37th ANNUAL
ST. LOUIS COUNTY
HEALTH &
HUMAN SERVICES
CONFERENCE

Wednesday through Friday
October 9–11, 2019
at the DECC in Duluth, Minnesota

www.stlouiscountymn.gov/hhsconference
The 37th annual St. Louis County Health and Human Services conference is made possible in large part to the generous support of these Champion Sponsors. These organizations provide services locally and across the region to help those in need. Please stop by and visit them in the Pioneer Exhibit Hall. They are also featured in our Mobile APP under the Champion Sponsors Icon.

ALL OF US RESEARCH PROGRAM AT ESSENTIA HEALTH
502 East 2nd Street • Mail Drop: 6AV-2 • Duluth, MN 55805 • Booth #1
Website: www.essentiahealth.org/allofus
Contact: Bridget Hart • Phone: (218) 576-0442
Email: bridget.hart@essentiahealth.org

BLUE CROSS BLUE SHIELD OF MN AND BLUE PLUS
3535 Blue Cross Rd • Eagan, MN 55121 • Booth #2
Website: www.bluecrossmn.com
Contact: Lynn Price • Phone: (651) 662-4377
Email: lynn.price@bluecrossmn.com

DISABILITY HUB MN – DB101/HB101
540 Cedar Street • Saint Paul, MN 55101 • Booth #3
Contact: Rajean Moone • Phone: (651) 235-0346
Email: rajean@rajeanmoone.com

MEDICA
401 Carlson Parkway • Minnetonka, MN 55305 • Booth #4
Website: www.medica.org
Contact: Beatriz Helena Martinez • Phone: (952) 992-3720
Email: Beatriz.Martinez@medica.com

NEXUS
407 130th Avenue S • Onamia, MN 56359 • Booth #5
Website: www.nexus-yfs.org
Contact: Joe Rubado • Phone: (320) 630-3507
Email: jrubado@nexus-mla.org

PLANNED PARENTHOOD OF NORTH CENTRAL STATES
1001 E Central Entrance Ste 200 • Duluth, MN 55811 • Booth #6
Website: www.ppmns.org
Contact: Erin O’Daniel • Phone: (919) 632-9820
Email: eodaniel@ppmns.org

ST. LUKE’S
915 East First Street • Duluth, MN 55805 • Booth #7
Website: www.slhduluth.com
Contact: Melissa Burlaga • Phone: (218) 249-2988
Email: melissa.burlaga@slhduluth.com
The St. Louis County Health & Human Service Conference draws together 3,000 public and private sector practitioners for two days of training and networking while providing a forum for sharing innovative ideas, stretching perspectives and strengthening our communities.

ELLIE KRUG, CONFERENCE KEYNOTE SPEAKER

Ellie has presented on diversity and inclusion to governmental entities, court systems, Fortune 100 companies, law firms, nonprofits, and colleges/universities on nearly 800 occasions. A hopeless idealist, Ellie has presented her human inclusivity training, “Gray Area Thinking®” across North America.

In 2016, Advocate Magazine named Ellie one of “25 Legal Advocates Fighting for Trans Rights.” She is a monthly columnist for Lavender Magazine and pens a widely-circulated monthly e-newsletter, The Ripple, that reaches 6000 people. Ellie views herself as an “Inclusionist” and founded an inclusion-oriented consulting and training company, Human Inspiration Works, LLC, in late 2016.

Ellie is also a weekly radio host; her show, “Ellie 2.0 Radio,” on AM 950 in the Twin Cities highlights idealism and how each of us can play a role in fostering positive change in the world. Ellie’s remaining life mission is to work for a more inclusive society for all humans, regardless of how many are considered “Other.”

EVENT SCHEDULE

WEDNESDAY, OCTOBER 9
12:00 – 4:00 PM Registration is open!
2:30 – 4:00 PM Session I Workshops
12:00 – 4:00 PM Exhibit Hall is open

THURSDAY, OCTOBER 10
7:00 AM Registration is open!
7:30 – 3:00 PM Exhibit Hall is open
8:30 – 10:00 AM Session II workshops
10:30 – 11:45 AM Welcome/Music/Keynote
11:45 – 1:00 PM Lunch (On your own)
1:00 – 2:30 PM Session III Workshops
3:00 – 4:30 PM Session IV Workshops

FRIDAY, OCTOBER 11
Exhibit Hall closed
7:30 – 8:30 AM Registration is open!
8:30 – 10:00 AM Session V Workshops
10:30 – 12:00 PM Session VI Workshops

Conference Social Networking Event

Thursday, October 10th • 5:30 – 7:30 pm
Light Appetizers • Cash Bar
Live Music by Big Wave Dave and the Ripples
(Read more about the band on page 9)

Find us at:
The new Clyde Iron Malting building
2907 Helm Street Duluth, MN 55806
(Next to Children’s Museum in West Duluth)
Advocate Sponsors are featured in the Pioneer Exhibit Hall and Conference Mobile APP under the Advocate Sponsor Icon. They provide a wide array of services within the Human Service Industry and their on-going support of the conference is a vital component to its successful history. Please stop by and visit them in the Pioneer Exhibit Hall.

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**Benedictine Living Community of Duluth**  
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**Carlton County Public Health & Human Services**  
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**Center for Alcohol & Drug Treatment**  
www.cadt.org • Booth # 57

**Dungarvin Minnesota LLC**  
www.dungarvin.com • Booth # 78

**Ecumen Lakeshore**  
www.ecumenlakeshore.org • Booth # 48

**Focus on Living Inc**  
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**Homestyle Direct**  
www.homestyledirect.com • Booth # 93

**Human Development Center**  
www.humandevelopmentcenter.org  
Booth # 79

**Lakeplace Retreat Center**  
lakeplacecenter.com • Booth # 90

**Leo A. Hoffman Center, Inc.**  
www.hoffmanncenter.org • Booth # 88

**Lifeworks**  
www.lifeworks.org • Booth # 80

**Lighthouse Center for Vision Loss**  
www.LCFVL.org • Booth # 56

**Lutheran Social Services of Minnesota**  
www.lssmn.org • Booth # 99

**Mankato Rehabilitation Center, Inc. (MRCI)**  
www.givemn.org/organization/Mrci  
Booth # 81

**Minnesota Adult & Teen Challenge**  
www.mntc.org • Booth # 52

**Minnesota Social Service Association (MSSA)**  
www.mnssa.org • Booth # 83

**Mom’s Meals Nourishcare**  
www.MomsMeals.com • Booth # 43

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**Bravely Being Human**

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NORTH HOMES CHILDREN & FAMILY SERVICES
www.northhomesinc.org • Booth # 82

NORTHLAND AFC
www.northhomesinc.org • Booth # 53

NUWAY
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PEACE OF MIND OF DULUTH, INC.
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POSITIVE ATTITUDE DEVELOPMENT GROUP, INC.
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Booth # 87

RECOVER HEALTH
recoverhealth.org • Booth # 37

RECOVERING HOPE TREATMENT CENTER
recoveringhope.life • Booth # 86

RED RIVER BEHAVIORAL HEALTH SYSTEM
www.redriverbhs.com • Booth # 40

RESIDENTIAL SERVICES, INC (RSI)
www.residentialservices.org • Booth # 85

RIVERPLACE COUNSELING CENTER
www.riverplacecenter.com • Booth # 94

RURAL AIDS ACTION NETWORK
www.raan.org • Booth # 96

ST. SCHOLASTICA MONASTERY
retreatduluth.org • Booth # 51

THE COLLEGE OF ST. SCHOLASTICA
www.css.edu • Booth # 98

THE HILLS YOUTH & FAMILY SERVICES/ CAMBIA HILLS
www.TheHillsYFS.org • Booth # 97

THE NORTH SHORE ESTATES
monarchmn.com/the-north-shore-estates/
Booth # 95

THE ORIGINS PROGRAM
www.originsonline.org • Booth # 38

THE SALVATION ARMY
salvationarmynorth.org/community/duluth/
Booth # 39

THOMAS ALLEN, INC.
www.thomasalleninc.com • Booth # 41

UCARE
www.ucare.org • Booth # 50

UMD DEPARTMENT OF SOCIAL WORK
www.d.umn.edu/sw • Booth # 36

WISCONSIN INDIANHEAD TECHNICAL COLLEGE
www.witc.edu • Booth # 47
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<td><strong>Circle of Security Parenting</strong></td>
<td>Deidre Quinlan, LICSW, Trainer, Circle of Security International; Annie Krohn, MSW, Social Work Coordinator, St. Louis County Public Health &amp; Human Services</td>
<td>Chester Creek</td>
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<tr>
<td><strong>Child Care Assistance and Licensing 101</strong></td>
<td>Tonia Villegas, Early Childhood Education; Jonathan McCormick, Briana Lind, Deb Nelson, Laura Polaske and Barb Hultman, all from St. Louis County Public Health &amp; Human Services</td>
<td>French River 1</td>
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<td><strong>Community Circles</strong></td>
<td>Roxanne Hable, MEd, Educational Consultant, The Origins Program; JitendraPal Kundan, MSc, Executive Director and Consultant, The Origins Program</td>
<td>French River 2</td>
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<td><strong>How Informed Choice and Person Centered Practices Lead to Competitive Integrated Employment</strong></td>
<td>Ryan Merz, MPP, Employment Coordinator, Minnesota Department of Human Services; Linda Wolford, MS, Interagency Coordinator, Minnesota Department of Human Services; Beth Grube, Benefits Planning Coordinator, Minnesota Department of Human Services</td>
<td>Gooseberry Falls 1</td>
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<td><strong>Social Security Disability: The Facts VS the Myths</strong></td>
<td>Tanya Heitzinger, BA Criminal Justice, MA Organization Management, Relations Officer, Minnesota Disability Determination Services; Sarah Dicks, BA MA, Medical Relations Officer, Minnesota Disability Determination Services</td>
<td>Gooseberry Falls 2</td>
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<td><strong>Music Therapy Explained</strong></td>
<td>Jody Tucker, MA Music Therapy, Owner/Music Therapist, Access Music Therapy, LLC; Callie Hensler, MA Music Therapy, Music Therapist, Access Music Therapy, LLC</td>
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<td><strong>Unions and Making Change in Human Services</strong></td>
<td>Chad McKenna, Master’s, Field Representative, AFSCME Council 5</td>
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<td><strong>Integrated Healthcare in Rural Areas: A Strategy for Patient Centered Care and Improved Outcomes</strong></td>
<td>Shelly Richardson, DSW, LICSW, Chair, Social Work Department, The College of St. Scholastica; Carin Mizera, DSW, LICSW, Associate Professor, MSW Program Director, The College of St. Scholastica; Mary Ann Marchel, PhD, Professor, The College of St. Scholastica</td>
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<td><strong>Crisis Response: Caring for the Whole Person</strong></td>
<td>Michelle Buhler, BA in Sociology, Crisis Response Mental Health Practitioner, Fond Du Lac Behavioral Health; Danielle Martineau, Crisis Response Peer Support Specialist, Fond Du Lac Human Services; Max Bowman, BA, Adult Rehabilitative Mental Health Services Worker, Fond Du Lac Human Services – CAIR</td>
<td>Harborside 204</td>
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<td><em><em>Juniper</em>: Fostering Cross-Sector Collaboration and Improving Health Outcomes</em>*</td>
<td>Georgia Lane, MSW, Senior Program Developer, Arrowhead Area Agency on Aging; Paula Wolschke, MS Gerontology, Juniper Program Developer, Central MN Council on Aging</td>
<td>Harborside 205</td>
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<td><strong>The Epidemic Gripping Today’s Teens: E-cigarette and Tobacco Addiction</strong></td>
<td>Amanda Casady, Bachelor’s of Applied Science, Health Promotions Manager, American Lung Association in Minnesota; Alicia Randall, BS, Public Health Educator I, St. Louis County Public Health &amp; Human Services; Jill Doberstein, Master’s of Advocacy, Tobacco Cessation Program Supervisor, Essentia Health</td>
<td>Harborside 301-302</td>
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<tr>
<td><strong>Compassionate Consistency: Respectful Screening and Care of Abuse Victims After Acute Care</strong></td>
<td>Jennifer Baumann, RN, Sexual Assault Nurse Examiner, Strangulation Expert Witness, ASN RN and Sane-A Sane-P Trainer, PAVSA/Essentia OBGYN Ambulatory Clinic RN; Sara Mclane, Medical Director Of PAVSA APNP, PAVSA</td>
<td>Harborside 303</td>
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<tr>
<td><strong>Code Switching: To Thine Own Self Be True</strong></td>
<td>Dr. Arlene Garcia, EDD, CT Center For Counseling And Education, LLC</td>
<td>Harborside 304</td>
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<td><strong>PTSD in the Veteran Community</strong></td>
<td>Kris Walden, MSW, LICSW, Readjustment Counselor, Duluth Vet Center; Chris Roehmheldt, MSW, Readjustment Counselor, Duluth Vet Center; Andrew Meyer, Veteran Outreach Program Specialist, Duluth Vet Center</td>
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<td>2:30–4:00 p.m.</td>
<td>Session I Workshops, continued</td>
<td><strong>21 Can’t Arrest Our Way Out, Then What? Police Departments’ Role in the Opioid Crisis</strong></td>
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<td><strong>16 Wake Up and Live – Motivation You Can Use!</strong></td>
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<td><strong>18 Compassion Fatigue/Secondary Traumatic Stress: A Journey From “Someone Else’s Blues” To “We Can Still Smile”</strong></td>
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<td>2:30–4:00 p.m.</td>
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<td><strong>20 Porn: Let’s Talk About It</strong></td>
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<td><strong>21 Power of Positive Connection</strong></td>
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<td><strong>22 Supports for people with Autism in MN</strong></td>
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1. **Circle of Security Parenting**
   - Chester Creek
   
   Compassion is one of the most powerful tools available to help people heal from trauma. Come learn about the power of compassion imbued in Circle of Security parenting, and learn how you can impact the families you work with by gaining a modest understanding of how this model works. We’ll share success stories we’ve experienced while using Circle of Security parenting, and hope you leave this workshop with a clear sense of how the circle changes you, and how a change in you can bring change to others.

2. **Child Care Assistance and Licensing 101**
   - French River 1
   
   This introductory session will provide helpful information on child care assistance, child care licensing, and legal non-licensing childcare within St. Louis County. Various elements of child care assistance will be covered, such as billing forms and eligibility, as well as information on what legal non-licensed care is, how to become an LNL provider, who to contact, and more.

3. **Community Circles**
   - French River 2
   
   Community and trust don’t occur simply by coming together and following the schedule. They are built deliberately, piece by piece, through every encounter between one person and another. Unlike chance encounters in the hall, or lunch conversations, or even teacher-led classroom discussions, a community circle provides a place where encounters can be carefully orchestrated. And, it’s all in the structures. Learn the proven Developmental Designs structure of the Circle of Power and Respect (CPR). Community circles, when carefully implemented on a regular basis, give students an ongoing opportunity to build strong, trusting relationships with peers and adults.

4. **How Informed Choice and Person Centered Practices Lead to Competitive Integrated Employment**
   - Gooseberry Falls 1
   
   Join us to discover best practices to support people with disabilities in making informed decisions about employment. This interactive session will address what informed decisions look like as well as strategies to address common concerns — including how employment and benefits work together. Hear stories from people with disabilities who have overcome barriers to be competitively employed and how this impacts their lives. A better informed decision results in better outcomes. To get to more informed decisions using person centered practices about employment, come to this session!

5. **Social Security Disability: The Facts VS the Myths**
   - Gooseberry Falls 2
   
   Do you find it hard to separate fact from fiction when it comes to Social Security Disability? Do you have a lot of unanswered questions, like: Is everyone denied the first time? And Why does it take so long to receive a decision? This session will discuss the process used to assess disability claims and correct common misconceptions. We will also provide tips on how you can help your patients/clients apply and go through the disability application process.

*Continued* 

**ST. LOUIS COUNTY HEALTH & HUMAN SERVICE CONFERENCE**
Music Therapy Explained  
*Gooseberry Falls 3*

Learn the basics of the music therapy profession including its history, development, and progress. Discover how music therapy helps people increase their coping skills, regulate emotions, build social effectiveness, find joy through making music, and much more. Learn about research informed clinical interventions, music therapy best practices, and participate in the experiential. In addition, find out more about Access Music Therapy: our mission, service, and growth as a company.

Unions and Making Change in Human Services  
*Harborside 202*

Many of us who work on the front lines in Minnesota’s health and human services sector are union members, and unions can successfully advocate for both the populations we serve and for better public policy. In this workshop, we’ll have a discussion about how unions can be positive change makers and how they can ensure the services that their members provide are fully funded and effectively administered.

Integrated Healthcare in Rural Areas: A Strategy for Patient Centered Care and Improved Outcomes  
*Harborside 203*

How the United States delivers healthcare is changing. One key shift is the move away from traditionally siloed care that addresses physical health, mental health, and substance use disorders separately. The new healthcare model focuses on the whole person, looking at these issues (physical and mental health, substance use, etc.) as interrelated.

This workshop provides an opportunity to hear from a panel of speakers on how to cost-effectively provide patient-centered care: better care with better outcomes.

Crisis Response: Caring for the Whole Person  
*Harborside 204*

Deaths by suicide have increased 25 percent nationwide since 1999, according to the Centers for Disease Control and Prevention. Minnesota’s rate is even higher: the report shows a 40 percent increase in suicide here. Learn how the Fond du Lac Band of Lake Superior Chippewa (FLD) Behavioral Health Program is tackling this suicide crisis. The FDL now offers mobile crisis services that focus on immediate safety and “whole person wellness” counseling.

Juniper®: Fostering Cross-Sector Collaboration and Improving Health Outcomes  
*Harborside 205*

Juniper® is a statewide network that encourages people to take charge of their health in their homes and communities. This presentation will include information on networks of local leaders, community organizations, health systems, and payers who are helping people better manage their health, prevent diseases, and improve balance. Participants will learn how partnerships between health systems, health plans, and community organizations empower individuals to create a new culture of wellness. Hear personal stories of impact, successes, and challenges. Together, we can do more!

The Epidemic Gripping Today’s Teens: E-cigarette and Tobacco Addiction  
*Harborside 301-302*

Walking into a neighborhood school, you wouldn’t be hard pressed to find a student who uses (or knows a student who uses) today’s most prevalent addictive substance among teens: e-cigarettes. In this session, we’ll discuss current tobacco trends in Minnesota and the factors surrounding this health epidemic. Other topics include risk factors for addiction, co-occurring mental health disorders, and substance abuse. Finally, participants will gain helpful strategies to educate and empower youth. We want to reverse this tobacco trend!

