5 W • Duluth, MN 55802
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Website: www.stlouiscountymn.gov/PHHS
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Phoenix Recovery Programs
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2055 White Bear Avenue • Maplewood, MN 55109
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Email: soverbyphoenixrp.org

Planned Parenthood of North Central States
CHAMPION SPONSOR
1001 E. Central Entrance • Suite 200 • Duluth, MN 55811
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Website: www.portgrouphomes.org
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Positive Attitude Development Group, Inc
ADVOCATE SPONSOR
202 E. Superior Street • 200 • Duluth, MN 55802
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Procentive / BillCare
ADVOCATE SPONSOR
2321 Jack Breault Drive • 100 • Hudson, WI 54016
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Proof Alliance (Formerly MOFAS)
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Protect Minnesota
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Provide Care Inc
**ADVOCATE SPONSOR**
4722 Isanti Trail • P.O. Box 538 • North Branch, MN 55056
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Quality Disability Services
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Range Mental Health Center
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624 13th Street S. • Virginia, MN 55792
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Ready North
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Recover Health
**ADVOCATE SPONSOR**
2900 East Beltline • Hibbing, MN 55746
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- **Website:** [recoverhealth.org](http://recoverhealth.org)
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Recovering Hope Treatment Center
**ADVOCATE SPONSOR**
2031 Rowland Road • Mora, MN 55051
Booth # 86
- **Website:** [recoveringhope.life](http://recoveringhope.life)
- **Contact:** Sadie Hosley
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Recovery Alliance Duluth
**ALLY SPONSOR**
230 W. Superior Street • #441 • Duluth, MN 55802
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Red River Behavioral Health System
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1451 44th Avenue S. • Unit A • Grand Forks, ND 58201
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REM Minnesota
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- **Website:** [www.residentialservices.org](http://www.residentialservices.org)
- **Contact:** Claire Farmer-Lies
- **Phone:** (218) 740-7621
- **Email:** claire.farmerlies@residentialservices.org

Residential Transitions, Inc.
**ALLY SPONSOR**
1221 Wayzata Boulevard • Wayzata, MN 55120
Booth # 9
- **Website:** [www.rti-mn.com](http://www.rti-mn.com)
- **Contact:** Erin Brunette
- **Phone:** (651) 440-9116
- **Email:** ebrunette@rti-mn.com
River Oaks of Minnesota
ALLY SPONSOR
17778 74th Place N. • Maple Grove, MN 55311
Booth # 144
Website: www.riveroaksmn.com
Contact: Jeff Krieg
Phone: (612) 860-5542
Email: jeff.krieg@riveroaksmn.com

Riverplace Counseling Center
ADVOCATE SPONSOR
6058 Highway 10 • Anoka, MN 55303
Booth # 94
Website: www.riverplacecenter.com
Contact: Sadie Benser
Phone: (763) 421-5590
Email: sadieb@riverplacecenter.com

Rogers Behavioral Health
ALLY SPONSOR
576 Bieleneerg Drive • Suite 180 • Woodbury, MN 55125
Booth # 17
Website: www.rogerbh.org
Contact: Katie Fitzgerald
Phone: (651) 485-5859
Email: Kathryn.fitzgerald@rogerbh.org

RSI Laboratories
ALLY SPONSOR
1931 W. Broadway • Minneapolis, MN 55411
Booth # 174
Website: www.rsilaboratories.org
Contact: Amy Cushing
Phone: (612) 618-8461
Email: acushing@rseden.org

Rural AIDS Action Network
ADVOCATE SPONSOR
300 E. St. Germain Street • Suite 220 • St. Cloud, MN 56304
Booth # 96
Website: www.raan.org
Contact: Mary McCarthy
Phone: (320) 257-3036
Email: marym@raan.org

Rural Living Environments
ALLY SPONSOR
105 Central Boulevard • Babbitt, MN 55706
Booth # 120
Website: www.rurallivingmn.com
Contact: Donald Negley
Phone: (218) 305-4846
Email: dnegley@rurallivingmn.com

Safe Transitions
ALLY SPONSOR
3656 Front Street • Barnum, MN 55707
Booth # 180
Website: www.safetransitions.org
Contact: Lisa R Mikrot
Phone: (218) 878-1364
Email: lisa.mikrot@safetransitions.org

