

Foster Care Resource Materials

2-24-11

Topic	Title	Format	#
Behavior Issues			
Anger	Explosive Child	Book	1
	Foster Parent College – Anger Outbursts	DVD	1
	Managing Anger	Handout	1
Anti-Social	Bad Boys, Bad Men	Book	1
Bed-Wetting	End Bed-Wetting Forever *	Handout	1
	Foster Parent College – Wetting & Soiling	DVD	1
Bullying	Hey Josh: How do I deal with being labeled?	DVD/CD Program	1
Eating Disorders	Foster Parent College – Eating Disorders	DVD	1
Fire-Setting	Foster Parent College – Fire-Setting	DVD	1
Lying	Foster Parent College – Lying	DVD	1
Prison	Children of Incarcerated Parents	Booklet	1
Running Away	Foster Parent College – Running Away	DVD	1
Self-Esteem	10 Simple Solutions for Building Self-Esteem	Book	2
	Hey Josh: How do I deal with being labeled?	DVD/CD Program	1
	Love & Logic – Hope for Underachieving Kids	DVD	1
	Shaping Self-Concept (set of 2) *	Audio	1
	Who Says You're So Great?	Book	1
Self-Harm	Foster Parent College – Self-Harm	DVD	1
Sexual Behavior	Foster Parent College - Sexualized Behavior	DVD	1
	Safe Environment for Foster Children - Managing Sexual Acting Out Behaviors	Video	1
Sleep Problems	Sleep Problems - Foster Parent College	DVD	1
Stealing	Stealing - Foster Parent College	DVD	1
Stress	Creating Life Books for Children & Youth	Book	1
Behavior Management			
Parenting	Beyond Consequences, Logic, and Control	Book	1
	Beyond Consequences Live – 4 Part DVD Set	DVD	1
	Creating Secure Attachments for Adopted Children	DVD	1
	Discipline Book	Book	1
	Don't Shoot the Dog	Book	2
	Foster Parent College – Positive Parenting (3 DVD set)	DVD	1
	Foster Parent College – Safe Parenting	DVD	1
	Foster Parent College – Hidden Victims: Children of Domestic Violence	DVD	1
	High Risk – Children Without a Conscience	Book	1
	Letters to Foster Parents: More on Discipline	Book	1
	Letters to Foster Parents: On Discipline	Book	1

	Letters to Foster Parents: On Managing Angry Behavior	Book	1
	MeMoves	DVD	1
	Normal One – Life with a Difficult or Damaged Sibling	Book	1
	Overloving Parent	Book	1
	Parent Power	Book	1
	Pick Up Your Socks – Practical Guide to Raising Responsible Children	Book	1
	Raising Your Spirited Child	Book	2
	Sensible Discipline	Book	2
	Six-Point Plan for Raising Happy, Healthy Children	Book	1
	Way They Learn	Book	1
	When Setting Limits Hasn't Worked	Booklet	2
	Who's in Charge? – Positive Parenting Approach	Book	1
	Without Spanking or Spoiling	Book	1
1-2-3 Magic	1-2-3 Magic!	Handout	1
	1-2-3 Magic! Effective Discipline for 2 to 12	Book	2
	1-2-3 Magic! Effective Discipline for 2 to 12	Workbook	1
	1-2-3 Magic! Encouraging Good Behavior	DVD	2
	1-2-3 Magic! Managing Difficult Behavior 2 to 12	DVD	10
	More 1-2-3 Magic! Encouraging Good Behavior, Independence and Self-Esteem	DVD	8
Helicopters	Helicopters, Drill Sergeants & Consultants	CD	3
	Helicopters, Drill Sergeants & Consultants	Handout	6
Love & Logic	Love & Logic: Didn't I Tell You to Take Out the Trash?!	CD	1
	Love & Logic: Early Childhood *	CD set	1
	Love & Logic: Early Childhood	Book	1
	Love & Logic: Helping Kids Face Today's World	DVD	1
	Love & Logic: Hope for Underachieving Kids	DVD	1
	Love & Logic: How to Discipline Kids Without Losing Their Love & Respect	DVD	2
	Love & Logic: How to Make the Best of Sibling Rivalry	DVD	1
	Love & Logic: Life Saver Kit	CD set	1
	Love & Logic: Open the Door to Better Communication with Your Teen	Book	1
	Love & Logic: Painless Parenting for the Preschool Years	DVD	1
	Love & Logic: Parenting Doesn't Have to be Rocket Science	DVD	2
	Love & Logic: Real World Parenting Solutions	DVD	2
	Love & Logic: Simple Parenting Strategies	DVD	1
	Love & Logic: Solutions	DVD	
	Love & Logic: Tickets to Success	Book	2
	Love & Logic: Toddlers & Preschoolers	CD set	2
	Love & Logic: Trouble-free Teens	DVD	6
	Love & Logic: When Kids Leave You Speechless	Book	1
	Love & Logic: Who Says Parenting Can't Be Fun?	DVD	1
Total Transformation Program	Complete Guide to Consequences	DVD	1
	Getting Through to Your Child	DVD	1
	Total Transformation Program (10 DVD set)	DVD	1
	Total Transformation Program	Workbook	2
Child Abuse	Report of Child Maltreatment	Video	1