Compassionate Consistency: Respectful Screening and Care of Abuse Victims after Acute Care  
*Harborside 303*

Victims of abuse often fly under the radar. They may present to the ER for sexual assault exams or for injuries as a result of an abusive relationship, but may not pursue follow-up care in a clinical setting. There’s a definite disconnect between acute care and important follow up in a primary or OB/GYN setting for sufferers of abuse. This presentation will take a holistic approach, encouraging compassionate mindful communication in order to close that gap and improve care for victims of abuse.

Code Switching: To Thine Own Self Be True  
*Harborside 304*

Code switching is an adaptive behavior that is often used by people of color to advance, adapt, and exist in white spaces. In a world where oppression and discrimination exist, code switching is seen as a protective act as well as one that negates racial identity. During this session, participants will learn about the concept of code switching and racial identity development, the social advantages and disadvantages (as seen by people of color), and examples evident in art forms such as music and poetry.

PTSD in the Veteran Community  
*Harborside 305*

Please join us for this important session! Presenters will tell many topics, including the diagnostic criteria of PTSD, differential diagnoses, treatment options, and available resources for veterans and their families. We’ll also include a brief description of the Duluth Vet Center and what services and resources we offer.

Can’t Arrest Our Way Out, Then What? Police Departments’ Role in the Opioid Crisis  
*Lake Superior Ballroom “J”*

We will take a look at National programs that are working to assist those with opioid use disorder post overdose, as well as an in depth look at the opioid response program within the Duluth Police Department. The opioid response program reaches out to folks who have experienced overdoses and assists them in ongoing case management and peer recovery support to access stabilization services. Our presentation will include overdose statistics within the Lake Superior Drug and Violent Crime Task Force area, as well as from the opioid response program to determine what is working, and what to do moving forward.

Wake Up and Live – Motivation You Can Use!  
*Lake Superior Ballroom “K”*

Do you wake up each morning thinking, “How can I get out of work today?” Many people feel this way, stuck in the daily grind of eat, work, sleep, and repeat. This session will teach you how to free yourself from that mindset and be energized every day with meaningful, balanced goal setting. All participants will have the opportunity to create a personal goal “vision board” that they can take with them for display at work or home. Consider this session a mini-retreat. We want you to leave with meaningful goals about work, family, finances, health, and yes, fun!
An Integrated Approach And Assessment Process For Co-Occurring Disorders
Lake Superior Ballroom “L”
Substance use disorders and mental health disorders, according to the DSM-V, are not uncommon in the population of individuals being served in the treatment setting. Genesis Recovery Services, LLC has taken a proactive approach in how to approach, assess and integrate those with co-occurring disorders into the recovery environment through the comprehensive assessment/diagnostic assessment process.

Compassion Fatigue/Secondary Traumatic Stress: A Journey from “Someone Else’s Blues” to “We Can Still Smile”
Lake Superior Ballroom “MN”
Compassion fatigue/secondary traumatic stress [CF/STS] is the emotional, physical, and personal response to empathic engagement with folks that are struggling and experiencing significant challenges in their lives—often referred to as the “emotional cost of caring”. This unique workshop combines powerpoint presentation and topic-specific live music to explore CF/STS and other human services workplace stressors and how we can ultimately experience “compassion satisfaction”, the key to thriving in the midst of this difficult work that we do. Real-time, on the job strategies will be examined, including self-awareness, self-regulation, emotional reflection and the elicitation and amplification of good work.

Dialectical Behavioral Therapy: Individual Therapy Component
Lake Superior Ballroom “O”
Join us for an introduction to the individual therapy component of Dialectical Behavior Therapy (DBT), including a demonstration of a chain analysis. We will also touch on what a comprehensive DBT therapy treatment program looks like.

Porn: Let’s Talk About It
Split Rock 1
Pornography is a real problem, and as youth access the internet at increasingly young ages, the internet becomes a way for them to fill in the gaps in what sex education they’ve been provided. The number of youth exposed to pornography continues to grow due to free and readily available pornography websites. In viewing these websites, youth can easily confuse violent, misogynistic, and degrading behavior as “normal” sexual behavior. Furthermore, much pornographic content doesn’t emphasize (or even convey) consent. In this session, we will discuss the prevalence at which children and adolescents access pornography and we’ll also provide information on how to start age-appropriate conversations about pornography, internet, and personal safety.

Power of Positive Connection
Split Rock 2
In order to successfully and positively meet our work demands, we must build connections with those around us, as these relational connections are what give us positive power to continue serving and caring for others. This interactive workshop, which is grounded in Barbara Fredrickson’s research on positive emotions, will help participants more deeply appreciate the importance of human relationships, gain practical strategies to cultivate relationships and build connections, and increase their ability to serve the community.

Supports for people with Autism in MN
St. Louis River
This session will give participants information on autism resources offered through various Minnesota agencies. Other topics we’ll cover include funding options and information on how the agencies—and the services they provide—can work together for the benefit of people with autism. Participants will have the opportunity to ask questions and share about their own challenges and successes in seeking and receiving autism services.

Big Wave Dave & the Ripples
MUSICAL WELCOME
Big Wave Dave and the Ripples is a hard-hitting nine-piece band, playing funk/soul/blues/rock music, and comprised of a singer, rhythm section, and four piece horn section. This Duluth-based R&B/Rock/Soul band formed back in February 2011 but the goal and message of the band has always remained constant: play the music they love and get people on the dance floor.

The band is comprised of Big Wave Dave Adams (Vocals, Trumpet), Alex Piazza (Bass), Andy Olmstead (Guitar), Dave Mennes (Drums), David Rode (Trumpet), Alex Nordehn (Trombone), Steve Rogers (Tenor Sax), Matt Wasmund (Baritone Sax), and Brian Wells (Keys). Their music includes both covers and originals that are full of spirit and life. “Funk, soul and rock and roll” is the catchy descriptive phase used to encapsulate the dance-worthy music of the band.
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<td>Beth Grube, AA, Benefits Planning Coordinator, Minnesota Department of Human Services</td>
<td>Chester Creek</td>
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<td><strong>Braving the Intersections of Identity Development for Individuals who are Deaf, Hard of Hearing, or Deafblind.</strong></td>
<td>Karen Sheldon, MS, Mental Health Counselor for the Deaf and Hard of Hearing, Therapeutic Services Agency; Lori Vigessa, MS, Mental Health Counselor for the Deaf and Hard of Hearing, Therapeutic Services Agency</td>
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<td><strong>IN•cluded: Inclusive Healthcare — Youth and Providers Empowered</strong></td>
<td>Gina Farrell, MSW, Northeast Minnesota Education Manager, Planned Parenthood North Central States</td>
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<td><strong>Family-Centered System of Care Approach in Behavioral Health Treatment Settings</strong></td>
<td>Carmen Finn, MA, LADC, ADCR-MN, Clinical Director, Recovering Hope Treatment Center; Sadie Hosley, MA, LADC, LPCC, Executive Director, Recovering Hope Treatment Center</td>
<td>Gooseberry Falls 1</td>
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<td><strong>Substance Use Disorders and Cognitive Deficits</strong></td>
<td>Thomas Beckers, BS, Clinical Supervisor, Vinland Center</td>
<td>Gooseberry Falls 2</td>
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<tr>
<td><strong>There’s No Place Like Home</strong></td>
<td>Kennedy Lewis, BSW and MS, Gerontology, MNchoices Assessor-Social Worker, St. Louis County Public Health &amp; Human Services; Janalee Reineke-Lyth, MOT, OTR/L, CCM, CEAS, CAPS, Access Specialist &amp; Project Manager, Accessibility Design, Inc.</td>
<td>Gooseberry Falls 3</td>
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<tr>
<td><strong>Returning to our Roots: A Restorative Practices Approach to Healing Relationships</strong></td>
<td>Troy Homstad, Master’s in Social Work, Restorative Justice Coordinator, Carlton County; Jordan Newsum, Bachelor’s in Community Psychology, Restorative Justice Social Worker, Carlton County</td>
<td>Harborside 202</td>
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<tr>
<td><strong>Let’s Talk about Sex!</strong></td>
<td>Meredith Kujala, BSW, Community Organizer/Advocate, ARC Northland</td>
<td>Harborside 203</td>
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<tr>
<td><strong>Supportive Decision Making 101</strong></td>
<td>Stacy Rodd, BS Psychology, MSW Student, Adult Intellectual Disability Case Manager, St. Louis County Public Health &amp; Human Services; Caryl Walters, Master’s in Counseling Psychology, Waiver Division Team Lead, St. Louis County Public Health &amp; Human Services</td>
<td>Harborside 204</td>
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<tr>
<td><strong>Navigating Student Loans</strong></td>
<td>April Sanderson, BA, Certified Student Loan Counselor, Lutheran Social Service of Minnesota</td>
<td>Harborside 205</td>
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<tr>
<td><strong>The Power of the Heart’s Wisdom</strong></td>
<td>Glenn Tobey, M. Div., MA in Management, Psychotherapist, Qigong Master, Private Practice; Katrina Tobey, Licensed Psychologist, Qigong Master</td>
<td>Harborside 301-302</td>
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<tr>
<td><strong>Embracing Uncertainty</strong></td>
<td>Phil Martin, BA Psychology, Social Worker, Goodhue County Health And Human Services</td>
<td>Harborside 303</td>
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<tr>
<td><strong>The Blanket Exercise</strong></td>
<td>Marsha Lue, EdD, TRIO SSS Advisor, Lake Superior College; Colleen Bernu, Bachelor in Science, Mission Developer, ELCA</td>
<td>Harborside 304</td>
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<tr>
<td><strong>Flow: Create a Daily Practice to Control Your Time, Increase Productivity &amp; Live Fully</strong></td>
<td>Josh Dye, Master’s in Public and Nonprofit Administration, President &amp; Founder, Convene Training + Resilience Community</td>
<td>Harborside 305</td>
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<tr>
<td><strong>Developing an Appreciative Mindset in Our Work &amp; Our Lives</strong></td>
<td>Robert Hartl, MA in Management, Associate Professor of Management, Director, MBA in Leadership &amp; Change,The College of St. Scholastica; Antoinette Pearson, Ed.D, Assistant Professor of Management, Labovitz School of Business &amp; Economics, University of Minnesota Duluth</td>
<td>Lake Superior Ballroom “J”</td>
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<tr>
<td><strong>Sober Squad</strong></td>
<td>John Diver and Shandelle Friedman Co-Founders and Sober Squad Consultants</td>
<td>Lake Superior Ballroom “K”</td>
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<tr>
<td><strong>Coach Approach: Skills to Enhance Your Work with Youth</strong></td>
<td>Sandi Lindgren, PhD, MSW, Clinical Social Worker/Professional Coach, I Support Youth, LLC</td>
<td>Lake Superior Ballroom “L”</td>
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<tr>
<td><strong>Speedballing 101—Opioid and Methamphetamines</strong></td>
<td>Marcia Gurno, MEd, Social Worker, St. Louis County Public Health &amp; Human Services; Matthew Johnson, MSW, LADC, Social Worker, St. Louis County Public Health &amp; Human Services</td>
<td>Lake Superior Ballroom “MN”</td>
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Thursday, October 10  

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<td>41 Creating Safe Spaces for Indigenous Youth in Canada</td>
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<td>42 Life Sharing</td>
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<td>43 St. Louis County Coordinated Entry System for Homeless Housing Programs</td>
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<td>44 Collaborative Safety Pilot Project Overview</td>
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23 Work.Benefits.You  

Have you ever heard someone say, “I can’t work because I’m on benefits,” or “I can’t save money because I’m on SSI?” The good news is neither of those statements are true! Today, all disability benefits in MN support work by having special rules, called work incentives, that help people with disabilities get ahead when they work. Come to this session to get tools and learn more about how work incentives can help the people you serve.

24 Braving the Intersections of Identity Development for Individuals who are Deaf, Hard of Hearing, or Deafblind.  

In this workshop, participants will explore how an individual with hearing loss prioritizes aspects of their identity and examine how spoken language access, visual communication proficiency, and community acceptance or isolation intersect with gender, race, socioeconomic status, and more. Furthermore, participants will learn about the physical and emotional barriers of trying to access communication and community, the benefits of belonging to a community of deaf and hard of hearing sign language users, the factors that cultivate resilient identity development, and the ways to celebrate the intersections that define them.

25 IN•cluded: Inclusive Healthcare — Youth and Providers Empowered

IN•cluded: Inclusive Healthcare — Youth & Providers Empowered is a ground-breaking educational program that addresses the sexual health disparities impacting lesbian, gay, bisexual, transgender, and queer (LGBTQ) youth across the United States. LGBTQ youth are disproportionately impacted by unintended pregnancy and STD rates, making this program a much-needed effort in the fight for LGBTQ equity and inclusion. This workshop will provide an overview of the IN•cluded program and offer skill building techniques and resources for providers to offer affirming care for the young LGBTQ people they serve.

26 Family-Centered System of Care Approach in Behavioral Health Treatment Settings

This presentation will explore the intersection between substance use disorders and the family experience, impact of substance use on children, service delivery challenges, and improving outcomes through the use of family-centered systems of care.

27 Substance Use Disorders and Cognitive Deficits

This presentation will focus on how to work with populations that suffer from cognitive deficits and Substance Use Disorders. Through anecdotes, best practices and experiential activities, the participant will establish a base knowledge of how to engage and work more skillfully with adults with SUD’s and cognitive deficits.

28 There’s No Place Like Home

Home modifications and specialized equipment can enhance a person’s independence, safety and overall quality of life. The goal of a home modification is for a person to remain in their own home that has been customized to meet their assessed needs. The presentation will include information on the Mnchoices assessment, environmental assessment, waivers, and briefly touch on the topic of the Veteran Administration home alterations process. The session will also address the home modification collaboration with the people we serve, the case manager, medical supply providers, contractors and home modification providers like Accessibility Design.

29 Returning to our Roots: A Restorative Practices Approach to Healing Relationships

Restorative Practices is a community-based approach to addressing harm which focuses on restoring relationships, and encouraging accountability. This session will focus on the history and philosophy of Restorative Practices; Carlton County’s work with adults, juveniles, and schools for the past ten years; as well as training attendees in the Restorative Chat Intervention, which is a foundational skill in Restorative Practices.

Continued ↩
30 Let’s Talk about Sex!
Harborside 203
Did you know many adults with I/DD disabilities were pulled from their sex ed classes in school? Did you also know that People with intellectual disabilities have a high rate of sexual abuse? In this session we will discuss the importance of sexual education and healthy relationships for people with I/DD disabilities. We will briefly go through curriculum materials used to teach sex ed to people with disabilities and cover the importance of bringing awareness of this topic and getting the information in the community. Healthy sexual education is important for everyone no matter our differences! Both Katie and Meredith have decades of experience working with and advocating for people with disabilities.

31 Supportive Decision Making 101
Harborside 204
Join us to learn more about supportive decision making, a less restrictive and ethical alternative to guardianship. In this session, we’ll discuss supportive decision making as a person-centered approach designed to protect individual’s rights and maximize their freedom, autonomy, and self-determination. Studies show supportive decision making helps prevent abuse, and leads to better jobs, healthier and longer lives, and more community involvement. Come learn how to best support those in your life living with a disability by making decisions with them rather than for them.

32 Navigating Student Loans
Harborside 205
The rise in tuition combined with the reality of for-profit colleges has resulted in enormously high student loan debt, with $1.5 trillion currently owed. In this session, we’ll discuss available repayment plans and how to navigate missed payments or defaulted student loans. Other topics covered include information on the public service forgiveness program (how to qualify, plus the pros and cons of the program) and how to identify scam companies and help clients find free, reputable help.

33 The Power of the Heart’s Wisdom
Harborside 301-302
Learn to experience and respond to the world around you in a more compassionate, calm, and transformative way by cultivating the wisdom of your heart. Learn to look at social, organizational and personal health issues beyond your normal response to symptoms, by deeply exploring root causes of these issues. Thousands of people have benefitted from the practice of Spring Forest Qigong, a remarkable, comprehensive, integrated health practice that uses simple, experiential activities to cultivate a richer, more empowering, and loving way of life. Come to this workshop and find out more about this wonderful way of living!

34 Embracing Uncertainty
Harborside 303
Certainty may feel good, but it rarely fits the reality we face. Our clients often feel their lives are out of control because of uncertainty, which contributes to addictions, depression, and anxiety. In this workshop, we’ll use mindfulness techniques, zen koans, and humor to examine questions like: Why is uncertainty so uncomfortable? How can we work with it? We will also take home strategies to help our clients (and ourselves) better cope with uncertainty. Finally, we’ll better understand how embracing the reality of uncertainty in our work can help us be more effective and avoid burnout.

35 The Blanket Exercise
Harborside 304
The Blanket Exercise, originally created by KAÏROS in collaboration with Indigenous communities in Canada, is an interactive experience that raises awareness of the nation-to-nation relationship between Indigenous and non-Indigenous peoples in the U.S. The exercise, based on real-life experiences of Native peoples, is designed to increase knowledge about the laws, policies, and programs used during nation building by having participants literally walk through U.S. history. Participants are provided the opportunity to form a common memory and begin conversation about how we can build intercultural bridges together. Participants may experience powerful emotions during the exercise and can step away if needed.

Mary Bue
MUSICAL WELCOME
Full intensity living without a second to take for granted — that is Mary Bue’s m.o. After moving to Minneapolis in 2016, she has found herself with the new band of her dreams and has an eighth album in the works to reflect that intense philosophy in its title track, The World is Your Lover. The world constantly provides us with opportunities to grow, change, and fall in love over and over. Every experience an opportunity to deepen.

Rising out of the trauma of sexual assault, divorce from her husband and bandmate, the opening and closing of her yoga studio, and venturing into an unknown future, Mary’s new album — full of power pop, piano dream waves, and layers of shimmery 90s-influenced guitar — defies and even proudly displays the battle scars.

A prolific songwriter with seven albums under her belt, Mary’s music touches upon archetypal themes of the human condition: love, loss, triumph, dreams, and the natural world. A student of yoga and psychology since her early teens, Mary weaves sacred subject matter into her songs with inquiries into the spirit, the seeking of deeper levels of consciousness, and deep concern for the environment all mixed into her sometimes crass, real-world hue.

For the early half of 2017 Mary was an Artist in Residence at the Wurlitzer Foundation in Taos, NM. She released her seventh project, The Majesty of Beasts, in May 2017 which landed on the Minneapolis Star Tribune’s 2017’s Best of Minnesota Music list, and made #3 in the City Pages. Mary’s long-time support of PAVSA (Program for Aid to Victims of Sexual Assault) as well as the release of this EP was also recognized, honoring Mary with 2017 Community Ally of the Year.
Flow: Create a Daily Practice to Control Your Time, Increase Productivity & Live Fully

Harborside 305

Thursday, October 10

Do you own your day or does the day own you? What progress are you making with your goals and priorities? Do you spend time the way you want, with people who bring you energy? Enough questions...it’s time for action. Specifically, it’s time to create your own daily practice so you can have focus and peace of mind, make progress on your life goals, increase your work productivity, and live life how you want. Learn how in this presentation!