Sequel Youth and Family Services
ALLY SPONSOR
Woodward Academy-1251 334th Street • Woodward, IA 50276
Booth # 25
Website: www.sequelyouthservices.com
Contact: Angie Van Winkle
Phone: (641) 431-1355
Email: angie.vanwinkle@sequelyouthservices.com

Shriners Healthcare for Children – Twin Cities
ALLY SPONSOR
2025 E. River Parkway • Minneapolis, MN 55414
Booth # 125
Website: twincitiesshrinershealthcare.org
Contact: Sarah Van Petten
Phone: (612) 596-6204
Email: svanpetten@shrinenet.org

St. Ann’s Residence
ALLY SPONSOR
330 E. 3rd Street • Duluth, MN 55805
Booth # 133
Website: www.stanns.com
Contact: Janet Lappy
Phone: (218) 727-8831
Email: jlappy@stanns.com

St. Louis County Extension Youth in Action
ALLY SPONSOR
A.P. Cook Building • 2503 Rice Lake Road
Duluth, MN 55811
Booth # 13
Website: yiamn.org
Contact: Elise J. Rigney
Phone: (218) 733-2899
Email: rigneye@stlouiscountymn.gov

St. Louis County Public Health & Human Services
ADVOCATE SPONSOR
320 W. 2nd Street • Duluth, MN, 55802
Booth # 67
Website: www.stlouiscountymn.gov/PHHS
Contact: Bonny Cook
Phone: (218) 726-2222
Email: phhs@stlouiscountymn.gov

St. Luke’s
CHAMPION SPONSOR
915 E. 1st Street • Duluth, MN 55805
Booth # 72 & 73
Website: www.slhduluth.com
Contact: Melissa Burlaga
Phone: (218) 249-2988
Email: melissa.burlaga@slhduluth.com

St. Scholastica Monastery
ADVOCATE SPONSOR
1001 Kenwood Avenue • Duluth, MN 55811
Booth # 51
Website: retreatduluth.org
Contact: Dorene King
Phone: (218) 724-5266
Email: doreneking@hotmail.com
STAR Services
ALLY SPONSOR
1295 Bandana Boulevard N. • Suite 135 • St. Paul, MN 55108
Booth # 5
Website: www.starsvcs.com
Contact: Jennifer May
Phone: (651) 644-3140
Email: support@starsvcs.com

State of Minnesota Dept. of Corrections – WRML
ALLY SPONSOR
1000 Lakeshore Drive • Moose Lake, MN 55767
Booth # 118
Website: mn.gov/doc
Contact: Brian Hammers
Phone: (218) 485-5254
Email: Brian.Hammers@state.mn.us

The Arc Minnesota
ALLY SPONSOR
2446 University Avenue • Suite 110 • St. Paul, MN 55114
Booth # 206
Website: arcminnesota.org
Contact: Susan Sochacki
Phone: (952) 920-0855
Email: susansochacki@arcminnesota.org

The College of St. Scholastica
ADVOCATE SPONSOR
1200 Kenwood Avenue • Duluth, MN 55811
Booth # 98
Website: www.css.edu
Contact: Jordanne Hartman
Phone: (218) 723-5983
Email: jeven@css.edu

The Duluth Bethel
ALLY SPONSOR
23 Mesaba Avenue • Duluth, MN 55806
Booth # 119
Website: www.duluthbethel.org
Contact: Lisa Fulton
Phone: (218) 740-3771
Email: lfulton@duluthbethel.org

The Emily Program
ALLY SPONSOR
1295 Bandana Boulevard W. • Suite 210
St. Paul, MN 55108
Booth # 146
Website: www.emilyprogram.com
Contact: Danielle Vincent
Phone: (651) 645-5323
Email: danielle.vincent@emilyprogram.com

The Guidance Group
ALLY SPONSOR
4897 Miller Trunk Highway • Suite 210
Hermantown, MN 55811
Booth # 188
Website: www.mnguidance.com
Contact: Dan Maki
Phone: (218) 576-5757
Email: dan@mnguidance.com