Child Development	Magic Trees of the Mind	Book	1
Infant	Babies with Down Syndrome	Book	1
	Feeding, Diapering, and Napping Infants & Toddlers	Video	1
	Including the Infant in the Curriculum	Video	1
	Substance-Exposed Infants – Foster Parent College	DVD	1
Toddler			
Preschooler	Your Five-Year-Old	Book	1
School Age			
Teens	Am I Doing It Right? – Raising Sexually Healthy Foster Children	Book	1
	Changing Bodies, Changing Lives	Book	2
	Hey Josh: How do I deal with being labeled?	DVD/CD Program	1
	Hormones & Wheels – Dealing with Today's Teenager (set of 3)	Audio	2
	Influential Parent	Book	1
	Love & Logic – Trouble-free Teens	DVD	6
	Parent/Teen Breakthrough	Book	1
	Parenting Teens with Love & Logic (set of 8) *	Audio	1
	Parenting Teens with Love & Logic	Book	1
	Parenting Your Out-of-Control Teenager	Book	1
	Surviving Your Adolescents	Book	2
	Surviving Your Adolescents	DVD	2
	Top 20 Teens	Book	1
	Tools to Support LGBTQ Youth in Care	Handout	1
	Treating the Tough Adolescent	Book	1
	What Will I Say – Guide to Reproductive Health	Book	1
Culture	Alike and Different	Book	1
	Anti-Bias Curriculum	Book	2
	Birth Marks (transracial adoption)	Book	2
	Black Baby White Hands (transracial adoption)	Book	2
	Call of Story	Video	1
	Common Sense Guide to Culture & Foster Care	Book	1
	Culturally Competent Parenting – Foster Parent College	DVD	1
	Culture of Foster Care – Foster Care Alumni of America	PowerPoint	1
	Great Ideas for Increasing Biculturalism in Transracial Families	DVD	1
	Hair & Skin Care for African American Children	DVD	2
	In Their Own Voices (transracial adoption)	Book	2
	Inside Transracial Adoption	Book	2
	Knowing Who You Are	DVD	1
	Ramsey County – A Youth's Perspective	Video	1
	Roots & Wings	Book	1
	Unquiet Death of Eli Creekmore	Video	1
Developmental			