Developing an Appreciative Mindset in Our Work & Our Lives

Lake Superior Ballroom J

This workshop is for those who work in the Children and Family Services division, and will help participants develop and apply an appreciative mindset to their work and relationships. Based on David Cooperrider’s groundbreaking theory of appreciative inquiry and other principles drawn from organization development, participants will practice applying the workshop lessons in interactive exercises.

Sober Squad

Lake Superior Ballroom K

Come learn about Sober Squad, a recovery community made up of members of various 12-step and other recovery groups. The only requirement for membership is the desire to stop using; anyone who wants to live a better life can join. In this presentation, you’ll hear recovery stories and learn how Sober Squad has helped its members. Furthermore, you’ll learn more about the group in general—it’s mission, its volunteering and outreach, and its emphasis on fun, social activities as a way to build connections.

Coach Approach: Skills to Enhance Your Work with Youth

Lake Superior Ballroom L

Life coaching is an innovative approach to supporting clients, and although this workshop focuses on supporting youth, the skills learned in this session can be used with any client. Coaching is a strengths-based approach that empowers people to reach their potential by empowering clients to set meaningiful goals and make their own choices. Research also indicates that youth who receive coaching have improved grades, better test scores, higher attendance rates, and increased confidence (and decreased behavioral issues and depression). Furthermore, coaching is a culturally responsive practice, and has success across the globe. Participants will leave this interactive workshop with practical tools and strategies to help them be more effective with any client they serve.

Speedballing 101—Opioid and Methamphetamines

Lake Superior Ballroom MN

Americans constitute just five percent of the world’s population yet consume roughly 80 percent of the global opioid supply. And, did you know that methamphetamines are the second highest reason for treatment admissions in Minnesota? This workshop will give participants an overview of opioids and methamphetamines and provide information on the signs and symptoms of use, the stages of intoxication and withdrawal, recovery and treatment, and harm reduction options for addressing this crisis. Additionally, participants will learn introductory skills in screening and providing early intervention to individuals who are abusing these drugs or those who are at risk of abusing.

Creating Safe Spaces for Indigenous Youth in Canada

Lake Superior Ballroom O

The Dennis Franklin Cromarty High School in Thunder Bay, Canada, has created two programs to address opioid addiction and high-risk alcohol use in an Indigenous adolescent population. The school created an on-site Suboxone program that eliminated opioid addiction in the school. A new program called a Safe Sober Place is a 6-bed house that monitors intoxicated youth until sober. The Safe Sober Site staff use the Hack Intoxication Index to assess level of intoxication and closely monitor the students. Rapid pace of alcohol ingestion has been identified as a risk factor. Students with complex mental health conditions receive wrap-around care with clinical interventions and culture as foundation to minimize risks and harm.

Life Sharing

Split Rock 1

MN-DHS is designing Life Sharing supports for interested people with disabilities and non-related families in Minnesota. Life Sharing will make it possible for a person with a disability to live with a non-related family and share experiences. This session will describe Minnesota’s vision for Life Sharing and what it is and what it is not. Participants will be encouraged to provide input as MN-DHS seeks to add this service to the variety of living options in Minnesota. Providers of Life Sharing will be present as the MN-DHS seeks to learn about, develop and shape Life Sharing supports for interested Minnesotans with disabilities.

St. Louis County Coordinated Entry System for Homeless Housing Programs

Split Rock 2

Do you work with families or single adults who may be homeless? Access to homeless housing has drastically changed in the past few years. We’ll look at the St. Louis County coordinated entry system and provide you with referral resources to assist your clients. This interactive session will take you through the process from beginning to end and connect you with resources and contact information. You’ll also hear from real clients about the difficult choices and confusion that homeless families face, and how this streamlined system will better assist households by fitting their needs.

Collaborative Safety Pilot Project Overview

St. Louis River Room

In May 2019, the Department of Human Services launched a pilot project with St. Louis, Blue Earth, and Hennepin counties to learn about and review the systemic influences of critical incidents (medication errors, wheelchair safety issues, and more) with the goal of reducing how often these occur moving forward. The pilot project utilizes the collaborative safety model used by the DHS Child and Family Services division to conduct child fatality and near fatality reviews. This session will provide an overview of the collaborative safety model and any lessons learned to date during the pilot program.
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<th>Location</th>
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<tr>
<td><strong>Listening Matters: Quality Reviews and Recommendations</strong></td>
<td>Zoey Legee, MS, Arrowhead Regional Quality Council Program Manager, Vocational Rehab Counseling, ARC Northland; Emily Mack, Bachelor's in Social Work, ARQC Quality Review Coordinator, ARC Northland; Kerri Leucuta, Bachelor's of Science in Social Work, Regional 10 Quality Council Manager, ARC MN (Southeastern MN); Angie Guenther, Master's Degree In Public Health, Metro Regional Quality Council Manager, ARC MN (Greater Twin Cities); Dan Zimmer, Bachelor of Science: Park, Recreation, and Leisure Studies, State Quality Council Director, State Quality Council; Karen Larson, RN, Regional 10 Quality Council, ARC MN (Southeastern MN)</td>
<td>Chester Creek</td>
</tr>
<tr>
<td><strong>W.I.C. History, Change &amp; What’s New!</strong></td>
<td>Angela Straughter, Bachelor's in Science, RN, Public Health Nurse Sr., Certified Lactation Specialist, WIC Breastfeeding Coordinator, WIC Peer Breastfeeding Coordinator, Certified Lactation Specialist, St. Louis County Public Health &amp; Human Services; Beth Hanni, Bachelor in Science of Nursing, RN, Public Health Nurse Sr., WIC Breastfeeding Coordinator, WIC Peer Breastfeeding Coordinator, St. Louis County Public Health &amp; Human Services; Nikki Bennett, Public Health Educator II, Registered Dietician, Certified Lactation Consultant, St. Louis County Public Health &amp; Human Services; Brittany Lindstrom, Bachelor of Science in Community Nutrition, Public Health Educator II, St. Louis County Public Health &amp; Human Services</td>
<td>French River 1</td>
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<tr>
<td><strong>GA and MSA: Two Programs You Should Know More About</strong></td>
<td>John Petroskas, JD, Policy Specialist, Minnesota Department of Human Services</td>
<td>French River 2</td>
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<td><strong>Violence: Understanding Typologies and Risk Factors</strong></td>
<td>Gerald Henkel-Johnson, PhD, Associate Professor, Licensed Psychologist, The College of St. Scholastica</td>
<td>Gooseberry Falls 1</td>
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<tr>
<td><strong>Supporting Transcultural and Transracial Placements in Permanency</strong></td>
<td>Ed Morales, Director, MPP, MSW, Socorro Consulting</td>
<td>Gooseberry Falls 2</td>
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<td><strong>Developing Your Relationship with DHS (HCBS) Licensing</strong></td>
<td>Brittany Raddatz, BA, Senior Licensor, Minnesota Department of Human Services; Missy Loveday, Senior Licensor, Minnesota Department of Human Services</td>
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<td><strong>People Have a Right to Make Bad Decisions: The ethics of self-determination</strong></td>
<td>Mandy Lilly, MSW, Assistant Professor, University of Wisconsin – Superior</td>
<td>Harborside 202</td>
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<td><strong>An Introduction to N.E.A.R. Science and the Building Self-Healing Communities Initiative</strong></td>
<td>Julie Soderberg, MSW, Certified Ace Interface Presenter, Minnesota Communities Caring for Children; Cara Keinanen, Master's in Science – Mental Health Wellness and Prevention, Community Outreach Manager, MN Adult and Teen Challenge</td>
<td>Harborside 203</td>
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<tr>
<td><strong>Your Best Life: Using Courage to Overcome Addiction</strong></td>
<td>Rachel Phillips, MSW, LGSW, LADC, Therapist And Substance Use Disorder Counselor, Human Development Center; Phoenix Walker, BA in Organizational Behavior, LADC, Chemical Dependency Certificate with Specialty in Pharmaceutical Effects on the Body, Substance Use Disorder Counselor, Human Development Center; Rachel Phillips, BAS in Psychology, Masters In Social Work, LGSW, LADC Therapist and Substance Use Disorder Counselor, Human Development Center</td>
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<td><strong>Breaking the Cycle of Jail and Homelessness</strong></td>
<td>Kevin Fawcett, MA Criminal Justice Leadership, Executive Director, New Opportunities</td>
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<td><strong>Substance Use Disorder Reform; An Overview of Changes Effecting the Delivery of Substance Use Disorder Services in Minnesota.</strong></td>
<td>Marcia Gurno, MEd, Social Worker, St. Louis County Public Health &amp; Human Services; Greg Anderson, MSW, Former Social Services Supervisor, St. Louis County Public Health &amp; Human Services – Retired; Matt Johnson, MSW, Social Worker, St. Louis County Public Health &amp; Human Services; Beth Elstad, BA, Certified Recovery Specialist, Recovery Alliance Duluth</td>
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<td><strong>56 Embracing Epilepsy through Life's Triumphs and Trials</strong></td>
<td>Lisa Peterson, MSE Reading Education, BS Elementary Education, Minors: Early Childhood and Adaptive Education – Special Education, Regional Coordinator – Northern MN, Epilepsy Foundation of Minnesota; Lawaine Longen, BS Women Studies And American Indian Studies, MSW, Child Protection Social Worker, St. Louis County Public Health &amp; Human Services; Bob Kuster, Received MN AVTI Heavy Equipment Operator and Class B Commercial Drivers License with Passenger Endorsement, Menards; Roxane Schmitz, AA Science, RN, Population Health, Essentia Health; Desiree Gregorich, AA in Veterinary Technology, Independent Consultant – Copper Leader, Tastefully Simple</td>
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<td><strong>57 Making Planful Placement Decisions (Part 1)</strong></td>
<td>Devon Gilchrist, MSW, Agency Foster Care Policy Specialist, Minnesota Department of Human Services</td>
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<td><strong>59 Transgender 101</strong></td>
<td>Ellie Krug, Juris Doctor, President and Founder, Human Inspiration Works, LLC</td>
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<td><strong>60 Moving Up and Out</strong></td>
<td>Annie Krohn, MSW, Social Work Coordinator, St. Louis County Public Health &amp; Human Services; Elizabeth Siebenaler, MSW, Social Worker, St. Louis County Public Health &amp; Human Services; Terri Laflamme, MSW, Social Worker, St. Louis County Public Health &amp; Human Services; Meredith Kujala, Community Organizer Self Advocates Of MN (SAM), ARC Northland; Mary Holschuh, Guardian, St. Louis County Public Health &amp; Human Services</td>
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<td><strong>61 It’s OK To Call Us Queer and Other Things To Know About Us (Part 1)</strong></td>
<td>Kathy Hermes, BS in Science Education, Program Coordinator, Lutheran Social Service; Khayman Goodsky, Program Facilitator, Lutheran Social Service; LSS Interns/Volunteers/Program Participants,trans+ Friends, Family And Allies Members, LGBTQIA2s Community Members</td>
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<td><strong>62 Too Young, Too Old: Ageism in the Workforce</strong></td>
<td>John Lukach, MSW, Training Specialist, Standard Four LLC</td>
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<td><strong>63 BOLD-Choice Theatre Company presents: “Bloom” (Part 1)</strong></td>
<td>Annie Roseen, Bachelor of Arts, BOLD-choice Theatre Company, CHOICE, Unlimited; BOLD-choice Theatre Company, 30 Person Theatre Company Cast, CHOICE, Unlimited</td>
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<td><strong>64 Participatory Racial Dialogue (Part 1)</strong></td>
<td>Arlene Garcia, EdD, LCSW, Founder, CT Center for Counseling and Education; Kevin Skwira-Brown, MSW, LGSW, Partner/Trainer, Cultural Fluency Associates LLP</td>
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<td><strong>65 Taming the Wild West: New Assisted Living Regulatory Framework</strong></td>
<td>Rajean Moone, PhD, LNHA, FGSA, Faculty Director, University of Minnesota</td>
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<td><strong>66 Developing a Person-Centered Community of Practice</strong></td>
<td>Kelly Sather, MSW, LICSW, Supervisor, St. Louis County Public Health &amp; Human Services; Brandon Hendrickson, BA, Staff Development Director, Residential Services Inc.; Jennifer Steger, BA, Program Director, Trillium Inc.</td>
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### Listening Matters: Quality Reviews and Recommendations

**Chester Creek**

Over the last few years, there has been a movement towards person-centered thinking, planning and practices. How do we determine what impact this has on the quality of life for people who are receiving waivered services? Currently, the Minnesota State Quality Council, as well as other Regional Quality Councils in the state are working to answer this question. Over the last two years, the Regional Quality Councils have interviewed hundreds of people who receive home and community based services (HCBS) in Minnesota. Presenters from the Arrowhead Regional Quality Council, Region 10 Quality Council, and the Metro Regional Quality Council will share findings from these interviews and their recommendation for quality improvements based on these findings. Members of the State Quality Council will give an overview of how they are pulling it all together at the state level.

### W.I.C. History, Change & What’s New!

**French River 1**

This presentation will review the history of nutrition in the U.S., with a focus on how implementing a scientific and nutrition based program can have a positive impact on a group of individuals. WIC was created to address malnutrition concerns among pregnant woman, infants, and young children. Today, its supplemental foods and client education methods are quite different. We’ll look at those supplemental food changes and the scientific-based assessment and evaluation procedures utilized in WIC to achieve healthy outcomes through patient-centered services. We’ll also introduce the latest technology designed to make WIC more widely accessible and user-friendly.

*Continued* 🎤
Thursday, October 10

**Session III Workshops**
1:00 – 2:30 p.m.

**47. GA and MSA: Two Programs You Should Know More About**
سمعية 2

General Assistance (GA) and Minnesota Supplemental Aid (MSA) are important income support programs that help low-income single adults live better lives in our communities. Knowing how GA and MSA work can improve your ability to connect people with these valuable resources. This workshop will cover eligibility, benefit amounts, and information on how GA and MSA interact with other programs. You’ll have time to ask questions.

**48. Violence: Understanding Typologies and Risk Factors**
سمعة 1

It’s no secret violent issues take center stage in the news and our daily conversations. This presentation will present the various types of violence, including sexual, nonsexual, instrumental (planned), and reactive. Participants will learn the primary as well as the more “mythical” risk factors, and therapeutic and lifestyle factors which can reduce risk.

**49. Supporting Transcultural and Transracial Placements in Permanency**
سمعة 2

Transracial, transcultural permanency options present unique challenges that are often poorly supported by existing infrastructure. In this session, we’ll explore these challenges and how workers and systems can address them to better support children, adolescents and families in transracial and transcultural placement.

**50. Developing Your Relationship with DHS (HCBS) Licensing**
سمعة 3

DHS license holders with a 245D or adult day center license will learn what to expect during licensing reviews and other contact times with DHS Licensing, how to prepare and respond to licensing reviews, and how to develop and enhance your relationship with your DHS licensor.

**51. People Have a Right to Make Bad Decisions: The ethics of self-determination**
سمعة 202

Self-determination is a foundational concept in social work but also laden with potential conflicts. This seminar seeks to discuss the considerations for supporting choice in an ambiguous social landscape. Participants will identify their own biases that impact their perceptions of choice in various ethical situations and case studies. The goal of the workshop is to learn to honor client self-determination despite the contexts of personal and professional influences and solidify ethical practice.

**52. An Introduction to N.E.A.R. Science and the Building Self-Healing Communities Initiative**
سمعة 203

The adverse childhood experiences (ACE) study findings represent a paradigm shift in human understanding of the origins of physical, social, mental, and societal health and well-being. With scientific evidence, we now know that disease and disability, learning and productivity problems, and early death have their roots in the cumulative neurodevelopmental impacts of ACEs. This presentation provides introductory information about the ACE study, along with neurobiology that explains why and how ACEs affect people’s lives. We’ll use a guided activity used for fostering community resiliency to increase participant understanding and facilitate shared learning within our communities.

**53. Your Best Life: Using Courage to Overcome Addiction**
سمعة 204

Historically, substance use disorder treatment has involved limited interventions in which clients are unable to maintain their long term sobriety. During this presentation, attendees will learn more about proven long term supportive recovery models that encourage choice, hope, and connection. We will discuss the importance of client preference, ethical treatment, and readiness for change. We will also demonstrate programming that begins with pre-contemplation and ends with long term recovery.

**54. Breaking the Cycle of Jail and Homelessness**
سمعة 205

What comes to mind when we think of the homeless population? It may often be substance abuse, criminal behavior, mental health and incarceration. Unfortunately, people who are homeless are often treated from a criminal justice viewpoint: as criminals. But jail is not working. It is time to examine the way we work with homeless people and begin to identify alternative solutions. This workshop will separate the criminal component from responsibility factors, helping providers break the cycle of homelessness.

**55. Substance Use Disorder Reform: An Overview of Changes Affecting the Delivery of Substance Use Disorder Services in Minnesota**
سمعة 301-302

In 2017, Minnesota enacted legislation to reform treatment services for Subsance Use Disorder (SUD), which will streamline access to least restrictive treatment options, and offer reimbursement for some services which were previously non-reimbursable. Come find out more about direct access to treatment vs Rule 25 and the primary roles and qualifications of a treatment coordinator, LADC, and peer recovery specialist. Learn how St. Louis County has prepared for this system overhaul by organizing a collaborative of regional providers and stakeholders.

**56. Embracing Epilepsy through Life’s Triumphs and Trials**
سمعة 303

Be inspired as you meet some of the faces of the 1 out of 26 people affected by epilepsy. This will be a panel session comprised of individuals and family members who will share their journey of embracing epilepsy through life’s triumphs and trials. Although epilepsy is the most common neurological condition in children and the fourth most common in adults after migraines, stroke, and Alzheimer’s, epilepsy is still misunderstood. Learn how to recognize and respond to the most common types of seizures and how people are being “bravely human” by living their best life with epilepsy.

**57. Making Planful Placement Decisions (Part 1)**
سمعة 304

Making the decision to place a child in foster care is one of the most challenging tasks a social worker has to perform and requires the consideration of a number of factors. In this interactive workshop, we’ll look at how our personal and professional experiences shape our values and affect our placement decisions, as individuals and as those working within welfare organizations. We’ll also examine strategies for engaging and considering relative and kinship foster care placement options to maintain familial connections and achieve successful permanency outcomes for children in care. Finally, we’ll discuss how child welfare best practice and policy guides the placement decision making process.