The Hills Youth and Family Services/Cambia Hills
ADVOCATE SPONSOR
4321 Allendale Avenue • Duluth, MN 55803-1599
Booth # 97
Website: www.TheHillsYFS.org
Contact: Erik Mattson
Phone: (218) 623-6200
Email: emattson@TheHillsYFS.org

The Inlet, LLC
ALLY SPONSOR
16621 County Road 14 • Elk River, MN 55330
Booth # 194
Contact: Joy E. Nadeau
Phone: (763) 807-9954
Email: nadeau_joy@hotmail.com

The North Shore Estates
ADVOCATE SPONSOR
7700 Grand Avenue • Duluth, MN 55807
Booth # 95
Website: monarchmn.com/the-north-shore-estates
Contact: Justin Teal
Phone: (218) 628-9116
Email: jteal@monarchmn.com

The Origins Program
ADVOCATE SPONSOR
3805 Grand Avenue S. • Minneapolis, MN 55409
Booth # 38
Website: www.originsonline.org
Contact: Roxanne Hable
Phone: (612) 822-3422
Email: roxanne@originsonline.org

The Retreat
ALLY SPONSOR
1221 Wayzata Boulevard E. • Wayzata, MN 55391
Booth # 169
Website: www.theretreat.org
Contact: Kara Frahm
Phone: (952) 476-0566
Email: kfrahm@theretreat.org

The Salvation Army
ADVOCATE SPONSOR
215 S. 27th Avenue W. • Duluth, MN 55806
Booth # 39
Website: centralusa.salvationarmy.org/northern/Duluth
Contact: Kristy Eckart
Phone: (218) 722-7934
Email: kristy_eckart@usc.salvationarmy.org

Therap Services, LLC
ALLY SPONSOR
1710 Luin Lane • Windsor Heights, IA 50324
Booth # 145
Website: www.therapservices.net
Contact: Jeff Mau
Phone: (515) 423-3263
Email: jeff.mau@therapservices.net
Therapeutic Services Agency
ALLY SPONSOR
220 Railroad Street SE • Pine City, MN 55063
Booth # 124
Contact: Jacqlyn Davoll
Phone: (218) 343-6196
Email: jdavoll@tsapc.net

Thomas Allen, Inc.
ADVOCATE SPONSOR
1550 Humboldt Avenue W. • St. Paul, MN 55118
Booth # 41
Website: www.thomasalleninc.com
Contact: Emily Willems
Phone: (651) 444-5433
Email: emilyw@thomasalleninc.com

Tranquility Incontinence Products
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20189 Pine Lake Road • Bowling Green, OH 43402
Booth # 14
Website: www.tranquilityproducts.com
Contact: Janet Firestone
Phone: (419) 352-1551
Email: jfirestone@pbenet.com

Trillium Services
ALLY SPONSOR
4629 Airpark Boulevard • Duluth, MN 55811
Booth # 7
Website: www.trilliumservice.com
Contact: Amanda Burcar
Phone: (218) 722-5009
Email: nhiredemarre@trilliumservice.com

UCare
ADVOCATE SPONSOR
500 Stinson Boulevard NE • Minneapolis, MN 55413
Booth # 50
Website: www.ucare.org
Contact: Josh Simenstad
Phone: (612) 294-5963
Email: jsimenstad@ucare.org

UMD Department of Social Work
ADVOCATE SPONSOR
1207 Ordean Court • 220 Bohannon Hall • Duluth, MN 55812
Booth # 36
Website: www.d.umn.edu/sw
Contact: Jackie Heytens
Phone: (218) 726-7854
Email: jheytens@d.umn.edu

University of St. Thomas School of Social Work
ALLY SPONSOR
2115 Summit Avenue • SCB 201 • St. Paul, MN 55105
Booth # 185
Website: www.stthomas.edu/socialwork
Contact: Cindy Lorah
Phone: (651) 962-5814
Email: cllorah@stthomas.edu

University of WI–Superior Social Work Program
ALLY SPONSOR
PO Box 2000 • Swenson Hall Room 3112
Superior, WI 54880
Booth # 141
Website: www.uwsuper.edu/acaddept/hbjd/socialwork/index.cfm
Contact: Mimi Larson
Phone: (715) 394-8436
Email: mlarson@uwsuper.edu