Disabilities				
ADD/ADHD	All About Attention Deficit Disorder	DVD	2	
	All About Attention Deficit Disorder	Book	2	
	Biology of Behavior	DVD	2	
	Foster Parent College – ADHD, ADD & ODD	DVD	1	
	Hyper-Active Child	Book	1	
	Late, Lost & Unprepared	Book	1	
	Living with ADHD	Book	1	
	MeMoves	DVD	1	
	Pushing A String – Level I, II, III	Book	1	
	Smart but Scattered	Book	1	
	When Love is Not Enough (8 DVDs & workbook set)	DVD set	1	
	Working with Overactive Children	Booklet	1	
	Autism	Foster Parent College – Children with Autism	DVD	1
		Good Morning America - Autism	Video	1
MeMoves		DVD	1	
Primetime Autism		Video	1	
Temple Grandin		DVD	1	
FAS	Back to School with FASD	DVD	1	
	Fetal Alcohol Syndrome & Fetal Alcohol Effects	Booklet	2	
	HaysKids: Pathways to Understanding	DVD	3	
Learning Disabilities	Keys to Parenting Child with Learning Disability *	Book	2	
	Helping a Child with Nonverbal Learning Disorder or Asperger's Disorder	Book	2	
Special Needs	Babies with Down Syndrome	Book	1	
	Love & Logic Parenting Children with Health Issues	Book	2	
	Raising a Child who has Physical Disability	Book	1	
	Uncommon Fathers - Reflections on Raising a Child with Disability	Book	1	
Drug & Alcohol Abuse	College Talk – A Parent's Guide on Talking to Your College-Bound Student About Drinking	Booklet	1	
	Facing the Dragon – Meth	DVD	3	
	Family Talk About Drinking	Video	1	
	Family Talk – How to Talk to Your Kids About Drinking	Booklet	1	
	Meth – Channel 5 Program	Video	1	
	Play It Smart – Safe from Drugs	Video	1	
	Street Drugs – ID Guide	Booklet	1	
	Substance Use & Abuse in the Home	Booklet	1	
	Talking About Alcohol	Booklet	1	
Environment	House Safety - Foster Parent College	DVD	1	
Foster Parent Health & Wellness	7 Habits of Highly Effective Families	Book	1	
	Families at Risk	Book	7	
	Helping Children When They Must Move	Booklet	1	

	Jus' Talkin' Ain't Necessarily Communicatin'	Book	1
	Letters to Foster Parents: From Foster Children & Others	Book	1
	Letters to Foster Parents: On Being Successful	Book	1
	Letters to Foster Parents: On Communications	Book	1
	Letters to Foster Parents: On Working with Staff	Book	1
	Living in a Glass House	Book	2
	Our Home – Your Home (2 book set)	Book	1
	Preparing Foster Parents' Own Children for the Fostering Experience *	Book	1
	Rebuilding Children's Lives–Blueprint for Treatment Foster Parents	Book	1
	Recordkeeping Made Easier	Book	1
	Strengthening Your Stepfamily	Book	1
Grief	Grief & Loss in the Care System – Foster Parent College	DVD	1
	Letters to Foster Parents: On Separation & Loss	Book	1
	Living With Grief – Children & Adolescents	Book	2
Health	Hand Washing Curriculum	Handout	1
	Infectious Diseases in Childcare Settings & Schools	Book	2
Lice	Head Lice	Video	1
	Lice – Some Things Shouldn't Be Shared	Video	1
	Treating Head Lice	Video	1
Stress Management	Emotionally Battered Foster Parent	Book	1
	Letters to Foster Parents: On Managing Problems	Book	1
	Understanding Stress & Trauma in Foster Care	Book	1
Mandated Reporter	DHS Voice of Intervention	Video	2
Mental Health	Children & Mental Health – Deanna McMahon *	Video	5
	For the Child: Information on Mental Health & Advocacy for Resource Parents	DVD	1
	Intro to Children's Mental Health – Minn. Dept. of Education	DVD	1
	High Risk – Children Without a Conscience	Book	1
	Silent Night Calming the Holidays	DVD	1
	Tough Questions, No Easy Answers	DVD	1
	Trauma, Brain & Relationship – Helping Children Heal	DVD	1
Anxiety	Depressed & Anxious	Book	2
	Foster Parent College – Childhood Anxiety Disorders	DVD	1
Attachment	Shaping Tomorrow's Children	DVD	2
Bipolar & Explosive	Ask Nancy	DVD	2
	Explosive Child/Bipolar Child	Video	1
	Managing the Adolescent's Angry Behavior	Handout	1
	When Love is not Enough (8 DVDs & workbook set)	DVD set	1
Borderline Personality & DBT	Dialectical Behavior Therapy Skills Workbook	Book	2
	Dialectical Behavior Therapy in Clinical Practice	Book	4
	From Chaos to Freedom (set of 4)	DVD	2
	I Hate You – Don't Leave Me	Book	2