Continued
### Transgender 101

**Lake Superior Ballroom J**

What does it mean to be transgender? How can others who aren’t “trans” (the technical title is “cisgender”) be welcoming? Is being trans just a choice? Against the backdrop of these questions, Ellen (Ellie) Krug will address what it means to come to understand that one’s gender identity isn’t a choice, how trans and gender nonconforming people navigate coming out, and the challenges of living in a binary society, where one’s sex is assigned at birth. This discussion is critical, as many counselors and therapists are treating trans/gender nonconforming patients without receiving any formal trans 101 training.

### Moving Up and Out

**Lake Superior Ballroom K**

Come for a panel discussion from self-advocates who have moved out of corporate foster care into their own apartment/homes. Panelist (self-advocates, parents/guardians, case managers, and providers) will share their experience, discuss how to balance risk with safety, and describe what support looks like for them to be successful.

### It’s OK To Call Us Queer and Other Things To Know About Us (Part 1)

**Lake Superior Ballroom L**

This presentation is part of the educational outreach done by Lutheran Social Service’s Together for Youth, a social support group for lesbian, gay, bisexual, transgender, queer, questioning, intersex, two spirit, and allied youths. Participants will gain a deeper understanding of the challenges young people face, from living life in the closet to being out and proud. In addition to personal stories, topics covered will include presumed heterosexual, heterosexual privilege, cisgender privilege, homophobia, transphobia, micro-aggressions, micro-affirmations, and the important role of allies. Emphasis will be placed upon trans identities, policy protections, and more considerate workplace practices.

### Too Young, Too Old: Ageism in the Workforce

**Lake Superior Ballroom MN**

Ageism has a measurable effect on workplace morale. And age discrimination is not just a problem for older professionals; it also affects young adults entering the workplace environment. In this workshop, we’ll examine how our own stereotypes about age influence us—as practicing social workers. Through interactive discussion we will share our stories, challenge biases, and learn how to foster inter-generational collaboration in the workplace.

### BOLD-Choice Theatre Company presents: “Bloom” (Part 1)

**Lake Superior Ballroom O**

The award winning BOLD-choice Theatre Company and its cast of 30 individuals—with and without disabilities—present their latest original production Bloom. This original play is the coming of age story about Lily, a young person with a disability in the 1960s. Bloom highlights some of our country’s painful history with division, but it also showcases the way individuals and movements rebelled and laid the foundation for change and inclusion. The play reflects the breadth of the human experience—from frustration and powerlessness to humor and hope. You’ll be moved and informed by this original screenplay.
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<th>Session IV Workshops</th>
<th>3:00–4:30 p.m.</th>
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<td>67 Barriers in Seeking Support for Sexual Violence: Perspectives of Survivors and Service Providers</td>
<td>Chester Creek</td>
<td>Rebekah Overby, BA, MSW Student and Graduate Research Assistant, University of Minnesota Duluth, Department of Social Work; Gwendolyn Anderson, PhD, Assistant Professor, University Of Minnesota Duluth, Department Of Social Work; Sara Niemi, Master’s in Mental Health Counseling, Executive Director, PAVSA</td>
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<td>68 The QPR Skillset</td>
<td>French River 1</td>
<td>Steve Hansberry, BS, Outreach Associate, Wellness in the Woods; Jode Freyholtz London, Executive Director, Wellness in the Woods</td>
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<td>69 Learn About EEG Brain Activity Readings, Brain Plasticity and Qualitative Lifestyle Changes</td>
<td>French River 2</td>
<td>Lyle Wildes, Master’s, Brain Coach, Positive Attitude Development Group, Inc.; Michael Merzenich, PhD, Brain Researcher</td>
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<td>70 Public Assistance 101</td>
<td>Gooseberry Falls 1</td>
<td>Heather Larson, Bachelor in Business Management, Public Assistance Supervisor; David Courtright, PA Trainer; Jolene Jamnick, PA Trainer; Mark Trimble, PA Trainer; and Tonia Villegas, Early Childhood Education, all with St. Louis County Public Health &amp; Human Services</td>
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<tr>
<td>71 The Stonewall Generation hits retirement: Experiencing aging in the LGBT and HIV+ Contexts</td>
<td>Gooseberry Falls 2</td>
<td>Phil Duran, Director of Advocacy, Research, and Education. JustUsHealth; Dylan Flunker, Policy and Research Manager, MPP, JustUsHealth</td>
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<tr>
<td>72 Craving more: Binge Eating and Compulsive Overeating</td>
<td>Gooseberry Falls 3</td>
<td>Hilmar Wagner, Master’s in Public Health ~ Nutrition (MPH), Registered/Licensed Dietitian (RDN, LN), Nutrition Coordinator, Clinical Outreach Specialist, The Emily Program</td>
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<td>73 Lessons I have Learned from the Children</td>
<td>Harborside 202</td>
<td>Brianna Evans, MSW, LGSW, St. Louis County Public Health &amp; Human Services</td>
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<td>74 The Opioid Epidemic, My Story of Survival</td>
<td>Harborside 203</td>
<td>James Marthaier, MA in Clinical Psychology, Supervisor, Mental Health Professionals, Children’s Mental Health, Rice County Social Services</td>
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<td>75 After it Hits the Fan: Preparing Staff for Workplace Crises for Youth</td>
<td>Harborside 204</td>
<td>David Swenson, PhD, Psychologist, The College of St. Scholastica; Anjie Dreling, MSW, Supervisor, Children &amp; Families Division, St. Louis County Public Health &amp; Human Services</td>
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<tr>
<td>76 When Grief is Complicated: Applying Positive Psychology to Promote Resilience</td>
<td>Harborside 205</td>
<td>Gina Dixon, MA, Licensed Psychologist, Program Manager, Essentia Health Grief Support Services</td>
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<tr>
<td>77 Our Own Voices, Our Own Stories: The Adult Korean Adoptee Experience</td>
<td>Harborside 301-302</td>
<td>Shawyn Lee, PhD MSW LGSW, Assistant Professor, University of Minnesota Duluth; Kyah Altiere, MSW LISW, Counselor, Clearpath Clinic; Julie Kim, MSW LICSW, Counselor University of Minnesota Duluth Counseling Services; Laura Johnson, MBA, Senior Alumni Engagement Officer, The College of St. Scholastica</td>
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<tr>
<td>78 Human Rights in Social Work</td>
<td>Harborside 303</td>
<td>Sandra van den Bosse, MSW, BSW Program Director and Instructor, University of Minnesota Duluth, Chair – City of Duluth Human Rights Commission</td>
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<tr>
<td>79 Making Planful Placement Decisions (Part 2)</td>
<td>Harborside 304</td>
<td>Devon Gilchrist, MSW, Agency Foster Care Policy Specialist, Minnesota Department of Human Services</td>
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<td>81 The ABC’s of Disability: Raising Awareness, Eliminating Barriers &amp; Shaping Culture</td>
<td>Lake Superior Ballroom J</td>
<td>Gaeylnn Tressler, Bachelor’s in Political Science, Musician, Public Speaker, Disability Advocate, Gaeylnn Lea Music</td>
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<tr>
<td>82 Recovery Alliance Duluth: Inspire. Connect. Recover</td>
<td>Lake Superior Ballroom K</td>
<td>Beth Elstad, BA, Co-Founder, Certified Peer Recovery Specialist, Recovery Alliance Duluth; Julie Gehlen, BS, Co-Founder, Peer Recovery Specialist, Recovery Alliance Duluth</td>
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<tr>
<td>83 It’s Ok to Call Us Queer and Other Things to Know About Us (Part 2)</td>
<td>Lake Superior Ballroom L</td>
<td>Kathy Hermes, BS in Science Education, Program Coordinator, Lutheran Social Service; Khayman Goodsky, Program Facilitator, Lutheran Social Service; LSS Interns/Volunteers/Program Participants,Trans+ Friends, Family And Allies Members, LGBTQIA2s Community Members</td>
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Thursday, October 10  Session IV Workshops, continued  3:00–4:30 p.m.

**84 Housing Support in Long-term Homeless Supportive Housing Settings**
Jensina Rosen, MSW, Homeless and Housing Program Specialist, St. Louis County Public Health & Human Services; Jeremy Galley, Agency Policy Specialist, Minnesota Department of Human Services—Housing & Supports Division; Jessie Kowarsch, LTH Case Manager, Range Transitional Housing; October Allen, LTH Supportive Housing Provider, Grace Place
Lake Superior Ballroom MN

**85 BOLD-choice Theatre Company Presents: Bloom (Part 2)**
Annie Roseen, Bachelor of Arts, BOLD-Choice Theatre Company’s “Bloom,” BOLD-choice Theatre Company, CHOICE, Unlimited; 30 person Theatre Company Cast, BOLD-choice Theatre Company, CHOICE, Unlimited
Lake Superior Ballroom 0

**86 Participatory Racial Dialogue (Part 2)**
Arlene Garcia, EdD, LCSW, Founder, CT Center for Counseling and Education; Kevin Skwira-Brown, MSW, LGSW, Partner/Trainer, Cultural Fluency Associates LLP
Split Rock 1

**87 Compassion Fatigue Care: The Missing Element in Trauma-Responsive Care**
Stacy Overby, MS, LADC, CCTP, CCFP, Program Director, Phoenix Recovery Programs
Split Rock 2

**88 Management Culture**
Denise Moreland, MA – Public Administration, BA – Psychology, Religion, Author, Trainer, Consultant, LifeGuides owner, LifeGuides
St. Louis River

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### Barriers in Seeking Support for Sexual Violence: Perspectives of Survivors and Service Providers
**Chester Creek**

This presentation will cover research findings about survivors of sexual violence and information about services provided by PAVSA. Interview findings suggest that community-level barriers may prevent survivors from seeking supportive services. Other barriers identified were relationships and Intimate Partner Violence (IPV), internalized blame, and minimization of trauma. While survivors had positive interactions with advocates and Sexual Assault Nurse Examiners (SANE) nurses, they expressed hesitation in seeking additional support (outside of sexual assault staff). PAVSA staff will highlight their key services and programs and discuss their work to alleviate barriers for survivors, create awareness in the community, and disrupt harmful beliefs and myths about sexual assault through community education.

### The QPR Skillset
**French River 1**

Employers, schools, and faith communities across Minnesota are pursuing basic suicide prevention skill sets. QPR is an evidence based program presented by a certified instructor that teaches the three point sequence of question-persuade-refer to identify, address, and help people at risk. This presentation, which uses video, PowerPoint, and handouts, will cover risk factors, how to ask someone if they are at risk, healthy responses to a stated interest or intent, and resolution skills. Attendees will also receive a skill set booklet and certificate of completion.

### Learn About EEG Brain Activity Readings, Brain Plasticity and Qualitative Lifestyle Changes
**French River 2**

The PAD Group is doing EEG readings right here in Duluth as a partner with other brain researchers. We scan our breast, hearts, lungs to know the health of other organs, we can now identify over active or under active brain areas before working with them. Once we get to know the activity of a brain, we can work with the brain’s plasticity for changing the quality of that brain’s behavior. Learn more about the importance of identifying a brain’s health before working with that brain.

### Public Assistance 101
**Gooseberry Falls 1**

Public assistance programs offer a wide variety of services. Knowing the basics helps those in our community achieve a better understanding of available programs and how to apply for assistance. A panel from SIC’s Public Assistance Department will share program knowledge and provide helpful insights into accessing and navigating this sometimes complex system. PA programs covered include: MN Family Investment Program (MFIP); Diversionary Work Program (DWP); Supplemental Nutrition Assistance Program (SNAP); General Assistance (GA); Medical Assistance (MA); Long-Term Care & Waiver Medical Assistance (LTC / WVR); County Burials; Housing Support; MN Supplemental Aid (MSA); Emergency Assistance (MA); Fraud Prevention (FP); and Childcare (CC).

### The Stonewall Generation hits retirement: Experiencing aging in the LGBT and HIV+ Contexts
**Gooseberry Falls 2**

Every living person who, as an adult, was present for the Stonewall riots which launched the modern LGBTQ movement, is on Medicare and/or Social Security. Additionally, thirty years ago an HIV diagnosis was frequently equated with a short life span and an unpleasant death. But today, medications available to HIV-positive individuals give them the chance to live into their 60’s, 70’s, and beyond. As these distinct but sometimes overlapping populations, seek services as older adults are providers prepared to serve them well? This session will provide foundational information relevant to both groups, strategies for engaging LGBTQ older adults, and current figures on HIV through the lens of age, to equip providers for success.

### Craving more: Binge Eating and Compulsive Overeating
**Gooseberry Falls 3**

When does overeating become a ‘problem’? When is obesity related to compulsive overeating or binge eating? How can you tell? This workshop will address these questions and more, providing a comprehensive overview of the ‘what’ and ‘what to do about it’ regarding compulsive overeating and the new DSM-5 diagnosis: binge eating disorder (BED). Research indicates that up to 30 percent of individuals seeking weight loss services struggle with eating disorders, meaning these eating-related issues are widespread. Open to clinicians who work with people struggling with weight-related issues or...
**Thursday, October 10**

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**eating disorders, this workshop will provide practical and useful techniques drawing upon mindful eating strategies and Cognitive Behavioral Therapy (CBT).**

**Lessons I have Learned from the Children**

Harborside 202

I have worked with children and their families for much of my life; as a mother of three, licensed parent educator, family preservation and reunification specialist, therapist, and for the past several years as a child protection intake social worker. In this workshop, I want to share valuable lessons I’ve learned from the children I’ve raised and worked with, and show how these lessons have influenced my social work practice. This workshop will combine current research and personal stories and give participants the opportunity to share what they have learned from some of the best teachers out there — children.

**The Opioid Epidemic, My Story of Survival**

Harborside 203

James Marthaler was diagnosed with a rare genetic illness for which the only known treatment was pain management...or opioids. As his illness worsened and his mental health deteriorated, his use of opioids turned from a way to manage pain to one of addiction and abuse. James lost nearly everything he cared about, but in 2006 a treatment was developed for his genetic illness and he began climbing out of his nightmare. James will openly share his story and his insights with the goal of shattering stereotypes, challenging beliefs, and discussing why the U.S. is ground zero for the opioid epidemic.

**After it Hits the Fan: Preparing Staff for Workplace Crises**

Harborside 204

Workplace violence is nothing new to HHS staff, but there are other crises that can adversely impact staff too, including reputation attacks, confidentiality breaches, financial crises, lawsuits, and natural disasters. HHS organizations need to show due diligence in preparing their staff to respond to all crises, both for the benefit of their clients and for themselves. This session identifies the diverse crises HHS staff may face and discusses those crisis impacts on people and operations. It also covers organizational risk audits, managing public relations, the debriefing controversy, response to investigation, and resiliency considerations.

**When Grief is Complicated: Applying Positive Psychology to Promote Resilience**

Harborside 205

Drawing on 25 years of experience supporting individuals, families and organizations following trauma and loss, this presentation will offer a developmentally sensitive understanding of common grief responses, as well as factors that complicate grief. We'll also look at strategies that respectfully promote resilience among youth, families, and the professionals who serve them, using a positive psychology perspective. Participants will have the opportunity to share, discuss, and take part in hands on activities. My goal? To facilitate your confidence in being a supportive companion to those grieving the loss of a loved one by death, incarceration, or estrangement due to addiction, mental health issues, dementia or other complications.

**Our Own Voices, Our Own Stories: The Adult Korean Adoptee Experience**

Harborside 301-302

International adoption has long been part of American history. As generations of children were removed from their families and cultures, adoption research quickly developed, moving from anecdotal stories by social workers to psychological frameworks rooted in theory. A major gap in the research is that most of it focuses on children and adolescents, and does not actually come from adoptee’s perspectives. Because of the uniquely high concentration of Korean adoptees in Minnesota, this workshop brings us the voices and stories of adult Korean adoptees. Using an attachment lens, panelists will share personal stories of the complexities associated with being adopted.

**Making Planful Placement Decisions (Part 2)**

Harborside 304

Making the decision to place a child in foster care is one of the most challenging tasks a social worker has to perform and requires the consideration of a number of factors. In this interactive workshop, we’ll look at how our personal and professional experiences shape our values and affect our placement decisions, as individuals and as those working within welfare organizations. We’ll also examine strategies for engaging and considering relative and kinship foster care placement options to maintain familial connections and achieve successful permanency outcomes for children in care. Finally, we’ll discuss how child welfare best practice and policy guides the placement decision making process.


Harborside 305

To be ethical, ethics presentations must tell us how to do our work, but also take a hard look at where we fall short. We work in this field because we are passionate about helping children, but we also know that child welfare work is done with too few dollars, too few staff, too few services for families, and too many clients. We do the best we can, but we often have to cut corners. We don’t like to think about that, but we must. In this workshop, we’ll look at the code of ethics and why it is not as simple as it sounds, examine how “the system” sees child welfare problems, and identify why some “solutions” don’t work. A few case examples will be included, too.

**The ABC’s of Disability: Raising Awareness, Eliminating Barriers & Shaping Culture**

Lake Superior Ballroom J

Gaelynn Lea will share her personal experience of living, loving, and working with a disability. She will discuss the barriers that those with disabilities still face and highlight activism efforts that help further the goal of equality for all. Gaelynn will also discuss why disability inclusion in the arts is so important and how the concept of “disability pride” can help transform our culture.
**Recovery Alliance Duluth: Inspire, Connect, Recover**

Recovery Alliance Duluth is an emerging recovery community organization created to support individuals seeking or maintaining recovery, to inspire hope, create connection, and eliminate stigma. In this workshop, participants will learn about the need and benefits of peer-based recovery support services, and the need to shift from an acute care model to a recovery-oriented system of care (ROSC). ROSC coordinates ongoing support for people seeking recovery from substance use disorder and addresses a broader range of support.

**It's Ok to Call Us Queer and Other Things to Know about Us (Part 2)**

This presentation is part of the educational outreach done by Lutheran Social Service’s Together for Youth, a social support group for lesbian, gay, bisexual, transgender, queer, questioning, intersex, two spirit, and allied youths. Participants will gain a deeper understanding of the challenges young people face, from living life in the closet to being out and proud. In addition to personal stories, topics covered will include presumed heterosexuality, heterosexual privilege, cisgender privilege, homophobia, transphobia, micro-aggressions, micro-affirmations, and the important role of allies. Emphasis will be placed upon trans identities, policy protections, and more considerate workplace practices.

**Housing Support in Long-term Homeless Supportive Housing Settings**

Housing support (f.k.a. GRH) pays for room and board for seniors, for adults with disabilities who have low incomes, and for supplemental services in eligible settings to support an individual’s ability to maintain housing. Recipients of housing support may live in group settings (i.e. board and lodges) or community-based settings (i.e. long-term homeless [LTH] supportive housing). This workshop provides an introduction to the LTH supportive housing program in St. Louis County. Participants will learn more about housing support, different program models, and programmatic requirements. Providers will also share their experiences with the program, including successes and lessons learned.

