# Southern St. Louis County LAC

## Meeting Minutes

October 15, 2020

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| Present: | Jacqui Hanson-Hietala, Tawna Schilling, Justin England-Sullivan, Sonja Wildwood\*, Carly Hiti, Andrea Rose, Ina Newton, Liz Strohmayer, Moira Villiard\*, MaKenzie Johnson, Bert Brandt, Tracie Laughlin, Gena Bossert (briefly), Lynn Goerdt (briefly)  \*- Facilitator |
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1. Lynn Goerdt, introduction and background and information on LAC:

* Consultant from University of Wisconsin Superior, worked with county to set up and establish this LAC
* Would like to welcome everyone to this council- all agree that there are a lot of improvements to be made to the mental health system
* The State of MN requires every county to have a council, but each council may look different
* Purpose of the LAC is to bring together diverse perspectives on mental health to identify resources, challenges, needs, and more
* Values to ground our work: Hope, Prevention, Wisdom, Recovery, Dignity, Inclusion
* It was a goal in selecting members to have at least half brining lived experience, advocating for themselves or their family

1. Gena Bossert, St. Louis County Welcome

* Behavioral Health Director with St. Louis County
* She and staff are open to hearing feedback and want to improve services for the community
* County representative/liaison at the meetings is Rochelle- she takes notes and passes the information to the county
* Feel free to reach out to her as needed
* “Thank you. Thank You. I cannot thank you enough for participating in this group”

1. Southern LAC Introductions

**4. Questions and Discussion:**

*Are there expectations or general agreements of this group?* *Are there action items for this meeting?*

* Discussion of Robert’s rules- they are good for making motions but possible barrier to natural conversation
* There will be further discussion of potential structure and bylaws in future meetings
* The county wants the group to report on where gaps in service are and may pose specific questions. There will be a specific report to the county commissioners after a year
* Since this is a small group, there will need to be more reflection and learning. We can bring in individuals from community organizations. There will be a lot of information gathering in this first year. There is no need to rush action items.

*What does the report look like that the group will bring to the County Board?*

* The report will be more reflective of the thoughts of the group based on research they do through dialogue amongst themselves, with the county, and community organizations
* Liz shared experience with Hennepin Local Advisory Council

**5. Moving Forward/Action Items:**

* Rochelle will start Google Doc for members to share ideas and information for discussion and to have a space where training documents, community reports, and other reference material can be stored
* Questions being brought to the County by liaison:
  + Who is are the people in the room making the decisions?
  + Who are the stakeholders and what are they going to do with the information they receive?
  + Has there been work done before or councils started before this one that council can build from?
  + If we are going to be reporting to county commissioners, do we want to reach out to other county or city boards
* Reflection questions to be discussed at next month’s meeting:
  + What do you want to see happen in the next year?
  + What are you passionate about?
  + Where do you want to see some change?
  + How are services being impacted right now because of COVID? Are there any immediate needs that should be addressed?

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| **Next meeting:** | **November 19, 2020- 4:30p.m.- 6:00p.m., via Zoom** |