	Live Mindfulness (set of 4)	CD	2
	Opposite Action: Changing Emotions You Want to Change	DVD	2
	Skills Training Manual for Treating Borderline Personality Disorder	Book	1
	Stop Walking on Eggshells	Workbook	1
 OCD	Kids Like Me	Book	2
 ODD	Merry-Go-Round And 'Round	Book	1
	When Love is not Enough (8 DVDs & workbook set)	DVD set	1
 PTSD	When Love is not Enough (8 DVDs & workbook set)	DVD set	1
 RAD	Circle of Support *	DVD	1
	Reactive Attachment Disorder - Foster Parent College	DVD	3
	Reactive Attachment Disorder – 20/20 program	Video	1
	When Love Is Not Enough (8 DVDs & workbook set)	DVD set	1
Natural Disaster & Catastrophe	What Happened to My World?	Book	1
Permanency	Adoptees Have Answers – Beyond Boarding Schools: Truth, Healing & Reconciliation	DVD Webinar	1
	Adoptees Have Answers – Enlisting the Experts	DVD Webinar	1
	Adoptees Have Answers – Minnesota Orphan Train Riders: Historical Reflections on Adoption Over a Lifespan	DVD Webinar	1
	Adoptees Have Answers – Passages: A Lifetime Perspective on the Developmental Tasks of Adopted Persons	DVD Webinar	1
	Adoptioncds.com - - Using the adoption home study process to prepare relative caregivers	CD	1
	Adoptioncds.com - - When grandparents become parents: what workers need to know to support them	CD	1
	Adopting the Older Child	Book	1
	Creating Secure Attachments for Adopted Children	DVD	1
	Foster Parent College - Working with Birth Parents: Visitation	DVD	1
	Foster Parents Speak – Crossing Bridges & Fostering Change	Video	1
	Getting Ready for Adoption	Book	1
	Multiple Transitions – A Young Child's Point of View on Foster Care & Adoption	Video	1
	Parenting the Hurt Child	Book	2
	Safe from the Start	DVD	1
	Telling the Truth to Your Adopted or Foster Child	Book	2
	Twenty Things Adopted Kids Wish Their Adoptive Parents Knew	Book	1
Reunification	Child's Journey Through Placement	Book	1
	Don't Condemn Me 'Til You Know Me	Video	1
	Families First	Video	1
	In The Best Interest of Your Child	Video	2
	Letters to Foster Parents: On Working with Natural Families	Book	1
	Making a Difference & Developing Family	Video	1

	Somebody Talk to Me	Video	1
Relative Caregivers	Adoptioncnds.com – Kinship Care	CD	2
	Family Matters – Info for Relatives	Booklet	1
	First Steps–Getting Started Raising Relatives’ Children	Book	20
	Foster Parent College – Kinship Care	DVD	1
	Grandparenting: Enriching Lives	Video	1
	Grandparenting With Love & Logic	Book	3
	Legal Steps – Kinship Caregiver Resource Manual	Book	20
Schools	Foster Parent College – Working with Schools	DVD	1
Sexual Abuse	Am I the Only One?	Booklet	1
	Do Children Sexually Abuse Other Children?	Booklet	6
	Foster Parenting Abused Children	Booklet	1
	Fostering the Child Who Has Been Sexually Abused	Booklet	2
	Fostering the Sexually Abused Child – Guide for the Foster Family	Booklet	8
	Impulses of Internal Combustion (set of 3)	Video	1
	It Happens to Boys Too	Book	1
	Let’s Talk – Adults Talking to Adults about Child Sexual Abuse	Booklet	1
	Living With the Sexually Abused Child	Booklet	8
	Parents Guide to Sexual Abuse Prevention	3-Ring Binder	1
	Sexual Abuse – A Threat to Our Children	Booklet	1
	Understanding Children’s Sexual Behavior	Booklet	5
Social Emotional Development	Practical Strategies for Teaching Social Emotional Skills	DVD	1
	Promoting Social Emotional Competence Rev 5/06	DVD	1
	Promoting Social Emotional Competence Rev 2/10	DVD	1