**BOLD-choice Theatre Company Presents: Bloom (Part 2)**

The award winning BOLD-choice Theatre Company and its cast of 30 individuals—with and without disabilities—present their latest original production Bloom. This original play is the coming of age story about Lily, a young person with a disability in the 1960s. Bloom highlights some of our country’s painful history with division, but it also showcases the way individuals and movements rebelled and laid the foundation for change and inclusion. The play reflects the breadth of the human experience—from frustration and powerlessness to humor and hope. You’ll be moved and informed by this original screenplay.

**Participatory Racial Dialogue (Part 2)**

Talking about race, whiteness, privilege and oppression can be hard. In this session, we’ll discuss these topics safely by participating in a proven discussion structure that fosters deeper learning and safer sharing. Participants in this session will first gather in Racial Caucus groups—groups which share similar racial experiences. Then, participants will be given the opportunity to engage in intercultural dialogue facilitated by a cross-racial and cross-gender team. Come ready to share your questions and your insights.

**Compassion Fatigue Care: The Missing Element in Trauma-Responsive Care**

Trauma-Responsive Care: It’s vital to providing comprehensive mental health and substance use disorder care to our clients. But do we take time to care for ourselves in the process? Listening to traumatic stories day after day leaves a mark on any provider. How do we recognize that? What do we do when we do see it in ourselves or a co-worker? It’s important for us to correctly identify and address compassion fatigue, secondary trauma, and burnout, so our clients continue to receive top notch care.

**Management Culture**

Societies, organizations, families and work teams all have unique cultures that define how people are supposed to behave in order to belong and succeed. The same holds true within the ranks of management: this unique culture has a specific definition of how leaders ought to fill their roles. However, in too many organizations, management culture creates a toxic work environment. In fact, studies show that oftentimes people leave because of bosses, not because of organizations. Luckily, culture can be changed! This workshop will explore the culture of management and offer fresh ideas on how leaders and employees can create an inclusive, healthy workplace environment.

**Due to popularity, the therapy dogs are back!**

Thursday, Oct. 10th 12:30-3:00pm in the Harbor Side lobby area.
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<td><strong>Building a Trauma Responsive School: Steps You Can Take Towards Meeting The Social and Emotional Needs of Students.</strong></td>
<td>Callie Devriendt, MSW, LICSW, Social, Emotional, Behavioral Multi-Tiered Systems Of Support Coordinator &amp; Mental Health Partnership Coordinator, Duluth Public School District – ISD 709; Ronell Kahring, Bachelor of Science in Secondary Education, Positive Alternative Within a School Program Coordinator (TOSA), Duluth Public School District – ISD 709</td>
<td>Chester Creek</td>
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<tr>
<td><strong>Hope vs. Despair: Hope Wins!</strong></td>
<td>Dr. Tim Walsh, MA, LP, DPA, Minnesota Adult &amp; Teen Challenge</td>
<td>French River 1</td>
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<td><strong>What to Do about ACEs? An Evidence-Based Approach to Building Resilience</strong></td>
<td>Dean Grace, Ed.D, Consultant, Northwood Children’s Services</td>
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<td><strong>Adolescents with Co-Occurring Substance Use and Psychiatric Disorders</strong></td>
<td>Fred Dyer, PhD, Trainer/Consultant, Hope Recovery Center</td>
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<tr>
<td><strong>Positive Behavior Support Strategies and Resources</strong></td>
<td>Amber Maki, MS, Person Centered Positive Support Transition Coordinator; Minnesota Department Of Human Services; Stacie Enders, MS, External Program Review Committee (EPRC) Coordinator; Dr. Mary Piggott, SPHD, Person Centered Positive Support</td>
<td>Gooseberry Falls 2</td>
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<tr>
<td><strong>Bravely Being Disabled</strong></td>
<td>Linda Wolford, MS, Counseling Psychology, Rehab Emphasis, Interagency Coordinator, Minnesota Department of Human Services; Peter Beierwaltes, Master’s in Public Policy, Fiscal Policy Analyst, Minnesota Department of Human Services</td>
<td>Gooseberry Falls 3</td>
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<tr>
<td><strong>New Directions in LGBTQIA Social Policy and Treatment Issues</strong></td>
<td>Wallace Swan, MPA, MAPA, DPA, Contributing Faculty Member, Walden University; Paula Overby, BA, Psychology, Author and Political Activist, Mirare Publishing; Kate Lehmann, MA, President, Lehmann Consulting, Inc.</td>
<td>Harborside 202</td>
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<tr>
<td><strong>How To Avoid The Most Frequent Errors in Determining Eligibility for Financial Assistance Programs (Part 1)</strong></td>
<td>Donald Skoy, Human Services Manager 1, Internal Audits – Program Compliance &amp; Audits; Connie Thomas, Human Services Supervisor 3, Accounting DHS – Internal Audits – Program Compliance &amp; Audits; Denise Haliburton, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance &amp; Audits; Fran Kozlowski, Human Services Program Rep 2, DHS – Internal Audits – Program Compliance &amp; Audits; Lohi Hill, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance &amp; Audits, all from Minnesota Department of Human Services.</td>
<td>Harborside 203</td>
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<tr>
<td><strong>New Services to Support Housing</strong></td>
<td>Mark Caldwell, PhD, Human Services Program Consultant, DHS – Housing and Supports Division; Bekah Kaufenberg-Satre, Human Services Program Consultant, DHS – Housing and Support Services; Alison Niemi, Human Services Program Consultant, DHS – Housing and Support Services, all from Minnesota Department of Human Services</td>
<td>Harborside 204</td>
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<tr>
<td><strong>Strategic Workforce Solutions: Breaking Down the Barriers</strong></td>
<td>Della Ludwig, Master’s in Management, Workforce Strategy Consultant – Central MN, Minnesota Department Of Employment And Economic Development (DEED); Jessica Miller, Master’s in Leadership, Workforce Strategy Consultant – South-West And South-Central MN, DEED</td>
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<tr>
<td><strong>Supporting Person Centered Planning and Informed Choice in Housing for People with Disabilities</strong></td>
<td>Rajean Moone, PhD, HB 101 Liaison, Minnesota Department of Human Services; Heidi Sandberg, BSW, Housing Planner, Minnesota Department of Human Services</td>
<td>Harborside 301-302</td>
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<tr>
<td><strong>Are You Really Listening? Maximizing Consumer Feedback</strong></td>
<td>Lynn Goertd, Ed.D, MSW, Associate Professor Of Social Work, University Of Wisconsin Superior</td>
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<tr>
<td><strong>From Hand Holding to Walking Side-By-Side</strong></td>
<td>Laura Brandt, Master of Social Work, Youth in Transition Program &amp; Minor Parent Program Case Manager, St. Louis County Public Health &amp; Human Services; Taylor McClung, Bachelor of Science, Program Coordinator with The Oh No 18 Program, Lutheran Social Service; Nicolas Vogel, Bachelor of Science, Program Consultant in The Adolescent Services Unit, Minnesota Department of Human Services</td>
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### Friday, October 11

**Session V Workshops, continued**

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<td>102 Child Social &amp; Medical Histories – What to Expect &amp; What is My Role?</td>
<td>Catrina Ankarlo, Master’s in Public Administration, Northstar Quality Assurance – Permanency Consultant, Minnesota Department of Human Services; Elisha Wolfman, Bachelor’s in Social Work, Northstar Quality Assurance – Permanency Consultant, Minnesota Department of Human Services; Vanessa Thoennes, Master’s in Social Work, Northstar Quality Assurance – Permanency Consultant, Minnesota Department of Human Services</td>
<td>Harborside 305</td>
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<tr>
<td>103 SafeTALK: Suicide Prevention (Part 1)</td>
<td>Kay King, BS Education, University of MN, Community Educator, NAMI Minnesota</td>
<td>Lake Superior Ballroom J</td>
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<tr>
<td>104 We Are Only Humorous!</td>
<td>Teddy Widdel, Professional Speaker, Laughter Therapist, Widdel World</td>
<td>Lake Superior Ballroom K</td>
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<td>105 Medical Respite, What is That?!? (And How Can I Get My Clients In?)</td>
<td>Kate Bradley, BFA, Bth Co-Site Director, Bob Tavani Medical Respite House; Kelly Wallin, BA, Bth Co-Site Director, Bob Tavani Medical Respite House; Becky Davies, Resident Physician MD, Duluth Family Medicine Clinic; James Conniff, MD, MPH, Faculty Physician, Duluth Family Medicine Clinic; John Arnold, Guest, Certified Arborist</td>
<td>Lake Superior Ballroom L</td>
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<tr>
<td>106 “The Connection Cafe”: Honoring The Desire for Healthy Relationships</td>
<td>Connie Gunderson, PhD, MSW, Associate Professor, Social Work, The College of St. Scholastica; Anne Roesser, MSW Student, CTSS Provider and Case Manager, Human Development Center; Kaila Formane, MSW, Clinical Therapist, Cambia Hills</td>
<td>Lake Superior Ballroom MN</td>
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<tr>
<td>107 Just Culture: A Trauma Informed QA Method (Part 1)</td>
<td>Geoffrey Ammerman, MSED, Licensed Psychologist, Clinical Director, Fond Du Lac Department of Behavioral Health</td>
<td>Lake Superior Ballroom O</td>
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<tr>
<td>108 Safe and Strong Child: Introducing Sexual Abuse Prevention to Children</td>
<td>Niki Whittet, BA, MCE – Counseling (in progress), Family Advocate and Trainer, First Witness Child Advocacy Center; Kylee Pass, BSW, LGSW (in progress) Family Advocate and Trainer, First Witness Child Advocacy Center</td>
<td>Split Rock 1</td>
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<tr>
<td>109 The American Foster System Through the Eyes of the Indigenous:</td>
<td>Meghan Brun, Social Work Student, BSW in progress (estimated May 2020), University of Wisconsin Superior; Mimi Rappley Larson, MSW, Associate Professor, University of Wisconsin Superior</td>
<td>Split Rock 2</td>
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<tr>
<td>Placements Pre and Post Implementation of the Indian Child Welfare Act</td>
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<tr>
<td>110 Brain Injury: Behaviors or Symptoms?</td>
<td>Angela Bowles Edwards, BA in Psychology, Concentration in Neuroscience, Education and Community Outreach Specialist, Minnesota Brain Injury Alliance</td>
<td>St. Louis River Room</td>
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### Building a Trauma Responsive School: Steps You Can Take Towards Meeting The Social and Emotional Needs of Students.

**Chester Creek**

In school environments, where emphasis is placed on academic performance, tiered interventions for students’ social-emotional development and mental health are often lacking. In this presentation, we’ll identify what it means to be a trauma-responsive school and identify steps that schools can take to become trauma-responsive. Using a multilevel framework, we’ll highlight Lincoln Park Middle School’s plan for developing and implementing trauma responsive practices and describe the school’s specific interventions, including social-emotional learning and restorative practices. We’ll also touch on Lincoln Park’s PAWS Program, which was designed as a restorative program for students as an alternative to suspension.

### Hope vs. Despair: Hope Wins!

**French River 1**

The “deaths of despair” due to suicide, drug overdose, alcohol-related deaths, and more are at epidemic levels in the United States. The statistics and the motivations behind the statistics challenge both our current standards of practice and our clinicians. How do we effectively instill hope? I’ll cover the sources and drivers of despair but also talk about evidence-based intervention methods that are proven to increase health, well-being, positive emotion, and most importantly, hope.

### What to Do about ACEs? An Evidence-Based Approach to Building Resilience

**French River 2**

The workshop will describe the process of building resilient kids, because Adverse Childhood Experiences (ACEs) are not a life sentence! Dr. Grace will provide a brief review of the scope and impact of ACEs, talk about what resiliency looks like in youth, and summarize the evidence that resilience trumps ACEs. He’ll present empirically proven mechanisms of action for building resilience in at-risk youth and participants will learn about eight key assets that get kids “back on track” for healthy development. This model has been successfully implemented in foster homes, schools, youth-serving social and recreational programs, and intensive treatment programs.

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**ST. LOUIS COUNTY HEALTH & HUMAN SERVICE CONFERENCE**

23
We now know — thanks to research and clinical consensus — that substance abuse treatment is most effective when it addresses the multiple psychosocial problems and medical mental health needs of adolescents in addition to their drug abuse. However, this multi-modal approach in substance treatment programs lags behind the integration of other treatment services because of various barriers (Sohlkham and Wilens, 1998). As a result, we lack empirically grounded, practiced guidelines for this much needed treatment approach. Join me to learn more about this important topic so we can offer the best care to the adolescents we work with.

Positive Behavior Support Strategies and Resources

Ever had someone do something that seemed to “come from nowhere”? Come join us for an interactive discussion on positive behavior supports and the functions of behavior. Learners will have the opportunity to walk through functional behavior assessments, positive support transition plans, and a person-centered planning booklet by the disability hub. There will be plenty of time for questions.

Bravely Being Disabled

Having a disability can be seen as a tragedy or something to be pitied. In this session, we'll frame that viewpoint. We'll use interactive methods and materials to examine how disability — as an identity — intersects with other marginalized identities. We'll also provide useful tips on how person-centered principles can help us all be allies to people with disabilities.

New Directions in LGBTQIA Social Policy and Treatment Issues

Come to this presentation for an overview of the new edition (2019) of the Routledge Handbook of LGBTQIA Administration and Policy! Furthermore, learn about social work values and ethics, as well as policies addressing substance abuse issues within the LGBTQIA community, such as assessment-based clinical treatment, clinical intervention methods, evaluation methods, social work values, and culturally specific clinical assessment.

How To Avoid The Most Frequent Errors In Determining Eligibility for Financial Assistance Programs (Part 1)

Our mission at DHS Internal Audits is to randomly audit financial assistance cases to determine if they have all the documentation to support correct eligibility. We audit TANF, child care, health care, general assistance, housing support, and Minnesota supplemental aid cases. We'll present an overview of our process of choosing cases to audit and discuss the top errors we're seeing in each of the programs. We'll also give tips on how to avoid those errors and help reduce the high error rates that exist in these programs.

New Services to Support Housing

Minnesota is rolling out new services to help people with disabilities and older adults find and maintain housing in their communities. Learn about these new services and how they can help support people in a variety of ways. We'll provide a summary of housing stabilization services and available housing, related home and community based waiver services, and case examples that demonstrate how these programs contribute to housing stability.

Strategic Workforce Solutions: Breaking Down the Barriers

This presentation will focus on hidden talent pools and how to target these untapped populations. We'll examine regional labor market information, analyze demographics of the populations with the highest unemployment rates, and give you the tools to successfully recruit within these groups. We will also dive into regional and statewide programs, show how they can assist with your hiring needs, and share best practices and success stories from across the State.

Supporting Person Centered Planning and Informed Choice in Housing for People with Disabilities

While full of complex twists and turns, successfully navigating housing can ultimately help a person live their best life. This session will provide an overview of promising practices for person-centered planning and informed choice in housing. Participants will also explore new interactive tools for people with disabilities.

Are You Really Listening? Maximizing Consumer Feedback

This workshop will cover intentional listening, and why it's critical to listen intentionally to those we work with and serve. We'll discuss potential barriers to intentional listening and brainstorm ways to enhance our current feedback methods. The benefits? All of us, and the organizations we work for, can maximize our impact and provide genuine consumer-focused care.

From Hand Holding to Walking Side-By-Side

Teens and young adults in the foster care system want to choose their pathway moving forward. How do we help them move toward independent living in a supportive way? This workshop will highlight the logistics of extended foster care, discuss engagement strategies, and explore the benefits of specialized case management. This workshop also aims to demonstrate the support team that can exist for young people when county workers, non-profit organizations, and foster parents work together.

Child Social & Medical Histories — What to Expect & What is My Role?

This presentation explores county worker, foster parent, provider, & biological family member roles in developing a child's social and medical history document. We want to clarify the purpose of such a document and expand participant's knowledge of the social and medical history process. Finally, we want to explain what a preadoptive parent should expect to receive when considering a preadoptive placement.

SafeTALK: Suicide Prevention (Part 1)

Learn how to support someone's desire for safety by recognizing the warning signs of suicide, identifying people who are at risk, and applying the TALK steps (tell, ask, listen and keepsafe) to connect a person to suicide first aid resources. Listed on the National Best Practice Registry, safeTALK allows time for both practice and discussion. SafeTALK is based on research that shows how people experiencing suicidal thoughts often send out subtle
invitations to help them stay safe. This class is for all community members, aged 16 and older, who want to learn and practice the basic best practices in suicide prevention.

**104 We Are Only Humorous!**  
*Lake Superior Ballroom K*

This workshop will (entertainingly) help participants identify and understand their personality types in order to understand and work better with those around them. Learn and laugh with Teddy as she presents a humorous side to each personality type and discusses why each is important for survival. Teddy uses the John Maxwell D.I.S.C. method to guide participants to their personality type. Be ready to have fun learning!

**105 Medical Respite, What is That?!? (And How Can I Get My Clients In?)**  
*Lake Superior Ballroom L*

The Bob Tavani Medical Respite House in Duluth is a collaboration between CHUM, Loaves & Fishes, First Covenant Church, and some doctors in residency at the Duluth Family Medicine Clinic. The house is a HUD homeless shelter for homeless people who have an acute medical condition. There are only about 80 registered medical respite facilities in the whole country, and we’ve got one right here! We’ll take a look at how this pilot project came to be, hear from one of our guests, and talk about where we hope this pilot program goes.

**106 “The Connection Cafe”: Honoring The Desire for Healthy Relationships**  
*Lake Superior Ballroom MN*

“The need for connection and community, and the desire to be a part of meaningful and responsive relationships, is at the heart of human experience” (Jordan, 2011). In our current social environment, however, greater numbers of people feel isolated and disconnected from themselves and each other. Grounded in relational-cultural theory, this interactive workshop introduces the “Connection Cafe” an educational and practice model to bring people of all ages together to foster connection and community through discussion and dialogue.

**107 Just Culture: A Trauma Informed QA Method (Part 1)**  
*Lake Superior Ballroom O*

Just Culture is a process based and blame free quality assurance method. With a few tweaks, it becomes a powerful trauma informed organizational tool. We will explore Just Culture and discuss how to enhance its trauma informed properties.

**108 Safe and Strong Child: Introducing Sexual Abuse Prevention to Children**  
*Split Rock 1*

The Safe and Strong Child Program is a curriculum that has been offered to schools of all levels in Southern St. Louis County for more than 25 years. This approach to prevention education not only engages children, but informs children and the adults who work with them about sexual abuse. This session will help participants learn vital skills they can use when directly communicating with youth about body safety and abuse prevention.

