

Over-The-Counter (OTC) Item List

Accepted (without doctor's prescription): OTC Equipment & Supplies, Diabetic Items, Vision & Dental OTC

Band-Aids and bandages
Blood pressure meter
Cholesterol tests
Cold or hot packs
Colorectal cancer screening tests
Contact lens solution and cleaner
Contraceptives
Crutches and slings
Diabetic supplies and lancets
Diabetic test strips
Ear protection (i.e. airplane plugs)
First aid kits
Glucose meters
Incontinence supplies
Insulin and syringes
Ovulation indicators
Oxygen equipment
Pregnancy tests
Reading glasses
Thermometers
Wrist and joint supports

OTC Drugs & Medicines: Requires doctor's prescription, letter, or SuperiorUSA's Medical Necessity Form (submitted with the claim or on file for the current plan year), to be eligible. These expenses are also no longer valid for debit card use.

Acid reducers	Diuretics and water pills
Acne medications	Ear wax removal and other drops
Allergy medications	Gas relief drops and supplements
Analgesics	Hemorrhoid relief
Antacid liquid and tablets	Hydrog. peroxide and rubbing alcohol
Antibiotics (i.e. for first aid)	Insect bite/sting medicine
Anti-diarrheal medications	Iodine tincture
Antifungal treatments	Itch relief
Antihistamines	Laxatives
Anti-inflammatory medicine	Lice control
Antiseptic wash or ointment	Medicated chest rub
Arthritis and joint pain reliever	Motion sickness tablets
Asthma medications	Nicotine medications
Boric acid powder	Pain relievers, aspirin, and non-aspirin
Bronchodilator/expectorant tablets	Pinworm treatment
Bunion and blister treatments	Prilosec
Cold and flu relief syrup and tablets	Sinus medications
Corn, callus, and wart removal	Skin irritation and eczema treatments
Cough syrup, lozenges, spray	Sleep medication
Decongestants	Stomach medications
Diaper rash ointment	Sunburn and burn treatments

Disallowed Expenses: (Not Eligible)

Aromatherapy
Baby supplies (diapers, bottles etc.)
Breast enhancement systems
Breast pumps
Cosmetic surgery
Cosmetics and lipstick
Cotton swabs
Diet foods and supplements
Feminine hygiene
Funeral expenses
Hair growth and removal
Maternity clothes
Oral hygiene products (basic care)
Shampoo and conditioner
Skin and facial care
Teeth whitening and bleaching
Toiletries (deodorant, shave cream, etc.)
Vitamins, general

Dual Use Expenses: (Need letter or Form)

Acne treatments
Chondroitin
Exercise equipment
Eye drops
Fiber supplements
Foot spa
Glucosamine
Herbs and herbal supplements
Hormone therapy
Lactose intolerance pills
Lotion
Massage treatments
Orthopedic shoes/inserts
Sleep aids
St. John's Wort
Sunscreen
Vitamins and minerals
Weight loss programs