Vinland National Center
ALLY SPONSOR
3675 Ihduhapi Road • Loretto, MN 55357
Booth # 16
Website: www.vinlandcenter.org
Contact: Molly Gilbert
Phone: (763) 479-4525
Email: mollyg@vinlandcenter.org

MN Council on Disability
ALLY SPONSOR
121 E 7th Place • Suite 107 • St. Paul, MN 55101
Website: www.disability.state.mn.us
Contact: Linda Gremillion
Phone: 651-361-7805
Email: linda.gremillion@state.mn.us

VRI
ALLY SPONSOR
1400 Commerce Center Drive • Franklin, OH 45005
Booth # 205
Website: www.vricares.com
Contact: Kathy Woodworth
Phone: (217) 508-2865
Email: lwoodworth@vricares.com

Wellcome Manor Family Services
ALLY SPONSOR
114 W. Pleasant Street • Garden City, MN 56034
Booth # 15
Website: www.wellcomemanor.org
Contact: Scott Vaske
Phone: (507) 546-3295
Email: scott.vaske@wellcomemanor.org

Wellness in the Woods
ALLY SPONSOR
738 3rd Avenue NW • Eagle Bend, MN 56446
Booth # 8
Website: www.mnwitw.org
Contact: Jode freyholtz-London
Phone: (218) 296-2067
Email: jode@mnwitw.org

Whole Person Associates, Inc
ALLY SPONSOR
101 W. 2nd Street • Suite 203 • Duluth, MN 55802
Booth # 167
Website: WholePerson.com
Contact: Jack Kosmach
Phone: (218) 727-0500
Email: jack@wholeperson.com
WINGS
ALLY SPONSOR
1326 E. Ripley Street • Litchfield, MN 55355
Booth # 168
  Website: www.wingsats.com
  Contact: Jon Forsythe
  Phone: (320) 593-0440
  Email: wingspr@wingsats.com

Wisconsin Indianhead Technical College
ADVOCATE SPONSOR
600 N. 21st Street • Superior, WI 54880
Booth # 47
  Website: www.witc.edu
  Contact: Kristin Vesel
  Phone: (715) 394-6677
  Email: kristin.vesel@witc.edu

Yara Yoga
ALLY SPONSOR
922 S. Lake Avenue • Duluth, MN 55802
Booth # 184
  Website: yara.yoga
  Contact: Amy Fogarty
  Phone: (218) 390-9479
  Email: hello@yara.yoga
<table>
<thead>
<tr>
<th>Write in workshop/institute presentation title(s) you attended:</th>
<th>Time/CEU</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Wednesday October 9, 2019</strong></td>
<td></td>
</tr>
<tr>
<td>Session I Workshop</td>
<td>2:30–4:00 pm (1.5 CEU)</td>
</tr>
<tr>
<td><strong>Thursday, October 10, 2019</strong></td>
<td></td>
</tr>
<tr>
<td>Session II Workshop</td>
<td>8:30–10:00 am (1.5 CEU)</td>
</tr>
<tr>
<td>Keynote</td>
<td>10:30–11:45 am (1.5 CEU)</td>
</tr>
<tr>
<td>Session III Workshop</td>
<td>1:00–2:30 pm (1.5 CEU)</td>
</tr>
<tr>
<td>Session IV Workshop</td>
<td>3:00–4:30 pm (1.5 CEU)</td>
</tr>
<tr>
<td><strong>Friday, October 11, 2019</strong></td>
<td></td>
</tr>
<tr>
<td>Session V Workshop</td>
<td>8:30–10:00 am (1.5 CEU)</td>
</tr>
<tr>
<td>Session VI Workshop</td>
<td>10:30–noon (1.5 CEU)</td>
</tr>
</tbody>
</table>

Your Name (please print)  

MN Social Work License Number  

Signature  

Michelle K. Nelson, Co-Chair  
St. Louis County Health & Human Services Conference

This certificate should be kept for purpose of verification as requested by the various Boards. It is your responsibility to check the Conference Program content for the required clinical criteria expected for your Continuing Education Hours. Fill in the Workshop Title as you complete the session. Please retain this certificate for your records.
SAVE THE DATE:
October 7-9, 2020
Wednesday–Friday
38TH ANNUAL
ST. LOUIS COUNTY
HEALTH &
HUMAN SERVICES
CONFERENCE

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