*Split Rock 2*

Through studies in UW Superior’s summer undergraduate research fellowship, I collected oral histories from Native Americans who entered the foster care system before and after the Indian Child Welfare Act (ICWA) was enacted in 1978. Through these oral histories I’ve learned about how placement in a non-native home versus a native home influenced Native American cultural identity both in childhood and adulthood. This presentation will highlight my research findings and discuss the impact of the ICWA.

**110 Brain Injury: Behaviors or Symptoms?**  
*St. Louis River Room*

Oftentimes, behaviors that individuals with brain injury exhibit are a symptom of their injury. In this training, participants will learn about some of the commonly misunderstood symptoms of brain injury. We’ll also review case studies as we consider the difference between a behavior and a symptom of injury.
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<tr>
<th>Session VI Workshops</th>
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<td><strong>111</strong> The Critical Frontline</td>
<td>Chester Creek</td>
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<tr>
<td>Chet Tschetter, Education Specialist, BS in Education; Claire Benway, Education Specialist, Masters in Theatre Education; both with University of Minnesota/ Institute on Community Integration (ICI) / Research and Training Center on Community Living (RTCCL)</td>
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| **112** Social Workers’ Attitudes Towards Death with Dignity, a McNair Research Project. | French River 1 |
| Jade Cone, Social Work Student, Bachelor’s in Social Work (graduating in December 2019), University of Wisconsin Superior; Amanda Lilly, Research Mentor, Master’s in Social Work, University of Wisconsin Superior |

| **113** ‘She is a Beautiful Soul’: Supporting Adults with Complex Behavior Needs | French River 2 |
| Sue Redepenning, BA, OTR/L, ATP, Program Director, Technology for HOME; Sirad Shirdon, MS, CCC-SLP, Speech-Language Pathologist, Technology for HOME |

| **114** Serving Clients When Disaster Hits: Continuity of Operations Planning | Gooseberry Falls 1 |
| Blain Johnson, Bachelor of Science – Emergency Management (North Dakota State), Master of Science – Biodefense and Homeland Security (George Mason), Arrowhead Regional Emergency Planning Consultant (Paramount Planning), Arrowhead Region Emergency Management Association; Duane (Dewey) Johnson, Emergency Management Coordinator, Business Management, St. Louis County Sheriff’s Office; Chloe Strand, Bachelor of Arts – Psychological Science, Executive Assistant, Human Development Center; Michelle Morris, Master of Public Health, Director of Community Philanthropy, Duluth Superior Area Community Foundation/Ready North |

| **115** Inclusive Harm Reduction In Minnesota | Gooseberry Falls 2 |
| Mary McCarthy, Executive Director, Rural Aids Action Network; Jameson Danielson, Health Educator, Rural Aids Action Network, Sue Purchase, Health Educator, Rural Aids Action Network; Deb Hernandez, CHW, Health Educator, Rural Aids Action Network; Jeff Polcher, Health Educator, Rural Aids Action Network |

| **116** Treatment Courts: How They Can Help Our Clients | Gooseberry Falls 3 |
| Leah Cleeland, PhD, MSW, Assistant Professor, University Of Minnesota Duluth |

| **117** The World in Your Lobby | Harborside 202 |
| Patricia Fenrick, MA in Intercultural Studies, Communication and Workforce Developer, Minnesota Department of Human Services – Resettlement Office |

| **118** Financial Assistance Programs (Part 2) | Harborside 203 |
| Donald Skoy, Services Manager 1, Internal Audits – Program Compliance & Audits, Minnesota Department Of Human Services; Connie Thomas, Human Services Supervisor 3, Accounting DHS – Internal Audits – Program Compliance & Audits; Denise Haliburton, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance & Audits; Fran Kozlowski, Human Services Program Rep 2, DHS – Internal Audits – Program Compliance & Audits; Lori Hill, Human Services Program Rep 1, DHS – Internal Audits – Program Compliance & Audits, all from Minnesota Department Of Human Services |

| **119** Frontotemporal Dementia: Identification and Management | Harborside 204 |
| Sara Mccumber, DNP, APRN, CNP, GNP-BC,CNS, Associate Professor and Nurse Practitioner, The College of St. Scholastica & Essentia Health Neurology |

| **120** Crisis vs Emergency in Corporate AFC/CRS | Harborside 205 |
| Nick Lepak, Duluth Police Department; T. Wade Rasch, Sergeant, St. Louis County Sheriff; Laura Nechanicky-Booth, Treatment Director, Birch Tree Center Stabilization and Crisis Response; Katie Bauman, RN, Health Psychiatric Service RN Supervisor, Essentia Hospital; Anita Nordby, ED Case Manager/Social Worker, St. Luke’s Hospital; Kimberly Hoffmoecke, MSW, Social Worker/Adult Foster Care Licensor Social Worker, St. Louis County Public Health & Human Services |

| **121** Horticulture Therapy | Harborside 301-302 |
| Millie Richard, Associate of Science Degree, Horticulture Therapist, Odiizeoon |
Friday, October 11

**Session VI Workshops, continued**

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<tr>
<th>Workshop Title</th>
<th>Speaker(s)</th>
<th>Location</th>
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<tr>
<td>Relatives and Permanency: What You Want to Know</td>
<td>Elisha Wolfman, Bachelor’s in Social Work, Northstar Quality Assurance – Permanency Consultant; Catrina Ankarlo, Master’s in Public Administration, Northstar Quality Assurance – Permanency Consultant; Vanessa Thoennes, Master’s in Social Work, Northstar Quality Assurance – Permanency Consultant, all from Minnesota Department of Human Services</td>
<td>Harborside 303</td>
</tr>
<tr>
<td>Child Maltreatment Reporting 2019</td>
<td>Sarah Anderson, MA LMFT, Social Work Coordinator/Team Lead Initial Intervention Unit, Child Protective Services (CPS); Lindsay Sauer, MSW, CPS, Social Worker Initial Intervention Unit, both from St. Louis County Public Health &amp; Human Services</td>
<td>Harborside 304</td>
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<tr>
<td>Evaluating Home and Community Based Services: What to Expect When Experiencing a Lead Agency Review</td>
<td>Sarah Jones, MSW, Lead Agency Review Team, Minnesota Department of Human Services; Mor Vue</td>
<td>Harborside 305</td>
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<tr>
<td>SafeTALK: Suicide Prevention (Part 2)</td>
<td>Kay King, BS Education, University of MN, Community Educator, NAMI Minnesota</td>
<td>Lake Superior Ballroom J</td>
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<td>Working with Youth Who Have Experienced Sex Trafficking</td>
<td>Mary Cowen, BA in Women’s Studies, Residential Program Manager, Life House; Jessica Mantor, Social Worker, Indian Child Welfare Unit, BSW, St. Louis County Public Health &amp; Human Services; Michelle Pederson, Social Worker, Indian Child Welfare Unit, MSW, St. Louis County Public Health &amp; Human Services</td>
<td>Lake Superior Ballroom K</td>
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<tr>
<td>Implementing the Self-Healing Communities Model: A Case Study from Crow Wing, MN</td>
<td>Tom Gonzalez, Bachelor’s in Pastoral Ministry, Master’s in Church Leadership, Doctorate on ACEs and Resiliency in Ministry (ongoing), Self-Healing Communities Project Coordinator, Bridges of Hope; Amy Wyant, Master’s in Education; Executive Self-Healing, University of St. Thomas, Communities Project Coordinator, Bridges of Hope; Kassie Heisserer, Executive Director, Bridges of Hope</td>
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<td>Results from Pilot Project to Connect People Leaving Prison With Public Assistance</td>
<td>Paul Waldhart, Master’s Degree, Program Evaluator, Minnesota Department of Human Services; Siham Hussein, College Degree, Human Services Program Rep., Minnesota Department of Human Services; Bridget Letnes, Master’s Degree, Manager, MN Department of Corrections</td>
<td>Lake Superior Ballroom MN</td>
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<td>Just Culture: A Trauma Informed QA Method (Part 2)</td>
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<td>Healing the Primal Wound: Navigating the Effects of Early Attachment Disruption in Adulthood</td>
<td>Shawyn Lee, PhD, Assistant Professor, University Of Minnesota Duluth</td>
<td>Split Rock 1</td>
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<td>How Can We Be Helpful If We Aren’t “Feeling It”? – Five Critical Skills for Effective and Compassionate Helping</td>
<td>Alan O’Malley-Laursen, MSW, Compassion Fatigue Educator/Clinical Trauma Professional, Olmsted County Child and Family Services</td>
<td>Split Rock 2</td>
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<tr>
<td>The Invisible Workforce: Helping Informal Caregivers</td>
<td>Katherine Hiti, LSW, Social Services Supervisor, Caringedge Hospice; Leslie Sauve, LSW, Oncology Social Worker, St. Luke’s Oncology Center; Marjorie Bottila, Program Manager, Senior Linkage Line; Jenna Pogorels, MSW, LICSW, Sr. Program Manager, ARDC’s Area Agency on Aging; Karina Krosbakken, MSW, LICSW, Care Consultant, Age Well Arrowhead</td>
<td>St. Louis River</td>
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**The Critical Frontline**

**Chester Creek**

The RTCCL, the University of Minnesota’s ICI, is committed to the quality of life for people with disabilities. The quality and health of the workforce is a direct contributor to how people with disabilities live and participate in their community. Competent and supported Frontline Supervisors (FLS) are key to retention of DSP. This session will help organizations better understand the connections between supporting the critical line of FLS to support DSPs whom they supervise. Dive deeply into best practices including tools and training approaches aligned with person centered practices, organizational culture and training.

**Social Workers’ Attitudes Towards Death with Dignity, a McNair Research Project.**

**French River 1**

This workshop will help participants define and understand the parameters of what it means to die with dignity, clarify how the National Association of Social Workers’ code of ethics relates to this issue, and explain the roles of social workers to uphold patient dignity as they work with clients who are dying.

*Continued*
Since 2018, Technology for HOME has worked with the Minnesota Department of Human Services’ restrictive procedures program to provide communication services to a group of people with multiple disabilities, and complex behavior and communication needs. This pilot project tests the assumption that complex behavior serves a communicative function; when people find other ways to communicate, this behavior will dissipate. The lessons learned have been many. We are hoping to use this session to share our work, and lessons learned about service provision for adults with complex cases.

In the past 20 years, our region has experienced eleven tornadoes, eight “mega-rain” events, seven damaging wind events, six wildfires and five damaging winter storms. The support that human service organizations provide following such disasters is critical, as trusting relationships already exist. However, the effectiveness with which we support our clients in these scenarios depends on our own preparedness. We’ll learn about steps to take and resources to consult in order to develop and start an effective continuity of operations plan to ensure our organizations and the people within them are prepared.

Research data shows that we need more comprehensive services, such as syringe service programs, when it comes to helping the people of Minnesota. Join us as we explore the spectrum of harm reduction, from how we apply harm reduction in our own lives all the way to the spectrum of services available to those who inject drugs.

Over the past 25 years, the judicial system has used treatment courts to provide additional support and services to people struggling with substance abuse, mental health issues, and more. The aim is to reduce recidivism and create better outcomes for these participants. St. Louis County has four treatment courts and we want to make sure that providers understand how treatment courts work, so they can help their clients navigate this type of judicial intervention. We’ll cover a brief history of treatment courts, their underpinning theories, how they function, and their overall effectiveness.

This interactive training deals with the challenges we often face when working cross-culturally. Cultural lenses impact our interactions and our communication. Whether we’re working with co-workers, clients, or neighbors, this training will give us all tools to more effectively traverse cultural differences with respect, humor, and curiosity.

Our mission at DHS Internal Audits is to randomly audit financial assistance cases to determine if they have all the documentation to support correct eligibility. We audit TANF, child care, health care, general assistance, housing support, and Minnesota supplemental aid cases. We’ll present an overview of our process of choosing cases to audit and discuss the top errors we’re seeing in each of the programs. We’ll also give tips on how to avoid those errors and help reduce the high error rates that exist in these programs.

Frontotemporal Dementia (FTD) is the most common form of dementia in adults under the age of 60. But because people with FTD don’t present with the typical memory problems associated with dementia, FTD remains a hard-to-identify brain disorder. In addition to its unique diagnostic and care challenges, FTD has several different subtypes. We’ll review all of this, along with differential diagnosis in this session. We’ll also look at how we can successfully care for and support persons with FTD.

Action needed! Community concerns regarding the number of 911 calls from corporate foster care providers are what brought us together. Our collaborative, including numerous community partners, started with a common goal to increase communication, understand perspectives, and work for solutions. As community partners, we want to share what we’ve learned and introduce a handy tool called the “Person Centered Incident Matrix.” In attending this training, participants will gain additional skills to accurately distinguish between an emergency and a crisis; participants will also receive a PCIM template and a handbook/manual. Finally, come to this training so you can learn how to more readily re-create a collaborative in your community!

Horticultural Therapy (HT) is a time-proven practice, as the therapeutic benefits of garden environments have been documented since ancient times. In the 19th century, Dr. Benjamin Rush, a signer of the Declaration of Independence and one now recognized as the “Father of American Psychiatry,” was the first to document the positive effects of horticulture in helping those with mental illness. Today, horticultural therapy is accepted as a beneficial and effective therapeutic treatment for many illnesses and issues and is used within a broad range of rehabilitative, vocational, and community settings. Come learn more about this impressive therapy option!
### Friday, October 11

#### Session VI Workshops, continued

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<th>Workshops</th>
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<td><strong>123</strong> Child Maltreatment Reporting 2019&lt;br&gt;Harborside 304</td>
<td>Harborside 304</td>
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<tr>
<td>This workshop will focus on mandatory reporting of child maltreatment in St. Louis County. Participants will be given statistical data, definitions of abuse and neglect, reporting requirements, protections for mandated reporters, and response to mandated reports. The presentation will also cover statewide screening criteria and handouts of the PowerPoint presentation will be available.</td>
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<tr>
<td><strong>124</strong> Evaluating Home and Community Based Services: What to Expect When Experiencing a Lead Agency Review&lt;br&gt;Harborside 305</td>
<td>Harborside 305</td>
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<tr>
<td>DHS developed the Lead Agency Reviews (LARs) for HCBS waiver programs to assure requirements compliance and to identify promising practices to improve services quality. Reviews aim to be constructive while gathering and sharing information with lead agencies to encourage the use of performance based management. This session will focus on the process of a LAR, including an overview of a typical site visit (pre-visit, on-site visit, and follow up activities) including waiver case file review.</td>
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<td><strong>125</strong> SafeTALK: Suicide Prevention (Part 2)&lt;br&gt;Lake Superior Ballroom J</td>
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<td>Learn how to support someone’s desire for safety by recognizing the warning signs of suicide, identifying people who are at risk, and applying the TALK steps (tell, ask, listen and keepsafe) to connect a person to suicide first aid resources. Listed on the National Best Practice Registry, safeTALK allows time for both practice and discussion. SafeTALK is based on research that shows how people experiencing suicidal thoughts often send out subtle invitations to help them stay safe. This class is for all community members, aged 16 and older, who want to learn and practice the basic best practices in suicide prevention.</td>
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<td><strong>126</strong> Working with Youth Who Have Experienced Sex Trafficking&lt;br&gt;Lake Superior Ballroom K</td>
<td>Lake Superior Ballroom K</td>
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<td>Come to this presentation to learn more about Minnesota’s Safe Harbor Law and about the state’s available support services for youth who have experienced sex trafficking or any form of commercial sexual exploitation. We’ll also discuss some strategies for more effectively working with youth in this capacity.</td>
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<td><strong>127</strong> Implementing the Self-Healing Communities Model: A Case Study from Crow Wing, MN&lt;br&gt;Lake Superior Ballroom L</td>
<td>Lake Superior Ballroom L</td>
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<tr>
<td>The Self-Healing Communities model looks to reduce Adverse Childhood Experiences (ACEs) by building the community’s capacity to solve its own problems. Learn how this model is being implemented in Crow Wing County and how you can incorporate it in your own community to help build sustainable solutions around existing resources.</td>
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<tr>
<td><strong>128</strong> Results from Pilot Project to Connect People Leaving Prison With Public Assistance&lt;br&gt;Lake Superior Ballroom MN</td>
<td>Lake Superior Ballroom MN</td>
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<td>The Joint Departmental Pilot Initiative is a new collaboration between Minnesota’s Departments of Corrections (DOC) and Human Services (DHS) to better assist people re-entering the community after release from a Minnesota correctional facility. By providing the supports needed to have a stable and successful community re-entry, the Joint Departmental Pilot initiative aims to reduce recidivism. Since September 2017, DOC and DHS processed applications for healthcare and food or cash assistance for people at high risk of recidivism and close to release from a Minnesota correctional facility. After release, DHS helped transfer people’s cases participating counties and provided ongoing support. Come learn more in this session!</td>
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<td><strong>129</strong> Just Culture: A Trauma Informed QA Method (Part 2)&lt;br&gt;Lake Superior Ballroom O</td>
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<td>Just Culture is a process based and blame free quality assurance method. With a few tweaks, it becomes a powerful trauma informed organizational tool. We will explore Just Culture and discuss how to enhance its trauma informed properties.</td>
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<td><strong>130</strong> Healing the Primal Wound: Navigating the Effects of Early Attachment Disruption in Adulthood&lt;br&gt;Split Rock 1</td>
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<tr>
<td>Research continues to emerge on the importance of healthy attachment in infants and children and the harmful effects of early attachment disruption and trauma. Unfortunately, these harmful effects may remain years later. Adulthood is a unique developmental period and the negative effects of early attachment disruptions and trauma can pose complex challenges during this time, especially in relationships. This workshop will provide an overview of the brain science of attachment and its importance during infancy and childhood, and move into discussion of how attachment disruptions and trauma can impact adults.</td>
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<td><strong>131</strong> How Can We Be Helpful If We Aren’t “Feeling It”? — Five Critical Skills for Effective and Compassionate Helping&lt;br&gt;Split Rock 2</td>
<td>Split Rock 2</td>
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<tr>
<td>Compassion is a choice. It begins with intentional consideration of someone else, which leads to empathic appreciation of that person’s condition, and results in generous, hospitable, and caring action. Furthermore, knowing how to regulate our emotions and responses during challenging encounters is imperative to any helping skill. We’ll cover five fundamental elements of the helping relationship, including the notion of “radical compassion” and the impact of one’s own life history on the helping capacity. Finally, we’ll look at a case consultation model that attends to many of these considerations.</td>
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</tbody>
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*ST. LOUIS COUNTY HEALTH & HUMAN SERVICE CONFERENCE*
<table>
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*Email:* info@echoshealingstones.com

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*Email:* jenaevans@ecumen.org

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*Phone:* (507) 261-9347  
*Email:* amanda.vankilsdonk@essentiahealth.org

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*Email:* amanda.vankilsdonk@essentiahealth.org

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*Email:* fathersrisetogether@gmail.com
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  - **Email:** janedeverney@fdirez.com

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  - **Email:** brendahoule@fdirez.com

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- **Website:**
- **Contact:** Susan Muehlberger
  - **Phone:** (218) 302-6990
  - **Email:** smuehlberger@fhc.sfhs.org

Fresh Start/Prairie Community Services
**ALLY SPONSOR**
1610 E. 1st Street
Duluth, MN 55812
Booth # 137
- **Website:**
- **Contact:**
dawn arlene bjorge
  - **Phone:** (320) 589-4940
  - **Email:** dbjorge@pcs.sfhs.org

Genesis Recovery Services
**ALLY SPONSOR**
5 N. 3rd Avenue W. • Suite 310
Duluth, MN 55802
Booth # 173
- **Website:** www.grsduluth.com
- **Contact:** Kathy Jarve
  - **Phone:** (218) 722-2368
  - **Email:** kjarve@grsduluth.com

Gillette Children’s Specialty Healthcare
**ALLY SPONSOR**
200 University Avenue E.
St. Paul, MN 55101
Booth # 163
- **Website:** gillettechildrens.org
- **Contact:** Erin Jurkovich
  - **Phone:** (612) 310-1868
  - **Email:** erinejurkovich@gillettechildrens.com

Grace Medical Supplies
**ALLY SPONSOR**
11240 Stillwater Boulevard • Suite B Grace Medical
Lake Elmo, MN 55042
Booth # 33
- **Website:** GraceMedicalSupplies.com
- **Contact:** Jason Mattox
  - **Phone:** (651) 275-9404
  - **Email:** osage1973@msn.com

GT Independence
**ALLY SPONSOR**
860 Blue Gentian Road • Suite 200
Eagan, MN 55121
Booth # 172
- **Website:** www.gtindependence.com
- **Contact:** Vicky Gunderson
  - **Phone:** (952) 277-2465
  - **Email:** vgunderson@gtindependence.com

Hammer Travel
**ALLY SPONSOR**
1909 Wayzata Boulevard
Wayzata, MN 55391
Booth # 159
- **Website:** hammertravel.org
- **Contact:** Ann Martinka
  - **Phone:** (952) 277-2465
  - **Email:** amartinka@hammer.org

Healthstar Home Health
**ALLY SPONSOR**
2701 W. Superior Street • 101
Duluth, MN 55806
Booth # 139
- **Website:**
- **Contact:**
  - **Casey Lomen**
    - **Phone:** (218) 733-0707
    - **Email:** caseyl@hhhealth.net

Help Me Grow
**ALLY SPONSOR**
1201 13th Avenue S.
Virginia, MN 55792
Booth # 192
- **Website:** helpmegrowmn.org/HMG/index.html
- **Contact:** Jessica Brown
  - **Phone:** (218) 655-5018
  - **Email:** jbrown@nlsec.org
Home Instead Senior Care
ALLY SPONSOR
315 E. Central Entrance • Suite 3
Duluth, MN 55811
Booth # 158
Website: www.homeinstead.com/548
Contact: Mary Andrews
Phone: (218) 727-8810
Email: mary.andrews@homeinstead.com

Homestyle Direct
ADVOCATE SPONSOR
2032 Highland Avenue E.
Twin Falls, ID 83301
Booth # 93
Website: www.homestyledirect.com/
Contact: Tonna Quesnell
Phone: (208) 539-9991
Email: tonna@homestyledirect.com

HP Psychological Associates, PC
ALLY SPONSOR
4815 Burning Tree Road • Suite 200
Duluth, MN 55811
Booth # 164
Website: www.hppsychological.com
Contact: Kimberly Overlie
Phone: (218) 464-0908
Email: koverlie@hppsychological.com

Human Development Center
ADVOCATE SPONSOR
1401 E. 1st Street
Duluth, MN 55805
Booth # 79
Website: www.humandevelopmentcenter.org
Contact: Chloe Strand
Phone: (218) 730-2341
Email: chloe.strand@hdchrc.org

I Support YOUth! LLC
ALLY SPONSOR
4105 10th Avenue S.
Minneapolis, MN 55407-3203
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Website: www.isupportyouth.com
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Phone: (612) 598-0774
Email: sandi@isupportyouth.com

Insure Duluth
ALLY SPONSOR
130 W. Superior Street • Suite 700
Duluth, MN 55802
Booth # 200
Website: www.insureduluth.org
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Interim HealthCare
ALLY SPONSOR
332 W. Superior Street • Suite 204
Duluth, MN 55802
Booth # 191
Website: www.interimhealthcare.com/duluthmn/home/
Contact: James Landwehr
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Email: jlandwehr@interimduluth.com

Jon Francis Foundation
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3673 Pine Hollow Place
Stillwater, MN 55082
Booth # 114
Website: www.jonfrancisfoundation@gmail.com
Contact: David Francis
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Katherine’s House
ALLY SPONSOR
1401 E. 1st Street
Duluth, MN 55805
Booth # 79
Website: www.katherineshouse.org
Contact: Shelly Holmes
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Lake Superior College
ALLY SPONSOR
2101 Trinity Road
Duluth, MN 55811
Booth # 134
Website: www.lsc.edu
Contact: Alicia Musselman
Phone: (218) 733-7759
Email: alicia.musselman@lsc.edu
Lake Superior Community Health Center
ALLY SPONSOR
4325 Grand Avenue
Duluth, MN 55807
Booth # 157
Website: www.lschtc.org
Contact: Jessie Peterson
Phone: (218) 336-3503
Email: jpeterson@lschtc.org

Lakeplace Retreat Center
ADVOCATE SPONSOR
25704 County Road 338
Bovey, MN 55709
Booth # 90
Website: lakeplacecenter.com
Contact: Dennis Medved
Phone: (218) 994-1194
Email: dennis@lakeplacecenter.com

Lakeside Manor/McCarthy Manor Assisted Living
ALLY SPONSOR
4831 London Road
Duluth, MN 55804
Booth # 170
Website: www.lakesidemanormn.com
Contact: Lindsey Martinson
Phone: (218) 525-2784
Email: bmartinson@lakesidemanormn.com

Legal Aid Service of Northeastern Minnesota
ALLY SPONSOR
424 W. Superior Street • Ordean Building, Suite 302
Duluth, MN 55802
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Website: lasnem.org
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Email: hlindula@lasnem.org

Leo A. Hoffmann Center, Inc.
ADVOCATE SPONSOR
1715 Sheppard Drive • PO Box 60
St. Peter, MN 56082
Booth # 88
Website: www.hoffmanncenter.org
Contact: Gene Taylor
Phone: (507) 934-6122
Email: gtaylor@hoffmanncenter.org

Life House
ALLY SPONSOR
102 W. 1st Street
Duluth, MN 55802
Booth # 24
Website: www.lifehouseduluth.org
Contact: Margie Nelson
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Email: margie.nelson@life-house.org

Lifeway Mobility
ALLY SPONSOR
563 Shoreview Park Road
Shoreview, MN 55126
Booth # 190
Website: www.lifewaymobility.com
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Email: becky@lifewaymobility.com

Lifeworks Services, Inc.
ADVOCATE SPONSOR
2965 Lone Oak Drive • Suite 160
Eagan, MN 55121
Booth # 80
Website: www.lifeworks.org
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Lighthouse Center for Vision Loss
ADVOCATE SPONSOR
4505 W. Superior Street
Duluth, MN 55807
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Website: www.LCFVL.org
Contact: Mary Skinner Junnila
Phone: (218) 624-4828
Email: mjunnilla@LCFVL.org

Little Sand Group Home
ALLY SPONSOR
PO Box 40
Remer, MN 56672
Booth # 110
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LSS of MN Adoption and Foster Care
ALLY SPONSOR
424 W. Superior Street • #502
Duluth, MN 55802
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Website: www.lssmn.org/
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LSS of MN Disability Services
ALLY SPONSOR
1605 Eustis Street
St. Paul, MN 55108
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Website: www.lssmn.org/services/people-with-disabilities
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Phone: (218) 821-9156
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LSS of MN Nuvantage  
**ALLY SPONSOR**  
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- **Website:** www.NuVantage.org  
- **Contact:** Angie Ealy  
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Lutheran Social Service of Minnesota  
**ADVOCATE SPONSOR**  
2485 Como Avenue  
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Booth # 99  
- **Website:** www.lssmn.org  
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- **Email:** angie.ealy@lssmn.org

Mankato Rehabilitation Center, Inc. (MRCI)  
**ADVOCATE SPONSOR**  
15 Map Drive  
Mankato, MN 56001  
Booth # 81  
- **Website:**  
- **Contact:** Julie Lux  
- **Phone:** (507) 386-5745  
- **Email:** jlux@MyMRCI.org

Maple Lake Recovery Centers  
**ALLY SPONSOR**  
207 Division Street E. • PO Box 308  
Maple Lake, MN 55358  
Booth # 148  
- **Website:** www.mlrecovery.org  
- **Contact:** avid Smith  
- **Phone:** 763-228-7108  
- **Email:** dsmith@mlrecovery.org

McLeod Treatment Programs, Inc.  
**ALLY SPONSOR**  
1065 – 5th Avenue SE  
Hutchinson, MN 55350  
Booth # 1  
- **Website:** www.mcleodtreatmentprograms.org  
- **Contact:** Susan Ann Devereaux  
- **Phone:** (320) 587-9790  
- **Email:** sdevereaux@mcleodtreatmentprograms.org

MEDICA  
**CHAMPION SPONSOR**  
401 Carlson Parkway  
Minnetonka, MN 55305  
Booth # 68 & 69  
- **Website:** www.medica.org  
- **Contact:** Beatriz Helena Martinez  
- **Phone:** (952) 992-3720  
- **Email:** Beatriz.Martinez@medica.com

Melrose Center  
**ALLY SPONSOR**  
3525 Monterey Drive  
St. Louis Park, MN 55416  
Booth # 6  
- **Website:** Melroseheals.com  
- **Contact:** Cindy Schallock  
- **Phone:** (952) 993-6200  
- **Email:** schalcl@parknicollet.com

Meridian Behavioral Health  
**ALLY SPONSOR**  
550 Main Street • #190  
New Brighton, MN 55112  
Booth # 111  
- **Website:** www.meridianprograms.com/  
- **Contact:** Scott Ampe  
- **Phone:** (320) 247-1882  
- **Email:** scott.ampe@meridianprograms.com

Middle River Health and Rehabilitation Center  
**ALLY SPONSOR**  
8274 E. San Road  
South Range, WI 54874  
Booth # 156  
- **Website:** www.avantihs.com/page/middle-river-health-and-rehabilitation-center-south-range-wi  
- **Contact:** Kat Warner  
- **Phone:** (715) 398-3523  
- **Email:** katrinaw@avantihs.com

Mid-Range Chemical Dependency Services, Inc.  
**ALLY SPONSOR**  
522 E. Howard Street • Suite 101  
Hibbing, MN 55746  
Booth # 19  
- **Website:** www.mid-rangecds.org  
- **Contact:** Amanda Clark  
- **Phone:** (218) 262-0860  
- **Email:** a.clark@mid-rangecds.org

Minneapolis VA Suicide Prevention  
**ALLY SPONSOR**  
1 Veterans Drive  
Minneapolis, MN 55417  
Booth # 175  
- **Website:** www.veteranscrisisline.net  
- **Contact:** Jessica Faue  
- **Phone:** (612) 364-6149  
- **Email:** jessica.faue@va.gov

Minnesota Adult and Teen Challenge  
**ADVOCATE SPONSOR**  
740 E. 24th Street  
Minneapolis, MN 55404  
Booth # 52  
- **Website:** www.mntc.org  
- **Contact:** Cara Keinanen  
- **Phone:** (218) 740-5508  
- **Email:** cara.keinanen@mntc.org
Minnesota Assistance Council for Veterans
ALLY SPONSOR
5209 Ramsey Street
Duluth, MN 55807
Booth # 116
Website: www.mac-v.org
Contact: Dan Couture
Phone: (218) 722-8763
Email: dcouture@mac-v.org

Minnesota Brain Injury Alliance
ALLY SPONSOR
2277 Highway 36 West • Suite 200
Roseville, MN 55113
Booth # 199
Website: mn.gov/mdva/homes/silver-bay/
Contact: Kayla Reininger
Phone: (218) 353-8700
Email:

Minnesota Department of Health – Immunizations
ALLY SPONSOR
625 Robert Street N.
St. Paul, MN 55164
Booth # 176
Website: www.braininjurymn.org
Contact: Kristin Hardy
Phone: (612) 378-2742
Email: kaylar@braininjurymn.org

Minnesota Department of Human Services
ALLY SPONSOR
540 Cedar Street • PO Box 64977
St. Paul, MN 55101
Booth # 151
Website: mn.gov/dhs/
Contact: Julie Jacobson
Phone: (651) 431-3461
Email: julie.a.jacobson@state.mn.us

Minnesota Disability Determination Services
ALLY SPONSOR
121 E. 7th Place • 300
St. Paul, MN 55120
Booth # 109
Website: www.ssa.gov
Contact: Tanya Heitzinger
Phone: (651) 259-7835
Email: tanya.heitzinger@ssa.gov

Minnesota Disability Law Center
ALLY SPONSOR
306 W. Superior Street • 403 Alworth Building
Duluth, MN 55802
Booth # 166
Website: 
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Email: denaus@mylegalaid.org

Minnesota Judicial Branch 6th Judicial District
ALLY SPONSOR
100 N. 5th Avenue W. • #320
Duluth, MN 55802
Booth # 189
Website: www.mncourts.gov/Help-Topics/DrugCourts.aspx
Contact: Lindsay Snustad
Phone: (218) 733-2720
Email: lindsay.snustad@courts.state.mn.us

Minnesota Merit System
ALLY SPONSOR
PO Box 64997
St. Paul, MN 55164-0997
Booth # 198
Website: agency.governmentjobs.com/mnmeritsystem
Phone: (651) 431-3030
Email: dhs.merit.system@state.mn.us

Minnesota Social Service Association (MSSA)
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125 Charles Avenue
St. Paul, MN 55103
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Website: www.mnssa.org
Contact: Christina Zeise
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Email: czeise@mnssa.org

Minnesota Social Service Association (MSSA)
ally sponsor

Minnesota Veterans Home – Silver Bay
ALLY SPONSOR
56 Outer Drive
Silver Bay, MN 55614
Booth # 113
Website: mn.gov/mdva/homes/silver-bay/
Contact: Joyce Scott
Phone: (218) 353-8700
Email:

MN Board of Social Work
ALLY SPONSOR
2829 University Avenue SE • 340
Minneapolis, MN 55414
Booth # 162
Website: mn.gov/boards/social-work/
Contact: Michelle Kramer-Prevost
Phone: (612) 617-2100
Email: social.work@state.mn.us

MN Dept of Human Services
ALLY SPONSOR
540 Cedar Street
St. Paul, MN 55155
Booth # 181
Website: mn.gov/autism
Contact: Nicole Berning
Phone: (651) 402-2394
Email: nicole.berning@state.mn.us
MN DHS State Medical Review Team
ALLY SPONSOR
540 Cedar Street
St. Paul, MN 55110
Booth # 149
Website:
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Phone: (651) 431-5657
Email: carly.pederson@state.mn.us

Mom’s Meals NourishCare
ADVOCATE SPONSOR
3210 SE Corporate Woods Drive
Ankeny, IA 50021
Booth # 43
Website: www.MomsMeals.com
Contact: Steve Houghton
Phone: (866) 825-6067
Email: steve.houghton@momsmeals.com

Monarch Healthcare Management
ALLY SPONSOR
7700 Grand Avenue
Duluth, MN 55807
Booth # 177
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Contact: Trilby Idzerda
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NAMI Minnesota
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St. Paul, MN 55104
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Email: bringer@namimn.org

Narcotics Anonymous & NARANON
ALLY SPONSOR
PO Box 16934
Duluth, MN 55816
Booth # 155
Website: www.naminnesota.org
Contact: SMarvella Davis
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National Association of Social Workers – MN Chapter
ALLY SPONSOR
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St. Paul, MN 55114
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Email: admin.naswmn@socialworkers.org

Nexus
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407 130th Avenue S.
Onamia, MN 56359
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NHS-Northstar Specialized Services
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227 W. Lake Street
Chisholm, MN 55719
Booth # 26
Website: www.nhs-nss.com/
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Phone: (218) 447-7170
Email: s.polcher@nhs-nss.com

North Homes Children and Family Services
ADVOCATE SPONSOR
1880 River Road
Grand Rapids, MN 55744
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Website: www.northhomesinc.org
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Northeast Minnesota Office of Job Training
ALLY SPONSOR
820 N. 9th Street
Virginia, MN 55792
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Website: www.nemojt.org/
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Duluth, MN 55807
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Northstar Behavioral Health
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Northstar Problem Gambling Alliance  
**ALLY SPONSOR**  
1935 County Road B2 W. • Suite 420  
Roseville, MN 55113  
Booth # 121  
Website: NorthstarProblemGambling.org  
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Phone: (612) 424-8595  
Email: sst@northstarproblemgambling.org

Northwood Children’s Services  
**ALLY SPONSOR**  
714 W. College Street  
Duluth, MN 55812  
Booth # 126  
Website: www.northwoodchildren.org  
Contact: Alex Heil  
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NUWAY  
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**ADVOCATE SPONSOR**  
1900 Silver Lake Road • Suite 110  
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One Roof Community Housing  
**ALLY SPONSOR**  
12 E. 4th Street  
Duluth, MN 55805  
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Website: www.1roofhousing.org  
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Overeaters Anonymous Northern Serenity Intergroup  
**ALLY SPONSOR**  
316 Prospect Avenue  
Cloquet, MN 55720  
Booth # 22  
Website: www.oa.org  
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PAL Medical Systems, Inc  
**ALLY SPONSOR**  
508 SE 10th Street  
Grand Rapids, MN 55744  
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Website: palmedicalsystems.com  
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Peace of Mind of Duluth, Inc.  
**ADVOCATE SPONSOR**  
1000 E. 1st Street • Suite #107  
Duluth, MN 55805  
Booth # 46  
Website: www.pomduluth.com  
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Email: lisa@pomduluth.com

PHHS – Child Foster Care Licensing  
**ALLY SPONSOR**  
320 W. 2nd Street • 5 W  
Duluth, MN 55802  
Booth # 12  
Website:  
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Phoenix Recovery Programs  
**ALLY SPONSOR**  
2055 White Bear Avenue  
Maplewood, MN 55109  
Booth # 11  
Website: phoenixrp.org  
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Phone: (651) 289-1205  
Email: soverby@phoenixrp.org

Planned Parenthood of North Central States  
**CHAMPION SPONSOR**  
1001 E. Central Entrance • Suite 200  
Duluth, MN 55811  
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Website: www.ppmns.org  
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Port  
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Brainerd, MN 56401  
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Website: www.portgrouphomes.org  
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Positive Attitude Development Group, Inc  
ADVOCATE SPONSOR  
202 E. Superior Street • 200  
Duluth, MN 55802  
Booth # 84  
Website: www.Wildesbraincoach.com  
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Procentive / BillCare  
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Hudson, WI 54016  
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Project Turnabout  
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Proof Alliance (Formerly MOFAS)  
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1876 Minnehaha Avenue W.  
St. Paul, MN 55104  
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Website: www.proofalliance.org  
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Protect Minnesota  
ALLY SPONSOR  
285 Dale Street  
St. Paul, MN 55103  
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Psycnsew Creations  
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Quality Disability Services  
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Duluth, MN 55803  
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Range Mental Health Center  
ALLY SPONSOR  
624 13th Street S.  
Virginia, MN 55792  
Booth # 4  
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Ready North  
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222 E. Superior Street • 302  
Duluth, MN 55802  
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Recover Health  
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2900 East Beltline  
Hibbing, MN 55746  
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Recovering Hope Treatment Center
**ADVOCATE SPONSOR**
2031 Rowland Road
Mora, MN 55051
Booth # 86
- Website: recoveringhope.life
- Contact: Sadie Hosley
- Phone: (320) 364-1300
- Email: sadie@recoveringhope.life

Recovery Alliance Duluth
**ALLY SPONSOR**
230 W. Superior Street • #441
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- Website: www.recoveryallianceduluth.org
- Contact: Beth Anne Elstad
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Red River Behavioral Health System
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Booth # 40
- Website: www.redriverbhs.com
- Contact: Amber Jochem
- Phone: (701) 388-3757
- Email: amber.jochem@meridianprograms.com

REM Minnesota
**ALLY SPONSOR**
6600 France Avenue S. • Suite 500
Edina, MN 55435
Booth # 122
- Website: www.remmnnesota.com
- Contact: Ronna Butler
- Phone: (218) 720-2995
- Email: ronna.butler@thementornetwork.com

Residential Services, Inc (RSI)
**ADVOCATE SPONSOR**
2900 Piedmont Avenue
Duluth, MN 55811
Booth # 85
- Website: www.residentialservices.org
- Contact: Claire Farmer-Lies
- Phone: (218) 740-7621
- Email: claire.farmerlies@residentialservices.org

Residential Transitions, Inc.
**ALLY SPONSOR**
1221 Wayzata Boulevard
Wayzata, MN 55312
Booth # 9
- Website: www.rti-mn.com
- Contact: Erin Brunette
- Phone: (651) 440-9116
- Email: ebrunette@rti-mn.com

The Retreat
**ALLY SPONSOR**
750 S. Plaza Drive • Suite 100
Wayzata, MN 55391
Booth # 169
- Website: www.theretreat.org
- Contact: Kara Frahm
- Phone: (952) 476-0566
- Email: kfrahm@theretreat.org

River Oaks of Minnesota
**ALLY SPONSOR**
17778 74th Place N.
Maple Grove, MN 55311
Booth # 144
- Website: www.riveroaksmn.com
- Contact: Jeff Krieg
- Phone: (612) 860-5542
- Email: jeff.krieg@riveroaksmn.com

Riverplace Counseling Center
**ADVOCATE SPONSOR**
6058 Highway 10
Anoka, MN 55303
Booth # 94
- Website: www.riverplacecenter.com
- Contact: Sadie Benser
- Phone: (651) 421-5590
- Email: sadieb@riverplacecenter.com

RSI Laboratories
**ALLY SPONSOR**
1931 W. Broadway
Minneapolis, MN 55411
Booth # 187
- Website: www.rsilaboratories.org
- Contact: Amy Cushing
- Phone: (612) 618-8461
- Email: acushing@rseden.org

Rural AIDS Action Network
**ADVOCATE SPONSOR**
300 E. St. Germain Street • Suite 220
St. Cloud, MN 56304
Booth # 96
- Website: www.raan.org
- Contact: Mary McCarthy
- Phone: (320) 257-3036
- Email: marym@raan.org

Rural Living Environments
**ALLY SPONSOR**
105 Central Boulevard
Babbitt, MN 55706
Booth # 120
- Website: www.rurallivingmn.com
- Contact: Donald Negley
- Phone: (218) 305-4846
- Email: dnegley@rurallivingmn.com
Safe Transitions
ALLY SPONSOR
3656 Front Street
Barnum, MN 55707
Booth # 180
Website: www.safetransitions.org
Contact: Lisa R Mikrot
Phone: (218) 878-1364
Email: lisa.mikrot@safetransitions.org

Sequel Youth and Family Services
ALLY SPONSOR
Woodward Academy-1251 334th Street
Woodward, IA 50276
Booth # 25
Website: www.sequelyouthservices.com
Contact: Angie Van Winkle
Phone: (641) 431-1355
Email: angie.vanwinkle@sequelyouthservices.com

ShareHouse Inc.
ALLY SPONSOR
4227 9th Avenue S.
Fargo, ND 58103
Booth # 17
Website: ShareHouse.org
Contact: Cindy Simmer
Phone: (701) 282-6561
Email: csimmer@sharehouse.org

Shriners Healthcare for Children – Twin Cities
ALLY SPONSOR
2025 E. River Parkway
Minneapolis, MN 55414
Booth # 125
Website: twincitiesshrinershealthcare.org
Contact: Sarah Van Petten
Phone: (612) 596-6204
Email: svanpetten@shrinenet.org

St. Anne’s Residence
ALLY SPONSOR
330 E. 3rd Street
Duluth, MN 55805
Booth # 133
Website: www.st.anne’s .com
Contact: Janet Lappy
Phone: (218) 727-8831
Email: jlappy@stanns.com

St. Louis County Extension Youth in Action
ALLY SPONSOR
A.P. Cook Building • 2503 Rice Lake Road
Duluth, MN 55811
Booth # 13
Website: yiammn.org
Contact: Elise J. Rigney
Phone: (218) 733-2899
Email: rigneye@stlouiscountymn.gov

St. Luke’s
CHAMPION SPONSOR
915 E. 1st Street
Duluth, MN 55805
Booth # 72 & 73
Website: www.slhduluth.com
Contact: Melissa Burlaga
Phone: (218) 249-2988
Email: melissa.burlaga@slhduluth.com

St. Scholastica Monastery
ADVOCATE SPONSOR
1001 Kenwood Avenue
Duluth, MN 55811
Booth # 51
Website: retreatduluth.org
Contact: Dorene King
Phone: (218) 724-5266
Email: doreneking@hotmail.com

Star Services
ALLY SPONSOR
1295 Bandana Boulevard N. • Suite 135
St. Paul, MN 55108
Booth # 5
Website: www.starsvcs.com
Contact: Jennifer May
Phone: (651) 644-3140
Email: support@starsvcs.com

State of Minnesota Dept. of Corrections – WRML
ALLY SPONSOR
1000 Lakeshore Drive
Moose Lake, MN 55767
Booth # 118
Website: mn.gov/doc/
Contact: Brian Hammers
Phone: (218) 485-5254
Email: Brian.Hammers@state.mn.us

The College of St. Scholastica
ADVOCATE SPONSOR
1200 Kenwood Avenue
Duluth, MN 55811
Booth # 98
Website: www.css.edu
Contact: Breanne Tepler
Phone: (218) 723-6792
Email: btepler@css.edu

The Duluth Bethel
ALLY SPONSOR
23 Mesaba Avenue
Duluth, MN 55806
Booth # 119
Website: www.duluthbethel.org/
Contact: Lisa Fulton
Phone: (218) 740-3771
Email: lfulton@duluthbethel.org
<table>
<thead>
<tr>
<th>Organization</th>
<th>Sponsorship</th>
<th>Address</th>
<th>City, State Zip Code</th>
<th>Address Type</th>
<th>Phone</th>
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<tr>
<td>The Emily Program</td>
<td>Ally Sponsor</td>
<td>1295 Bandana Boulevard W. • Suite 210</td>
<td>St. Paul, MN 55108</td>
<td>Booth # 146</td>
<td>(651) 645-5323</td>
<td><a href="mailto:danielle.vincent@emilyprogram.com">danielle.vincent@emilyprogram.com</a></td>
<td><a href="http://www.emilyprogram.com">www.emilyprogram.com</a></td>
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<td>The Emily Program</td>
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<td>(651) 645-5323</td>
<td>Danielle Vincent</td>
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<td>The Guidance Group</td>
<td>Ally Sponsor</td>
<td>4897 Miller Trunk Highway • Suite 210</td>
<td>Hermantown, MN 55811</td>
<td>Booth # 188</td>
<td>(218) 576-5757</td>
<td><a href="mailto:dan@mnguidance.com">dan@mnguidance.com</a></td>
<td><a href="http://www.mnguidance.com">www.mnguidance.com</a></td>
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<td>The Guidance Group</td>
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<td>(218) 576-5757</td>
<td>Dan Maki</td>
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<tr>
<td>The Hills Youth and Family Services/Cambia Hills</td>
<td>Advocate Sponsor</td>
<td>4321 Allendale Avenue</td>
<td>Duluth, MN 55803-1599</td>
<td>Booth # 97</td>
<td>(218) 623-6200</td>
<td><a href="mailto:emattson@TheHillsYFS.org">emattson@TheHillsYFS.org</a></td>
<td><a href="http://www.TheHillsYFS.org">www.TheHillsYFS.org</a></td>
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<td>The Hills Youth and Family Services/Cambia Hills</td>
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<td>(218) 623-6200</td>
<td>Erick Mattson</td>
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<td>The Inlet, LLC</td>
<td>Ally Sponsor</td>
<td>16621 County Road 14</td>
<td>Elk River, MN 55330</td>
<td>Booth # 186</td>
<td>(763) 807-9954</td>
<td><a href="mailto:nadeau_joy@hotmail.com">nadeau_joy@hotmail.com</a></td>
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<td>The Inlet, LLC</td>
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<td>(763) 807-9954</td>
<td>Joy E. Nadeau</td>
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<td>The North Shore Estates</td>
<td>Advocate Sponsor</td>
<td>7700 Grand Avenue</td>
<td>Duluth, MN 55807</td>
<td>Booth # 95</td>
<td>(218) 628-9116</td>
<td><a href="mailto:jteal@monarchmn.com">jteal@monarchmn.com</a></td>
<td>monarchmn.com/the-north-shore-estates/</td>
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<td>The North Shore Estates</td>
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<td>(218) 628-9116</td>
<td>Justin Teal</td>
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<td>The Origins Program</td>
<td>Advocate Sponsor</td>
<td>3805 Grand Avenue S.</td>
<td>Minneapolis, MN 55409</td>
<td>Booth # 38</td>
<td>(612) 822-3422</td>
<td><a href="mailto:roxanne@originsonline.org">roxanne@originsonline.org</a></td>
<td><a href="http://www.originsonline.org">www.originsonline.org</a></td>
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<td>The Origins Program</td>
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<td>(612) 822-3422</td>
<td>Roxanne Hable</td>
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<td>The Salvation Army</td>
<td>Advocate Sponsor</td>
<td>215 S. 27th Avenue W.</td>
<td>Duluth, MN 55806</td>
<td>Booth # 39</td>
<td>(218) 722-7934</td>
<td><a href="mailto:kristy_eckart@usc.salvationarmy.org">kristy_eckart@usc.salvationarmy.org</a></td>
<td>centralusa.salvationarmy.org/northern/Duluth</td>
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<td>The Salvation Army</td>
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<td></td>
<td>(218) 722-7934</td>
<td>Kristy Eckart</td>
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<td>Therap Services, LLC</td>
<td>Ally Sponsor</td>
<td>1710 Luin Lane</td>
<td>Windsor Heights, IA 50324</td>
<td>Booth # 145</td>
<td>(515) 423-3263</td>
<td><a href="mailto:jeff.mau@therapservices.net">jeff.mau@therapservices.net</a></td>
<td><a href="http://www.therapservices.net">www.therapservices.net</a></td>
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<td>Therap Services, LLC</td>
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<td>(515) 423-3263</td>
<td>Jeff Mau</td>
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<td>Therapeutic Services Agency</td>
<td>Ally Sponsor</td>
<td>220 Railroad Street SE</td>
<td>Pine City, MN 55063</td>
<td>Booth # 124</td>
<td>(218) 343-6196</td>
<td><a href="mailto:jdavoll@tsapc.net">jdavoll@tsapc.net</a></td>
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<td>Therapeutic Services Agency</td>
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<td></td>
<td>(218) 343-6196</td>
<td>Jacqlyn Davoll</td>
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<td>Thomas Allen, Inc.</td>
<td>Advocate Sponsor</td>
<td>1550 Humboldt Avenue W.</td>
<td>St. Paul, MN 55118</td>
<td>Booth # 41</td>
<td>(651) 444-5433</td>
<td><a href="mailto:emilyw@thomasalleninc.com">emilyw@thomasalleninc.com</a></td>
<td><a href="http://www.thomasalleninc.com">www.thomasalleninc.com</a></td>
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<td>Thomas Allen, Inc.</td>
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<td>(651) 444-5433</td>
<td>Emily Willems</td>
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<td>Tranquility Incontinence Products</td>
<td>Ally Sponsor</td>
<td>20189 Pine Lake Road</td>
<td>Bowling Green, OH 43402</td>
<td>Booth # 14</td>
<td>(419) 352-1551</td>
<td><a href="mailto:jfirestone@pbenet.com">jfirestone@pbenet.com</a></td>
<td><a href="http://www.tranquilityproducts.com">www.tranquilityproducts.com</a></td>
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<td>Tranquility Incontinence Products</td>
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<td>(419) 352-1551</td>
<td>Janet Firestone</td>
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<td>Trillium Services</td>
<td>Ally Sponsor</td>
<td>4629 Airpark Boulevard</td>
<td>Duluth, MN 55811</td>
<td>Booth # 7</td>
<td>(218) 722-5009</td>
<td><a href="mailto:nhiredemarre@trilliumservice.com">nhiredemarre@trilliumservice.com</a></td>
<td><a href="http://www.trilliumservice.com">www.trilliumservice.com</a></td>
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<td>Trillium Services</td>
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<td>(218) 722-5009</td>
<td>Amanda Burcar</td>
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</tbody>
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UCare ADVOCATE SPONSOR
500 Stinson Boulevard NE
Minneapolis, MN 55413
Booth # 50
Website: www.ucare.org
Contact: Josh Simenstad
Phone: (612) 294-5963
Email: jsimenstad@ucare.org

UMD Department of Social Work ADVOCATE SPONSOR
1207 Ordean Court * 220 Bohannon Hall
Duluth, MN 55812
Booth # 36
Website: www.d.umn.edu/sw
Contact: Jackie Heytens
Phone: (218) 726-7854
Email: jheytens@d.umn.edu

University of St. Thomas School of Social Work ALLY SPONSOR
2115 Summit Avenue * SCB 201
St. Paul, MN 55105
Booth # 185
Website: www.stthomas.edu/socialwork
Contact: Cindy Lorah
Phone: (651) 962-5814
Email: cllorah@stthomas.edu

University of WI- Superior Social Work Program ALLY SPONSOR
PO Box 2000 * Swenson Hall Room 3112
Superior, WI 54880
Booth # 141
Website: www.uwsuper.edu/acaddept/hbjd/socialwork/index.cfm
Contact: Mimi Larson
Phone: (715) 394-8436
Email: mlarson@uwsuper.edu

Vinland National Center ALLY SPONSOR
3675 Ihduhapi Road
Loretto, MN 55357
Booth # 16
Website: www.vinlandcenter.org
Contact: Molly Gilbert
Phone: (763) 479-4525
Email: mollyg@vinlandcenter.org

Volunteer Attorney Program ALLY SPONSOR
314 W. Superior Street * Suite 1000
Duluth, MN 55802
Booth # 142
Website: www.volunteerattorney.org
Contact: Rhonda Degelau
Phone: (218) 336-1393
Email: rhonda@volunteerattorney.org

Wellcome Manor Family Services ALLY SPONSOR
114 W. Pleasant Street
Garden City, MN 56034
Booth # 15
Website: www.wellcomemanor.org
Contact: Scott Vaske
Phone: (507) 546-3295
Email: scott.vaske@wellcomemanor.org

Wellness in the Woods ALLY SPONSOR
738 3rd Avenue NW
Eagle Bend, MN 56446
Booth # 8
Website: www.mnwitw.org/
Contact: Steve Hansberry
Phone: (320) 679-2566
Email: stevehansberry@gmail.com

Whole Person Associates, Inc. ALLY SPONSOR
101 W. 2nd Street * Suite 203
Duluth, MN 55802
Booth # 167
Website: WholePerson.com
Contact: Jack Kosmach
Phone: (218) 727-0500
Email: jack@wholeperson.com

WINGS ALLY SPONSOR
1326 E. Ripley Street
Litchfield, MN 55355
Booth # 168
Website: www.wingsats.com
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Phone: (320) 593-0440
Email: wingspr@wingsats.com

Wisconsin Indianhead Technical College ADVOCATE SPONSOR
600 N. 21st Street
Superior, WI 54880
Booth # 47
Website: www.witc.edu
Contact: Kristin Vesel
Phone: (715) 394-6677
Email: kristin.vesel@witc.edu

Yara Yoga ALLY SPONSOR
922 S. Lake Avenue
Duluth, MN 55802
Booth # 184
Website: yara.yoga
Contact: Amy Fogarty
Phone: (218) 390-9479
Email: hello@yara.yoga
Write in workshop/institute presentation title(s) you attended: Time/CEU

**Wednesday October 9, 2019**

Session I Workshop ____________________________________________________________ 2:30 – 4:00 pm (1.5 CEU)

**Thursday, October 10, 2019**

Session II Workshop ___________________________________________________________ 8:30 – 10:00 am (1.5 CEU)

Keynote _______________________________________________________________________ 10:30 – 11:45 am (1.5 CEU)

Session III Workshop ____________________________________________________________ 1:00 – 2:30 pm (1.5 CEU)

Session IV Workshop ____________________________________________________________ 3:00 – 4:30 pm (1.5 CEU)

**Friday, October 11, 2019**

Session V Workshop ____________________________________________________________________ 8:30 – 10:00 am (1.5 CEU)

Session VI Workshop _____________________________________________________________________ 10:30 – noon (1.5 CEU)

Your Name (please print) ___________________________________________________________  

MN Social Work License Number

Signature

Michelle K. Nelson, Co-Chair
St. Louis County Health & Human Service Conference

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